



SCLARC VENDOR ADVISORY COMMITTEE MAY 10, 2017 MEETING MINUTES--APPROVED

IN ATTENDANCE: see below

I. Welcome & Introductions

Meeting was called to order at 10:17am by Chair JB Wagoner. Kelli Marsh started the meeting with icebreaker “if you had a super power, what would it be?”

II. Public Comments

Ilona Hendrick: CMS has extended the transition period to come in compliance with HCBS regulations from March 17, 2019 to March 17, 2022.

Desiree Boykin: CAC will meet on May 22, 2017 from 10am to 12pm. Everyone is invited.

Jodi Peters: A phone application called Countable can be downloaded onto your smart phone. It gives you a stream of updates on what is happening in the political world and gives you access to contact your representatives. Ilona mentioned it is important to be informed about the health care act and changes taking place and to contact representatives with our concerns.

Lara Okunubi: would like to suggest for the board to consider coming up with a standard paragraph addressing issues that all vendors can forward to their legislators, a statement from the VAC Board.

III. Presentation

Nutritional Considerations by Ida Dacus, Nutrition Consultant

The individuals present for the Nutritional Considerations portion of the meeting received a certificate of Title 17 continuing education units. Some takeaways from the training:

- ✓ With all the health care changes taking place, now is the time to help our consumers be healthy.
- ✓ Nutrition and exercise are the pathway to healthy living.
- ✓ Obesity is an issue for our consumers. As providers, we should try to encourage our consumers to make better food choices so that obesity does not become a health and safety issue.
- ✓ There are many community resources available, including free ones. Care 1st insurance provides free classes and community resource centers.
- ✓ Provide training to staff related to the medical conditions your consumers have so that they can better provide individualized services.
- ✓ Video on obesity: need to educate consumer and have a circle of support. Pathway to Healthy Living nutrition and fitness program is funded by a DDS grant. The goal is to raise awareness of the need for proper nutrition choices.
- ✓ Strategies: Control portions, don't wait to eat until you are starving, eat slowly.
- ✓ Make a difference in consumer's lives by promotion healthy eating and exercise.
- ✓ Weigh in: facilities are required to weigh in consumers once a month. Scales should be with a wide-base gait. Make sure every staff member weighs the same way the same consumer otherwise you may have a difference of up to 5 pounds. Alert regional center via an SIR if weight changes by 5lbs (up or down) from one month to the next.
- ✓ Clinical unit should be contacted if you want consultation on swallowing issues for your consumers.

IV. SCLARC Executive Director Report (Dexter Henderson)

Mr. Dexter Henderson reported:

1. SCLARC is making some changes to the system (phones) and is hoping to have better news next month.
2. HCBS regulation: The regulation implementation deadline has moved to March 2022. The funding DDS has allocated for compliance is \$15 million dollars and SCLARC had 4 proposals chosen. SCLARC staff is in the process of meeting with vendors that won the grant to further develop the proposal. Day programs funded include: Peak Performance Training Center, ARC LA/Orange County, Compton Adult Career Center.

Vendors expressed interest in information on the HCBS regulations. Mr. Henderson stated SCLARC can provide what the RC has to the vendors. Evelyn Galindo is the specialist in this area. She can be invited to the VAC meeting to provide any information we would like to know.

V. Minutes

VAC minutes for the April 12, 2017 meeting were approved with the following correction:

- #9 VANN, name misspelled on the attendance list
- Denice Torrey's name on the members' list was misspelled.

Approval of minutes with the corrections moved by Karina Andrade and seconded by Martha Rodriguez. All in favor.

VI. VAC Executive & Committee Reports

A. Treasurer: N/A

B. Committees:

Membership: will have more information regarding the mixer at the next meeting

Compliance: have selected two topics and are working with Ms. Marsha Mitchell on having a training on the top two topics (Staff qualifications, community-based vendor guidance for community outings).

Legislative: Countable application, AB1610 put forward by Thomas to restore funding for developmental services. Judy will write a paragraph so we can copy and past to send to representatives. The paragraph will be added to minutes and provided as an individual attachment.

Strategic Planning: No report at this time.

Next VAC meeting will be on Wednesday, June 14, 2017

SCLARC VAC MEETING
SIGN IN SHEET
MAY 10, 2017

- | | |
|------------------------|------------------------------|
| 1. Denise Torrey | Sibi Center |
| 2. Dorrie Woods | Travel for me |
| 3. Carmen Haley | Family Way |
| 4. Kelli Marsh | CADHC |
| 5. Karina A. Andrade | EL ARCA ADHC |
| 6. Yosman Marroquin | Marroquin Facility |
| 7. Andres Velasco | SMS Transportation |
| 8. Illona Hendrick | Hendrick Home |
| 9. Jodi Peters | Arc Midcities |
| 10. Amber Morales | SVS |
| 11. Desiree Boykin | SCLARC |
| 12. Mary Cady | Shield Healthcare |
| 13. Wendy De Leon | Brighter Outlook |
| 14. Dan Merrel | Maxim Healthcare |
| 15. Veronica Solano | The Jeffrey Foundation |
| 16. Worknesh Wakero | W&W RCF |
| 17. Martha Rodriguez | Fobi Pharmacy |
| 18. Lara Okunubi | Ideal Program Services |
| 19. JB Wagoner | Arc Mid-Cities |
| 20. Yveth Torres | Premier Healthcare |
| 21. Adrienne Hernandez | Flagship Group LLC |
| 22. Melody Ussery | Stepping Stones |
| 23. Javier Cortez | Consumer parent |
| 24. Elsie Tatum | Smileys G.H. |
| 25. Alicia Cortez | Consumer parent |
| 26. Regina Johnson | Gossett Residential |
| 27. Casandra Vann | |
| 28. Krystal Rodriguez | Buena Vida Learning Services |
| 29. Sylvia Ortiz | Peak Performance Training |