California Regional Center Report: South Central LA
2011

National Association of State Directors of Developmental Disabilities Services
Human Services Research Institute
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Quality Assessment Project and National Core Indicators

This report contains regional center level results from California’s first statewide National Core Indicators (NCI) Adult Consumer Survey, in accordance with Welfare and Institutions Code (WIC) 4571. WIC 4571 directs the Department of Developmental Services (DDS) to collect accurate, reliable, and valid consumer and family satisfaction measures as well as consumer outcome data. In California, data from this project will be used to review and benchmark statewide and regional center developmental disability service system performance\(^1\). This first year of data collection will serve as a basis for regional centers to monitor changes and guide strategic planning.

What is the NCI Adult Consumer Survey?

The NCI Adult Consumer Survey is an interview conducted with a person who is receiving services from DDS. The NCI Survey is used to gather data on approximately 100 consumer outcomes and is regularly refined and tested to ensure it is valid and reliable. In California, interviewers hired by the area boards met with individuals and asked them questions about where they live and work, the kinds of choices they make, the activities they do in the community, their relationships with friends and family, and their health and well-being. Interviews were conducted between May 2010 and January 2011.

\(^1\) Refer to the California Adult Consumer Survey Report for detailed information about Quality Assessment Project implementation, the NCI, and California’s statewide results.
How were people selected to participate?

Based on the total number of adults (age 18 and over) who are receiving DDS services, it was determined that a target number of 400 surveys per regional center would provide a valid sample for this analysis.\(^2\) People who were presently living in a developmental center were not part of the sample.

An additional group of people who had moved from developmental centers to the community in the past five years was selected so that their results could be looked at separately\(^3\). Overall, the total number of surveys completed across the State of California was 8,726.

Proxy Respondents

Across the State, proxy respondents were used only where the individual surveyed either could not effectively communicate with the interviewer or chose to have a proxy respondent. Only people who knew the individual well (such as family, friends, or staff) were acceptable respondents, and to avoid conflict, service coordinators are not allowed to respond for individuals. Proxy respondents were only viable respondents to a particular set of questions in Section II, which were based on objective and/or measurable behaviors: Community Inclusion, Choices, Rights, and Access to Needed Services. As well, some background information may have been collected from the Regional Center.

The percentages of proxy respondents ranged depending on the particular section. The Choice questions had the lowest number of proxy responses (39%), and the other sections had about the same rates: Community Inclusion (48%), Rights (48%), and Services Received (50%).

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\(^2\) A randomly selected group of 400 people meets the accepted standard for a representative sample with a +/-5% margin of error and a 95% confidence level. For additional details on sampling and administration methods, please see the California Adult Consumer Survey Report.

\(^3\) Refer to the Movers section in the California Adult Consumer Survey Report.
The issue of the validity of proxy responses is an important consideration in the interpretation of survey responses among individuals with intellectual and developmental disabilities. While it is generally accepted that proxy responses are not fully in concordance with individual responses, this acknowledgement does not mean proxies are unreliable or their answers unimportant.

**What topics are covered by the survey?**

The National Core Indicators are organized by “domains” or topics. These domains are further broken down into sub-domains, each of which has a statement that indicates what concerns are being measured. Each sub-domain includes one or more “indicators” of how the State or regional center is doing in this area. The following table lists the domains and sub-domains covered by the NCI Adult Consumer Survey indicators.
<table>
<thead>
<tr>
<th>Domain</th>
<th>Sub-Domain</th>
<th>Description of Sub-Domain</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual Outcomes</td>
<td>Work</td>
<td>People have support to find and maintain community integrated employment.</td>
</tr>
<tr>
<td></td>
<td>Community Inclusion</td>
<td>People have support to participate in everyday community activities.</td>
</tr>
<tr>
<td>Choice and Decision-Making</td>
<td>Self Determination</td>
<td>People make choices about their lives and are actively engaged in planning their services and supports.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>People have authority and are supported to direct and manage their own services.</td>
</tr>
<tr>
<td>Relationships</td>
<td></td>
<td>People have friends and relationships.</td>
</tr>
<tr>
<td></td>
<td>Satisfaction</td>
<td>People are satisfied with the services and supports they receive.</td>
</tr>
<tr>
<td>Health, Welfare, and Rights</td>
<td>Safety</td>
<td>People are safe from abuse, neglect, and injury.</td>
</tr>
<tr>
<td></td>
<td>Health</td>
<td>People secure needed health services.</td>
</tr>
<tr>
<td></td>
<td>Medications</td>
<td>Medications are managed effectively and appropriately.</td>
</tr>
<tr>
<td></td>
<td>Wellness</td>
<td>People are supported to maintain healthy habits.</td>
</tr>
<tr>
<td>Respect/Rights</td>
<td>Respect/Rights</td>
<td>People receive the same respect and protections as others in the community.</td>
</tr>
<tr>
<td>Staff Stability and Competence</td>
<td>Staff Competence</td>
<td>Direct contact staff are competent to provide services and support.</td>
</tr>
<tr>
<td>System Performance</td>
<td>Service Coordination</td>
<td>Service coordinators are accessible, responsive, and support the person's participation in service planning.</td>
</tr>
<tr>
<td></td>
<td>Access</td>
<td>Publicly-funded services are readily available to individuals who need and qualify for them.</td>
</tr>
</tbody>
</table>
What is contained in this report?

This report illustrates all demographic and individual outcome results from South Central LA regional center’s 2010 NCI data collection cycle. All results are shown in chart form along with descriptive text to the right of each chart.

A California Adult Consumer Survey Report is available on the DDS website. This report includes results for the entire state by regional center, separate results for people who moved from developmental centers to the community ("movers"), and breakouts by qualifying condition. Additional reports of NCI Family Survey data collected during the second year of the project will be produced and made available on the website.
Results: Demographics
The average age of people surveyed was 39.1 years old.

The graph illustrates that of the people surveyed, 54% were Male and 46% were Female.
Graph 3. Race

The graph illustrates that of the people surveyed, 0% were American Indian/Alaska Native, 1% were Asian, 52% were Black or African American, 0% were Pacific Islander, and 11% White.

Graph 4. Ethnicity

The graph illustrates that of the people surveyed, 34% were Hispanic, and 66% were not.
The graph illustrates the Level of MR of the people surveyed. 11% had no MR label, 37% were diagnosed with mild MR, 24% with moderate MR, 14% with severe MR, and 11% had profound MR.

The graph illustrates that of the people surveyed, 85% had a diagnosis of mental retardation (MR), 17% were diagnosed with autism, 20% with cerebral palsy, and 29% had epilepsy.
The graph illustrates that of the people surveyed, 0% had Alzheimer's or Dementia, 1% had a brain injury, 0% had a chemical dependency, 4% were diagnosed with Down Syndrome, 4% had severe hearing loss, and 31% had a mental illness diagnosis.

The graph illustrates that of the people surveyed, 0% had Prader-Willi Syndrome, 6% had vision impairment, 6% had other disabilities not listed, and 16% had no other disabilities.
The graph illustrates that of the people surveyed, 4% live in an Intermediate Care Facility (DD-N and DD-H), 36% in a Community Care Facility, 7% in an Independent Living Setting/Supported Living Setting (ILS/SLS), 49% lived with their parent's or a relative's home, 2% in a Family Home Agency, and 1% in a Skilled Nursing Facility (SNF).

The graph illustrates the primary means of expression of the people surveyed: 62% is spoken, 36% use gestures or body language, and 2% other.
The graph illustrates the primary language of 71% of the people surveyed is English and 29% speak a language other than English.
Results: Individual Outcomes
Choice

**GRAPH 11. CHOSE HOME**

The graph illustrates 26% of the people surveyed chose or had some input in choosing their home, and 74% did not.

**GRAPH 12. LOOKED AT MORE THAN ONE HOME**

The graph illustrates 20% of the people surveyed looked at more than one home, and 80% did not.
The graph illustrates 48% of the people surveyed chose or reported being aware they could choose their home staff, and 52% did not.

The graph illustrates 25% of the people surveyed chose or had some input in choosing their roommates, and 75% did not.
Graph 15. Chose Job

The graph illustrates 60% of the people surveyed chose or had some input in choosing their job, and 40% did not.

Graph 16. Looked at More Than One Job

The graph illustrates 32% of the people surveyed looked at more than one job, and 68% did not.
GRAPH 17. CHOSE JOB STAFF

The graph illustrates 54% of the people surveyed chose or reported being aware they could choose their job staff, and 46% did not.

GRAPH 18. CHOSE DAY ACTIVITY

The graph illustrates 59% of the people surveyed chose or had some input in choosing their day activity, and 41% did not.
Graph 19. Looked at More Than One Day Activity

The graph illustrates 35% of the people surveyed looked at more than one day activity, and 65% did not.

Graph 20. Chose Day Activity Staff

The graph illustrates 49% of the people surveyed chose or reported being aware they could choose their day activity staff, and 51% did not.
**GRAPH 21. CHOOSES DAILY SCHEDULE**

The graph illustrates 70% of the people surveyed choose their daily schedule, and 30% do not.

**GRAPH 22. CHOOSES HOW TO SPEND FREE TIME**

The graph illustrates 81% of the people surveyed choose or have some input in choosing how to spend their free time, and 19% do not.
**Graph 23. Chooses What to Buy**

The graph illustrates 81% of the people surveyed choose what to buy, and 19% do not.

**Graph 24. Chose Service Coordinator**

The graph illustrates 64% of the people surveyed chose their service coordinator or are aware they can request a change, and 36% did not.
Work

Graph 25. Has a Job in the Community

The graph illustrates 6% of the people surveyed have a job in the community, and 94% do not.

Graph 26. Type of Job in the Community

The graph illustrates of those with jobs in the community, 14% are in individually-supported employment, 55% are in competitive employment, and 32% work in group-supported employment.
GRAPH 27. WORKED 10 OUT OF LAST 12 MONTHS IN A COMMUNITY JOB

The graph illustrates 79% of the people surveyed worked 10 of the last 12 months in community employment, and 21% did not.

GRAPH 28. AVERAGE MONTHS AT CURRENT COMMUNITY JOB

The graph illustrates on average, the people surveyed have been at their current community job for 76.8 months.
**Graph 29. Received Benefits at Community Job**

The graph illustrates 42% of the people surveyed received benefits from their community employment, and 58% did not.

**Graph 30. Wants a Job in the Community**

The graph illustrates 43% of the people want a job in the community, and 57% do not.
Graph 31. Has Integrated Employment as a Goal in IPP

The graph illustrates 26% of the people surveyed have integrated employment as a goal in their Individual Program Plan (IPP), and 74% do not.

Graph 32. Does Volunteer Work

The graph illustrates 18% of the people surveyed do volunteer work, and 82% do not.
Community Inclusion

**GRAPH 33. WENT SHOPPING IN PAST MONTH**

The graph illustrates 86% of the people surveyed went shopping in the community in the past month, and 14% did not.

**GRAPH 34. AVERAGE TIMES WENT SHOPPING IN PAST MONTH**

The graph illustrates on average, the people surveyed went out shopping 3.4 times in the past month.
Graph 35. Went Out on Errands in Past Month

The graph illustrates 73% of the people surveyed went out on errands in the past month, and 27% did not.

Graph 36. Average Times Went on Errands in Past Month

The graph illustrates on average, the people surveyed went out on errands 2.7 times in the past month.
The graph illustrates 73% of the people surveyed went out for entertainment in the past month, and 27% did not.

The graph illustrates on average, the people surveyed went out for entertainment 2.5 times in the past month.
The graph illustrates 81% of the people surveyed went out to eat in the past month, and 19% did not.

The graph illustrates on average, the people surveyed went out to eat 3.5 times in the past month.
The graph illustrates 55% of the people surveyed went out for exercise in the past month, and 45% did not.

The graph illustrates on average, the people surveyed went out for exercise 4.8 times in the past month.
Graph 43. Went to Religious Services in Past Month

The graph illustrates 53% of the people surveyed went out to religious services in the past month, and 47% did not.

Graph 44. Average Times Went to Religious Services in Past Month

The graph illustrates on average, the people surveyed went out to religious services 1.9 times in the past month.
The graph illustrates 32% of the people surveyed went on vacation in the past year, and 68% did not.

The graph illustrates on average, the people surveyed went on vacation 0.5 times in the past year.
Relationships

Graph 47. Has Friends

The graph illustrates 75% of the people surveyed have friends, and 25% do not.

Graph 48. Has a Best Friend

The graph illustrates 69% of the people surveyed have a best friend, and 31% do not.
GRAPH 49. ABLE TO SEE FRIENDS

The graph illustrates 87% of the people surveyed are able to see friends when they want, and 13% are not.

GRAPH 50. ABLE TO SEE FAMILY

The graph illustrates 94% of the people surveyed are able to see their family when they want, and 6% are not.
The graph illustrates 91% of the people surveyed are able to go on a date if they choose, and 9% are not.

The graph illustrates 30% of the people surveyed feel lonely at least some of the time, and 70% do not.
The graph illustrates 60% of the people surveyed get to help others, and 40% do not.
Satisfaction

**GRAPH 54. LIKES HOME**

The graph illustrates 83% of the people surveyed like their home, and 17% do not.

**GRAPH 55. LIKES NEIGHBORHOOD**

The graph illustrates 75% of the people surveyed like their neighborhood, and 25% do not.
The graph illustrates 27% of the people surveyed want to live somewhere else, and 73% do not.

The graph illustrates 87% of the people surveyed like their job, and 13% do not.
The graph illustrates 34% of the people surveyed want to work somewhere else, and 66% do not.

The graph illustrates 91% of the people surveyed like their day activity, and 9% do not.
The graph illustrates 28% of the people surveyed want to go somewhere else during the day, and 72% do not.
Service Coordination

**GRAPH 61. HAS MET SERVICE COORDINATOR**

The graph illustrates 97% of the people surveyed have met their service coordinator, and 3% have not.

**GRAPH 62. SERVICE COORDINATOR ASKS WHAT PERSON WANTS**

The graph illustrates 85% of the people surveyed have a service coordinator who asks them what they want, and 15% do not.
Graph 63. Service Coordinator Helps Get What Person Needs

The graph illustrates 75% of the people surveyed have a service coordinator who helps get them what they need, and 25% do not.

Graph 64. Service Coordinator Calls Back Right Away

The graph illustrates 63% of the people surveyed have a service coordinator who calls back right away, and 37% do not.
The graph illustrates 84% of the people surveyed helped make their Individual Program Plan (IPP), and 16% did not.
Health

**GRAPH 66. HAS A PRIMARY DOCTOR**

The graph illustrates 97% of the people surveyed have a primary doctor, and 3% do not.

**GRAPH 67. IN POOR HEALTH**

The graph illustrates 3% of the people surveyed are in poor health, and 97% are not.
The graph illustrates 88% of the people surveyed had an annual physical exam in the past year, and 12% did not.

The graph illustrates 75% of the people surveyed had a dental exam in the past year, and 25% did not.
Graph 70. Had a Vision Screening in the Past Year

The graph illustrates 66% of the people surveyed had a vision screening in the past year, and 34% did not.

Graph 71. Had a Hearing Test in the Past 5 Years

The graph illustrates 70% of the people surveyed had a hearing test in the past 5 years, and 30% did not.
**Graph 72. Had a Pap Test in Past 3 Years for Women**

The graph illustrates 58% of the women surveyed had a pap test in the past 3 years, and 42% did not.

**Graph 73. Had a Mammogram in Past 2 Years for Women over 40**

The graph illustrates 69% of the women over 40 surveyed had a mammogram in the past 2 years, and 31% did not.
The graph illustrates 48% of the males over 50 surveyed had a PSA test in the past year, and 52% did not.

The graph illustrates 21% of the people over 50 surveyed had a colorectal cancer screening in the past year, and 79% did not.
GRAPH 76. HAD A FLU VACCINATION IN THE PAST YEAR

The graph illustrates 55% of the people surveyed had a flu vaccination in the past year, and 45% did not.

GRAPH 77. HAD A VACCINATION FOR PNEUMONIA

The graph illustrates 25% of the people surveyed had a vaccination for pneumonia, and 75% did not.
Medications

Graph 78. Takes Medication for Mood, Behavior, Anxiety, or Psychotic Disorder

The graph illustrates 36% of the people surveyed take medication for a mood, behavior, or anxiety disorder, and 64% do not.
Wellness

**Graph 79. Engages in Moderate Physical Activity**

The graph illustrates 50% of the people surveyed engage in moderate physical activity (at least 30 minutes, 3 times a week), and 50% do not.

**Graph 80. Uses Tobacco**

The graph illustrates 7% of the people surveyed use tobacco, and 93% do not.
Respect and Rights

Graph 81. Has Enough Privacy at Home

The graph illustrates 92% of the people surveyed have enough privacy at home, and 8% do not.

Graph 82. Bedroom is Entered Without Permission

The graph illustrates 11% of the people surveyed have others enter their bedroom without their permission, and 89% do not.
The graph illustrates 4% of the people surveyed have others enter their home without their permission, and 96% do not.

The graph illustrates 86% of the people surveyed can be alone with visitors at home, and 14% cannot.
The graph illustrates 10% of the people surveyed have their mail or email opened without their permission, and 90% do not.

The graph illustrates 92% of the people surveyed can use the phone and internet without restrictions, and 8% cannot.
**Graph 87. Staff at Home are Nice and Polite**

The graph illustrates 95% of the people surveyed reported their staff at home are nice and polite, and 5% did not.

**Graph 88. Staff at Work are Nice and Polite**

The graph illustrates 89% of the people surveyed reported their staff at work are nice and polite, and 11% did not.
The graph illustrates 90% of the people surveyed reported their staff at day activity are nice and polite, and 10% did not.

The graph illustrates 6% of the people surveyed participated in a self-advocacy event, and 94% have not.
Safety

**GRAPH 91. NEVER FEELS SCARED AT HOME**

The graph illustrates 88% of the people surveyed never feel scared at home, and 12% do feel scared at home.

**GRAPH 92. NEVER FEELS SCARED IN NEIGHBORHOOD**

The graph illustrates 82% of the people surveyed never feel scared in their neighborhood, and 18% do feel scared in their neighborhood.
**GRAPH 93. NEVER FEELS SCARED AT WORK OR DAY ACTIVITY**

The graph illustrates 94% of the people surveyed never feel scared at their work or at their day activity, and 6% do feel scared at their work or day activity.

**GRAPH 94. HAS SOMEONE TO GO TO FOR HELP IF SCARED**

The graph illustrates 94% of the people surveyed have someone to go to for help if scared, and 6% do not.
Access

**Graph 95. Has Adequate Transportation**

The graph illustrates 90% of the people surveyed have adequate transportation, and 10% do not.

**Graph 96. Gets Needed Services**

The graph illustrates 65% of the people surveyed get needed services, and 35% do not.
The graph illustrates 94% of the people surveyed have adequately trained staff, and 6% do not.