

# COORDINATED FAMILY SUPPORT (CFS) FACT SHEET FOR CONSUMERS AND FAMILIES

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## What is CFS?

CFS is a new service specifically designed for adults with developmental disabilities who choose to live with their family. CFS was created in response to input from families about the lack of available services for adult consumers who choose to live in the family home.

CFS service will be tailored, individualized, and flexible to meet the changing needs and preferences of the individual being served along with their family/caregiver.

## CFS Supports

CFS is designed to help you and your family coordinate and schedule the services you receive. CFS can help you and your family learn more about your diagnosis and assist with planning for the future, as well as help you learn how to access additional services that you may qualify for. CFS can coordinate training for the people who support you so that they are better prepared to work with you and your family. CFS can help you identify transportation, back-up providers, and help you learn about self-advocacy groups in your area. CFS will be provided in your language and in a way that is respectful of your culture. You will help design and tailor your CFS service.

## Who is eligible for CFS?

CFS is for adults (18 years and older) who live with their family.

## How can I sign up for CFS?

If you live at home with your family and you think you need CFS, let your Regional Center Service Coordinator know. They will schedule an IPP team meeting to determine how CFS can assist you and your family. If you are referred for CFS, a CFS provider will meet with you and your family to talk about what you want to achieve by using CFS. Together, the CFS provider, along with you and your family, will prepare a plan that identifies which services you need assistance with and how the CFS provider will help you.

## CFS Surveys

The Department of Developmental Services is interested in how CFS helps you and your family. You will be asked to complete a very short survey once services begin and then maybe once or twice while you are receiving the service. This will help the Department know if CFS is working for you and your family throughout the Pilot.

# COORDINATED FAMILY SUPPORT (CFS) FACT SHEET FOR POTENTIAL PROVIDERS

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## About CFS:

Coordinated Family Support (CFS) is a new service designed for adults with developmental disabilities who choose to live with their families. CFS was created in response to input from families about the lack of available services for adult consumers who choose to live in the family home.

CFS services will be tailored, individualized, and flexible to meet the changing needs and preferences of the individual being served along with their family. CFS is designed to help adults receiving regional center services and their families with coordinating and scheduling services and supports. It will also help them learn how to access additional “generic” services they may qualify for. CFS can help with planning for the future so that everyone knows what the individual wants to happen if their living situation changes. CFS can coordinate training for the people who support the individual and their family, so they are better prepared to work with them. It can help identify transportation and back-up providers. CFS providers can help connect individuals to self-advocacy groups in the area. Supports provided through CFS will be provided in a manner that is respectful of the culture, ethnicity, and linguistic preferences of the individual and their family.

The Department has set the rate for the assessment and provision of the CFS service. More information may be found at: <https://www.dds.ca.gov/services/coordinated-family-support-service/>

## Potential Providers of CFS:

This is a unique opportunity to use knowledge, skills and abilities to meet the growing needs with diverse communities across California. Current service providers are encouraged to consider expanding their service portfolio to include CFS. Others with an interest in serving individuals with developmental disabilities and their families, especially those with diverse backgrounds, are also encouraged to consider becoming a CFS provider. CFS providers will be required to become “vendorized” by the regional center and meet the following requirements:

- CFS staff working with the family must communicate in the consumer’s preferred language and must be respectful of the consumer and family’s culture.
- CFS staff working directly with the family must have an Associates degree in a human services field of study OR 3 years of experience in coordinating/navigating services.
- Supervisory staff must have a Bachelors degree in a human services field of study OR an Associates degree in a human services field of study and 3 years of experience in coordinating/navigating services.

To learn more about CFS and the vendorizing process, contact:

## SERVICIO DE APOYO FAMILIAR COORDINADO (CFS)

### HOJA INFORMATIVA PARA LOS CLIENTES Y SUS FAMILIAS

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#### ¿En qué consiste el CFS?

El CFS es un nuevo servicio específicamente diseñado para los adultos con discapacidades del desarrollo que eligen vivir con su familia. El CFS se creó en respuesta a los comentarios de las familias sobre la falta de servicios disponibles para clientes adultos que eligen vivir en el hogar familiar.

El servicio CFS será personalizado, individualizado y flexible para adaptarse a los cambios en las necesidades y preferencias de la persona destinataria de los servicios, junto con su familia/cuidador.

#### Apoyos del CFS

El CFS está diseñado para ayudarlo a usted y a su familia a coordinar y programar los servicios que reciben. El CFS puede ayudarlo a usted y su familia a aprender más sobre su diagnóstico y ayudarlo a planear el futuro, además de aprender cómo acceder a servicios adicionales para los que reúne los requisitos. El CFS puede proporcionar capacitación a las personas que le brindan apoyo para que estén mejor preparadas para trabajar con usted y su familia. El CFS puede ayudarlo a identificar servicios de transporte, prestadores alternativos y grupos de autodefensa en su área. El CFS se ofrecerá en su idioma y con el debido respeto por su cultura. Usted ayudará a diseñar y adaptar su servicio de CFS.

#### ¿Quién es elegible para recibir CFS?

El CFS está destinado a personas adultas (a partir de los 18 años de edad) que viven con su familia y reciben servicios de un centro regional.

#### ¿Quién se puede inscribir para recibir CFS?

Si vive en el hogar familiar y considera que necesita CFS, informe al coordinador de servicios de su centro regional. Este se encargará de concertar una reunión con el equipo de IPP para evaluar la forma en que el servicio CFS puede ayudarlo a usted y a su familia. Si se le deriva a un servicio CFS, un prestador de CFS se reunirá con usted y su familia para hablar sobre lo que desea lograr con este servicio. El prestador de CFS trabajará con usted y su familia para preparar un plan que identifique los servicios con los que necesita asistencia y la forma en la que el CFS puede ayudarlo.



## Encuestas sobre el CFS

El Departamento de Servicios de Desarrollo está interesado en conocer la ayuda que usted y a su familia reciben del servicio CFS. Se le pedirá que complete una breve encuesta una vez que comience a recibir los servicios y en una o dos oportunidades más durante la prestación del servicio. Esto ayudará al Departamento a saber si el CFS le está resultando útil a usted y su familia.

Para obtener más información sobre CFS y el proceso de venta, comuníquese con:

Para las familias: [cmhelp@sclarc.org](mailto:cmhelp@sclarc.org) o 1-833-725-2721

Para los proveedores de servicio: [vendorhelp@sclarc.org](mailto:vendorhelp@sclarc.org)



South Central Los Angeles Regional Center  
for persons with developmental disabilities, inc.