

South Central Los Angeles Regional Center

Advocates Advisory Committee Meeting

June 28, 2021

Members Present

Caycee Ricketts
Ana Torres
Jose Ayala
Atayvia Roberts
Dora Trotter
Renard Standford
Sean Davison

Members Absent

Ascary Navarro
Alan Mc Dowell
Marcus Forte
Glenn Jackson
Carol Erby

Other Attendees

Desiree Boykin (absent)
Kimberly Rodgers CA
Linda Butler (WRC)
Todd Rubein (WRC)
Wesley Witherspoon

Call to order

- a. Caycee Ricketts (AAC President) called the meeting to order at 10:05 am
- b. Everyone introduced themselves for this meeting
- c. The AAC members approved both the June agenda and the meeting minutes for the month of May
- d. The Ground Rules was ready by AAC member Sean Davison
- e. The Purpose of the AAC and Ground Rules were read by AAC President Caycee Ricketts

2. Topic: Ryan White story, Juneteenth and Black History Music month

- a. Our speakers this month was AAC President Caycee Ricketts , and AAC Treasurer Renard Standford
- b. Ms. Ricketts lead the discussion about Ryan White Story tv movie who contracted AIDS because of blood trans infusion he a blood disorder hemophiliac. Ryan was told not to come back to school.
- c. Ryan White fought to learn alongside to receive this high school diploma. Advocates thought movie was sad and thought if the American with Disabilities Act (ADA) and the science technology was in place. Ryan might have lived longer.
- d. Ms. Ricketts also talk about Juneteenth how happy it's now a federal holiday. Members express their joy.
- e. Mr. Standford lead the discussion on Black music month he talk about the different of music blues, jazz , soul music , R and B, Rap and Hip hop.

3. Old Business

- a. Our speaker Dr. Cynthia Davis spoke about the importance of why Mental Health Matters

b. In her presentation she discusses the importance of taking care of yourself and symptoms of what affects our mental health

c. She also talked about treatments such as therapy, support groups and many more. As well as sources such as Crisis Support, TRIAGE Team, and many more sources to provide support.

d. Advocates also spoke about their experiences with Mental Health

e. If you need to reach out to Dr. Davis you can email her at cynthiad@sclarc.org or (213) 743-3028

4. Announcements

a. Events will be canceled until further notice

b. We also have AAC Fun Chat Monday and Wednesday at 3:00pm where we all learn from each other, as well as talk with speakers, enjoy just knowing each other while sharing moments together even when practicing social distancing. Also on Friday we do the AAC Wellness Chat where we discuss about our personal updates its at 12:00pm

c. Westside Regional Center holds their CAC Meeting everyday at 7:00pm for more information contact Desiree

d People First Conference is held on 6/12 on Zoom for more information contact Desiree

e. Our next meeting is on July 19, 2021 from 10:00am-12:00pm on Zoom

5. End of the meeting

a. Renard Stanford (AAC Treasurer) adjourned the meeting at 11:35am . Thank you for your support

Contacts:

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