



The ABCs of SDP

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Lanterman Act

- The law the Regional Centers are held to for all services in both the traditional and Self-Determination service delivery systems.

Need for Services

- In both the traditional and Self-Determination service delivery systems, a need for services related to the individual's **qualifying developmental disability** must exist in order to fund a service.

Traditional Services

- The service delivery system which most individuals are currently in, which requires services to be purchased from vendored providers and is held to Purchase of Service (POS) policies.
- Will remain available to all individuals.

Purchase of Service (POS) Guidelines

- In traditional services, the Regional Center is required to adhere by policies unless an exception is warranted; if you believe an exception is appropriate, the Regional Center will need *information* to determine why the policy cannot be followed and still meet the needs of the individual.
- In Self-Determination, the Regional Center is still allowed to use policies to guide service purchases.

Self-Determination (SDP)

- A voluntary service delivery system consisting of a mix of services and supports selected and directed by the participant through person-centered planning in their Individual Program Plan (IPP)

Soft Roll-Out

- The first three years of the Self-Determination program, after federal funding is approved, wherein the program is open to 2,500 participants statewide, with a defined number at each Regional Center, who are selected by the Department of Developmental Services (DDS)
 - Due to end on June 7th, 2021

Waiver

- A program through the Federal Center for Medicare and Medicaid Services, which allows for federal matching funds to be received by the state for community-based services that allow a participant to avoid more restrictive settings.

Service Coordinator (SC)

- Case manager through the Regional Center who assists with services and supports through the agency.
- Has a slightly different role in Self-Determination.

Experimental Treatments

- Services such as non-medical therapies (i.e. equine therapy, aquatic therapy, nutritional supplements) that are not empirically proven to treat qualifying developmental disabilities.

Cost-Neutral

- The amount of funds expended on a Self-Determination participant cannot exceed what the Regional Center would have spent for that individual in the traditional service delivery system, as certified by Regional Center staff.

MediCal

- California's implementation of the federal Medicaid system, which provides health insurance to individuals who meet certain income guidelines and/or have specific disabilities and meet guidelines.

Institutional Deeming MediCal

- A type of MediCal a participant *may* be eligible for if they are a minor child (under the age of 18) living in their family home, and the family's income exceeds the requirements to typically qualify for MediCal, which may provide additional services (i.e. In-Home Supportive Services, co-payments, etc.)

Generic Resources

- Services available to all individuals, regardless of whether they receive Regional Center services, which must be utilized prior to Regional Center funding, due to Regional Center being “payer of last resort.”

Federally Reimbursable

- Services included on the list of service definitions provided by the federal government, which are eligible for federal financial participation/reimbursement.

Typical Parental Responsibility

- The requirement in the Lanterman Act that a family's responsibility for providing similar services and supports to a child without disabilities is taken into account when funding services.

HCBS Final Rule

- Home and Community Based Services (HCBS) rule going into effect in 2023 for all services (immediately for Self-Determination services) that will require services to be provided in integrated settings where individuals have the ability to interact with others (not just staff) who do and don't have disabilities, make choices, and access their community.

Individual Program Plan (IPP)

- A contract between an individual and the Regional Center determining what services and supports will be funded by the Regional Center.

Person-Centered Planning (PCP)

- A process by which an individual is looked at holistically to see their strengths, areas of needs, likes, dislikes, and supports needed in order to meet their goals.

Independent Facilitator (IF)

- A voluntary service available only to Self-Determination participants wherein an individual can choose to have a provider assist them with finding services, negotiating rates, advocacy, the Person-Centered Planning process, and anything else they would like them to do.

Vendor

- A provider who has a contract with the Regional Center to provide certain services at a set rate.

Financial Management Service (FMS)

- The only required, vendored, service in the Self-Determination program, which assists with managing the budget, paying employees and providers, and following applicable employment laws, as well as creating the spending plan.

Bill Payer Model

- The least expensive model of FMS, where the FMS only writes checks to agencies, and there is no employer/employee relationship between the FMS, the participant, or any of the providers working for the participant.

Sole Employer Model

- The model of FMS which provides the most control and responsibility to the participant, as they serve as the employer of workers, and are required to carry all applicable insurances, etc. The FMS processes payroll and provides support to follow employment laws.

Co-Employer Model

- The most expensive model of FMS, in which the participant and the FMS agency share the responsibility of being the employer, with the FMS agency as the Employer of Record and the participant retaining privileges to recruit, hire, and terminate staff.

Budget

- The amount of funds a Self-Determination Participant may use to purchase services and supports over a 12 month period.

Change in Circumstance

- Life has changed, and so have needs.

Unmet Needs

- There were needs in a previous IPP that were not provided, or needs that I had that were not identified in a previous IPP.

Suspended Services

- Services that cannot be funded in the traditional service system pursuant to trailer bills, but that the SDP participant may *use their budget* for, without additional funds being added.

Spending Plan

- Document which explains what services will be purchased with the budget.

Notice of Action (NOA)

- A letter that advises why the Regional Center cannot/will not fund a service, or is terminating/reducing a service, if you do not agree with the decision, and provides you the right to appeal.

Fair Hearing

- The opportunity to present a case in front of an impartial judge in order to determine the resolution to a disagreement regarding service provision between the Regional Center and a participant

4731 Complaint

- A complaint made to the Department of Developmental Services if you believe a Regional Center has denied you or violated your rights.



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SCLARC's Case Management Help Line:

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