



A Self-Paced Introduction to Person-Centered Practices

Ready to start (or strengthen) your person-centered journey?

This engaging e-learning course is a great first step for anyone who wants practical, real-world tools to support people in meaningful, person-centered ways—at work and in everyday life. Through short, interactive modules, you'll explore what it truly means to be person-centered and practice skills you can begin using right away.

Benefits

- On-demand, self-paced learning
- 12 core modules + reflection activities
- Accessible on computers, tablets, and mobile devices
- Ideal for staff at all levels, families, and community partners

What you'll learn

You'll be introduced to 12 essential person-centered thinking skills designed to help people have more choice, voice, and control in their lives. These tools offer practical ways to strengthen relationships, improve support, and focus on what truly matters to each person.

What is covered

- What Is Person-Centered Thinking
- Person-Centered Thinking Skills
- One-Page Profiles
- Good Days & Bad Days
- Relationship Circles
- Communication Charts
- Working / Not Working
- Community Mapping
- Perfect Week
- The Donut (Roles & Responsibilities)
- Matching Support
- Decision Making
- Learning Log
- 4 + 1 Questions

How to Use This Course

Work through the course from start to finish—or jump directly to the tools most relevant to you. The more you engage with the videos, activities, and reflections, the more value you'll gain. We also encourage you to share learning and questions with colleagues and supervisors.

Important Note: This course is an introductory experience and does not replace the full Person-Centered Thinking training offered by The Learning Community.

[Click here to sign-up](#)

Use Coupon Code: **SCLARCPCT4E**

Help? Hello@helensandersonassociates.com