



Online Training for

FREE

Direct Support Professionals

Welcome to DSP Essentials! A flexible, engaging training series designed to strengthen your skills and provide practical resources for delivering meaningful, person-centered support. Each online course is self-paced, designed to fit into your busy schedule.

Topics include: Promoting Integration in Everyday Support, Supporting Decision Making-Tools for Everyday Empowerment, Empowering Opportunities-Strategies for Meaningful Support, Respecting Rights-Foundation for Dignity in Support.

Benefits of DSP Essentials

- **Mix & match courses**-complete 1 or all 8 courses at you convenience
- **Practical resources, toolkits, and activity guides** for personalized support
- **Time-efficient**-each online course is one hour or less
- **Side-by-Side Practice**-complete skills along side someone you support in real time
- **Immediate impact**-strengthen person-centered approaches in daily work
- **Continuing Education Units (CEUs)**-available for ARF and GH Administrators*

**Flexible and
self paced**

**Practical tips
and tools**

**Side-by-side
practice**



Click or scan to learn more and register!

www.helensandersonassociates.com/sclarc-dsp-essentials

Question? Contact Julie@helensandersonassociates.com

*Continuing Education approved by CDSS for Administrators and provided by SCLARC DSS Vendor Number 2000486 2500 S. Western Ave., Los Angeles, CA, 90018

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