

South Central Los Angeles Regional Center Advocates Advisory Committee

September 28, 2020 AAC Meeting Minutes

Members in Attendance

Caycee Ricketts
Ascary Navarro
Anna Torres
Alan Mc Dowell
Atayvia Roberts
Dora Trotter
Sean Davison
Raul Munoz
Joey Juarez
Renard Standford

Others Attending

Desiree Boykin (Advocate) absenr
Kimberly Rodgers(Advocate Specialists)
Wesley Witherspoon Advocate CH USC
Linda Butler (Client Advocate) WRC

Members Absent

Alan Mc Dowell
Carol Erby
Diedre Coleman
Keisha Humphrey
Kenya Richardson
Briana Taylor
Cristian Oleta
Diana Salazar
Devon Hewett
Genesis Cordenozo
Gabriela Morales
Katherine Sandoval
Jose Ayla
Andrew Richards
Jenny Rivera
John Meldra-
Jorge Pandoro
Glenn Jackson
Gilbert Williams

1. Call To Order

Caycee Ricketts (AAC President) called the meeting to order at 10:15 am

a. Everyone introduced themselves for this meeting

b. I (Ascary Navarro, AAC Secretary) approved both agenda and the meeting minutes for the month of August

c. The Ground Rules were read by Caycee and Desiree Boykin (Consumer Advocate)

d. We are using Zoom as a means to communicate with one another and also hold our meetings during this time

2. Topic: Heatwave

a. Today's speaker Nafeem discusses about heatwave

b. With the current weather we deal with the heat all the time as we can get burned if we do not use protection

c. There are many things we can do while dealing with the heatwave one of them is to drink water

d. Wear sunscreen according to our SPF (Sun Protection Factor) and you can also use aloe vera

e. Also make sure to wear light colored clothing as well as use a hat (cap, visor, sun hat) to protect yourself

f. Being exposed to heat affects your skin as it can lead to skin cancer and other defects

g. We all love to play in the sun and have fun but making sure that we are safe

h. Make sure to stay hydrated and protected

3. Old Business

a. In the month of August, speaker Wesley Witherspoon discusses the importance of voting. As the elections are coming up on November 3rd we must all do our part to exercise the right to vote. Voting is a right for everyone as we decide for who we want to run for office and which laws and propositions can be allowed. We can vote either in-person, by mail, or through drive-thru voting depending on what you decide. If you have a disability you can always ask for accommodations so you can vote easier. Though they can't vote for you, but to help you accommodate so you can vote easier and safer. Your voice does matter especially in the times we are living in. Also did you know there are electronic voting polls where

you can vote easier without all the hassle. As elections are coming up on November 3, it's important to know your voter status on <https://www.lavote.net/vrstatus>. To register to vote you must be a US Citizen and a resident of California and be 18 years or older. You can also volunteer as well, and for more additional info to know your rights as a disabled voter is <https://disabilityvoteca.org/>.

4. Announcements

a. Events will be canceled until further notice

b. We also have AAC Fun Chat Monday and Wednesday at 3:00pm where we all learn from each other, as well as talk with speakers, enjoy just knowing from each other while sharing moments together even when practicing social distancing. Also on Friday we do the AAC Wellness Chat where we discuss about our personal updates its at 12:00pm

c. Our next meeting is on October 26th from 10:00am-12:00pm via Zoom

d. For those who won the essay contest (Ascary, Atayvia, and Raul) will get their gift cards via Desiree

5. End of the meeting

a. Caycee Ricketts (AAC President) adjourned the meeting at 11:45am

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