

South Central Los Angeles Regional Center Advocates Advisory Committee March 22, 2021 AAC Meeting Minutes

Members in Attendance

Caycee Ricketts
Ascary Navarro
Anna Torres
Atayvia Roberts
Dora Trotter
Sean Davison
Jose Ayala
Renard Stanford

Others Attending

Desiree Boykin (Advocate) absent
Kimberly Rodgers(Advocate Specialists)
Todd Rubien (WRC)

Members Absent

Alan Mc Dowell
Raul Munoz
Glenn Jackson
Morris Taylor

1. **Call to order**

- a. Caycee Ricketts (AAC President) called the meeting to order at 10:10 am
- b. Everyone introduced themselves for this meeting
- c. The AAC members approved agenda minutes for February will be approved at later time.
- d. The Ground Rules was ready by Jose Ayala (AAC Sergeant-at-Arms)

2. **Topic: Disabilities Awareness Month**

- a. Our President, Caycee Ricketts discusses our meetings in regards to Developmental Disabilities Month as well as knowing our rights.
- b. In regards to our meetings that we had on the AAC Fun Chats Monday and Wednesday (Caycee and I) and AAC Wellness Chats Fridays (Jose and Renard) we talked about the importance of the Lanterman Act, American With Disabilities Act (ADA).
- c. Even discussing about organizations such as SCLARC (our regional center), ARCA, Special Olympics, Autism Speaks, and more
- d. Also discuss works such as the movie The Ringer, Music Within, as well the colors that represent our community.
- e. Caycee, Myself, Jose and Renard have discussed many topics throughout the month. It is important that we know that we all have rights.

3. Old Business

a. In the month of February Speaker Wesley Witherspoon spoke about the importance of relations and provides advice in regards to what is a healthy and an unhealthy relationship as he shares his experiences within the Committee.

4. Announcements

a. Events will be canceled until further notice

b. We also have AAC Fun Chat Monday and Wednesday at 3:00pm where we all learn from each other, as well as talk with speakers, enjoy just knowing from each other while sharing moments together even when practicing social distancing. Also on Friday we do the AAC Wellness Chat where we discuss about our personal updates its at 12:00pm

c. If you are participating for Best Buddies please contact Desiree or your buddy for updates

d. Westside Regional Center, also hold their CAC Meetings at 7:00pm everyday, if you are interested please contact Desiree for more details

e. The SCLARC Leadership Academy is a training and education program that is coming soon if you are interested contact maurag@sclarc.org it is available for advocates, parents, and vendors and it is online.

f. We are with Desiree and Raul as we are with them in our thoughts and prayers

g. Please get the vaccine As Soon As Possible. For more information go to <https://www.caprepmod.org/> or <https://myturn.ca.gov/>

g. Our next meeting is on April 26th from 10:00am-12:00pm on Zoom

5. End of the meeting

a. Renard Stanford (AAC Treasurer) adjourned the meeting at 11:30am and Happy Spring.

Thank you for your support

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