

*South Central Los
Angeles Regional
Center*

&

*Frank D.
Lanterman
Regional Center*

Decoding the Self- Determination Definitions

Part Three

All Services

- “Typical parental responsibility” will be taken into consideration when looking at a child under the age of 18.
- Generic resources must be utilized first.
- The Lanterman Act requires a **need** for a service to be determined.
- Requests in every section must meet the Lanterman Act definition (Welfare & Institutions Code 4512(b))
 - *Services must be related to the Regional Center qualifying developmental disability.*
 - *Theme park passes do not qualify as a “specialized service or support” nor a “special adaptation of generic services and supports.”*

All Services

- Must support community integration
 - *Home and Community Based Services (HCBS) final rule.*
- The Regional Center may still use their Purchase of Service (POS) policies to determine funding of services.
- If you require a certain level of care (i.e. nursing respite) in traditional services, it will still be required in SDP.
- If the Lanterman Act does not allow a certain service until a certain age, Self-Determination will not either

All Services

- All services must be paid via the Financial Management Service (FMS)
- You retain the same rights in Self-Determination as in traditional services, including:
 - *The IPP process*
 - *Appeals process*
 - *Fair Hearing*

Massage Therapy (374)

The scientific manipulation of the soft tissues of the body for the purpose of normalizing those tissues and consists of manual techniques that include applying fixed or movable pressure, holding, and/or causing movement of or to the body. Massage therapy would be provided to a participant as an effective continuum of care throughout the course of a non-medical condition.

Generic Resources?	Available Under Age 21?	Available Over Age 21?	Funds Added to Budget?	Available in Traditional Services?
No	Yes	Yes	No	No

Non-Medical Transportation (338)

Service offered in order to enable individuals served to gain access to the Self-Determination Program waiver and community services, employment, activities, and resources, and participate in community life as specified by their Individual Program Plan.

Generic Resources?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Yes	No*	Based on Need	Based on Need

Nutritional Consultation (362)

Includes the provision of consultation and assistance in planning to meet the nutritional and special dietary needs of participants. These services are consultative in nature and do not include specific planning and shopping for, or preparation of meals for, participants.

Generic Resources?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
MediCal	Yes	No	No*

Occupational Therapy (375)

Services designed to restore or improve a person's ability to undertake activities of daily living when those skills are impaired by developmental or psychosocial disabilities, physical illness, or advanced age. Occupational therapy includes evaluation, treatment planning, treatment, instruction, and consultative services.

Generic Resources ?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Health Insurance, School District	No	Based on Need	Based on Need

Optometric/Optician Services (369)

Optometric services means any services an optometrist may perform under the laws of this state. Dispensing optician means an individual or firm which fills prescriptions of physicians for prescription lenses and kindred products and fits and adjusts such lenses and spectacle frames...limited to one eye exam every 24 months.

Generic Resources?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Medical Insurance	No	No	No

Participant Directed Goods and Services (333)

Consist of services, equipment, or supplies not otherwise provided through the SDP Waiver or through the Medicaid State plan that address an identified need in the IPP (including accommodating, improving, and maintaining the participant's opportunities for full membership in the community)

Generic Resources First?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Yes	Based on Need	No*	No*

Participant Directed Goods and Services Examples

Could Be Purchased	Could Not Be Purchased
Sensory Equipment not available through other resources*	Toys
Educational Advocacy**	Theme park admission
	California ID/RealID/Passport
	Nintendo Switch/Xbox/Etc.
	Car

Personal Emergency Response System (PERS) (358)

PERS is a 24-hour emergency assistance service which enables the recipient to secure immediate assistance in the event of an emotional, physical, or environmental emergency.

PERS services are limited to those individuals who have no regular caregiver or companion for periods of time, and who would otherwise require a greater amount of routine supervision. By providing immediate access to assistance, PERS services prevent institutionalization of these individuals and allow them to remain in the community.

Generic Resources?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Yes*	Yes	No	No

Physical Therapy (376)

Services of any bodily condition by the use of physical, chemical, and/or other properties of heat, light, water, electricity, or sound, and by massage and active, resistive, or passive exercise. Physical therapy includes evaluation, treatment planning, treatment, instruction, consultative services, and application of topical medications.

Generic Resources?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Insurance, School District	No	Depends on Need	Depends on Need

Prevocational Supports (339)

This service is provided to participants tailored to their specific personal outcomes related to the acquisition, improvement and/or retention of skills and abilities to support and prepare the participant for community participation, interdependence, independence, and/or community integrated work.

Generic Resources?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Yes	No*	Depends on Need	Depends on Need

Psychology Services (370)

Services of a person trained in the assessment, treatment, prevention, and amelioration of emotional and mental health disorders.

Generic Resources?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Medical Insurance	No	Based on Need	Based on Need



Questions? Contact Us!

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