

# HCBS and My Rights

I have the right to choose my community and have support in being with that community.

I have the right to decide how my money is spent whether I am the one spending it or not

I have the right to live a life just like someone who does not receive disability services.

I have the right to live alone in a private unit, if I want to.

I have the right to privacy and I get to decide what kind of privacy I want.

I have the right to be free from being moved or touched by anyone. No one can force me to do anything I do not want to do.

I have the right to choose my own services.

I have the right to own or rent my home under a legally enforceable agreement, like a lease.

I have the right to choose who my roommate is.

I have the right to decide what I do and when I do it.

I have the right to have the visitors I want to have in my home at any time.

I have the right to lead my life and have help leading my life

I have the right to live, work and spend time in spaces where there are people who do not have disabilities.

I have the right to be treated as an adult, with dignity and respect.

I have the right to privacy in the places that I sleep and live.

I have the right to make decisions that feel right to me. These life choices could be about what I do, where I am and who I spend time with.

I have the right to choose which staff work with me.

I have the right to lock my doors when I want to and to have my personal items in a private space that I can lock.

I have the right to have furniture and decorations that I want.

I have the right to eat the food I want when I want to.

I have the right to move my body comfortably in the place that I live.

I have the right to access every part of my home that is not a private space of another person.