



## Parent Advisory Committee (PAC) Groups

### Angeles Por Siempre Unidos (Cudahy)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- The group offers different socializing activities for parents such as karaoke, dancing, walking in the park (with social distancing), playing bingo, and playing loteria via Zoom.
- Meetings are held on Mondays and Wednesdays from 4 pm to 6 pm. Also, on Tuesdays and Thursdays from 6pm to 8 pm via Zoom to play bingo and loteria. Lastly on Fridays from 8 pm to 10 pm via Zoom to sing.
- Meetings are held at 4835 Clara Street Cudahy, CA 90201.
- Spanish speaking group

### Angeles Sin Límites (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 3<sup>rd</sup> Tuesday of the month from 5:30 pm to 7:30 pm via zoom (due to pandemic)
- Meetings were held (prior pandemic) every 4<sup>th</sup> Tuesday of the month from 10 am to 12 pm at the Community & Senior Center Barbara J. Riley – 7810 Quill Drive Downey, CA 90242
- Spanish speaking group

### Autism Advocates in Action Support Group (Carson)

- Parent support group for families with children with autism.
- Meetings are held every 3<sup>rd</sup> Saturday of the month. No meetings in November and December due to holidays.
- Meetings are held via Zoom and at the City of Carson Library - 151 E Carson Street Carson, CA 90745
- Website: <https://autismact.org/>
- English speaking group

### Bugle Horn Autism Support Group

- Parent support group consists mostly of families with children and adults with autism, but all disabilities are welcome. Families participating come from 4 different regional centers (Westside, SCLARC, Lanterman, Northern).
- Meetings are held every 2<sup>nd</sup> Monday of each month from 5 pm to 6:45 pm

- Meetings are being held via Zoom (due to pandemic)
- English speaking group

### Down Right Blessed (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 1<sup>st</sup> Wednesday and last Thursday of every month (unless there is a major holiday).
- Meetings are held via Zoom (due to pandemic). Prior pandemic were held at Knights of Columbus Hall - 11231 Rives Ave, Downey, CA 90241
- English and Spanish speaking group

### Hub City Autism Network (Compton)

- Parent support group for families with children with autism. They host events throughout the year.
- Meetings are held at 830 S. Mayo Ave Compton, CA 90221
- Website: [www.hubcan.org](http://www.hubcan.org)
- English speaking group

### Shining Stars Foundation (Downey)

- Parent support group for families with children who have services with SCLARC.
- The group offers karaoke, community presenters for parents and other social activities for SCLARC consumers.
- Meetings are held every Friday from 6 pm to 10 pm. Due to pandemic, there are currently no meetings being held as of now.
- Meetings are held at 12456 Bellflower Blvd Downey CA 90242
- Spanish speaking group

### Un Paso Mas (Huntington Park)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Group offers various presenter and topics covered.
- Meetings are held every Friday from 9 am to 11:30 am
- Meetings are held at 2621 Zoe Ave Suite C Huntington Park, CA 90255
- Spanish speaking group

### Unidos con Misión y Poder (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.

- Meetings are held every 2<sup>nd</sup> Thursday of the month
- Meetings are held at 7360 Foster Bridge Blvd Downey, CA 90241
- Spanish speaking group