



# *2022 Supplemental Material*



## **Headquarters**

2500 S. Western Ave.

Los Angeles, CA 90018

## **Satellite Office**

12226 Garfield Ave.

South Gate, CA 90280

*South Central Los Angeles Regional Center*

## *Table of Contents*

<i>Page 4</i>	<i>Purpose</i>
<i>Page 6</i>	<i>Connecting with the Regional Center</i>
<i>Page 7</i>	<i>SCLARC by the numbers</i>
<i>Page 8</i>	<i>Regional Center Services &amp; Eligibility</i>
<i>Page 9</i>	<i>Regional Center Intake Process</i>
<i>Page 11</i>	<i>Assessment &amp; Interdisciplinary Team/ Individual Program Plan</i>
<i>Page 12</i>	<i>Person Centered Planning</i>
<i>Page 13</i>	<i>Fair Hearings Process</i>
<i>Page 15</i>	<i>POS Cost Statement</i>
<i>Page 16</i>	<i>Cost Statement Letter</i>
<i>Page 17</i>	<i>Copy of Statement</i>
<i>Page 18</i>	<i>Vendor Codes &amp; Descriptions</i>
<i>Page 21</i>	<i>List of Services</i>
<i>Page 40</i>	<i>2022 Meeting Dates</i>
<i>Page 51</i>	<i>Self Determination Program</i>
<i>Page 54</i>	<i>PAC Groups &amp; Contact Information</i>
<i>Page 57</i>	<i>SCLARC Website</i>
<i>Page 60</i>	<i>Enhanced Case Management Program</i>
<i>Page 62</i>	<i>Participant Choice Specialists</i>
<i>Page 65</i>	<i>SCLARC Directory</i>

## **SCLARC's Mission**

SCLARC believes special needs deserve special attention. We are committed to the provision of culturally sensitive services which enhance the inherent strengths of the family and enable the individuals we serve to lead independent and productive lives.

# *Purpose*

Service Data FY 2020-2021



## *Connecting with the Regional Center*

**Who can I contact if I have questions regarding the regional center as an individual you serve or as a parent/guardian/conservator of the individual you serve?**

- If you have a question regarding your services, call your Service Coordinator at their direct number.
- If you do not know your Service Coordinator's phone number, dial SCLARC's main number at **213-744-7000**.
- If you call your service coordinator and they do not answer, please leave a message with a number where you may be reached. *He/she will return your phone call within 24-48 hours.*
- If you are not able to leave a message, ask to speak with the Officer of the Day (OD) for your Service Coordinator's Unit.
- If you do not hear from your Service Coordinator within 24-48 hours, call their Program Manager. They will return your phone call within 24-48 hours.
- If you are having difficulties connecting with your Service Coordinator and/or to discuss any other case management concerns/issues, you may contact SCLARC's Helpline at 1 (833) 725-2721 or send an email to [cmhelp@sclarc.org](mailto:cmhelp@sclarc.org).
- For a full list of SCLARC's Management, please turn to page 74 of this document.

# SCLARC BY THE NUMBERS

## SCLARC BY THE NUMBERS

As of 05/01/2020

### DIAGNOSIS



- 45.8% Intellectual Disability
- 36.6% Autism
- 13.2% Other
- 9.6% Epilepsy
- 8.2% Cerebral Palsy

### PRIMARY LANGUAGE

58% English  
42% Spanish

### ETHNICITY



- 70% Hispanic
- 22% African American
- 2% White
- 6% Other



Age Group	Active Individuals Receiving Services - All Ethnicities	Individuals - All Ethnicities	Hispanic	African American	All Others	Total Percentage
Birth to 2 Years	2,447	4,516	76%	14%	10%	100%
3 to 21 Years	9,868	11,368	77%	16%	7%	100%
22 and Older	5,801	6,675	54%	36%	10%	100%
<b>Total</b>	<b>18,116</b>	<b>22,559</b>				

## **Regional Center Services**

### **How do you receive Regional Center Services?**

- A person can qualify for services at any age; however, the person must be diagnosed with an intellectual and/or a developmental disability before the age of 18.
- Regional centers do not provide support to persons who are only diagnosed with a mental illness (i.e. depression, schizophrenia), have a learning disability (i.e. dyslexia, auditory processing disorder), are only deaf or blind, or only have a speech disorder.
- The primary diagnosis must be an intellectual and/or developmental disability. A person can be found eligible who is dually diagnosed with an intellectual or developmental disability as well as other disabilities described above.
- However, if you feel someone is delayed, and are unsure if they would qualify for SCLARC services, please refer them for an assessment.

## **Regional Center Eligibility**

### **What makes someone eligible to receive Regional Center services?**

- Income is NOT a factor for eligibility.
- Services are provided for free.
- Services are provided regardless of citizenship or residency status – ***The individuals we serve can receive services if they are undocumented.***

## *Regional Center Intake Process*

### **How do you determine if someone is eligible for services from the Regional Center?**

If you would like to determine if your loved one, between the ages of birth to under three (3) years, is eligible for services, or to make a referral to Early Start Intake, contact:

**Phone:** (213) 744-7000 Ext. 3226  
**Fax:** (213) 947-4115  
**Email:** [Earlystartintake@sclarc.org](mailto:Earlystartintake@sclarc.org)

For ages 3 and above, contact Lanterman Intake at:

**Phone:** (213) 744-8880 Ext. 3227  
**Fax:** (213) 559-0612  
**Email:** [Lantermanintake@sclarc.org](mailto:Lantermanintake@sclarc.org)

### ***Please call first, do not walk in***

- An intake worker completes an initial telephone screening and schedules an appointment for an office visit if needed. Early Start may schedule an in-home visit if needed.
- Helpful to bring any documentation that indicates why the person may meet eligibility criteria, such as:
  - Medical Records
  - Psychological/Psychiatric Evaluations
  - School Records (IEP's, report cards, etc.)

## *Regional Center Intake Process, Cont..*

*Intake Service Coordinators have **15 business days** to complete an assessment after the initial request.*

- Other clinicians, such as a psychologist, physician, OT/PT, or others may also assess the prospective client if needed.
- In some cases, an intake worker may observe the individual in the community, i.e., in school, to ensure an accurate assessment.
- Finally, a “Core Staffing Team” comprised of clinicians, managers, and the intake Service Coordinator will make a determination regarding eligibility.
- For those not found eligible, referrals will be made to appropriate alternative resources in the community.

### *For individuals ages birth to 3:*

- Cases are reviewed by the Early Start Eligibility Team, which generally takes 45 days to complete

### *For individuals ages 3 and older:*

- The intake process generally takes 45 to 120 days to complete.

## **Assessment & Interdisciplinary Team**

**Who are the people who will be helping the individual you serve obtain services?**

- The interdisciplinary team is made up of clinical professionals, subject specialists and consultants, program managers, and other regional center staff.
- Following the assessment, the Service Coordinator will confer with the individual we serve, his/her Circle of Support and the Interdisciplinary Team who will all work together to determine the best plan to meet the individual needs of the consumer.

## **Individual Program Plan**

**What is the Individual Program Plan (IPP) and how does it help the consumer?**

- The Individual Program Plan (IPP) helps the family and the individual we serve communicate; the IPP documents the needs of each individual at the Regional Center.
- Service Coordinators conduct Person Centered Planning IPP's
- A Face-to-Face, in-depth conversation between the individual we serve, his/her Circle of Support, and the Service Coordinator is used to design an effective plan to ensure the progress of the individual we serve.

# *Person Centered Planning*

## **What is Person Centered Planning (PCP) and how does it affect the IPP process?**

During that conversation, the Service Coordinator, along with the individual we serve, and their Circle of Support will:

- Assess the current needs of the individual we serve.
- Assist the individuals we serve in meeting those needs through various generic and SCLARC funded resources.
- Empower the individuals we serve and his/her caregiver so that the individual can gain as much control over his/her own life as possible.
- Find ways to increase opportunities for individual participation in the community.
- Identify individual desires, interest and dreams.
- Develop a plan to turn those dreams into a reality.

## **Fair Hearings**

*The individuals we serve, or their authorized representatives, can utilize the Complaint and Fair Hearing process in order to make their dissatisfaction regarding eligibility decisions and/or denial of services known to South Central Los Angeles Regional Center.*

### **What do you do if you need to lodge concerns, grievances and complaints?**

- Under the Lanterman Act, found at Welfare and Institutions Section 4500 and following, consumers of, or applicants for, regional center services or their authorized representatives have the right to appeal any decision or action of the regional center with which they are dissatisfied or believe is illegal, discriminatory, etc. This right to appeal is generally referred to as the Fair Hearing appeals process. *(This appeals process is generally to be used for service-related and eligibility disputes.)*
- An appeal information packet is routinely sent to the individuals we serve or their authorized representative when the regional center proposes to take an action without the individual we serve or representative mutual agreement.
- If you do not have information on how to appeal a decision, simply ask your service coordinator, his/her supervisor, or the Consumer's Rights Advocate to send you an appeals information packet.

**For more information regarding Fair Hearings, contact:**

**Tami Summerville**  
**Fair Hearings Manager**  
**Phone: (213) 744-8899**

## **Fair Hearings, Cont.**

- The individuals we serve and/or families who receive and/or apply for services under the Early Start Program may file for voluntary, impartial mediation or a due process hearing when they disagree with any action taken by a Regional Center with respect to identification, eligibility, evaluation, assessment or the provision of early intervention services. (This appeals process is generally to be used for service related and eligibility disputes.)
- Title 17, California Code of Regulations Section 50540 also provides a rights-based complaint process whereby a consumer, or any representative acting on the behalf of an individual we serve may file a complaint with the Clients' Rights Advocate assigned to SCLARC.

### **Office of Clients' Rights Advocacy**

8255 Firestone Blvd., Suite 405

Downey, CA 90241

**Tel:** (323) 292-9907 // TTY: (800) 719.5798

**Toll Free:** (800) 776-5746

**Fax:** (323) 293-4259

**Website:** [www.disabilityrightsca.org](http://www.disabilityrightsca.org)

[www.disabilityrightsca.org/espanol](http://www.disabilityrightsca.org/espanol)

- The individuals we serve and families can also lodge concerns, complaints and grievances regarding the denial of rights and/or services directly with SCLARC, the Office of Clients' Rights Advocacy (above) or with Area Board X at:

### **State Council on Developmental Disabilities**

411 North Central Ave., Suite 620

Glendale, CA 91203-2020

**Phone:** (818) 543-4631 **Fax:** (818) 543-4635

**Email:** [losangeles@scdd.ca.gov](mailto:losangeles@scdd.ca.gov)

**Website:** [www.scdd.ca.gov](http://www.scdd.ca.gov)

# *POS Cost Statement*

## **Welfare and Institutions Code § 4648 (h):**

Regional Centers shall provide an annual statement to those who receive services, his or her parents, legal guardian, conservator, or authorized representative.

- The annual statement is provided to ensure services are in fact provided.
- The statement includes the type, unit, month, and cost of all services and supports purchased. The statement documents services and supports purchased by fiscal year - July 1st to June 30th.
- The services are purchased from vendors authorized by the Regional Center.
- The services may include assessments and other clinical services performed at the Regional Center.
- If you have not received the POS statement for 2019-2020, or have questions about the document please contact your service coordinator.

*Please see the annotated version of the cost statement below:*

## **READING THE POS STATEMENT**

Service: 880	TRANS ADDITIONAL.COM												Provider:	Rate:											
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June													
Costs Per Month:	369	404	334	369	351	316	369	334	334	386	386	351													
Units Per Month:	21	23	19	21	20	18	21	19	19	22	22	20													
	Year To Date Total:												\$4303	Total Units:				245							

#### LEGEND:

- 1. Service:** Service Code and Type of Service Provided
- 2. Provider:** Name of the Service Provider
- 3. Rate:** Cost Per Hour of Service
- 4. Cost Per Month:** Total Cost for Service Per Month
- 5. Units Per Month:** Number of Hours Per Month
- 6. Year to Date Total:** Total Cost of Service to Date
- 7. Total Units:** Total Number of Hours of Service to Date

October 11, 2019

RE: FOR YOUR INFORMATION ONLY - This Notice Does Not Change Services Received from South Central Los Angeles Regional Center

Dear Person Served and/or Family Member:

South Central Los Angeles Regional Center (SCLARC) is required by the Lanterman Act to provide an annual statement to each person being served by the regional center. Your statement is printed on the reverse side of this letter, and is being provided to the individual, and/or, his or her parents, legal guardian, conservator, or authorized representative and indicates any and all services purchased for the SCLARC individual. This information is intended to give you a better understanding of the programs and supports that SCLARC purchases for you or your family member.

The statement is for the Fiscal Year 2018-19 (July 1, 2018 - June 30, 2019). The list of services purchased does not include the on-going case management support, assistance, and expertise provided by your regional center service coordinator. In addition, there may be some services purchased by SCLARC which are not shown on the statement. Some group services are purchased using a single contract and individual persons are not separately identified. Examples of such services include transportation aides and crisis intervention services. Also, we have excluded Personal and Incidental (P&I) payments.

Please take a few moments to review the statement. If you have any questions or you notice any errors, please contact your Service Coordinator by calling (213)744-7000.

Sincerely,

  
David A. Henderson  
Executive Director

11 de Octubre de 2019

Re: PARA SU INFORMACIÓN SOLAMENTE - Esta noticia no cambia los servicios recibidos del Centro Regional Del Sur de Los Angeles.

Estimada persona servida/ o miembro de familia:

El Centro Regional del Sur de Los Angeles (SCLARC) esta siendo requerido por la Ley Lanterman, para proveer un estado anual a cada persona servida por el centro regional. Su estado de cuenta esta impreso en la parte opuesta de esta carta, y se proporciona al individuo, y/o a sus padres, tutor legal, conservador o representante autorizado e indica todos y cada uno de los servicios comprados para el individuo de SCLARC. Esta información tiene la intención de darle una mejor comprensión sobre los programas y apoyos que SCLARC adquiere para usted y su familia.

Este estado es para el Año Fiscal 2018-2019 (1 de Julio del 2018 - 30 de Junio del 2019). La lista de servicios proporcionados no incluye el apoyo de administración de casos, asistencia, y conocimientos proveídos por su coordinador de servicios del centro regional. Adicionalmente, podría haber servicios proporcionados por el centro regional que no son mencionados en este estado. Algunos servicios de grupo que son proporcionados usando un solo contrato y las personas individuales no son identificadas separadamente. También, hemos excluido pagos personales e incidentales (P&I).

Por favor tome unos minutos para revisar este estado. Si usted tiene alguna pregunta o si identifica errores, por favor contacte a su coordinador de servicios al (213)744-7000.

Sinceramente,

  
David A. Henderson  
Director Ejecutivo

Date: 10/11/2019

South Central Los Angeles Regional Center  
Purchase Of Services Statement  
Fiscal Year 18 - 19

Page No: 4

Service Coordinator

**Total All Services**  
**Total Units**

**\$310097**  
**2729**

Service: 109	SUPPLEMENTAL RESIDENTIAL PRGM SPRT Provider: [REDACTED]										Rate: [REDACTED]	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78
Units Per Month:	\$3	\$3	\$3	\$3	\$3	\$3	\$3	\$3	\$3	\$3	\$3	\$3
Year To Date Total:									\$6936		Total Units: 636	

Service:					Provider:					Rate:		
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:												
Units Per Month:												
Year To Date Total:								Total Units:				

Service:	Provider:										Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:												
Units Per Month:												
Year To Date Total:							Total Units:					

Service:	Provider:										Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:												
Units Per Month:												
Year To Date Total:							Total Units:					

Service:	Provider:										Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:												
Units Per Month:												
Year To Date Total:							Total Units:					

Service:		Provider:										Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	
Costs Per Month:													
Units Per Month:													
Year To Date Total:						Total Units:							

# *Vendor Codes and Descriptions*

## *Service Data FY 2020-2021*

The following list contains commonly used vendor codes by the Clinical Department. Along with the vendor code, a description of services provided is included.

*This is not the complete list of codes that may be included on your annual cost statement.*

SERVICE CODE	DESCRIPTION
<b>056 - INTERDISCIPLINARY ASSESSMENT SERVICES</b>	Provide specialized assessment to consumers.
<b>103 - SPECIALIZED HEALTH, TREATMENT, AND TRAINING SERVICES</b>	Specialized Health, Treatment and Training Services include, but are not limited to: services that increase or maintain health gastronomy and care of G-Tube treatment for mental illnesses and /or chemical dependencies, dental hygiene training for consumers and care providers, and the shipment of medical samples for testing.
<b>115 - SPECIALIZED THERAPEUTIC SERVICES (AGES 3-20)</b>	Specialized Therapeutic Services include, but are not limited to services necessary to increase or maintain health and or developmental progress, and, when provided as ancillary to these services, family and or individual education and training, family support and counseling; provider travel; interagency consultation; and consultation with and training for other involved professionals.
<b>116 - EARLY START SPECIALIZED THERAPEUTIC SERVICES</b>	Early Start specialized therapeutic services include, but are not limited to: services necessary to increase or maintain health and/or developmental progress.
<b>117 - SPECIALIZED THERAPEUTIC SERVICES (AGES 21+)</b>	The list of the providers qualified (with appropriate licensure, credentials and one year's experience working with individuals with developmental disabilities): Oral Health: Dentist, Dental Hygienist; Physical Health: Physician/Surgeon, Speech Therapist, Occupational Therapist, Occupational Assistant, Physical Therapist, Physical Therapist Assistant, Respiratory Therapist, RN, LVN, Nurse Practitioner, Maladaptive Behaviors/Social-Emotional Behavior Impairments: Chemical Addiction Counselor, Social Worker, Marriage and Family Therapist, Psychologist, Specialized Therapeutic Services include: Oral Health Services: Diagnostic Prophylactic, Restorative, Oral Surgery; Services for Maladaptive Behaviors Social-Emotional Behavior Impairments due to/Associated with a Developmental Disability: Individual and group interventions and counseling. Physical Health Services: Physical Therapy, Occupational Therapy, Speech Therapy, Respiratory Therapy, Diagnostic and Treatment, Physician Services, Nursing Service, Diabetes Self-Management.
<b>605 - ADAPTIVE SKILLS TRAINING</b>	Vendor possesses the skills, training and education necessary to enhance existing consumer skills. An adaptive skills trainer may also remedy consumer skill deficits in communication, social function or other related skill areas .
<b>620 - BEHAVIOR MANAGEMENT CONSULTANT</b>	Designs and/or implements behavior modification intervention services
<b>627 - DIAPER SERVICE</b>	The vendor: (A) Supplies cloth diapers for the consumer; and (B) Provides pick-up, laundering, and delivery of the diapers to the consumer's home.
<b>672 - EDUCATIONAL PSYCHOLOGIST</b>	Provides evaluation and counseling to assist individuals in achieving more effective educational development.
<b>680 - TUTOR</b>	Provides the in-home individualized instruction to the individual which is supplementary to, or independent of, instruction provided by the classroom teacher.
<b>700 - ACUTE CARE HOSPITALS</b>	An acute care hospital which is validly licensed as such by DHS, and which provides inpatient care 24 hours per day; or (B) An acute psychiatric hospital which is validly licensed as such by DHS, and which provides care for the mentally disordered, incompetent persons referred to in Welfare and Institutions Code, Sections 5000 to 5550.
<b>707 - SPEECH PATHOLOGY</b>	Vendor is (A) a speech pathologist who is validly licensed as a speech pathologist by the Speech Pathology and Audiology Examining Committee of the Medical Board of California; and provides: 1. Diagnostic screening; and 2. Preventative and corrective therapy for persons with speech or language disorders.
<b>710 - DAY TREATMENT CENTER</b>	Vendor provides services to outpatients at an acute care hospital or acute psychiatric hospital.
<b>715 - DENTISTRY</b>	Vendor is validly licensed by the California Board of Dental Examiners and practices the branch of medicine which specializes in the diagnosis, prevention, and treatment of diseases of the teeth and their associated structures.

<b>720 - DIETARY SERVICES</b>	Vendor is: (A) A dietician who is validly registered as a member of the American Dietetic Association and who prescribes or modifies a person's diet to meet the person's nutritional needs; or (B) a nutritionist who evaluates an individual's nutritional needs
<b>725 - DURABLE MEDICAL EQUIPMENT</b>	Vendor possesses a valid business license, and operates a business which manufactures, individually tailors, or sells durable medical equipment as defined in Title 22, California Code of Regulations, Section 51160.
<b>742 - LICENSED VOCATIONAL NURSE</b>	Vendor: (A) Is validly licensed as a licensed vocational nurse by the California State Board of Vocational Nurse and Psychiatric Technician Examiners; or (B) Is a nurse registry from whom the services of licensed vocational nurse are obtained; and (C) Provides services under the direction of a validly licensed registered nurse or physician.
<b>743 - NURSE'S AIDE OR ASSISTANT</b>	Vendor: (A) Is certified as a nurse's aide or a home health aide by DHS; or (B) Is a nurse registry from whom the services of a nurse's aide or assistant are obtained; and (C) Provides services under the direction of a validly licensed registered nurse or physician.
<b>744 - REGISTERED NURSE</b>	Vendor: (A) Is an individual who is validly licensed as a registered nurse by the California State Board of Registered Nurses; or (B) Is a nurse registry from whom the services of a registered nurse are obtained.
<b>765 - PHARMACEUTICAL SERVICES</b>	Vendor is: (A) A person who is validly licensed as a pharmacist by the California State Board of Pharmacy, and who identifies, prepares, or preserves compounds and dispenses drugs; or (B) A pharmacy which is validly licensed as a pharmacy by the California State Board of Pharmacy, and which is a facility where medicines are compounded or dispensed.
<b>772 - PHYSICAL THERAPY</b>	Vendor is a (A) A physical therapist who is validly licensed by the Physical Therapy Examining Committee of the Medical Board of California and who, under medical supervision, treats individuals to relieve pain, develop or restore motor function, and maintain performance by using a variety of physical means; or (B) A physical therapist assistant by the Physical Therapy Examining Committee of the Medical Board of California and who provides physical therapy while under the direct supervision of the licensed physical therapist.
<b>773 - OCCUPATIONAL THERAPY</b>	Vendor is: (A) An occupational therapist validly licensed by the California Board of Occupational Therapy and who, based on the written prescription of a physician, dentist, or podiatrist, provides occupational therapy evaluation, treatment planning, treatment, instruction and consultative services; or (B) An occupational therapist assistant validly certified by the California Board of Occupational Therapy and who provides occupational therapy evaluation, treatment planning, treatment, instruction and consultative services while under the direct supervision of registered occupational therapist.
<b>775 - PHYSICIANS OR SURGEONS</b>	Vendor provides professional services to individuals and is validly licensed by the Medical Board of California as a physician or surgeon.
<b>780 - PSYCHIATRIST</b>	Vendor: (A) Is validly licensed as a physician and surgeon by the Medical Board of California; (B) Is validly certified by the American Board of Psychiatry and Neurology; and (C) Specializes in the diagnosis, treatment, and prevention of mental disorders.
<b>785 - CLINICAL PSYCHOLOGIST</b>	Vendor: (A) Is validly licensed as a clinical psychologist by the Psychology Examining Committee of the Medical Board of California; and (B) Provides: 1. Diagnosis and psychotherapy of mental and emotional disorders; or 2. Individual and group testing and counseling in order to assist individuals achieve more effective personal, social, educational, and vocational development adjustment.
<b>800 - GENETIC COUNSELOR</b>	Vendor: (A) Has successfully completed training in an accredited genetic counseling program at the master or doctoral level; (B) Is eligible for certification, or is certified by the National Board of Human Genetics; and (C) Advises and counsels persons and families concerning a genetic and medical diagnosis and the probability that they carry and may transmit genetically determined characteristics to their offspring.
<b>854 - HOME HEALTH AGENCY</b>	Vendor possesses a valid home health agency license issued by DHS, or meets the requirements established by DHS for providing home health services, and is primarily engaged in providing skilled nursing services and at least one of the following: (A) Physical Therapy; (B) Occupational Therapy; (C) Speech Therapy; (D) Medical Social Work; or (E) Home Health Aide Services.

# *List of Services*

## *Service Data FY 2020-2021*

This is a list of commonly requested services by age group. It is intended to be a guide for the individuals we serve/families.

Not all individuals we serve and families will be eligible to receive all the services listed because services, by law, are based on individual needs. Please discuss your individual needs with your Service Coordinator.

<i>Page 22</i>	<i>—————&gt;</i>	<i>Ages 0 – under 3 years</i>
<i>Page 26</i>	<i>—————&gt;</i>	<i>Ages 3 - 10 years</i>
<i>Page 29</i>	<i>—————&gt;</i>	<i>Ages 11 - 17 years</i>
<i>Page 32</i>	<i>—————&gt;</i>	<i>Ages 18 – 22 years</i>
<i>Page 36</i>	<i>—————&gt;</i>	<i>Ages 23 and up</i>

## **SERVICES AND SUPPORTS**

### **BIRTH TO UNDER THREE YEARS OF AGE**

Your child has recently entered the South Central Los Angeles Regional Center (SCLARC) Early Start Program. We are sure that you have many questions, concerns about what to do next. Early Start Services are listed below with a brief explanation of the support and when it is important for an infant or toddler

#### **Case Management**

- An Early Start Service Coordinator (SC) will be assigned to you to develop the Individual Family Service Plans (IFSP) and assist the family with arranging appropriate services.

#### **Assessments**

- Each infant/toddler receives a developmental assessment by a specialist to identify developmental progress and intervention needs. This assessment provides the family and the regional center with developmental information that is used to determine the services and supports that may be needed. As each infant/toddler is unique, the types of services and supports he/she will need will vary.

#### **Occupational Therapy**

- After your child's developmental assessment is completed, services and supports will be identified to help with any delays found during the assessment. One option through SCLARC is the referral to licensed and registered Occupational Therapists who have years of experience working with children birth to three years of age. For children with developmental delays or a known physical or mental condition associated with a high probability of delays, occupational therapy can help improve their motor, cognitive, sensory processing, communication, and play skills. The goal is to enhance development, minimize the potential for developmental delay, and help families to meet the special needs of their infants and toddlers. Your Early Start Service Coordinator will provide you with referrals of available Occupational Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

#### **Physical Therapy**

- After your child's developmental assessment is completed, services and supports will be identified to help with any delays found during the assessment. One option through SCLARC is the referral to licensed and registered Physical Therapists who have years of experience working with children birth to three years of age. Physical therapy is for the preservation, enhancement, or restoration of movement and

physical function impaired or threatened by disability, injury, or disease that utilizes therapeutic exercise, physical modalities (as massage and electrotherapy), assistive devices, and patient education and training. Your Early Start Service Coordinator will provide you with referrals of available Physical Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

### **Speech Therapy**

- As your child develops, around the ages of 18-24 months, you may notice delays in speech and language. SCLARC has a variety of Licensed Speech and Language Pathologists (Speech Therapists) who will assess and develop therapy plans to encourage and increase your child's speaking and communication ability. Your Early Start Service Coordinator will provide you with referrals of available Speech Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

### **Feeding Therapy**

- You may find that your child has trouble swallowing, chewing or refuses many foods due to texture. If feeding issues are identified, SCLARC may refer you to a specialist who can assist you as you work with your child. There are Speech Therapist and Occupational Therapists who specialize in Feeding Therapy. Your Early Start Service Coordinator will provide you with referrals of available Feeding Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

### **Nursing supports**

- If your child needs nursing supports, your Early Start Service Coordinator will assist you with possible referrals. Many insurance companies or specialized services, such as EPSDT, provide assistance.

### **Infant Development Services**

- Infant Development Services can be provided at home or in a therapeutic pre-school type setting in which your child receives supports and education to address developmental issues. The in-home service and pre-school type programs have special teachers as well as Occupational, Physical and Speech Therapists. Parent observation and participation provide the family with the skills needed to address the child's developmental needs on an ongoing basis and in any environment.

### **Behavior Services –ABA (Funded if family is exempt from SB 946 insurance requirement.)**

- Behavior intervention services are specialists who provide training and instruction to assist families, clients and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

### **Behavior classes**

- [California Psych Care](#) (Parent Education Classes) offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior strategies.

### **Support Groups**

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

### **Family Resource Center**

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

### **IEP Support from SCLARC Educational Team**

- A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

### **Translation**

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

### **Incontinence supplies**

- Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if no other source is available.

### **Formulas and Nutritional Supplements**

- SCLARC will assist families exploring generic resources when there is a medical need for Formula or Nutritional Supplements. In the event that all generic resources have been explored and exhausted, SCLARC will consider purchasing Formula or Nutritional Supplements as the payer of last resort.

### **Transition**

- All SCLARC families will transition out of the Early Start Program by the child's third birthday. SCLARC begins the Transition process as early as a child's second birthday by providing families with information at the IFSP (Individual Family Service Plan) Meeting. Goals are developed and included in the child's IFSP and a transition meeting is scheduled with the local school district when a child is 30 months but no later than

33 months. Every child in the Early Start Program is referred to the Local Education Agency no later than 33 months-of-age for an IEP (Individual Education Plan) and Special Education Services.

### **Transportation**

- Children 0-3 years of age are eligible to receive transportation and related costs necessary for a child and his or her family to receive services pursuant to the Individualized Family Service Plan. To the maximum extent appropriate to the needs of the child, transportation services shall be provided in settings natural or normal for children of the same age who have no disability. On an exceptional basis, when the child cannot be transported by family members due to the family member's illness or disability, or via public transportation due to the child's disability, the Regional Center may provide funding through the use of a voucher or the lowest cost vendored provider.

SCLARC will also request a sufficient written documentation from the family demonstrating that the family members are unable to provide transportation for the child (WIC §4648.35).

### **211 Services**

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

**Note: For some services mentioned above supporting documents may be required.**

## **SERVICES AND SUPPORTS**

### **Young School Age Children**

#### **Three years to 10 years**

Your child has recently entered the public school system and we are sure that you have many questions about the supports that South Central Los Angeles Regional Center (SCLARC) has available. Young School age Services are listed below with a brief explanation of the support and when it is important for a Young School Age Child.

#### **Case Management**

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services.

#### **Crisis Support Services**

- SCLARC has 2 crisis response teams (Crisis Support Services and Crisis Response Project) that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

#### **In-home Respite Care**

- Parents and other family members can get periodic assistance with the constant care and supervision of the individual to relieve family stress or in emergencies.

#### **Overnight/out of home respite**

- SCLARC can provide up to 21 nights per fiscal year to provide support while a parent/guardian is out of town and unavailable to provide care.

#### **Day Care supports (sometimes referred to as Specialized Supervision)**

- Parents who are working or in school full time may be eligible for additional hours to provide for supervision primarily during after-school hours.

#### **Personal Assistance Support**

- Some individuals require someone to help them with community integration. SCLARC can offer these supports through Personal Assistants. (PA Calendar will be required for assessment and service will be reviewed for continued appropriateness every 6 months.

#### **Behavior Intervention (ABA services) (Funded if family is exempt from SB 946 insurance requirement.)**

- Behavior intervention services are specialists who provide training and instruction to assist families, individuals and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

### **Social Skills Training**

- Social Skills Training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes. ***Parent participation is required!*** Current IPP is required to complete to Clinical Department.

### **Behavior classes**

- [California Psych Care](#) (Parent Education Classes) offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior outcomes.

### **Support Groups**

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

### **Family Resource Center**

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

### **IEP Support from SCLARC Educational Team**

- A referral to SCLARC's Education Specialist can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

### **Translation**

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

### **Incontinence supplies**

- Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if related to eligibility diagnosis and no other source is available.

### **Behavioral intervention copay, coinsurance, and deductibles**

- If your family member receives insurance-funded behavioral intervention services, SCLARC can help with insurance copays, coinsurance, and deductibles if your family meets income requirements. (Social Welfare Code 4659.1)

## **TRANSPORTATION**

- Parents of children 3-18 years of age are expected to provide transportation to appointments and activities. The local education agency is responsible for providing transportation to public or non- public school pursuant to an individualized education program plan. On an exceptional basis, if the child's disabilities prevent the use of public transportation, or the family is unable to transport the child as a result of illness or disability, the Regional Center may arrange for transportation through the use of a voucher, purchased bus pass, or by a regional center vendor

## **SOCIAL RECREATIONAL\EDUCATIONAL SERVICES**

- Effective July 1, 2021, changes to Welfare & Institutions Code (WIC) section 4648.5 restored regional center's authority to fund camping services and associated travel expenses; social recreational activities; educational services for children three to 17, inclusive, years of age; and nonmedical therapies, including, but not limited to, specialized recreation, art, dance, and music. Speak with your Service Coordinator in regards to social recreational and educational services. A copy of the social recreation and educational services policy can be found on SCLARC's website [www.sclarc.org](http://www.sclarc.org) under the About Us – Transparency webpage.

## **211 Services**

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

**Note: For some services mentioned above supporting documents may be required.**

## **SERVICES AND SUPPORTS**

### **ADOLESCENTS**

#### **11 years to 17 years**

Your child has recently has entered an exciting and tumultuous time of life – Adolescence – the Teen Age Years. As a parent, you are faced with many changes both at home and at school. Your child has moved onto a middle school or high school campus that is overwhelmingly big. Your child is growing and changing and we know that you need all of the help you can get! Adolescent Services are listed below with a brief explanation of the support.

#### **Case Management**

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services.

#### **Crisis Support Services**

- SCLARC has 2 crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

#### **In-home Respite Care**

- Parents and other family members can get periodic assistance with the constant care and supervision of a client to relieve family stress or in emergencies.

#### **Overnight/out of home respite**

- SCLARC can provide up to 21 nights per year to provide support while a parent/guardian is out of town and unavailable to provide care.

#### **Day Care supports (sometimes referred to as Specialized Supervision)**

- Parents who are working full time can get additional hours to provide for supervision primarily during after-school hours.

#### **Personal Assistance Support**

- Some individuals require someone to help them with community integration. SCLARC can offer these supports through Personal Assistants.

#### **Residential Services**

- SCLARC has options for licensed residential homes that provide different services and different levels of staffing depending on the individual needs. (Referral to Behavior Consultant will be required to determine level placement needed).

### **Behavior Intervention**

- Behavior intervention services are specialists who provide training and instruction to assist families, clients and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

### **Behavior Intervention Co-Pay, Co-Insurance and Deductibles**

- If your family member receives behavior intervention services funded by insurance, SCLARC is able to assist with insurance Co-Payments, Co-Insurance and Deductibles if your family meets the income requirements. (Welfare & Institutions Code 4659.1. (Referral to SCLARC's Medical and Insurance Consultant).

### **Social Skills Training**

- Social Skills training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes and ***require parent participation.***

### **Support Groups**

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

### **Family Resource Center**

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

### **IEP Support from SCLARC Educational Team**

- A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

### **Translation**

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

### **Incontinence supplies**

- Referrals can be made to assist families with securing supplies available through Medical or through SCLARC funding if related to eligibility diagnosis and no other source is available.

### **Some Medical Equipment, if no other resources available**

- Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available. (Referral to SCLARC's Mobility Clinic)

### **SOCIAL RECREATIONAL\EDUCATIONAL SERVICES**

- Effective July 1, 2021, changes to Welfare & Institutions Code (WIC) section 4648.5 restored regional center's authority to fund camping services and associated travel expenses; social recreational activities; educational services for children three to 17, inclusive, years of age; and nonmedical therapies, including, but not limited to, specialized recreation, art, dance, and music. Speak with your Service Coordinator in regards to social recreational and educational services. A copy of the social recreation and educational services policy can be found on SCLARC's website [www.sclarc.org](http://www.sclarc.org) under the About Us – Transparency webpage.

### **211 Services**

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

**Note: For some services mentioned above supporting documents may be required.**

## **SERVICES AND SUPPORTS**

### **Young Adulthood**

#### **18 years to 22 years of age**

Your family member has reached adulthood and looks forward to new possibilities! Many young adults remain in school until they are 22 years old. ***When the individual leaves school with a Certificate of Completion or a Diploma work and day services are available.*** For all young adults, future planning is a must. SCLARC provides services that assist our young adults with their future plans. Young Adult Services are listed below with a brief explanation of each support.

#### **Case Management**

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services.

#### **Crisis Support Services**

- SCLARC has 2 crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

#### **In-home Respite Care**

- Parents and other family members can get periodic assistance with the constant care and supervision of a client to relieve family stress or in emergencies.

#### **Overnight/out of home respite**

- SCLARC can provide up to 21 nights per year to provide support while a parent/guardian is out of town and unavailable to provide care.

#### **Personal Assistance Support**

- Some individuals require someone to help them with daily living activities, such as bathing, dressing, and meal preparation. SCLARC can offer these supports through Personal Assistants.

#### **Behavior Intervention**

- Behavior intervention services are specialists who provide training and instruction to assist families, consumers and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent or support staff participation is required!***

#### **Social Skills Training**

- Social Skills training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes and ***require parent participation***.

### **Support Groups**

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

### **Family Resource Center**

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

### **IEP Support from SCLARC Educational Team**

- A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

### **Translation**

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

### **Incontinence supplies**

- Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if related to eligibility diagnosis and no other source is available.

### **Day Services**

- SCLARC offers a variety of adult day services that include site based licensed day programs; community based day programs. Individuals can participate in a variety of programs suited to their individual needs, such as improving daily living skills, training in a vocation, volunteering, performing arts, and technology.

### **Employment**

- Individuals can be referred to a Supported Employment vendor who can assist with job development in an appropriate group or individual job placement. Job coaching hours can also be funded through DOR and/or SCLARC based on the individual's needs. In addition, SCLARC offers Employment Services programs that assist Individuals to learn job skills that will assist in obtaining a Paid Internship (PIP), with the goal of seeking competitive employment.

### **Independent Living (ILS)**

- Adults can receive training in areas such as, shopping, cooking, budgeting, housekeeping, and self-care skills with the goal to become more independent in daily living.

\*Note: Individual must provide SCLARC Certificate of Completion or High School Diploma for these services to be funded.

### **Supported Living (SLS)**

- Individuals who reside in their own home may need on-going supports. A supported living service is an individualized service that is able to provide staff to assist and train individuals in all aspects of their life. SLS is required to provide 24 hour a day emergency assistance in addition to on-going supports. Regardless of an individual's disability, they are eligible for SLS as long as they have the funds for rent, food and utilities. SCLARC provides SLS up to 24 hours per day, 7 days per week dependent on the individual needed support.

### **Residential services**

- SCLARC has options for licensed residential homes that provide different services and different levels of staffing depending on the individual needs.

### **Family Home Agencies**

- Many individuals want the option to live with a family. Family Home Agencies provides that option. Individuals can move in with a certified family in their home with supports. Certified Families receive on-going training as well as supports to assist an individual to become a member of their "family".

### **Personal Assistance Support**

- Some individuals require someone to help them with daily living activities, such as bathing, dressing, and meal preparation. SCLARC can offer these supports through Personal Assistants.



### **Transportation**

- Adult individuals should be assessed to determine their potential for independent travel on public transportation or paratransit. If the individual has demonstrated this potential, then mobility training should be provided. Generic resources for funding must be explored prior to the provision of funding by the Regional Center.

### **Driver Training**

- SCLARC may assist with the fees for driver education classes if the individual meets the qualifying conditions; the first 25 hours of classes will be the responsibility of the individual.

### **Self-Advocacy Groups**

- SCLARC has a very active Consumer Advisory Committee (CAC) that hosts a number of self-advocacy groups located throughout SCLARC's service area. Dates and locations are typically posted on the SCLARC website. To register you may also contact Desiree L. Boykin, Consumer(SHOULD WE CHANGE THE WORD CONSUMER) Advocate at (213) 743-3071.

### **Some Medical Equipment, if no other resources available**

- Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available.

### **Social Recreational Services**

- Effective July 1, 2021, changes to Welfare & Institutions Code (WIC) section 4648.5 restored regional center's authority to fund camping services and associated travel expenses; social recreational activities; educational services for children three to 17, inclusive, years of age; and nonmedical therapies, including, but not limited to, specialized recreation, art, dance, and music. Speak with your Service Coordinator in regards to social recreational services. A copy of the social recreation services policy can be found on SCLARC's website [www.sclarc.org](http://www.sclarc.org) under the About Us – Transparency webpage.

### **211 Services**

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

**Note: For some services mentioned above supporting documents may be required.**

## **SERVICES AND SUPPORTS**

### **Adulthood** **23 years and up**

Your family member may currently attend a day service or be working, possibly making plans to move into their own home as well as looking forward to other new possibilities! As adults, many individuals are striving for independence. For all adults, future planning is a must. SCLARC provides services that assist our adults. Adult Services are listed below with a brief explanation of each support.

#### **Case Management**

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services.

#### **Crisis Support Services**

- SCLARC has 2 crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

#### **In-home Respite Care**

- Parents and other family members can get periodic assistance with the constant care and supervision of a client to relieve family stress or in emergencies.

#### **Overnight/out of home respite**

- SCLARC can provide up to 21 nights per year to provide support while a parent/guardian is out of town and unavailable to provide care.

#### **Support Groups**

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

#### **Family Resource Center**

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

#### **Translation**

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

### **Incontinence supplies**

- Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if related to eligibility diagnosis and no other source is available.

### **Day Services**

- SCLARC offers a variety of adult day services that include site based licensed day programs; community based day programs. Individuals can participate in a variety of programs suited to their individual needs, such as improving daily living skills, training in a vocation, volunteering, performing arts, and technology.

### **Employment**

- Individuals can be referred to a Supported Employment vendor who can assist with job development in an appropriate group or individual job placement. Job coaching hours can also be funded through DOR and/or SCLARC based on the individual's needs. In addition, SCLARC offers Employment Services programs that assist Individuals to learn job skills that will assist in obtaining a Paid Internship (PIP), with the goal of seeking competitive employment.

### **Independent Living (ILS)**

- Adults can receive training in areas such as, shopping, cooking, budgeting, housekeeping, and self-care skills with the goal to become more independent in daily living.

\*Add Note

### **Supported Living (SLS)**

- Individuals who reside in their own home may need on-going supports. A supported living service is an individualized service that is able to provide staff to assist and train individuals in all aspects of their life. SLS is required to provide 24 hour a day emergency assistance in addition to on-going supports. Regardless of an individual's disability, they are eligible for SLS as long as they have the funds for rent, food and utilities. SCLARC provides SLS up to 24 hours per day, 7 days per week dependent on the individual supports needed.

### **Parenting Skills and Support**

- Many SCLARC adults are parents or interested in having children. SCLARC is here to offer guidance and support through Specialized Parenting Skills training and Support. These agencies have trained staff that will train and support the new parent or parent to be with pregnancy, delivery and caring for a baby.
- SCLARC also has Family Homes through our Adult Family Home Agencies that can provide a home, training and support for the mother and child who wish to live with a family.

### **Residential services**

- SCLARC has options for licensed residential homes that provide different services and different levels of staffing depending on the individual needs.

### **Family Home Agencies**

- Many individuals want the option to live with a family. Family Home Agencies provide that option. Individuals can move in with a certified family in their home with supports. Certified Families receive on-going training as well as supports to assist an individual to become a member of their “family”.

\*Note: Clinical requires a full year of current medical records to provide a clearance for FHA homes.

### **Personal Assistance Support**

- Some individuals require someone to help them with daily living activities, such as bathing, dressing, and meal preparation. SCLARC can offer these supports through Personal Assistants.

### **Transportation**

- Adult individuals should be assessed to determine their potential for independent travel on public transportation or paratransit. If the individual has demonstrated this potential, then mobility training should be provided. Generic resources for funding must be explored prior to the provision of funding by the Regional Center.

### **Driver Training**

- SCLARC may assist with the fees for driver education classes if the individual meets the qualifying conditions; the first 25 hours of classes will be the responsibility of the consumer.

### **Self-Advocacy Groups**

- SCLARC has a very active Consumer Advisory Committee (CAC) that hosts a number of self-advocacy groups located throughout SCLARC’s service area. Dates and locations are typically posted on the SCLARC website. To register you may also contact Desiree L. Boykin, Consumer Advocate at (213) 743-3071.

### **Some Medical Equipment, if no other resources available**

- Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available.

## **Social Recreational Services**

- Effective July 1, 2021, changes to Welfare & Institutions Code (WIC) section 4648.5 restored regional center's authority to fund camping services and associated travel expenses; social recreational activities; educational services for children three to 17, inclusive, years of age; and nonmedical therapies, including, but not limited to, specialized recreation, art, dance, and music. Speak with your Service Coordinator in regards to social recreational services. A copy of the social recreation services policy can be found on SCLARC's website [www.sclarc.org](http://www.sclarc.org) under the About Us – Transparency webpage.

## **211 Services**

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

**Note: For some services mentioned above supporting documents may be required.**

# *Meeting Dates*

## *2022 Scheduled Meetings*

**Here are the 2022 meeting dates for SCLARC Committees and  
the Board of Directors**



## SCLARC Board of Directors Meeting Schedule FY 2022- 2023

### SCLARC Board Meetings

*4<sup>th</sup> Tuesday of every other month*

January 25, 2022

March 22, 2022

May 24, 2022

July 26, 2022

September 27, 2022

November 17, 2022

(Due to Thanksgiving Holiday)

### SCLARC Executive Committee

*3<sup>rd</sup> Thursday of every other month*

February 17, 2022

April 21, 2022

June 16, 2022

August 18, 2022

October 20, 2022

*No meetings held in December*



**Executive Committee  
Meeting Calendar  
FY 2022-2023**

*This meeting will take place every **OFF** month, on the 3<sup>rd</sup> Thursday at 6:00 pm*

Date	Time	Location	Members	Email
February 17, 2022	6:00 – 8:00 pm	SCLARC – GSM 2 <sup>nd</sup> Floor, Room 201	Jesus Murillo	<a href="mailto:Jesusmurillo@sbcglobal.net">Jesusmurillo@sbcglobal.net</a>
April 21, 2022	6:00 – 8:00 pm	Virtual Meeting	Cynthia Torres	<a href="mailto:Ctorres4info@gmail.com">Ctorres4info@gmail.com</a>
June 16, 2022	6:00 – 8:00 pm	Virtual Meeting	Ashlei Sullivan	<a href="mailto:Ashleisullivan@yahoo.com">Ashleisullivan@yahoo.com</a>
August 18, 2022	6:00 – 8:00 pm	Virtual Meeting	Ascary Navarro	<a href="mailto:Asc642@yahoo.com">Asc642@yahoo.com</a>
October 20, 2022	6:00 – 8:00 pm	Virtual Meeting	*Wanda Cathra	

\*Ex-Officer - support

Attending Staff:  
Dexter Henderson

If you are unable to meet, please notify Deanna Corbin at [Deannac@sclarc.org](mailto:Deannac@sclarc.org) or (213) 744-8877.

**Finance Committee  
Meeting Calendar  
FY 2022-2023**

*This meeting will take place every 3<sup>rd</sup> Wednesday of every **other** month.*

Date	Time	Location	Members	Email
January , 2022	6:00 – 8:00 pm	SCLARC Legacy Building 4 <sup>th</sup> Floor	Jesus Murillo  Sherita Rogers	<a href="mailto:jesusmurillo@sbcglobal.net">jesusmurillo@sbcglobal.net</a>  <a href="mailto:Rogers.sn@gmail.com">Rogers.sn@gmail.com</a>
March 16, 2022	6:00 – 8:00 pm	Virtual Meeting		
May 18, 2022	6:00 – 8:00 pm	Virtual Meeting		
July 20, 2022	6:00 – 8:00 pm	Virtual Meeting		
September 21, 2022	6:00 – 8:00 pm	Virtual Meeting		
November 16, 2022	6:00 – 8:00 pm	Virtual Meeting		

- Attending Staff:  
Kyla Lee

If you are unable to meet, please notify Sarai Cruz at [Saraic@sclarc.org](mailto:Saraic@sclarc.org) or (213) 763-5619.

**Supportive Services Committee  
Meeting Calendar  
2022**

*This meeting will take place every 2<sup>nd</sup> Monday of every **other** month.*

<b>Date</b>	<b>Time</b>	<b>Location</b>	<b>Members</b>	<b>Email</b>
February 14, 2022	6:00 – 7:30pm	Virtual Meeting	Wanda Cathran Raul Munoz	<a href="mailto:Wcathran@yahoo.com">Wcathran@yahoo.com</a> <a href="mailto:Rmunoz516@yahoo.com">Rmunoz516@yahoo.com</a>
April 11, 2022	6:00 – 7:30pm	Virtual Meeting	Ascary Navarro Mayra Morales	<a href="mailto:Asc642@yahoo.com">Asc642@yahoo.com</a> <a href="mailto:Mymorales79@gmail.com">Mymorales79@gmail.com</a>
June 13, 2022	6:00 – 7:30pm	Virtual Meeting	Magali Ochoa	<a href="mailto:Maggiechoa425@gmail.com">Maggiechoa425@gmail.com</a>
August 8, 2022	6:00 – 7:30pm	Virtual Meeting	Diana Huerta	<a href="mailto:Dianah@taskca.org">Dianah@taskca.org</a>
October 10, 2022	6:00 – 7:30pm	Virtual Meeting		
December 12, 2022	6:00 – 7:30pm	Virtual Meeting		

i Attending Staff: Jesse Rocha  
Jenice Turner  
Kiara Lopez

If you are unable to meet, please notify Kiara Lopez at [kiaral@sclarc.org](mailto:kiaral@sclarc.org)  
(213) 744-8420.

## Recruitment & Training Committee Meeting Calendar FY- 2022-23

*This meeting will take place every other month, on the 2<sup>nd</sup> Monday of every other month  
at 6:00 pm*

Date	Time	Location	Members	Email
March 14, 2022	6:00 – 8:00 pm	Virtual Meeting	Cynthia Torres	<a href="mailto:Ctorres4info@gmail.com">Ctorres4info@gmail.com</a>
May 16, 2022	6:00 – 8:00 pm	Virtual Meeting	Ashlie Sullivan	<a href="mailto:Ashleisullivan@yahoo.com">Ashleisullivan@yahoo.com</a>
July 11, 2022	6:00 – 8:00 pm	Virtual Meeting	Ana DaSilva	<a href="mailto:Aedasilva22@yahoo.com">Aedasilva22@yahoo.com</a>
September 12, 2022	6:00 – 8:00 pm	Virtual Meeting	Mayra Morales	<a href="mailto:Mymorales79@gmail.com">Mymorales79@gmail.com</a>
November 14, 2022	6:00 – 8:00 pm	Virtual Meeting		

Attending Staff:  
Dexter Henderson

If you are unable to meet, please notify Deanna Corbin at [Deannac@scarc.org](mailto:Deannac@scarc.org) or (213) 744-8877.

# Advocates Advisory Committee



South Central Los Angeles  
Regional Center  
*for persons with  
developmental disabilities, inc.*

## Purpose of the AAC:

The AAC supports individuals served by SCLARC, as well as staff and community members by raising awareness of issues impacting persons diagnosed with developmental disabilities, and by serving as a learning collaborative. Our advisory committee consists of volunteers, adults diagnosed with a developmental disability themselves, who meet regularly to provide guidance to SCLARC. Committee members represent those served by the regional center, providing a perspective that helps to strengthen SCLARC programming, improve management, review and evaluate SCLARC's goals and implementation of its mission—all while promoting awareness and improving relationships.

## Meetings:

The AAC meets the fourth Monday of every month.  
During the holiday season, the November & December meetings  
may be held on the 3rd Monday of the month.

10:00 A.M.- 12:00 P.M.

South Central Los Angeles Regional Center  
2500 S. Western Avenue, 3rd Floor  
Los Angeles, CA 90018

For questions and more details, contact Desiree Boykin,  
Consumer Advocate at (213) 743-3071 or [DesireeB@sclarc.org](mailto:DesireeB@sclarc.org).



Providing Support, Assistance & Solutions

MCCLANEY FAMILY RESOURCE CENTER

# Navigator Program



THE McCLANEY  
Family Resource Center



## Early Start & Regional Center

Assistance with intake and services for early intervention and Regional Center support through the IFSP and IPP.



## Educational Support

Strategies and guidance that support the development of IEPs.



## Community Resources

Training and referrals for services available in the community to support families.

1

## SYSTEM NAVIGATION

Staff will assist with connecting to systems of care that provide services to individuals with special needs and their families.

2

## EDUCATION

Workshops and in-service trainings will provide information related to child development, obtaining services and referrals to community resources.

3

## ADVOCACY

Parents, caregivers and professionals will learn strategies that help them enhance and more effectively advocate for their

The McClaney Family Resource Center provides support for families for the South Central Los Angeles Regional Center (SCLARC).

## **SCLARC New Parent Orientations**

***Held the First and Third Tuesdays of Each Month***

***The New Parent Orientation is for new parents whose loved ones were found eligible to receive regional center services. You will learn how to navigate the regional center system, your role in your child's success and get answers to some of the questions that you have.***

***The New Parent Orientation is held remotely (via Zoom) on the first Tuesday (English) and third Tuesday (Spanish) of the month from 10:30 am – 12:00 pm.***

***Please contact Erika Anguiano***

***Enhanced Case Management and Disparity Supervisor, at 213-765-3882 or email her at [ErikaA@sclarc.org](mailto:ErikaA@sclarc.org) if you have any questions.***

<b>English</b>	<b>Spanish</b>
<a href="#"><u>April 5<sup>th</sup>, 2022</u></a>	<a href="#"><u>April 19<sup>th</sup>, 2022</u></a>
<a href="#"><u>May 3<sup>rd</sup>, 2022</u></a>	<a href="#"><u>May 17<sup>th</sup>, 2022</u></a>
<a href="#"><u>June 7<sup>th</sup>, 2022</u></a>	<a href="#"><u>June 21<sup>st</sup>, 2022</u></a>
<a href="#"><u>July 5<sup>th</sup>, 2022</u></a>	<a href="#"><u>July 19<sup>th</sup>, 2022</u></a>
<a href="#"><u>August 2<sup>nd</sup>, 2022</u></a>	<a href="#"><u>August 16<sup>th</sup>, 2022</u></a>
<a href="#"><u>September 6<sup>th</sup>, 2022</u></a>	<a href="#"><u>September 20<sup>th</sup>, 2022</u></a>
<a href="#"><u>October 4<sup>th</sup>, 2022</u></a>	<a href="#"><u>October 18<sup>th</sup>, 2022</u></a>
<a href="#"><u>November 1<sup>st</sup>, 2022</u></a>	<a href="#"><u>November 15<sup>th</sup>, 2022</u></a>

## SCLARC VAC



### 2022 VAC MEMBERSHIP MEETING CALENDAR

January 12, 2022

February 9, 2022

March 9, 2022

April 13, 2022

May 11, 2022

June 8, 2022

July 13, 2022

September 14, 2022

October 12, 2022

November 9, 2022

Meetings are at 10:00am—12:00pm and are held via zoom until further notice.

August and December are dark months.

Please email [vac@sclarc.org](mailto:vac@sclarc.org) to be placed on the e-mail distribution list to receive notifications from the VAC.

# Self Determination Program



**SELF DETERMINATION GIVES YOU CHOICES**

Do you want more flexibility in regards to your Regional Center Services? To work with different providers?? Access to social/recreational services? The Self Determination Program (SDP) may be right for you!

**WHY CHOOSE SELF DETERMINATION?**

Self Determination allows you to control a budget to purchase services you need in different ways. You choose who provides your services and how much you will pay for them.

**GET STARTED**

**GET INFORMATION**  
Contact your Service Coordinator for a schedule of upcoming informational sessions

**GET READY**  
Join the SCLARC SDP Mailing List to learn about upcoming meetings and trainings - email [SelfDetermination@sclarc.org](mailto:SelfDetermination@sclarc.org) or call 1-833-725-2721 and leave a message.

**GET CONNECTED**  
Start researching Person-Centered Planners, Independent Facilitators, and Financial Management Service providers.

**ARE YOU OR YOUR LOVED ONE  
INTERESTED IN THE SELF  
DETERMINATION PROGRAM (SDP)?**



South Central Los Angeles  
Regional Center

*Attendance at Orientation is **required**.  
If you have not already attended an orientation, please  
register for one of the upcoming sessions below.*

# SELF DETERMINATION ORIENTATIONS

Presented by South Central Los Angeles Regional Center (SCLARC)

*Please note: You must attend via SCLARC. Orientations from other Regional  
Centers or community organizations will not be accepted.*

**Monday, February 28th, 2022 - 10:00am-2:00pm (Spanish only)**

**Friday, March 11, 2022 - 4:00pm-8:00pm (English only)**

**Monday, April 25, 2022 - 4:00pm-8:00pm (Spanish only)**

**Wednesday, May 18, 2022 - 9:30am-1:30pm (English only)**

**Thursday, June 16, 2022 - 9:30am-1:30pm (Spanish only)**

**Monday, July 11, 2022 - 1:00pm-5:00pm (English only)**

To register, or to find out details about a specific date, email  
[SelfDetermination@sclarc.org](mailto:SelfDetermination@sclarc.org)

**QUESTIONS?  
SELFDETERMINATION@SCLARC.ORG**

ATTEND AN UPCOMING MEETING!

# SELF-DETERMINATION LOCAL ADVISORY COMMITTEE

FOR THE SOUTH CENTRAL LOS ANGELES REGIONAL  
CENTER (SCLARC) AREA



South Central Los Angeles  
Regional Center



The Self-Determination Program (SDP) Local Advisory Committee (SDPLAC) is a volunteer advisory committee providing oversight of SDP implementation at SCLARC. SDPLAC meetings are open to the public and provide an opportunity to learn more about SDP.

## UPCOMING MEETINGS

January 12th, 2022 - 6pm-8pm	July 13th, 2022 - 6pm-8pm
February 9th, 2022 - 6pm-8pm	August 10th, 2022 - 6pm-8pm
March 9th, 2022 - 6pm-8pm	September 14th, 2022 - 6pm-8pm
April 13th, 2022 - 6pm-8pm	October 12th, 2022 - 6pm-8pm
May 11th, 2022 - 6pm-8pm	November 9th, 2022 - 6pm-8pm
June 8th, 2022 - 6pm-8pm	December 14th, 2022 - 6pm-8pm

*Meeting locations may be online; to sign up to receive updates on future meetings, email [SelfDetermination@sclarc.org](mailto:SelfDetermination@sclarc.org) or call 323-998-9519.*

## Parent Advisory Committee (PAC) Groups

### Angeles Por Siempre Unidos (Cudahy)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- The group offers different socializing activities for parents such as karaoke, dancing, walking in the park (with social distancing), playing bingo, and playing loteria via Zoom.
- Meetings are held on Mondays and Wednesdays from 4 pm to 6 pm. Also, on Tuesdays and Thursdays from 6pm to 8 pm via Zoom to play bingo and loteria. Lastly on Fridays from 8 pm to 10 pm via Zoom to sing.
- Meetings are held at 4835 Clara Street Cudahy, CA 90201.
- Contact for more information:
  - Amanda Arambula – (562)608-7739 – [amanda.arambula@gmail.com](mailto:amanda.arambula@gmail.com)
  - Javier Munoz – (323)761-3966
- Spanish speaking group

### Angeles Sin Límites (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 3<sup>rd</sup> Tuesday of the month from 5:30 pm to 7:30 pm via zoom (due to pandemic)
- Meetings were held (prior pandemic) every 4<sup>th</sup> Tuesday of the month from 10 am to 12 pm at the Community & Senior Center Barbara J. Riley – 7810 Quill Drive Downey, CA 90242
- Contact for more information:
  - Herlinda Rodriguez - (562) 413-4377 – [hrodriguez60@yahoo.com](mailto:hrodriguez60@yahoo.com)
  - Maria Leonor Dimas – (323)369-6370 – [mariadimas1@verizon.net](mailto:mariadimas1@verizon.net)
  - Maricela Donate – (562)746-5249 – [donatemaricela@gmail.com](mailto:donatemaricela@gmail.com)
- Spanish speaking group

### Autism Advocates in Action Support Group (Carson)

- Parent support group for families with children with autism.
- Meetings are held every 3<sup>rd</sup> Saturday of the month. No meetings in November and December due to holidays.
- Meetings are held via Zoom and at the City of Carson Library - 151 E Carson Street Carson, CA 90745
- Website: <https://autismact.org/>
- Contact for more information:
  - Renita Verner - (562)857-4300 - [autismadvocatesapp@gmail.com](mailto:autismadvocatesapp@gmail.com)
- English speaking group

### Bugle Horn Autism Support Group

- Parent support group consists mostly of families with children and adults with autism, but all disabilities are welcome. Families participating come from 4 different regional centers (Westside, SCLARC, Lanterman, Northern).
- Meetings are held every 2<sup>nd</sup> Monday of each month from 5 pm to 6:45 pm
- Meetings are being held via Zoom (due to pandemic)
- Contact for more information:
  - Florence Bracy – (323)574-0862 – [bracyflorence2013@gmail.com](mailto:bracyflorence2013@gmail.com)
- English speaking group

### Down Right Blessed (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 1<sup>st</sup> Wednesday and last Thursday of every month (unless there is a major holiday).
- Meetings are held via Zoom (due to pandemic). Prior pandemic were held at Knights of Columbus Hall - 11231 Rives Ave, Downey, CA 90241
- Contact for more information:
  - Irene Cortez – (562)607-2100 – [soyirene74@gmail.com](mailto:soyirene74@gmail.com)
- English and Spanish speaking group

### Hub City Autism Network (Compton)

- Parent support group for families with children with autism. They host events throughout the year.
- Meetings are held at 830 S. Mayo Ave Compton, CA 90221
- Website: [www.hubcan.org](http://www.hubcan.org)
- Contact for more information:
  - Consuelo Evans – (424)242-3899 - [hubcityautism@gmail.com](mailto:hubcityautism@gmail.com)
- English speaking group

### Shining Again (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- The group offers karaoke, flokorico and hip hop dancing.
- Meetings are held on Fridays from 4 pm to 8 pm on a weekly basis
- Meetings are held at 11233 Woodruff Ave Downey CA 90241
- Contact for more information:
  - Adriana Torres – [allshiningagain@gmail.com](mailto:allshiningagain@gmail.com)
  - Socorro Rios – [cocorro62@gmail.com](mailto:cocorro62@gmail.com)
  - Lupita Solorzano - [lupitaestradam1@gmail.com](mailto:lupitaestradam1@gmail.com)
- Spanish speaking group

### Shining Stars Foundation (Downey)

- Parent support group for families with children who have services with SCLARC.
- The group offers karaoke, community presenters for parents and other social activities for SCLARC consumers.
- Meetings are held every Friday from 6 pm to 10 pm. Due to pandemic, there are currently no meetings being held as of now.
- Meetings are held at 12456 Bellflower Blvd Downey CA 90242
- Contact for more information:
  - Luz Curiel - (323)804-9315 - [Luz.curiel@hotmail.com](mailto:Luz.curiel@hotmail.com)
- Spanish speaking group

### Un Paso Mas (Huntington Park)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Group offers various presenter and topics covered.
- Meetings are held every Friday from 9 am to 11:30 am
- Meetings are held at 2621 Zoe Ave Suite C Huntington Park, CA 90255
- Contact for more information:
  - Emma Orozco - (323)819-4164 – [emmaorozco@gmail.com](mailto:emmaorozco@gmail.com)
  - Ceci Granados – [ceciarisper2017@gmail.com](mailto:ceciarisper2017@gmail.com)
- Spanish speaking group

### Unidos con Misión y Poder (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 2<sup>nd</sup> Thursday of the month
- Meetings are held at 7360 Foster Bridge Blvd Downey, CA 90241
- Contact for more information:
  - Gledy Aceituno – (323)717-2853 – [gledyaceituno@aol.com](mailto:gledyaceituno@aol.com)
  - Blanca Martinez – (310)748-9715 - [weloveourpumpkins@yahoo.com](mailto:weloveourpumpkins@yahoo.com)
  - Amada Reyes – (562)842-7178 – [ammycolorado64@gmail.com](mailto:ammycolorado64@gmail.com)
- Spanish speaking group

# SCLARC's Website



Our website is mobile friendly and so easy to navigate. We have the following features available:

A "Contact Us" form that the community can use to send us messages when they have questions or need help.

Event calendar that is updated with upcoming meeting dates, workshops, trainings and more.

The McClanley Family Resource Center web page is integrated with our SCLARC site making it easier for families to find information and events from the Family Resource Center.

Check out our website, visit us at [www.sclarc.org](http://www.sclarc.org)!

The image shows a "Contact Us" form titled "I need help Contact Us". The form includes input fields for "First Name\*", "Last Name\*", "Phone\*", and "Email\*". There is a "Choose one\*" dropdown menu and a "Message\*" text area. A checkbox labeled "I'm not a robot" is present, along with a CAPTCHA image and links for "Privacy" and "Terms". A green circular icon with a person symbol is located next to the message field. A purple "Submit" button is at the bottom right. On the left side of the form, there is a photograph of a young boy in a red and black hoodie.

## THE LANTERMAN DEVELOPMENTAL DISABILITIES SERVICES ACT

### Generic Resources Reminder

Regional centers have a mandate not only to serve persons with developmental disabilities, but to provide services in the most cost-effective manner possible. We are required by the Lanterman Act to use all other resources or generic resources first before using regional center funds.

A generic agency is one which has a legal responsibility to serve all members of the general public and receives public funds for providing those services.

#### Welfare and Institutions Code 4646.4

"This internal process shall ensure adherence with federal and state law and regulation, and when purchasing services and supports, shall ensure all of the following:

- (1) Conformance with the regional center's purchase of service policies, as approved by the department pursuant to subdivision (d) of Section 4434.
- (2) Utilization of generic services and supports when appropriate.
- (3) Utilization of other services and sources of funding, as contained in Section 4659."

## THE LANTERMAN DEVELOPMENTAL DISABILITIES SERVICES ACT

### Generic Resources Reminder

#### Cal. Code of Regs Title 17, section 54302

- (31) "Generic Agency" means any agency which has a legal responsibility to serve all members of the general public and which is receiving public funds for providing such services;
- (32) "Generic Support(s)" means voluntary service organizations, commercial businesses, non-profit organizations, generic agencies, and similar entities in the community whose services and products are regularly available to those members of the general public needing them. (These are broad definitions that include school, SSI, insurance, libraries, YMCA, etc.)

#### 4648 Subdivision (a)(8)

In order to achieve the stated objectives of a consumer's individual program plan, the regional center shall conduct activities including, but not limited to, all of the following:

- (a) Securing needed services and supports;
- (8) Regional center funds shall not be used to supplant the budget of an agency that has a legal responsibility to serve all members of the general public and is receiving public funds for providing those services.

## THE LANTERMAN DEVELOPMENTAL DISABILITIES SERVICES ACT

### Generic Resources Reminder

#### 4659 Subdivision (a)-(e)

(a) Except as otherwise provided in subdivision (b) or (e), the regional center shall identify and pursue all possible sources of funding for consumers receiving regional center services. These sources shall include, but not be limited to, both of the following:

(1) Governmental or other entities or programs required to provide or pay the cost of providing services, including Medi-Cal, Medicare, the Civilian Health and Medical Program for Uniform Services, school districts, and federal supplemental security income and the state supplementary program.

(2) Private entities, to the maximum extent they are liable for the cost of services, aid, insurance, or medical assistance to the consumer.

(b) Any revenues collected by a regional center pursuant to this section shall be applied against the cost of services prior to use of regional center funds for those services. This revenue shall not result in a reduction in the regional center's purchase of services budget, except as it relates to federal supplemental security income and the state supplementary program.

(c) Effective July 1, 2009, notwithstanding any other law or regulation, regional centers shall not purchase any service that would otherwise be available from Medi-Cal, Medicare, the Civilian Health and Medical Program for Uniform Services, In-Home Support Services, California Children's Services, private insurance, or a health care service plan when a consumer or a family meets the criteria of this coverage but chooses not to pursue that coverage. If, on July 1, 2009, a regional center is purchasing that service as part of a consumer's individual program plan (IPP), the prohibition shall take effect on October 1, 2009.

## THE LANTERMAN DEVELOPMENTAL DISABILITIES SERVICES ACT

### Needs assessment when providing services reminder.

#### Welfare and Institutions Code 4646.5.

“(a) The planning process for the individual program plan described in Section 4646 shall include all of the following: (1) Gathering information and conducting assessments to determine the life goals, capabilities and strengths, preferences, barriers, and concerns or problems of the person with developmental disabilities. For children with developmental disabilities, this process should include a review of the strengths, preferences, and needs of the child and the family unit as a whole. Assessments shall be conducted by qualified individuals and performed in natural environments whenever possible. Information shall be taken from the consumer, the consumer's parents and other family members, the consumer's friends, advocates, authorized representative, if applicable, providers of services and supports, and other agencies.”

## IPP SERVICE OUTCOMES

What is your desired outcome for your loved one?  
What is the main goal?  
Why are you requesting a particular service?

Service Coordinators need to have a better understanding of why the service is being requested and the goals the family is trying to achieve in order to identify the appropriate service.

#### For example:

Family's requesting Independent Living Skills services for a 16-year-old child. ILS would not be an appropriate service and does not meet SCLARC's Purchase of Service Policy since the child is under the age of 18 and continues to be enrolled in school. Policy requires that individual be 18 years and older and no longer enrolled in school. In this case, if the goal is to have the individual gain independence, a service such as Adaptive Skills Training would be the recommended service to meet his/her needs.



Additional information:  
**ENHANCED CASE MANAGEMENT  
PROGRAM**



## ENHANCED CASE MANAGEMENT CURRICULUM



Educate the individual/family to develop a better understanding of:

1. Individual's Diagnosis
2. Regional Center's Role
3. ECM Specialist/Service Coordinator's and the Family's Role
4. IPP Process and its Purpose
5. Access to services and supports

### ENHANCED CASE MANAGEMENT PROGRAM PURPOSE

- Educate individuals/family to advocate for themselves to obtain services.
- Enhance the competency and build confidence of the participants in navigating the Regional Center system.
- Increase Purchase of Service expenditures for the participants



## LENGTH OF PROGRAM

Enhanced Case Management Program  
Participants:

- Duration may be up to 24 months.
- Families may exit at any time.
- Upon entering ECM program, family will complete a Pre-Test to measure their knowledge about Regional Center.
- Upon exiting ECM program, family will complete a Post-Test to measure their Regional Center knowledge.
- Exiting ECM program, case will return to traditional case management.





## PARTICIPANT CHOICE SPECIALISTS



### PARTICIPANT CHOICE SPECIALISTS

- Provides information to regional center staff, individuals served and families about all participant directed service options, including state and federal regulations that determine allowable and non-allowable use of SDP funds.
- Conduct training for regional center staff, including Service Coordinators and those involved in the fair hearing process, as needed, about the principles of self-determination, how services are obtained through SDP and the rights of SDP participants. Training may be provided in conjunction with the local volunteer advisory committee. [Welfare and Institutions (W&I) Code section 4685.8(r)(9)]
- Meet SDP enrollment targets and benchmarks. [W&I Code section 4685.8(r)(1)]
- Expand awareness of participant directed service options through efforts to identify concerns and barriers to enrollment, reduce identified barriers by providing information and training to individuals served, families and providers about participant directed service options.

### PARTICIPANT CHOICE SPECIALISTS



- Develop and implement an outreach and training plan for diverse communities and obtain input from stakeholders about the effectiveness of the outreach, training and other strategies. The plan shall encompass information about all participant directed service options, including SDP. [W&I Code section 4685.8(r)(2)]
- Complete additional review of participant budgets which exceed a specified threshold and use the information in aggregate to identify additional training, program guidance, and verification of compliance with state and federal requirements. [W&I Code section 4685.8(r)(5)]
- Work with eligible individuals served and their families to apply for Medi-Cal. [W&I Code section 4685.8(r)(4)]

- Assist the Self Determination Local Advisory Committee with coordinating meetings, including posting meeting agenda on SCLARC Website and distribution of other meeting notices.

- Provide subject matter support including technical assistance, guidance and 1 to 1 consultation and showing through demonstration the process or procedures to support transition in PDS and the SDP.

- Maintain necessary records on each program to ensure compliance with regulatory guidelines, including monthly reports to DDS, Self-Determination Local Advisory Committee and Board of Directors.

- Work closely with FMS, Person Centered Planners and Independent Facilitators to streamline processes, and existing systems.

## PARTICIPANT CHOICE SPECIALISTS



## PARTICIPANT CHOICE SPECIALISTS

- Work closely with contractors awarded grants, and engage community outreach through fairs, electronic communications, social media, and events with partnering agencies.

- Assist the Self Determination Local Advisory Committee with managing any SDP Program Allocations.

- Respond to emails and phone calls from community members and others regarding PDS and SDP.



## PARTICIPANT CHOICE SPECIALISTS

***SCLARC will have 3 Participant Choice Specialist Positions; two dedicated to Case Management and one to the Fiscal Department. The role of the Participant Choice Specialist includes the following:***

- Provides information to regional center staff, individuals served and families about all Participant Directed Service (PDS) options, including state and federal regulations that determine allowable and non-allowable use of Self Determination Program (SDP) funds.
- Conduct training for regional center staff, including Service Coordinators and those involved in the fair hearing process, as needed, about the principles of self-determination, how services are obtained through SDP and the rights of SDP participants. Training may be provided in conjunction with the local volunteer advisory committee. [Welfare and Institutions (W&I) Code section 4685.8(r)(9)]
- Meet SDP enrollment targets and benchmarks. [W&I Code section 4685.8(r)(1)]
- Expand awareness of Participant Directed Service options through efforts to identify concerns and barriers to enrollment, reduce identified barriers by providing information and training to individuals served, families and providers about Participant Directed Service options.
- Develop and implement an outreach and training plan for diverse communities and obtain input from stakeholders about the effectiveness of the outreach, training and other strategies. The plan shall encompass information about all Participant Directed Service options, including SDP. [W&I Code section 4685.8(r)(2)]
- Complete additional review of participant budgets which exceed a specified threshold and use the information in aggregate to identify additional training, program guidance, and verification of compliance with state and federal requirements. [W&I Code section 4685.8(r)(5)]
- Work with eligible individuals served and their families to apply for Medi-Cal. [W&I Code section 4685.8(r)(4)]
- Assist the Self Determination Local Advisory Committee with coordinating meetings, including posting meeting agenda on SCLARC Website and distribution of other meeting notices.
- Provide subject matter support including technical assistance, guidance and 1 to 1 consultation and showing through demonstration the process or procedures to support transition in PDS and the SDP.
- Maintain necessary records on each program to ensure compliance with regulatory guidelines, including monthly reports to DDS, Self-Determination Local Advisory Committee and Board of Directors.
- Work closely with FMS, Person Centered Planners and Independent Facilitators to streamline processes, and existing systems.
- Work closely with contractors awarded grants, and engage community outreach through fairs, electronic communications, social media and events with partnering agencies.
- Assist the Self Determination Local Advisory Committee with managing any SDP Program Allocations.
- Respond to emails and phone calls from community members and others regarding PDS and SDP.

# SCLARC Directory

*South Central Los Angeles Regional Center*  
2500 S. Western Ave  
Los Angeles, CA 90018  
(213) 744-7000  
[www.SCLARC.org](http://www.SCLARC.org)

## **Executive Office**

Dexter Henderson, Chief Executive Officer  
(213) 744-8412  
[DexterH@sclarc.org](mailto:DexterH@sclarc.org)

Kiara Lopez, Advancement Officer  
(213) 744-8420  
[KiaraL@sclarc.org](mailto:KiaraL@sclarc.org)

*McClanney Family Resource Center*  
Crystal Smith, Manager  
(213) 744-8878  
[CrystalS@sclarc.org](mailto:CrystalS@sclarc.org)

## **Human Resources Department**

Karmell Walker, HR Director  
(213) 744-8425  
[KarmellW@sclarc.org](mailto:KarmellW@sclarc.org)

Tami Summerville, Fair Hearings /  
Governmental Affairs Manager  
(213) 744-8899  
[TamiS@sclarc.org](mailto:TamiS@sclarc.org)

## **Community Services and Family Support**

Cherylle Mallinson, Director  
(213) 744 - 8454  
[CherylleM@sclarc.org](mailto:CherylleM@sclarc.org)

## **Administrative Services**

Kyla Lee, Director  
(417) 313-6280  
[KylaL@sclarc.org](mailto:KylaL@sclarc.org)

Robert Johnson, Controller  
(213) 744-8417  
[RobertJ@sclarc.org](mailto:RobertJ@sclarc.org)

## **Lanterman Case Management**

Jesse Rocha, Director of Adult Services  
(213) 744-7003  
[JesseR@sclarc.org](mailto:JesseR@sclarc.org)

Jenice Turner, Director of Children Services  
(213) 744-8465  
[JeniceT@sclarc.org](mailto:JeniceT@sclarc.org)

Teodoro Bilbao, Chief of Case Management  
(213) 744-7001  
[TeodoroB@sclarc.org](mailto:TeodoroB@sclarc.org)

Sharon Dixon, Chief of Case Management  
(213) 744-7009  
[SharonD@sclarc.org](mailto:SharonD@sclarc.org)

## **Clinical Services**

Maricel Cruzat, Director  
(213) 765-3891  
[MaricelC@sclarc.org](mailto:MaricelC@sclarc.org)

Kimi D. Hynes, Early Start Intake Program Manager  
(213) 743-3021  
[KimiD@sclarc.org](mailto:KimiD@sclarc.org)

Gricelda James, Lanterman Intake Program Manager  
(213) 744-8868  
[GriceldaJ@sclarc.org](mailto:GriceldaJ@sclarc.org)

*This page intentionally left blank.*