



South Central Los Angeles Regional Center

FUNDING STANDARDS

Social Recreation/Camping/Non-Medical Therapy Services

Individuals must receive services in the most integrated settings of their choosing and have full access to the benefits of community living. Settings where individuals live and receive services must be provided in a natural environment.

A. Definition

Social Recreation, Camping, and Non-Medical Therapy services are designated to enhance social interaction opportunities and skills. Such services encourage Individuals served by SCLARC to communicate with others, reinforce social skills acquisition by providing an opportunity for them to practice/generalize the skills they have learned, develop healthy relationships outside of their family unit and fosters the importance of developing work/life balance. While a program may have therapeutic value and characteristics of community integration and/or social skills training program, the inherent purpose of a social recreation, camping or non-medical therapy program is to provide an opportunity for individuals served to participate in recreational activities in an inclusive environment of their choosing. Inclusive community setting refers to clubs, centers, halls, sites, and other locations where individuals with and without disabilities engage in social activities. Programs must promote a beneficial environment that allows for the individual receiving regional center services to have full access to their communities.

Social recreation is defined as swimming, dance, art, music, sports, and activities in inclusive settings including but not limited to, the Department of Parks and Recreation and civic groups such as the YMCA or YWCA, scouting programs, service organizations, local cultural organizations, churches, and community organizations, in which individuals are engaged with others.

Social Recreation, Camping and Non-Medical Therapy services will be based on the agreement of the IPP Planning Team (the IPP Planning Team includes the individual served, their family, Service Coordinator, and anyone they would like to invite to the meeting who provides support and care including friends). Service Coordinators will discuss opportunities for social recreation, camping and non-medical therapy services with the IPP Planning Team during the annual IPP meeting, and at any time a request for services is received from the individual and/ or family. The Service Coordinator will also provide referrals to social

recreation, camping, and non-medical therapy programs of interest to the individual and family, including related supports needed to access services. Supports include but are not limited to Interpretation, Personal Assistance, Social Skills Training and Behavioral Services. Individuals and families do not have to exhaust services under the In-Home Supportive Services (IHSS) program, exchange respite hours or any other service or support hours authorized by regional center, or pay a copayment, or similar share pay arrangement to access social recreation, camping and non-medical therapy services funded by the regional center.

On an annual basis, the IPP Planning Team will review the services for continued need, progress, and utilization as well as to ensure it remains age appropriate. Age-appropriate social activities are defined as participating in sports, hobbies, arts, leisure activities, educational, and/or volunteer activities with the same and/or near-age peers. Social recreational services are intended to promote a transition into an integrated generic social setting. Social recreational services may not be funded as a day program.

B. Criteria for POS Funding

Social Recreation, Camping and Non-Medical Therapy services will be considered for individuals and providers who meet the following criteria:

1. All generic resources have been explored in the individual's community prior to requesting regional center funding [WIC 4659 and 4659.10].
2. Exploration of community resources has been documented to include public parks and recreation departments, civic groups such as the YMCA or YWCA, scouting programs, service organizations, local cultural organizations, churches, and community organizations [WIC 4659]. A copy of program registration, letter of enrollment, flyer, brochure, or link to the program's website can be provided to the Service Coordinator when making a request for Social Recreation, Camping and Non-Medical Therapy services.
3. The activity will be provided in the individual's community, show a cost-effective use of public resources, and will be delivered by the least costly vendor [WIC 4648(a)(6)(D) and 4512 (b)].
4. If an individual chooses a service that is intended primarily for Individuals with a developmental disability, the service must meet the following criteria:

- a. The setting or place where the individual served receives those services must be in compliance with the Home and Community Based Services (HCBS) Final Rule before they can begin to receive services.
 - b. The Provider's service design must demonstrate desired outcomes for individuals served, entrance and exit criteria for the service. Vended regional center providers must comply with CCR, Title 17 vendorization requirements.
 - c. Provide an opportunity to access an inclusive setting and/or integrated setting.
 - d. The purpose of social recreational services is to encourage integration and mirror the experience of individuals without a disability; therefore, 1:1 support will be considered as needed to aid in transition to full inclusion. The request must be discussed and agreed upon by the IPP Planning Team. Requests for 1:1 support must be justified by the reason for the need, amount of support required and expected duration. 1:1 support may include but is not limited to Interpretation, Personal Assistance, and Behavioral Services. Such supports will be authorized as needed for the individual to achieve goals as outlined in the IPP.
 - e. No more than ten (10) hours per week of social recreation services will be funded by SCLARC. SCLARC recognizes that some of our individuals' needs are unique to their individual or family situation. Therefore, the Planning Team may request for an exception under SCLARC's Purchase of Service Funding Standards Exception Policy which may be found on SCLARC's Webpage under the Transparency tab. The Exception Policy is located on Page 3 of SCLARC's Purchase of Service Funding Standards.
5. The IPP Planning Team will identify services and supports to meet the individual's needs based on goals outlined in the IPP. The determination shall be made on the basis of the needs and preferences of the individual or, when appropriate, the individual's family, and shall include consideration of a range of service options proposed by the IPP Planning Team, the effectiveness of each option in meeting the goals stated in the individual program plan, and the cost-effectiveness of each option [WIC 4512 (b)].
6. The service is not intended to provide social skills training, childcare, day care or personal assistance. However, these services may be provided based on the individual's needs to aid in access to social recreation and

camping services. For an individual served by SCLARC, family's personal resources, and parental responsibility, should be explored to determine if anyone else, including extended family, friends, or a regular paid support can provide these services [WIC 4646.4(a)(4)].

7. Individuals with medical conditions and/ or requiring a nursing level of care may be referred to SCLARC's Clinical Team for the appropriateness of the social recreational activity requested by the individual we support. Additionally, SCLARC may, at its discretion, request for a signed letter and/or a prescription by a licensed medical professional and/or primary care physician authorizing the individual's full participation in the service requested.
8. Day Camps (Spring, Summer, Winter, Sports, Science etc.), must not exceed 60 days per fiscal year. SCLARC recognizes that some of our individuals' needs are unique to their individual or family situation. Therefore, the Planning Team may request for an exception under SCLARC's Purchase of Service Funding Standards Exception Policy which may be found on SCLARC's Webpage under the Transparency tab. The Exception Policy is located on Page 3 of SCLARC's Purchase of Service Funding Standards.
9. Overnight Camping Services must be provided within the State of California and must not exceed \$2,000.00 per fiscal year. Camping Services must meet regulations and laws set by the State of California. SCLARC recognizes that some of our individuals' needs are unique to their individual or family situation. Therefore, the Planning Team may request for an exception under SCLARC's Purchase of Service Funding Standards Exception Policy which may be found on SCLARC's Webpage under the Transparency tab. The Exception Policy is located on Page 3 of SCLARC's Purchase of Service Funding Standards.
10. Non-Medical Therapy services must meet requirements under CCR, Title 17.

C. Procedure for Referral and Review

1. When an individual requests one of the following services – Social Recreation, Camping or Non-Medical Therapy, the Service Coordinator shall discuss with the IPP Planning Team whether the request meets the criteria of this policy. The discussion will include the individual's interest in attending programs, support needed to access programs, identification of programs that meet the individual's needs as outlined in the IPP and referrals to programs. The Service Coordinator will assess the needs and work collaboratively with

the IPP Planning Team to determine if the service requested will appropriately address the needs and the desired outcomes identified by the individual. The Service Coordinator shall determine whether generic community resources were explored. The Individual/Family must submit an Individual Weekly Schedule template form [Enclosure A] to reflect the day and time of the social recreational service(s). The Service Coordinator is available to assist the individual/family with completing the schedule. If required, the Service Coordinator will initiate consultation and/or assessment with the appropriate Planning Team and/or clinical team to review the need and recommend the appropriate level of service.

2. Social Recreation, Camping and Non-Medical Therapy programs are funded by SCLARC in a variety of ways to increase access to services. Funding options available may include but are not limited to: Purchase of Service (POS) by authorizing services directly through a regional center vendored provider; Purchase Reimbursement to the family who pays for the service upfront; and through Participant Directed Services (PDS) funded by the Financial Management Service (FMS) who will pay programs directly on behalf of the individual. The Service Coordinator is available to explain each option to the individual and/ or family in further detail.
3. The Purchase of Service (POS) funding committee will review all requests for funding Social Recreation, Camping, and Non-Medical Therapy Services to ensure compliance with POS policy and applicable laws.
4. On an annual basis, a review of the individual will be conducted to indicate a need for a socialization experience in addition to what is currently available to the Individual served. The IPP Planning team will assess whether the individual is making sufficient progress in the program to justify continued funding. The review and recommendation for continuation of services may consider programming alternatives with fewer restrictions and/or supports. The identified need will be documented in the Individual Program Plan.
5. Any request for Individuals to receive additional funding in their Self-Determination Individual Budgets for Social Recreation Services will need to meet the requirements in this policy and demonstrate that funding already allocated in the budget cannot meet the requested need.
6. SCLARC recognizes that some of our individuals' needs are unique to their individual or family situation. Therefore, SCLARC has a Purchase of Service Funding Standards Exception Policy which may be found on SCLARC's Webpage under the Transparency tab. The Exception Policy is located on Page 3 of SCLARC's Purchase of Service Funding Standards which can be accessed by clicking on the following link: <https://sclarc.org/wp-content/uploads/2022/12/POS-Policies-Updated-.pdf>