

**South Central Los Angeles Regional Center (SCLARC)**

**Advocates Advisory Committee (AAC)**

**February 24, 2020 Meeting Minutes**

**Members in Attendance**

Caycee Ricketts  
Ascary Navarro  
Anna Torres  
Andrew Richards  
Alex Gonzalez  
Alan Mc Dowell  
Atayvia Roberts  
Dora Trotter  
David Weaks  
Glenn Jackson  
Gilbert Williams  
Jacquelyn Garner  
James Johnson  
Jonathan Angel  
Lanetia K. Peterson  
Mayra Canales  
Marleny Zanbrano  
Renard Stanford  
Richard Addison  
Shahman Hoffman- Price  
Steven Overville

**Members Absent**

Anthony Chuc  
Andres Jimenez  
Alfonso Vega  
Alex Figueroa  
Efrain Luna  
Eva Cleveland  
Diedre Coleman  
Marybed Barrea  
Agustin Velasquez  
Dominic Martinez  
Jose Ortega  
Keisha Humphrey  
Kenya Richardson  
Briana Taylor

**Others Attending**

Desiree Boykin (Advocate) absent  
Wesley Witherspoon( Consumer Advocate)  
Kimberly Rodgers (CSA)  
Monique Craig (Educational specialists)  
Jessie Padilla ( ELARC Advocate)

Cristian Oleta  
Diana Salazar  
Devon Hewett  
Genesis Cordenozo  
Gabriela Morales  
Katherine Sandoval  
Jose Ayla  
Jenny Rivera  
John Meldra-  
Jorge Pandoro  
Lionel Balderama  
Maritza Orozco  
Maiy Nicrie  
Mayra Canales  
Morris Taylor  
Rosendo Martinez  
Sharday Jackson  
Tabbitha Lopez  
Towwaniquecka Vannardo

**1. Call to order**

- a. Caycee Ricketts (AAC President) called the meeting to order at 10:11 am
- b. Everyone introduced themselves for this meeting
- c. The Agenda and Minutes was approved by AAC members.
- d. The Ground rules were read by Dora Trotter (Sgt- At- Arms)

**2. Topic: Relationships**

- Our guest speaker Wesley Witherspoon discusses the importance of Friendships/ Relationships
- b. He discusses the importance of having a healthy relationship such as communication and respect, and working out problems
  - c. There are three types of relationships: healthy, unhealthy, abusive
  - d. An unhealthy relationship is described as pressure, poor communication, dishonesty, struggles for control, and inconsiderate behavior
  - e. An abusive relationship is based on accusations, blaming, isolation of pressure, and manipulation
  - f. He also lets us know that if you are ever in an unhealthy relationship to talk to a friend, counselor, or case manager. As well as [www.ccssd.org/get-help/overview.html](http://www.ccssd.org/get-help/overview.html) or 1(888) 385-4657, National Domestic Violence Hotline 1 (800)799- SAFE or RAINN (National Rape Crisis Line) 1(800) 656-4673
  - g. We also had a fun quiz where we ask about where we ask what a Healthy Relationship can or cannot be

h. Lastly he discussed about Making new friends by meeting them, going to places, and just doing it together

i. We also hold a moment of silent where we honored Kobe Bryant, his daughter, and the 7 others who were killed on the plane crash on January 26<sup>th</sup>. As today we were purple/ Lakers gear as a sign of honor and respect.

### **3. Old Business**

a. In the month of January we discussed the changes that are coming in 2020 such as future topics, new organizations (Best Buddies), Legislative Committee, and AAC Believers Club, we had a record breaking attendance of 44 participants

### **4. Announcements**

a. Our next meeting will be on March 23<sup>rd</sup> from 10:00am-12:00pm on the 4<sup>th</sup> floor

b. The AAC Legislative Committee will be having its first meeting on March 25<sup>th</sup> from 10:00-12:00pm over at Starbucks on Figueroa and 27<sup>th</sup>. Please attend if you're interested in joining

Contacts:

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Kimberly Rodgers (Consumer Advocate Specialist)

(213) 744-8446 and [kimberlyr@sclarc.org](mailto:kimberlyr@sclarc.org)

### **5. End of the meeting**

a. Marcus Forte (CAC Vice President) adjourned the meeting at 12:00p.m.