

South Central Los Angeles Regional Center (SCLARC)

Consumer Advisory Committee (CAC)

Meeting Minutes

February 26, 2018

Members in Attendance

Ascary Navarro
Alan Mc Dowell
Marybed Barrera
Marcus Forte
Glenn Jackson

Others Attending

Ebony Montgomery (E.S)
Guadalupe Barrera
Jennifer Montgomery
Desiree Boykin (C. A)
Daniel Odwore (vendor)

Members Absent

Andrew Richards
Anthony Chuc
Bianca Armstrong
Gustaco Acosta
Jose Gonzalez
Danon Delaney

1. Call to order

Ascary Navarro (CAC secretary) called the meeting to order at 10:00 a.m.

- a. Everyone introduced themselves for this meeting
- b. The February minutes 2018 and agenda were approved
- c. The ground rules were read

2. Topic: Self love

Jennifer Montgomery guest speaker talk to the CAC members about self love.

She gave examples to the CAC member's abuse a consumer might face physical abuse, social abuse financial abuse.

Ms. Montgomery suggest to each CAC member to say positive words of affirmations everyday. Read uplifting and positive words everyday.

3. Old Business

a. In the month of February we handed out gift cards

The list of CAC topics

- a. How to look for job through the internet
- b. Be safe in the community
- c. Learning to be independent
- d. Services for paying bill and taxes
- e. Self-care
- f. Registering for college and supports when attending school
- g. Voting
- h. Active Shooter training
- i. Access

5. Announcements

- a. The CAC meeting will be on March 26, 2018 from 10:00am-12:00pm on the 4th floor.
- b. Supported Life Conference May 4th – 5th, 2018
- c. People First Conference June 1-3, 2018please

6. End of the meeting

- a. Marcus Forte (CAC Vice President) the meeting at 10:30 a.m.