

South Central Los Angeles Regional Center Advocates Advisory Committee April 26, 2021 AAC Meeting Minutes

Members in Attendance

Caycee Ricketts
Ascary Navarro
Anna Torres
Atayvia Roberts
Dora Trotter
Sean Davison
Jose Ayala
Renard Stanford

Others Attending

Desiree Boykin (Advocate) absent
Kimberly Rodgers(Advocate Specialists)
Dr. Ryeal Simms
Linda Butler (WRC)
Wesley Witherspoon (WRC)
Jess Gould (NLARC)
Tyler McHaley

Members Absent

Alan Mc Dowell
Raul Munoz
Glenn Jackson
Morris Taylor

1. **Call to order**

- a. Caycee Ricketts (AAC President) called the meeting to order at 10:10 am
- b. Everyone introduced themselves for this meeting
- c. The AAC members approved agenda minutes for February will be approved at later time.
- d. The Ground Rules was ready by Jose Ayala (AAC Sergeant-at-Arms)

2. **Topic: Sex and Disability**

- a. Our speaker Dr. Ryeal Simms speaks about disability and our sexuality.
- b. He spoke about relationships, sexuality, and consent especially during the COVID era
- c. Many of us advocates asked a lot of questions to Dr. Simms about our experiences with dating and sex, especially in what we are going through at the moment
- d. Overall the conversation helped a lot but also was enjoyable as well as many got to laugh but also share experiences with everyone and Dr. Simms provided a lot of advice and support

3. **Old Business**

- a. In the month of March, our president, Caycee Ricketts discusses about Disability Awareness Month

4. **Announcements**

- a. Events will be canceled until further notice
 - b. We also have AAC Fun Chat Monday and Wednesday at 3:00pm where we all learn from each other, as well as talk with speakers, enjoy just knowing each other while sharing moments together even when practicing social distancing. Also on Friday we do the AAC Wellness Chat where we discuss about our personal updates its at 12:00pm
 - c. Supported Life Conference held it's virtual conference on 5/7 on Zoom. Thank you for those who attended and learned a lot and continue advocating
 - d. Westside Regional Center, also hold their CAC Meetings at 7:00pm everyday, if you are interested please contact Desiree for more details
 - e. The SCLARC Leadership Academy is a training and education program that is coming soon if you are interested contact maurag@sclarc.org it is available for advocates, parents, and vendors and it is online.
 - f. People First Conference is held on 6/12 on Zoom for more information contact Desiree
 - g. Please get the vaccine As Soon As Possible. For more information go to <https://www.caprepmod.org/> or <https://myturn.ca.gov/>
 - h. Our next meeting is on May 17th from 10:00am-12:00pm
 - i. We also celebrated those who have birthdays in April

4. **End of the meeting**

- a. Renard Stanford (AAC Treasurer) adjourned the meeting at 12:40pm. Thank you for your support
Contacts:

Desiree Boykin (Consumer Advocate)

(213) 743-3071 and desireeb@sclarc.org

Kimberly Rodgers (Consumer Advocate Specialist)

(213) 744-8446 and kimberlyr@sclarc.org