



Parent Advisory Committee (PAC) Groups

Angeles Por Siempre Unidos (Cudahy)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- The group offers different socializing activities for the family such as sports, singing, dancing and walks in the city. All activities in person.
- Mondays – Walks in the City of Cudahy at 7:00pm, please call the numbers below for more information.
- Tuesdays – Flag Football at 7:00pm at Cudahy City Hall - 5220 Santa Ana, Cudahy CA 90201.
- Wednesdays – Zumba from 6:00pm to 7:00pm at Clara Street Park - 4835 Clara St, Cudahy CA 90201.
- Fridays – Singing and Dancing from 5:30pm to 9:00pm at Clara Street Park - 4835 Clara St, Cudahy CA 90201.
- Sundays - Basketball and Baseball at 1:00pm at Circle Park - 10129 Garfield Ave, South Gate, CA 90280.
- Contact for more information:
 - Amanda Arambula – (562)608-7739 – amanda.arambula@gmail.com
 - Javier Munoz – (323)761-3966
- Spanish speaking group.

Angeles Sin Límites (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 3rd Tuesday of the month from 5:30pm to 7:30pm via zoom (due to Covid) and may be subject to be hybrid on the 3rd Tuesday of the month from 9:30am to 12:30pm with prior notice.
- Hybrid meetings will take place at the Barbara J. Riley Community & Senior Center – 7810 Quill Drive, Downey, CA 90242.
- Contact for more information:
 - Herlinda Rodriguez - (562) 413-4377 – hrodriguez60@yahoo.com
 - Maria Leonor Dimas – (323) 369-6370 – mariadimas1@verizon.net
 - Maricela Donate – (562) 746-5249 – donatemaricela@gmail.com
- Spanish speaking group.

Autism Advocates in Action Support Group (Carson)

- Parent support group for families with children with autism.
- Meetings are held via Zoom on a quarterly basis. Meetings will resume in person in 2024.
- No meetings in November or December due to holidays.
- There are 3 Annual events and 1 summer hip-hop class. The location of events can be seen on the group's website: <https://autismact.org/>
- Contact for more information:
 - Renita Verner - (562)857-4300 - autismadvocatesapp@gmail.com
- English speaking group.

Bugle Horn Autism Support Group

- Parent support group consists mostly of families with children and adults with autism, but all disabilities are welcome. Families participating come from 4 different regional centers (Westside, SCLARC, Lanterman, Harbor and ELARC).
- Meetings are held every 2nd Monday of each month from 5:00pm to 6:45pm.
- Meetings are being held via Zoom (due to Covid).
- Contact for more information:
 - Florence Bracy – (323) 574-0862 – bracyflorence2013@gmail.com
- English speaking group.

Down Right Blessed (Downey)

- **No meetings happening until 2024.**

Hub City Autism Network (Compton)

- Parent support group for families with children with autism. Events are hosted throughout the year.
- Meetings are held in person at the Compton Library - 240 W Compton Blvd, Compton, CA 90220.
- Meetings take place on a bimonthly basis unless otherwise noted.
- Website: www.hubcan.org
- Contact for more information:
 - Consuelo Evans – (424)242-3899 - hubcityautism@gmail.com
- English speaking group with Spanish translation.

Shining Again (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- The group offers karaoke, folklorico and hip-hop dancing.
- Meetings are held on Fridays from 4:00pm to 9:00pm on a weekly basis.
- Meetings are held at Elks Lodge - 11233 Woodruff Ave, Downey CA 90241.
- Due to the pandemic, the meeting location might change to Dennis the Menace Park - 9125 Arrington Av, Downey CA 90240 or Lynwood City Hall. Please check the Facebook page for postings on meeting locations.
- Contact for more information:
 - Adriana Torres – (562) 250 - 7206 allshiningagain@gmail.com
 - Jose T Torres – (562) 261 - 6109
 - Socorro Rios – (323) 774-8230 cocorro62@gmail.com
 - Lupita Solorzano – (310) 491 - 4396 lupitaestradam1@gmail.com
- Spanish speaking group.

Shining Stars Foundation (Downey)

- Parent support group for families with children who have services with SCLARC.
- The group offers karaoke, community presenters for parents and other social activities for SCLARC individuals.
- Meetings are held every Friday from 6:00pm to 9:00pm.
- Hip-Hop classes are held every Wednesday from 8:00pm to 9:00pm.
- Both meetings and classes are held at 12456 Bellflower Blvd, Downey CA 90242.
- Contact for more information:
 - Luz Curiel - (323) 804-9315 - Luz.curiel@hotmail.com
- Spanish speaking group.

Un Paso Mas (Huntington Park)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- **Schedule soon to come.**
- Contact for more information:
 - Emma Orozco - (323) 819-4164 – emmaorozco@gmail.com
 - Ceci Granados – ceciarispe2017@gmail.com
- Spanish speaking group.

Unidos con Misión y Poder (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 3rd Monday of the month.
- Meetings are currently being held via Zoom.
- Contact for more information:
 - Gledy Aceituno – (323)717-2853 – gledyaceituno@aol.com
 - Blanca Martinez – (310)748-9715 - weloveourpumkins@yahoo.com
 - Amada Reyes – (562)842-7178 – ammycolorado64@gmail.com
- Spanish speaking group.

Different Abilities Learning Together (City of Paramount)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every month via zoom and informal meetings for coffee take place every two months.
- For details about meetings please reach out to group contacts.
- Contact for more information:
 - Silvia Diaz – (562) 773 - 4344 - daltforall@gmail.com
 - Claudia Borunda – 310-686 - 2788 – daltforall@gmail.com
- Spanish and English speaking group.