

***Menu of Services***  
**SERVICES AND SUPPORTS**  
**ADOLESCENTS**  
**11 years to 17 years**

Your child recently entered an exciting and tumultuous time of life – Adolescence – the Teen Age Years. As a parent, you are faced with many changes and challenges both at home and at school. Your child has moved onto a middle school or high school campus that may be overwhelming. Adolescent Services are listed below with a brief explanation of the support.

**Behavior Classes**

[California Psych Care](#) (Parent Education Classes) offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior strategies.

**Behavior Intervention (Funded if family is exempt from SB 946 insurance requirement.)**

Behavior intervention services are specialists who provide training and instruction to assist families, individuals and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

**Behavior Intervention Co-Pay, Co-Insurance and Deductibles**

If your family member receives behavior intervention services funded by insurance, SCLARC is able to assist with insurance Co-Payments, Co-Insurance and Deductibles if your family meets the income requirements. (Welfare & Institutions Code 4659.1)

**Case Management**

A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services and supports.

**Crisis Support Services**

SCLARC has crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. Contact your Service Coordinator regarding Crisis Support Services eligibility.

**Day Care supports (sometimes referred to as Specialized Supervision)**

Parents who are working or in school full time may be eligible for additional hours to provide for supervision primarily during after-school hours.

**Family Resource Center**

Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at (213)744-8882 for more information.

**IEP Support from SCLARC Educational Team**

A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

**Incontinence supplies**

Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if related to eligibility diagnosis and no other generic resource is available.

**In-Home Respite Care**

Parents and other family members can receive periodic assistance with the constant care and supervision of an individual to relieve family stress or emergencies.

**Out of Home Respite**

SCLARC may provide up to 21 days per year to provide support while a parent/guardian is out of town and unavailable to provide care. A request for out of home respite services will require a 30-day notice.

**Personal Assistance Support**

Some individuals require someone to help with community integration. SCLARC can offer these supports through Personal Assistants.

**Residential Services**

SCLARC has placement options in licensed residential homes that provide services and different levels of staffing depending on the individual's needs.

### **Social Recreational Services/Non-Medical Therapies**

Effective July 1, 2021, changes to Welfare & Institutions Code (WIC) section 4648.5 restored regional center's authority to fund camping services and associated travel expenses; social recreational activities; educational services for children three to 17, inclusive, years of age; and nonmedical therapies, including, but not limited to, specialized recreation, art, dance, and music. Speak with your Service Coordinator in regards to social recreational and educational services. A copy of the social recreation and educational services policy can be found on SCLARC's website [www.sclarc.org](http://www.sclarc.org) under the About Us – Transparency webpage.

**SocialSkills Training** classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes. **Parent participation is required.**

### **Some Medical Equipment, if no other generic resource is available**

Referrals can be made to assist families with receiving needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other generic resource is available.

### **Support Groups**

SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at (213)744-8882 for more information.

### **Translation**

IPP Translation services are available upon request for parents whose primary language is not English.

### **Transportation**

Parents of children 3-18 years of age are expected to provide transportation to appointments and activities. The local education agency is responsible for providing transportation to public or non- public school pursuant to an individualized education program plan. On an exceptional basis, if the child's disabilities prevent the use of public transportation, or the family is unable to transport the child as a result of illness or disability, the Regional Center may arrange for transportation through the use of a voucher, purchased bus pass, or by a regional center vendor.

### **211 Services**

Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.