

**South Central Los Angeles Regional Center (SCLARC)**

**Consumer Advisory Committee (CAC)**

**August 26 2019 Meeting Minutes**

**Members in Attendance**

Caycee Ricketts  
Marcus Forte  
Dora Trotter  
Ana Torres  
Andres Jimenez  
Alejandra Mateo  
Agustin Velasquez  
Atayvia Roberts  
Efrain Luna  
Glenn Jackson  
Michael Garcia  
Shahmah Hoffman

**Others Attending**

Desiree Boykin staff  
Valeria Salceda staff  
Chris Soto staff  
Jeremy Marks ( Lime)  
Nowana Buchahana (vendor)  
Kimberly Rodgers ( vendor)  
Clyde Rush ( vendor)

**Members Absent**

Morris Taylor  
Alfonso Vega  
Mirna Rodrigue  
Ascary Navarro  
Antwan Jones  
Jesse Warford  
Angelica Alvarado  
Christina Tubbs  
Josue Escareno  
Marybed Barrera  
Manuel Marquez  
Nona Williams  
Jacquelyn Garner  
Jacqueline Bailey  
Shanna Trank  
Awantae Alexander  
Dylan Johnson  
Andre Smith  
Michael Hunter  
Jamark Jackson  
Agustin Velasquez  
Renard Stanford  
Frank Suzukawa

Chekesha Washington  
Laurie Serna  
Yesenia Centnera  
Hezekiah Powell  
Jeniffer Lopez  
Jonathan Rangel  
Eva Cleveland  
Renee Thomas  
Eunice Ortega  
DeBuior Bailey  
Glenn Jackson  
Jose Ayla  
Cesar Escamillia  
Andrew Richards  
Anthony Chuc  
James Dunham  
Lynn Valentine  
Lanetia Peterson  
Sonya Bagby  
Timari Wesly

**1. Call to order**

Caycee Ricketts (CAC President) called the meeting to order at 10:10 am  
Everyone introduced themselves for this Ascary Navarro (CAC President) called the meeting to order

- a. Everyone introduced themselves for this meeting
- b. The agenda for today was approved
- c. CAC members approved the July meeting minutes
- d. Purpose of CAC/The Ground Rules Desiree explains the purpose Dora read the ground rules.
- e. Desiree also talked with us about Self- Advocacy/ ARCA CAC meeting
- f. Jeremy Marks gave a presentation on Lime access. This program can help consumers of the regional center get around in the community.

**2. Topic: Self Determination**

Chris Soto Cultural and Diversity Specialists talked about the Self Determination program. Self-Determination began in 1998 at ELARC as polite program by 2014 all 21 regional center have a local self- determination board that meets once a month. Each regional center has some many slots. SCLARC has 110 individuals on the list. The individual drives the Self – Determination program

What is Self Determination program is a voluntary program it's your choice as individual to be in the program or leave the program. But if you leaver the program you will have to wait a year to return. The 5 Principles of Self – Determination on the list 1. **Freedom** to exercise the same rights as all people to establish , with freely chosen supports, family friends , where you want to live with whom you want to live how your time will be occupied, and who supports you .

**Authority** to control a budget in order to purchase services and supports of your choosing.

**Support** including the ability to arrange resources and personnel, which will allow flexibility to live in the community of your choice.

**Responsibility which** includes the opportunity to take responsibility for making decisions on your own lives, to be accountable for the use of public dollars and to accept a valued role in your community.

**Confirmation** of critical role and your family having making decisions in your own life and designing and operating the services that you rely on. “Nothing about with out me” comes from the ide of confirmation.

**Person Centered Planning** is all about you. You decided what important to you and what is important for you. In the program each individual for have a page description to the staff working them can know how to support the individual.

**Budget** in the Self – Determination Program you have Fiscal management service there three models the individual call choose from Sole Employer, Co-employer and Bill Payer.

Chris recommend individuals to get on the waiting list because individuals might drop or move to another state. Self- Determination goes with that them if they move to another regional center area.

### 3. **Old Business**

- a. Today we are electing for President, Vice President, Treasurer, Sergeant at Arms
- b. We listened to the candidates’ speeches before we voted
- c. We voted for the candidates
- d. Once the voting was over we announced the new officers
- e. As of July 22 these are our new officers
  - a. Caycee Ricketts: President
  - b. Marcus Forte: Vice President, 2<sup>nd</sup> term
  - c. Dora Trotter: Sergeant-At-Arms
  - d. DeBuior Bailey: Treasurer
  - e. Ascary Navarro: Secretary, 2<sup>nd</sup> term

### 4. **Announcements**

- a. The CAC meeting will be on September 23, 2019 from 10:00am-12:00pm on the 4<sup>th</sup> floor.
- b. Supported Life Conference is October 10- 11, 2019 in Sacramento California

Marcus Forte CAC Vice President ended the meeting at 11:40a.m.