

*South Central Los  
Angeles Regional  
Center*

*&*

*Frank D.  
Lanterman  
Regional Center*

# **Decoding the Self- Determination Definitions**

## ***Part Four***

## All Services

- “Typical parental responsibility” will be taken into consideration when looking at a child under the age of 18.
- Generic resources must be utilized first.
- The Lanterman Act requires a need for a service to be determined.
- Requests in every section must meet the Lanterman Act definition (Welfare & Institutions Code 4512(b))
  - *Services must be related to the Regional Center qualifying developmental disability.*
  - *Theme park passes do not qualify as a “specialized service or support” nor a “special adaptation of generic services and supports.”*

## All Services

- Must support community integration
  - *Home and Community Based Services (HCBS) final rule.*
- The Regional Center may still use their Purchase of Service (POS) policies to determine funding of services.
- If you require a certain level of care (i.e. nursing respite) in traditional services, it will still be required in SDP.
- If the Lanterman Act does not allow a certain service until a certain age, Self-Determination will not either

# ALL Services

- All services must be paid via the Financial Management Service (FMS)
- You retain the same rights in Self-Determination as in traditional services, including:
  - The IPP process
  - Appeals process
  - Fair Hearing
- You also can contact the Self-Determination Program Ombudsperson

## Respite Services (310/311)

The services are provided on a short-term basis because of the absence or need for relief of those persons who normally care for and/or supervise them, and are non-medical in nature.

Generic Resources First?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Yes	Yes	Based on Need	Based on Need

## Skilled Nursing (361)

Services listed in the plan of care which are within the scope of the State's Nurse Practice Act and are provided by a registered professional nurse, or licensed practical or vocational nurse under the supervision of a registered nurse, licensed to practice in the State.

Generic Resources First?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Yes	No*	Based on Need	Based on Need

## Specialized Medical Equipment & Supplies (365)

(a) Devices, controls, or appliances...that enable participants to increase their ability to perform activities of daily living (b) devices, controls, or appliances that enable the participant to perceive, control, or communicate with the environment in which they live; (c) items necessary for life support or to address physical conditions... (d) such other durable and non-durable medical equipment and supplies not available under the State plan that is necessary to address participant functional limitations; and (e) necessary medical supplies not available under the State plan.

Generic Resources First?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Health Insurance & California Children's Services	Based on Need	Based on Need	Based on Need

Speech, Hearing,  
and Language  
Services (372)

Speech pathology,  
audiology services,  
and hearing aids

Generic Resources First?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Insurance	No	Based on Need	Based on Need.



## Technology (336)

Item, piece of equipment, or product system, whether acquired commercially, modified, or customized, that is used to promote community integration, independence, and increase, maintain, or improve functional capabilities of participants.

Generic Resources First?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Insurance, School District, DOR	Yes	No*	No*

## Training and Counseling for Unpaid Caregivers (371)

Training includes instruction about services and supports included in the IPP, use of equipment specified in the IPP, and updates as necessary to safely maintain the participant at home. Counseling must be aimed at assisting the unpaid caregiver in meeting the needs of the participant.

Generic Resources First?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Yes*	Yes	Based on Need/Per Policy	Based on Need/Per Policy

## Transition/Set up Expenses (337)

One-time, non-recurring set-up expenses to assist individuals who are transitioning from an institution to their own home in the community.

Generic Resources First?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Yes	No*	Depends on Need	Depends on Need

## Vehicle Modifications & Adaptations (377)

Devices, controls, or services which enable participants to increase their independence, enable them to integrate more fully into the community, and to ensure their health and safety.

Generic Resources First?	Available Under Age 21?	Funds Added to Budget?	Available in Traditional Services?
Yes*	Based on Need	Depends on Need	Depends on Need



# Questions? Contact Us!

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