

**South Central Los Angeles Regional Center Advocates Advisory Committee**

**August 28, 2023**

**AAC Meeting Minutes**

**Members in Attendance**

Renard Stanford

Sean Davison

Darnell Hayes

Ana Torres

Atrika Jackson

Atayvia Roberts

Santiago Villalobos

Andrew Richards

Raul Munoz

Linda Butler (WRC)

Esther Kelsey (WRC)

**Others Attending**

Desiree Boykin (Advocate)

Nowana Buchanan (Advocate Specialist)

**Members Absent**

Juan Zuniga

Esther Kelsey (WRC)

Todd Rubein (WRC)

### 1. Call Meeting to Order

- a. Renard Stanford (AAC Treasurer) called the meeting to order at 10:05 am
- b. Everyone introduced himself or herself at this meeting.
- c. AAC members approved the minutes for July and August agenda.
- d. The Ground rules were read by our AAC Treasurer Renard Stanford
- e. The AAC Bylaws were read by Advocate Desiree Boykin

### 2. Finance

- a. Mr. Sailor from Merrill Lynch a bank of America Company. He said we need to write our goals down.
- b. When creating your budget prioritize what you need versus what you want.
- c. Identify patterns expenses, non-essential, impulse buying.
- d. Also set up emergency fund.

### 3. Finance

- a. Mr. Sailor recommends utilizing the 50/ 20/ 30-budget guideline. 50 % needs essential expenses such as housing utilities groceries and transportation. The 30% anything that can be eliminated with only minor inconvenience. 20% saving for emergency fund or paying down debt.
- b. Keep track of your spending. Keep receipt everything adds up.
- c. Try not to overspend on your credit card.
- d. Look at your bank statement and pull up your credit reports once a year from TransUnion, Equifax, and Experian.
- e. Invest in stocks and bonds to expand your profile

#### **4. Old Business**

- a. In the late 1880's to the 1960's the developmental center was the option. The care used California trying to figure out how to provide care for children and adults with disabilities.
- c. Parents were advised to put their children in institutions or to be their sole caregiver. No social system in place. Children with disabilities weren't allowed to receive a public education.
- d. In California Parents, a report from the OC visits institution once they saw the conditions. Parents started advocating lobbying Assembly member Franklin D. Lanterman.
- e. In 1966 two pilot regional center was created once in Los Angeles and other in San Francisco.
- f. In 1968 two pilot regional centers were successful. The Parents went back to Assembly member Franklin D. Lanterman expand to expanding the regional centers center A225 the total of 21 regional centers.
- h. In 1973 Regional Centers also included autism, cerebral palsy, epilepsy children and adults can apply.

#### **5. Announcements**

- a. Our next AAC meeting September 25, 2023, from 10:00am-12 pm SCLARC office
- b. AAC Treasurer Renard Stanford he's one of the new board members he learn a lot.

#### **6. End of the meeting**

Renard Stanford (AAC Treasurer) adjourned the meeting at 11: 30 am.

Thank you for your support.

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