



2021 Supplemental Material



Headquarters

2500 S. Western Ave.

Los Angeles, CA 90018

Satellite Office

12226 Garfield Ave.

South Gate, CA 90280

South Central Los Angeles Regional Center

POS Service Data

FY 2019-2020 Public Forum

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SCLARC's Mission

SCLARC believes special needs deserve special attention. We are committed to the provision of culturally sensitive services which enhance the inherent strengths of the family and enable the individuals we serve to lead independent and productive lives.

Purpose

Service Data FY 2019-2020

In FY 2012-13 a law was passed (WIC 4519.5) requiring the Department of Developmental Services (DDS) and all Regional Centers to annually compile data relating to Purchase of Services authorizations, utilizations, and expenditures by age group, ethnicity, primary language, and disability.

This law was passed because Legislators were concerned about the disparity in funding for the services provided to specific ethnic groups.

Advocates believe by sharing and analyzing this data each year, we will better understand the disparity in services so that we can better meet the needs of our stakeholders and more effectively deliver services to the individuals we serve who experience the greatest differences in funding.

Connecting with the Regional Center

Who can I contact if I have questions regarding the regional center as an individual you serve or as a parent/guardian/conservator of the individual you serve?

- If you have a question regarding your services, call your Service Coordinator at their direct number.
- If you do not know your Service Coordinator's phone number, dial SCLARC's main number at **213-744-7000**.
- If you call your service coordinator and they do not answer, please leave a message with a number where you may be reached. *He/she will return your phone call within 24-48 hours.*
- If you are not able to leave a message, ask to speak with the Officer of the Day (OD) for your Service Coordinator's Unit.
- If you do not hear from your Service Coordinator within 24-48 hours, call their Program Manager. They will return your phone call within 24-48 hours.
- If you are having difficulties connecting with your Service Coordinator and/or to discuss any other case management concerns/issues, you may contact SCLACC's Helpline at 1 (833) 725-2721 or send an email to cmhelp@sclarc.org.
- For a full list of SCLARC's Management, please turn to page 43 of this document.

POS Cost Statement

What is the POS Cost Statement and how can I understand it?

- The POS Cost Statement includes services that were authorized and paid by the regional center each month. The Cost Statement is **NOT** a bill.
- A full page example of the cost statement and letter can be found on the following page.
- The services are purchased from Regional Center authorized vendors.
- The services may include assessments and other clinical services performed at the Regional Center.
- If you have not received the current POS Cost Statement please contact your service coordinator for a copy of the statement.

Please see the annotated version of the cost statement below:

Reading the POS Cost Statement

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Legend:

1. **Service:** Service code and type of service provided
2. **Provider:** Name of the service provider
3. **Rate:** Cost per hour of service
4. **Cost Per Month:** Total cost of service per month
5. **Units Per Month:** Number of hours per month
6. **Year to Date Total:** Total cost of service to date
7. **Total Units:** Total number of hours of service to date

October 11, 2019

RE: FOR YOUR INFORMATION ONLY - This Notice Does Not Change Services Received from South Central Los Angeles Regional Center

Dear Person Served and/or Family Member:

South Central Los Angeles Regional Center (SCLARC) is required by the Lanterman Act to provide an annual statement to each person being served by the regional center. Your statement is printed on the reverse side of this letter, and is being provided to the individual and/or, his or her parents, legal guardian, conservator, or authorized representative and indicates any and all services purchased for the SCLARC individual. This information is intended to give you a better understanding of the programs and supports that SCLARC purchases for you or your family member.

The statement is for the Fiscal Year 2018-19 (July 1, 2018 - June 30, 2019). The list of services purchased does not include the on-going case management support, assistance, and expertise provided by your regional center service coordinator. In addition, there may be some services purchased by SCLARC which are not shown on the statement. Some group services are purchased using a single contract and individual persons are not separately identified. Examples of such services include transportation aides and crisis intervention services. Also, we have excluded Personal and Incidental (P&I) payments.

Please take a few moments to review the statement. If you have any questions or you notice any errors, please contact your Service Coordinator by calling (213)744-7000.

Sincerely,

Daniel A. Henderson
Executive Director

11 de Octubre de 2019

Re: PARA SU INFORMACION SOLAMENTE - Esta noticia no cambia los servicios recibidos del Centro Regional Del Sur de Los Angeles.

Estimada persona servida/ o miembro de familia:

El Centro Regional del Sur de Los Angeles (SCLARC) esta siendo requerido por la Ley Lanterman, para proveer un estado anual a cada persona servida por el centro regional. Su estado de cuenta esta impreso en la parte opuesta de esta carta, y se proporciona al individuo, y/o a sus padres, tutor legal, conservador o representante autorizado e indica todos y cada uno de los servicios comprados para el individuo de SCLARC. Esta información tiene la intención de darle una mejor comprensión sobre los programas y apoyos que SCLARC adquiere para usted y su familia.

Este estado es para el Año Fiscal 2018-2019 (1 de Julio del 2018 - 30 de Junio del 2019). La lista de servicios proporcionados no incluye el apoyo de administración de casos, asistencia, y conocimientos proveídos por su coordinador de servicios del centro regional. Adicionalmente, podría haber servicios proporcionados por el centro regional que no son mencionados en este estado. Algunos servicios de grupo que son proporcionados usando un solo contrato y las personas individuales no son identificadas separadamente. También, hemos excluido pagos personales o incidentales (P&I).

Por favor tome unos minutos para revisar este estado. Si usted tiene alguna pregunta o si identifica errores, por favor contacte a su coordinador de servicios al (213)744-7000.

Sinceramente,

Daniel A. Henderson
Director Ejecutivo

Date: 10/11/2019

South Central Los Angeles Regional Center
Purchase Of Services Statement
Fiscal Year 18 - 19

Page No: 4

Service Coordinator

Total All Services
Total Units

\$310097
2729

Service: 109	SUPPLEMENTAL RESIDENTIAL PRGM SPRT										Provider:		Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June		
Costs Per Month:	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78
Units Per Month:	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2
Year To Date Total:										\$6936		Total Units: 636		

Service:											Provider:		Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June		
Costs Per Month:														
Units Per Month:														
Year To Date Total:										Total Units:				

Service:											Provider:		Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June		
Costs Per Month:														
Units Per Month:														
Year To Date Total:										Total Units:				

Service:											Provider:		Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June		
Costs Per Month:														
Units Per Month:														
Year To Date Total:										Total Units:				

Service:											Provider:		Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June		
Costs Per Month:														
Units Per Month:														
Year To Date Total:										Total Units:				

Service:											Provider:		Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June		
Costs Per Month:														
Units Per Month:														
Year To Date Total:										Total Units:				

Regional Center Services

How do you receive Regional Center Services?

- A person can qualify for services at any age; however, the person must be diagnosed with an intellectual and/or a developmental disability before the age of 18.
- Regional centers do not provide support to persons who are only diagnosed with a mental illness (i.e. depression, schizophrenia), have a learning disability (i.e. dyslexia, auditory processing disorder), are only deaf or blind, or only have a speech disorder.
- The primary diagnosis must be an intellectual and/or developmental disability. A person can be found eligible who is dually diagnosed with an intellectual or developmental disability as well as other disabilities described above.
- However, if you feel someone is delayed, and are unsure if they would qualify for SCLARC services, please refer them for an assessment.

Regional Center Eligibility

What makes someone eligible to receive Regional Center services?

- Income is NOT a factor for eligibility.
- Services are provided for free.
- Services are provided regardless of citizenship or residency status – ***The individuals we serve can receive services if they are undocumented.***

Regional Center Intake Process

How do you determine if someone is eligible for services from the Regional Center?

If you would like to determine if your loved one, between the ages of birth to three (3) years, is eligible for services, or to make a referral to Early Start Intake, contact:

Phone: (213) 744-7000 Ext. 3226
Fax: (213) 947-4115
Email: Earlystartintake@sclarc.org

For ages 3 and above, contact Lanterman Intake at:

Phone: (213) 744-8880 Ext. 3227
Fax: (213) 559-0612
Email: Lantermanintake@sclarc.org

Please call first, do not walk in

- An intake worker completes an initial telephone screening and schedules an appointment for an office visit if needed. Early Start may schedule an in-home visit if needed.
- Helpful to bring any documentation that indicates why the person may meet eligibility criteria, such as:
 - Medical Records
 - Psychological/Psychiatric Evaluations
 - School Records (IEP's, reports cards, etc.)

Regional Center Intake Process, Cont..

*Intake Service Coordinators have **15 business days** to complete an assessment after the initial request.*

- Other clinicians, such as a psychologist, physician, OT/PT, or others may also assess the prospective client if needed.
- In some cases, an intake worker may observe the individual in the community, i.e., in school, to ensure an accurate assessment.
- Finally a “Core Staffing Team” comprised of clinicians, managers, and the intake Service Coordinator will make a determination regarding eligibility.
- For those not found eligible, referrals will be made to appropriate alternative resources in the community.

For individuals ages birth to 3:

- Cases are reviewed by the Early Start Eligibility Team, which generally takes 45 days to complete

For individuals ages 3 and older:

- The intake process generally takes 45 to 120 days to complete.

Assessment & Interdisciplinary Team

Who are the people who will be helping the individual you serve obtain services?

- The interdisciplinary team is made up of clinical professionals, subject specialists and consultants, program managers, and other regional center staff.
- Following the assessment, the Service Coordinator will confer with the individual we serve, his/her Circle of Support and the Interdisciplinary Team who will all work together to determine the best plan to meet the individual needs of the consumer.

Individual Program Plan

What is the Individual Program Plan (IPP) and how does it help the consumer?

- The Individual Program Plan (IPP) helps the family and the individual we serve communicate; the IPP documents the needs of each consumer at the Regional Center.
- Service Coordinators conduct Person Centered Planning IPP's
- A Face-to-Face, in-depth conversation between the individual we serve, his/her Circle of Support, and the Service Coordinator is used to design an effective plan to ensure the progress of the individual we serve.

Person Centered Planning

What is Person Centered Planning (PCP) and how does it affect the IPP process?

During that conversation, the Service Coordinator, along with the individual we serve and their Circle of Support will:

- Assess the current needs of the individual we serve.
- Assist the individuals we serve in meeting those needs through various generic and SCLARC funded resources.
- Empower the individuals we serve and his/her caregiver so that the individual can gain as much control over his/her own life as possible.
- Find ways to increase opportunities for individual participation in the community.
- Identify individual desires, interest and dreams.
- Develop a plan to turn those dreams into a reality.

Fair Hearings

The individuals we serve, or their authorized representatives, can utilize the Complaint and Fair Hearing process in order to make their dissatisfaction regarding eligibility decisions and/or denial of services known to South Central Los Angeles Regional Center.

What do you do if you need to lodge concerns, grievances and complaints?

- Under the Lanterman Act, found at Welfare and Institutions Section 4500 and following, consumers of, or applicants for, regional center services or their authorized representatives have the right to appeal any decision or action of the regional center with which they are dissatisfied or believe is illegal, discriminatory, etc. This right to appeal is generally referred to as the Fair Hearing appeals process. *(This appeals process is generally to be used for service-related and eligibility disputes.)*
- An appeal information packet is routinely sent to the individuals we serve or their authorized representative when the regional center proposes to take an action without the individual we serve or representative mutual agreement.
- If you do not have information on how to appeal a decision, simply ask your service coordinator, his/her supervisor, or the Consumer's Rights Advocate to send you an appeals information packet.

For more information regarding Fair Hearings, contact:

Shantel Garcia
Fair Hearings Manager
Phone: (213) 744-8899

Fair Hearings, Cont.

- The individuals we serve and/or families who receive and/or apply for services under the Early Start Program may file for voluntary, impartial mediation or a due process hearing when they disagree with any action taken by a Regional Center with respect to identification, eligibility, evaluation, assessment or the provision of early intervention services. (This appeals process is generally to be used for service related and eligibility disputes.)
- Title 17, California Code of Regulations Section 50540 also provides a rights-based complaint process whereby a consumer, or any representative acting on the behalf of an individual we serve may file a complaint with the Clients' Rights Advocate assigned to SCLARC.

Office of Clients' Rights Advocacy

8255 Firestone Blvd., Suite 405

Downey, CA 90241

Tel: (323) 292-9907 // TTY: (800) 719.5798

Toll Free: (800) 776-5746

Fax: (323) 293-4259

Website: www.disabilityrightscal.org
www.disabilityrightscal.org/espanol

- The individuals we serve and families can also lodge concerns, complaints and grievances regarding the denial of rights and/or services directly with SCLARC, the Office of Clients' Rights Advocacy (above) or with Area Board X at:

State Council on Developmental Disabilities

411 North Central Ave., Suite 620

Glendale, CA 91203-2020

Phone: (818) 543-4631 Fax: (818) 543-4635

Email: losangeles@scdd.ca.gov

Website: www.scdd.ca.gov

Vendor Codes and Descriptions

Service Data FY 2019-2020

The following list contains commonly used vendor codes by the Clinical Department. Along with the vendor code, a description of services provided is included.

This is not the complete list of codes that may be included on your annual cost statement.

SERVICE CODE	DESCRIPTION
056 - INTERDISCIPLINARY ASSESSMENT SERVICES	Provide specialized assessment to consumers.
103 - SPECIALIZED HEALTH, TREATMENT, AND TRAINING SERVICES	Specialized Health, Treatment and Training Services include, but are not limited to: services that increase or maintain health gastronomy and care of G-Tube treatment for mental illnesses and /or chemical dependencies, dental hygiene training for consumers and care providers, and the shipment of medical samples for testing.
115 - SPECIALIZED THERAPEUTIC SERVICES (AGES 3-20)	Specialized Therapeutic Services include, but are not limited to services necessary to increase or maintain health and or developmental progress, and, when provided as ancillary to these services, family and or individual education and training, family support and counseling; provider travel; interagency consultation; and consultation with and training for other involved professionals.
116 - EARLY START SPECIALIZED THERAPEUTIC SERVICES	Early Start specialized therapeutic services include, but are not limited to: services necessary to increase or maintain health and/or developmental progress.
117 - SPECIALIZED THERAPEUTIC SERVICES (AGES 21+)	The list of the providers qualified (with appropriate licensure, credentials and one year's experience working with individuals with developmental disabilities): Oral Health: Dentist, Dental Hygienist; Physical Health: Physician/Surgeon, Speech Therapist, Occupational Therapist, Occupational Assistant, Physical Therapist, Physical Therapist Assistant, Respiratory Therapist, RN, LVN, Nurse Practitioner, Maladaptive Behaviors/Social-Emotional Behavior Impairments: Chemical Addiction Counselor, Social Worker, Marriage and Family Therapist, Psychologist, Specialized Therapeutic Services include: Oral Health Services: Diagnostic Prophylactic, Restorative, Oral Surgery; Services for Maladaptive Behaviors Social-Emotional Behavior Impairments due to/Associated with a Developmental Disability: Individual and group interventions and counseling. Physical Health Services: Physical Therapy, Occupational Therapy, Speech Therapy, Respiratory Therapy, Diagnostic and Treatment, Physician Services, Nursing Service, Diabetes Self-Management.
605 - ADAPTIVE SKILLS TRAINING	Vendor possesses the skills, training and education necessary to enhance existing consumer skills. An adaptive skills trainer may also remedy consumer skill deficits in communication, social function or other related skill areas .
620 - BEHAVIOR MANAGEMENT CONSULTANT	Designs and/or implements behavior modification intervention services
627 - DIAPER SERVICE	The vendor: (A) Supplies cloth diapers for the consumer; and (B) Provides pick-up, laundering, and delivery of the diapers to the consumer's home.
672 - EDUCATIONAL PSYCHOLOGIST	Provides evaluation and counseling to assist individuals in achieving more effective educational development.
680 - TUTOR	Provides the in-home individualized instruction to the individual which is supplementary to, or independent of, instruction provided by the classroom teacher.
700 - ACUTE CARE HOSPITALS	An acute care hospital which is validly licensed as such by DHS, and which provides inpatient care 24 hours per day; or (B) An acute psychiatric hospital which is validly licensed as such by DHS, and which provides care for the mentally disordered, incompetent persons referred to in Welfare and Institutions Code, Sections 5000 to 5550.
707 - SPEECH PATHOLOGY	Vendor is (A) a speech pathologist who is validly licensed as a speech pathologist by the Speech Pathology and Audiology Examining Committee of the Medical Board of California; and provides: 1. Diagnostic screening; and 2. Preventative and corrective therapy for persons with speech or language disorders.
710 - DAY TREATMENT CENTER	Vendor provides services to outpatients at an acute care hospital or acute psychiatric hospital.
715 - DENTISTRY	Vendor is validly licensed by the California Board of Dental Examiners and practices the branch of medicine which specializes in the diagnosis, prevention, and treatment of diseases of the teeth and their associated structures.
720 - DIETARY SERVICES	Vendor is: (A) A dietician who is validly registered as a member of the American Dietetic Association and who prescribes or modifies a person's diet to meet the person's nutritional needs; or (B) a nutritionist who evaluates an individual's nutritional needs

725 - DURABLE MEDICAL EQUIPMENT	Vendor possesses a valid business license, and operates a business which manufactures, individually tailors, or sells durable medical equipment as defined in Title 22, California Code of Regulations, Section 51160.
742 - LICENSED VOCATIONAL NURSE	Vendor: (A) Is validly licensed as a licensed vocational nurse by the California State Board of Vocational Nurse and Psychiatric Technician Examiners; or (B) Is a nurse registry from whom the services of licensed vocational nurse are obtained; and (C) Provides services under the direction of a validly licensed registered nurse or physician.
743 - NURSE'S AIDE OR ASSISTANT	Vendor: (A) Is certified as a nurse's aide or a home health aide by DHS; or (B) Is a nurse registry from whom the services of a nurse's aide or assistant are obtained; and (C) Provides services under the direction of a validly licensed registered nurse or physician.
744 - REGISTERED NURSE	Vendor: (A) Is an individual who is validly licensed as a registered nurse by the California State Board of Registered Nurses; or (B) Is a nurse registry from whom the services of a registered nurse are obtained.
765 - PHARMACEUTICAL SERVICES	Vendor is: (A) A person who is validly licensed as a pharmacist by the California State Board of Pharmacy, and who identifies, prepares, or preserves compounds and dispenses drugs; or (B) A pharmacy which is validly licensed as a pharmacy by the California State Board of Pharmacy, and which is a facility where medicines are compounded or dispensed.
772 - PHYSICAL THERAPY	Vendor is a (A) A physical therapist who is validly licensed by the Physical Therapy Examining Committee of the Medical Board of California and who, under medical supervision, treats individuals to relieve pain, develop or restore motor function, and maintain performance by using a variety of physical means; or (B) A physical therapist assistant by the Physical Therapy Examining Committee of the Medical Board of California and who provides physical therapy while under the direct supervision of the licensed physical therapist.
773 - OCCUPATIONAL THERAPY	Vendor is: (A) An occupational therapist validly licensed by the California Board of Occupational Therapy and who, based on the written prescription of a physician, dentist, or podiatrist, provides occupational therapy evaluation, treatment planning, treatment, instruction and consultative services; or (B) An occupational therapist assistant validly certified by the California Board of Occupational Therapy and who provides occupational therapy evaluation, treatment planning, treatment, instruction and consultative services while under the direct supervision of registered occupational therapist.
775 - PHYSICIANS OR SURGEONS	Vendor provides professional services to individuals and is validly licensed by the Medical Board of California as a physician or surgeon.
780 - PSYCHIATRIST	Vendor: (A) Is validly licensed as a physician and surgeon by the Medical Board of California; (B) Is validly certified by the American Board of Psychiatry and Neurology; and (C) Specializes in the diagnosis, treatment, and prevention of mental disorders.
785 - CLINICAL PSYCHOLOGIST	Vendor: (A) Is validly licensed as a clinical psychologist by the Psychology Examining Committee of the Medical Board of California; and (B) Provides: 1. Diagnosis and psychotherapy of mental and emotional disorders; or 2. Individual and group testing and counseling in order to assist individuals achieve more effective personal, social, educational, and vocational development adjustment.
800 - GENETIC COUNSELOR	Vendor: (A) Has successfully completed training in an accredited genetic counseling program at the master or doctoral level; (B) Is eligible for certification, or is certified by the National Board of Human Genetics; and (C) Advises and counsels persons and families concerning a genetic and medical diagnosis and the probability that they carry and may transmit genetically determined characteristics to their offspring.
854 - HOME HEALTH AGENCY	Vendor possesses a valid home health agency license issued by DHS, or meets the requirements established by DHS for providing home health services, and is primarily engaged in providing skilled nursing services and at least one of the following: (A) Physical Therapy; (B) Occupational Therapy; (C) Speech Therapy; (D) Medical Social Work; or (E) Home Health Aide Services.

List of Services

Service Data FY 2019-2020

This is a list of commonly requested services by age group. It is intended to be a guide for the individuals we serve/families.

Not all individuals we serve and families will be eligible to receive all the services listed because services, by law, are based on individual needs. Please discuss your individual needs with your Service Coordinator.

Page 19 —————> Ages 0 - 3 years

Page 23 —————> Ages 3 - 10 years

Page 26 —————> Ages 11 - 17 years

Page 29 —————> Ages 18 - 22 years

Page 33 —————> Ages 23 and up

SERVICES AND SUPPORTS

BIRTH TO THREE YEARS OF AGE

Your child has recently entered the South Central Los Angeles Regional Center (SCLARC) Early Start Program. We are sure that you have many questions, concerns about what to do next. Early Start Services are listed below with a brief explanation of the support and when it is important for an infant or toddler

Case Management

- An Early Start Service Coordinator (SC) will be assigned to you to develop the Individual Family Service Plans (IFSP) and assist the family with arranging appropriate services.

Assessments

- Each infant/toddler receives a developmental assessment by a specialist to identify developmental progress and intervention needs. This assessment provides the family and the regional center with developmental information that is used to determine the services and supports that may be needed. As each infant/toddler is unique, the types of services and supports he/she will need will vary.

Occupational Therapy

- After your child's developmental assessment is completed, services and supports will be identified to help with any delays found during the assessment. One option through SCLARC is the referral to licensed and registered Occupational Therapists who have years of experience working with children birth to three years of age. For children with developmental delays or a known physical or mental condition associated with a high probability of delays, occupational therapy can help improve their motor, cognitive, sensory processing, communication, and play skills. The goal is to enhance development, minimize the potential for developmental delay, and help families to meet the special needs of their infants and toddlers. Your Early Start Service Coordinator will provide you with referrals of available Occupational Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Physical Therapy

- After your child's developmental assessment is completed, services and supports will be identified to help with any delays found during the assessment. One option through SCLARC is the referral to licensed and registered Physical Therapists who have years of experience working with children birth to three years of age. Physical therapy is for the preservation, enhancement, or restoration of movement and physical function impaired or threatened by disability, injury, or disease that utilizes therapeutic exercise, physical modalities (as massage and electrotherapy), assistive

devices, and patient education and training. Your Early Start Service Coordinator will provide you with referrals of available Physical Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Speech Therapy

- As your child develops, around the ages of 18-24 months, you may notice delays in speech and language. SCLARC has a variety of Licensed Speech and Language Pathologists (Speech Therapists) who will assess and develop therapy plans to encourage and increase your child's speaking and communication ability. Your Early Start Service Coordinator will provide you with referrals of available Speech Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Feeding Therapy

- You may find that your child has trouble swallowing, chewing or refuses many foods due to texture. If feeding issues are identified, SCLARC may refer you to a specialist who can assist you as you work with your child. There are Speech Therapist and Occupational Therapists who specialize in Feeding Therapy. Your Early Start Service Coordinator will provide you with referrals of available Feeding Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Nursing supports

- If your child needs nursing supports, your Early Start Service Coordinator will assist you with possible referrals. Many insurance companies or specialized services, such as EPSDT, provide assistance.

Infant Development Services

- Infant Development Services can be provided at home or in a therapeutic pre-school type setting in which your child receives supports and education to address developmental issues. The in-home service and pre-school type programs have special teachers as well as Occupational, Physical and Speech Therapists. Parent observation and participation provide the family with the skills needed to address the child's developmental needs on an ongoing basis and in any environment.

Behavior Services –ABA (Funded if family is exempt from SB 946 insurance requirement.)

- Behavior intervention services are specialists who provide training and instruction to assist families, clients and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

Behavior classes

- [California Psych Care](#) (Parent Education Classes) offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior strategies.

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

IEP Support from SCLARC Educational Team

- A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

Translation

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Incontinence supplies

- Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if no other source is available.

Formulas and Nutritional Supplements

- SCLARC will assist families exploring generic resources when there is a medical need for Formula or Nutritional Supplements. In the event that all generic resources have been explored and exhausted, SCLARC will consider purchasing Formula or Nutritional Supplements as the payer of last resort.

Transition

- All SCLARC families will transition out of the Early Start Program by the child's third birthday. SCLARC begins the Transition process as early as a child's second birthday by providing families with information at the IFSP (Individual Family Service Plan) Meeting. Goals are developed and included in the child's IFSP and a transition meeting is scheduled with the local school district when a child is 30 months but no later than 33 months. Every child in the Early Start Program is referred to the Local Education Agency no later than 33 months-of-age for an IEP (Individual Education Plan) and Special Education Services.

Transportation

- Children 0-3 years of age are eligible to receive transportation and related costs necessary for a child and his or her family to receive services pursuant to the Individualized Family Service Plan. To the maximum extent appropriate to the needs of the child, transportation services shall be provided in settings natural or normal for children of the same age who have no disability. On an exceptional basis, when the child cannot be transported by family members due to the family member's illness or disability, or via public transportation due to the child's disability, the Regional Center may provide funding through the use of a voucher or the lowest cost vendored provider.

SCLARC will also request a sufficient written documentation from the family demonstrating that the family members are unable to provide transportation for the child (WIC §4648.35).

211 Services

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Note: For some services mentioned above supporting documents may be required.

SERVICES AND SUPPORTS
Young School Age Children
Three years to 10 years

Your child has recently entered the public school system and we are sure that you have many questions about the supports that South Central Los Angeles Regional Center (SCLARC) has available. Young School age Services are listed below with a brief explanation of the support and when it is important for a Young School Age Child.

Case Management

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services.

Crisis Support Services

- SCLARC has 2 crisis response teams (Crisis Support Services and Crisis Response Project) that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

In-home Respite Care

- Parents and other family members can get periodic assistance with the constant care and supervision of the individual to relieve family stress or in emergencies.

Overnight/out of home respite

- SCLARC can provide up to 21 nights per fiscal year to provide support while a parent/guardian is out of town and unavailable to provide care.

Day Care supports (sometimes referred to as Specialized Supervision)

- Parents who are working or in school full time may be eligible for additional hours to provide for supervision primarily during after-school hours.

Personal Assistance Support

- Some individuals require someone to help them with community integration. SCLARC can offer these supports through Personal Assistants. (PA Calendar will be required for assessment and service will be reviewed for continued appropriateness every 6 months.

Behavior Intervention (ABA services) (Funded if family is exempt from SB 946 insurance requirement.)

- Behavior intervention services are specialists who provide training and instruction to assist families, individuals and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

Social Skills Training

- Social Skills Training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes. ***Parent participation is required!*** Current IPP is required to complete to Clinical Department.

Behavior classes

- [California Psych Care](#) (Parent Education Classes) offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior outcomes.

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

IEP Support from SCLARC Educational Team

- A referral to SCLARC's Education Specialist can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

Translation

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Incontinence supplies

- Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if related to eligibility diagnosis and no other source is available.

TRANSPORTATION

- Parents of children 3-18 years of age are expected to provide transportation to appointments and activities. The local education agency is responsible for providing transportation to public or non- public school pursuant to an individualized education program plan. On an exceptional basis, if the child's disabilities prevent the use of public transportation, or the family is unable to transport the child as a result of illness or disability, the Regional Center may arrange for transportation through the use of a voucher, purchased bus pass, or by a regional center vendor

211 Services

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Note: For some services mentioned above supporting documents may be required.

SERVICES AND SUPPORTS
ADOLESCENTS
11 years to 17 years

Your child has recently entered an exciting and tumultuous time of life – Adolescence – the Teen Age Years. As a parent, you are faced with many changes both at home and at school. Your child has moved onto a middle school or high school campus that is overwhelmingly big. Your child is growing and changing and we know that you need all of the help you can get! Adolescent Services are listed below with a brief explanation of the support.

Case Management

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services.

Crisis Support Services

- SCLARC has 2 crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

In-home Respite Care

- Parents and other family members can get periodic assistance with the constant care and supervision of a client to relieve family stress or in emergencies.

Overnight/out of home respite

- SCLARC can provide up to 21 nights per year to provide support while a parent/guardian is out of town and unavailable to provide care.

Day Care supports (sometimes referred to as Specialized Supervision)

- Parents who are working full time can get additional hours to provide for supervision primarily during after-school hours.

Personal Assistance Support

- Some individuals require someone to help them with community integration. SCLARC can offer these supports through Personal Assistants.

Residential Services

- SCLARC has options for licensed residential homes that provide different services and different levels of staffing depending on the individual needs. (Referral to Behavior Consultant will be required to determine level placement needed).

Behavior Intervention

- Behavior intervention services are specialists who provide training and instruction to assist families, clients and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

Behavior Intervention Co-Pay, Co-Insurance and Deductibles

- If your family member receives behavior intervention services funded by insurance, SCLARC is able to assist with insurance Co-Payments, Co-Insurance and Deductibles if your family meets the income requirements. (Welfare & Institutions Code 4659.1. (Referral to SCLARC's Medical and Insurance Consultant).

Social Skills Training

- Social Skills training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes and ***require parent participation.***

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

IEP Support from SCLARC Educational Team

- A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

Translation

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Incontinence supplies

- Referrals can be made to assist families with securing supplies available through Medical or through SCLARC funding if related to eligibility diagnosis and no other source is available.

Some Medical Equipment, if no other resources available

- Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available. (Referral to SCLARC's Mobility Clinic)

211 Services

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

Note: For some services mentioned above supporting documents may be required.

SERVICES AND SUPPORTS
Young Adulthood
18 years to 22 years of age

Your family member has reached adulthood and looks forward to new possibilities! Many young adults remain in school until they are 22 years old. ***When the individual leaves school with a Certificate of Completion or a Diploma work and day services are available.*** For all young adults, future planning is a must. SCLARC provides services that assist our young adults with their future plans. Young Adult Services are listed below with a brief explanation of each support.

Case Management

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services.

Crisis Support Services

- SCLARC has 2 crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

In-home Respite Care

- Parents and other family members can get periodic assistance with the constant care and supervision of a client to relieve family stress or in emergencies.

Overnight/out of home respite

- SCLARC can provide up to 21 nights per year to provide support while a parent/guardian is out of town and unavailable to provide care.

Personal Assistance Support

- Some individuals require someone to help them with daily living activities, such as bathing, dressing, and meal preparation. SCLARC can offer these supports through Personal Assistants.

Behavior Intervention

- Behavior intervention services are specialists who provide training and instruction to assist families, consumers and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent or support staff participation is required!***

Social Skills Training

- Social Skills training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes and ***require parent participation.***

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

IEP Support from SCLARC Educational Team

- A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

Translation

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Incontinence supplies

- Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if related to eligibility diagnosis and no other source is available.

Day Services

- SCLARC offers a variety of adult day services that include site based licensed day programs; community based day programs. Individuals can participate in a variety of programs suited to their individual needs, such as improving daily living skills, training in a vocation, volunteering, performing arts, and technology.

Employment

- Individuals can be referred to a Supported Employment vendor who can assist with job development in an appropriate group or individual job placement. Job coaching hours can also be funded through DOR and/or SCLARC based on the individual's needs. In addition, SCLARC offers Employment Services programs that assist Individuals to learn job skills that will assist in obtaining a Paid Internship (PIP), with the goal of seeking competitive employment.

Independent Living (ILS)

- Adults can receive training in areas such as, shopping, cooking, budgeting, housekeeping, and self-care skills with the goal to become more independent in daily living.

*Note: Individual must provide SCLARC Certificate of Completion or High School Diploma for these services to be funded.

Supported Living (SLS)

- Individuals who reside in their own home may need on-going supports. A supported living service is an individualized service that is able to provide staff to assist and train individuals in all aspects of their life. SLS is required to provide 24 hour a day emergency assistance in addition to on-going supports. Regardless of an individual's disability, they are eligible for SLS as long as they have the funds for rent, food and utilities. SCLARC provides SLS up to 24 hours per day, 7 days per week dependent on the individual needed support.

Residential services

- SCLARC has options for licensed residential homes that provide different services and different levels of staffing depending on the individual needs.

Family Home Agencies

- Many individuals want the option to live with a family. Family Home Agencies provides that option. Individuals can move in with a certified family in their home with supports. Certified Families receive on-going training as well as supports to assist an individual to become a member of their "family".

Personal Assistance Support

- Some individuals require someone to help them with daily living activities, such as bathing, dressing, and meal preparation. SCLARC can offer these supports through Personal Assistants.
-

Transportation

- Adult individuals should be assessed to determine their potential for independent travel on public transportation or paratransit. If the individual has demonstrated this potential, then mobility training should be provided. Generic resources for funding must be explored prior to the provision of funding by the Regional Center.

Driver Training

- SCLARC may assist with the fees for driver education classes if the individual meets the qualifying conditions; the first 25 hours of classes will be the responsibility of the individual.

Self-Advocacy Groups

- SCLARC has a very active Consumer Advisory Committee (CAC) that hosts a number of self-advocacy groups located throughout SCLARC's service area. Dates and locations are typically posted on the SCLARC website. To register you may also contact Desiree L. Boykin, Consumer(SHOULD WE CHANGE THE WORD CONSUMER) Advocate at (213) 743-3071.

Some Medical Equipment, if no other resources available

- Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available.

211 Services

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

Note: For some services mentioned above supporting documents may be required.

SERVICES AND SUPPORTS

Adulthood **23 years and up**

Your family member may currently attend a day service or be working, possibly making plans to move into their own home as well as looking forward to other new possibilities! As adults, many individuals are striving for independence. For all adults, future planning is a must. SCLARC provides services that assist our adults. Adult Services are listed below with a brief explanation of each support.

Case Management

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services.

Crisis Support Services

- SCLARC has 2 crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

In-home Respite Care

- Parents and other family members can get periodic assistance with the constant care and supervision of a client to relieve family stress or in emergencies.

Overnight/out of home respite

- SCLARC can provide up to 21 nights per year to provide support while a parent/guardian is out of town and unavailable to provide care.

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

Translation

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Incontinence supplies

- Referrals can be made to assist families with securing supplies available through Medical or through SCLARC funding if related to eligibility diagnosis and no other source is available.

Day Services

- SCLARC offers a variety of adult day services that include site based licensed day programs; community based day programs. Individuals can participate in a variety of programs suited to their individual needs, such as improving daily living skills, training in a vocation, volunteering, performing arts, and technology.

Employment

- Individuals can be referred to a Supported Employment vendor who can assist with job development in an appropriate group or individual job placement. Job coaching hours can also be funded through DOR and/or SCLARC based on the individual's needs. In addition, SCLARC offers Employment Services programs that assist Individuals to learn job skills that will assist in obtaining a Paid Internship (PIP), with the goal of seeking competitive employment.

Independent Living (ILS)

- Adults can receive training in areas such as, shopping, cooking, budgeting, housekeeping, and self-care skills with the goal to become more independent in daily living.

*Add Note

Supported Living (SLS)

- Individuals who reside in their own home may need on-going supports. A supported living service is an individualized service that is able to provide staff to assist and train individuals in all aspects of their life. SLS is required to provide 24 hour a day emergency assistance in addition to on-going supports. Regardless of an individual's disability, they are eligible for SLS as long as they have the funds for rent, food and utilities. SCLARC provides SLS up to 24 hours per day, 7 days per week dependent on the individual supports needed.

Parenting Skills and Support

- Many SCLARC adults are parents or interested in having children. SCLARC is here to offer guidance and support through Specialized Parenting Skills training and Support. These agencies have trained staff that will train and support the new parent or parent to be with pregnancy, delivery and caring for a baby.
- SCLARC also has Family Homes through our Adult Family Home Agencies that can provide a home, training and support for the mother and child who wish to live with a family.

Residential services

- SCLARC has options for licensed residential homes that provide different services and different levels of staffing depending on the individual needs.

Family Home Agencies

- Many individuals want the option to live with a family. Family Home Agencies provide that option. Individuals can move in with a certified family in their home with supports. Certified Families receive on-going training as well as supports to assist an individual to become a member of their “family”.

*Note: Clinical requires a full year of current medical records to provide a clearance for FHA homes.

Personal Assistance Support

- Some individuals require someone to help them with daily living activities, such as bathing, dressing, and meal preparation. SCLARC can offer these supports through Personal Assistants.

Transportation

- Adult individuals should be assessed to determine their potential for independent travel on public transportation or paratransit. If the individual has demonstrated this potential, then mobility training should be provided. Generic resources for funding must be explored prior to the provision of funding by the Regional Center.

Driver Training

- SCLARC may assist with the fees for driver education classes if the individual meets the qualifying conditions; the first 25 hours of classes will be the responsibility of the consumer.

Self-Advocacy Groups

- SCLARC has a very active Consumer Advisory Committee (CAC) that hosts a number of self-advocacy groups located throughout SCLARC’s service area. Dates and locations are typically posted on the SCLARC website. To register you may also contact Desiree L. Boykin, Consumer Advocate at (213) 743-3071.

Some Medical Equipment, if no other resources available

- Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available.

211 Services

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

Note: For some services mentioned above supporting documents may be required.

Meeting Dates

2021 Scheduled Meetings

**Here are the 2021 meeting dates for SCLARC Committees and
the Board of Directors**



SCLARC Board of Directors Meeting Schedule FY 2020-2021

SCLARC Board Meetings

4th Tuesday of every other month

January 26th, 2021

March 23rd, 2021

Meetings going forward will be held remotely

May 25th, 2021

July 27th, 2021

September 28th, 2021

November 28th, 2021

SCLARC Executive Committee

3rd Thursday of every other month

February 18th, 2021

April 15th, 2021

Meetings going forward will be held remotely

June 17th, 2021

August 19th, 2021

October 21st, 2021

No meetings held in December

**Executive Committee
Meeting Calendar
FY 2020-2021**

*This meeting will take place every **OFF** month, on the 3rd Thursday at 6:00 pm*

Date	Time	Location	Members	Email
February 18 th , 2021	6:00 – 8:00 pm	SCLARC – GSM 2 nd Floor, Room 201 Formal Dining Room	Wanda Cathran	Wcathran@yahoo.com
April 15 th , 2021	6:00 – 8:00 pm	Virtual Meeting	Ascary Navarro	Asc642@yahoo.com
June 17 th , 2021	6:00 – 8:00 pm	Virtual Meeting	Jesus Murillo	Jesusmurillo@sbcglobal.net
August 19 th , 2021	6:00 – 8:00 pm	Virtual Meeting	Stephanie Arlaud	SS.Princessbub@gmail.com
October 21 st , 2021	6:00 – 8:00 pm	Virtual Meeting		

If you are unable to meet, please notify Deanna Corbin at Deannac@sclarc.org or (213) 744-8877.

**Finance Committee
Meeting Calendar
FY 2020-2021**

*This meeting will take place every 3rd Wednesday of every **other** month.*

Date	Time	Location	Members	Email
January 20 th , 2021	6:00 – 8:00 pm	SCLARC Legacy Building 4 th Floor	Jesus Murillo	Jesusmurillo@sbcglobal.net
March 17 th , 2021	6:00 – 8:00 pm	Virtual Meeting	Stephanie Arlaud	SS.Princessbub@gmail.com
May 19 th , 2021	6:00 – 8:00 pm	Virtual Meeting	Sherita Rogers	Rogers.sn@gmail.com
July 21 st , 2021	6:00 – 8:00 pm	Virtual Meeting	Kyla Lee	Kylal@sclarc.org
September 15 th , 2021	6:00 – 8:00 pm	Virtual Meeting	Sari Cruz	Saraic@sclarc.org
November 17 th , 2021	6:00 – 8:00 pm	Virtual Meeting		

If you are unable to meet, please notify Sarai Cruz at Saraic@sclarc.org or (213) 763-5619.

**Supportive Services Committee
Meeting Calendar
Year: 2021**

This meeting takes place every 2nd Monday of every other month

Date	Time	Location	Members
February 8 th , 2021	6:00 – 7:30 pm	Virtual Meeting	Wanda Cathran Raul Munoz Ascary Navarro Mayra Morales Magali Ochoa Cynthia Torres
April 12 th , 2021	6:00 – 7:30 pm	Virtual Meeting	
June 14 th , 2021	6:00 – 7:30 pm	Virtual Meeting	
August 9 th , 2021	6:00 – 7:30 pm	Virtual Meeting	
October 11 th , 2021	6:00 – 7:30 pm	Virtual Meeting	
December 13 th , 2021	6:00 – 7:30 pm	Virtual Meeting	

If you are unable to meet, please notify Kiara Lopez at KiaraL@sclarc.org or (213) 744-8420.

Advocates Advisory Committee



South Central Los Angeles
Regional Center
*for persons with
developmental disabilities, inc.*

Purpose of the AAC:

The AAC supports individuals served by SCLARC, as well as staff and community members by raising awareness of issues impacting persons diagnosed with developmental disabilities, and by serving as a learning collaborative. Our advisory committee consists of volunteers, adults diagnosed with a developmental disability themselves, who meet regularly to provide guidance to SCLARC. Committee members represent those served by the regional center, providing a perspective that helps to strengthen SCLARC programming, improve management, review and evaluate SCLARC's goals and implementation of its mission—all while promoting awareness and improving relationships.

Meetings:

The AAC meets the fourth Monday of every month.
During the holiday season, the November & December meetings may be held on the 3rd Monday of the month.
10:00 A.M.- 12:00 P.M.
South Central Los Angeles Regional Center
2500 S. Western Avenue, 3rd Floor
Los Angeles, CA 90018

For questions and more details, contact Desiree Boykin,
Consumer Advocate at (213) 743-3071 or DesireeB@sclarc.org.



MCCLANEY FAMILY RESOURCE CENTER

Navigator Program

Providing Support, Assistance & Solutions



The McClaney Family Resource Center provides support for families of the South Central Los Angeles Regional Center (SCLARC).

Our new Navigator Program offers assistance to parents and caregivers to help navigate through and connect them to free community resources and much-needed services such as SSI, IHSS and IEP support.

1

SYSTEM NAVIGATION

Staff will assist with connecting to systems of care that provide services to individuals with special needs and their families.

2

EDUCATION

Workshops and in-service trainings will provide information related to child development, obtaining services and referrals to community resources.

3

ADVOCACY

Parents, caregivers and professionals will learn strategies that help them enhance and more effectively advocate for their consumers and/or families.



Early Start & Regional Center

Assistance with intake and services for early intervention and Regional Center support through the IFSP and IPP.



Educational Support

Strategies and guidance that support the development of IEPs.



Community Resources

Training and referrals for services available in the community to support families.

SCLARC New Parent Orientations

Held the First and Third Tuesdays of Each Month

The New Parent Orientation is for new parents whose loved ones were found eligible to receive regional center services. You will learn how to navigate the regional center system, your role in your child's success and get answers to some of the questions that you have.

The New Parent Orientation is held remotely (via Zoom) on the first Tuesday (English) and third Tuesday (Spanish) of the month from 10:30 am – 12:00 pm. Please contact Claudia Torres, Administrative Assistant, at 213-744-7073 or email her at claudiat@sclarc.org if you have any questions.

English

January 4th, 2021
February 2nd, 2021
March 2nd, 2021
April 6th, 2021
May 4th, 2021
June 1st, 2021
July 6th, 2021
August 3rd, 2021
September 7th, 2021
October 5th, 2021
November 2nd, 2021
December 7th, 2021

Spanish

January 19th, 2021
February 16th, 2021
March 16th, 2021
April 20th, 2021
May 18th, 2021
June 15th, 2021
July 20th, 2021
August 17th, 2021
September 21st, 2021
October 19th, 2021
November 16th, 2021
December 21st, 2021

SCLARC VENDOR ADVISORY COMMITTEE CALENDAR YEAR 2021

This meeting will take place *every 2nd Wednesday of each month*
10:00am-12:00pm

Members: *Chair- Illona Hendrick,
* Co-chair- Kelli Marsh
Karina Andrade, Carmen Haley, Pedro V. Travieso, Denise Torrey, Brandi Brooks, Tina Scruggs-Tate, Leonard Turner,
Imelda Ochoa

DATE	TIME	LOCATION
January 13, 2021	10:00am-12:00pm	Zoom Link to Come
February 10, 2021	10:00am-12:00pm	Zoom Link to Come
March 10, 2021	10:00am-12:00pm	Zoom Link to Come
April 14, 2021	10:00am-12:00pm	Zoom Link to Come
May 12, 2021	10:00am-12:00pm	Zoom Link to Come
June 9, 2021	10:00am-12:00pm	Zoom Link to Come
July 14, 2021	10:00am-12:00pm	Zoom Link to Come
September 8, 2021	10:00am-12:00pm	Zoom Link to Come
October 13, 2021	10:00am-12:00pm	Zoom Link to Come
November 10, 2021	10:00am-12:00pm	Zoom Link to Come

If you are unable to meet, please notify Katina Andrade at kandrade@elarcainc.org
or (323) 895-7896.

Self Determination Program



SELF DETERMINATION GIVES YOU CHOICES

Do you want more flexibility in regards to your Regional Center Services? To work with different providers?? Access to social/recreational services? The Self Determination Program (SDP) may be right for you!

WHY CHOOSE SELF DETERMINATION?

Self Determination allows you to control a budget to purchase services you need in different ways. You choose who provides your services and how much you will pay for them.

GET STARTED

GET INFORMATION
Contact your Service Coordinator for a schedule of upcoming informational sessions

GET READY
Join the SCLARC SDP Mailing List to learn about upcoming meetings and trainings - email SelfDetermination@sclarc.org or call 1-833-725-2721 and leave a message.

GET CONNECTED
Start researching Person-Centered Planners, Independent Facilitators, and Financial Management Service providers.

UPCOMING EVENTS

SELF-DETERMINATION



ORIENTATION

May 28th, 2021

9:30am-1:30pm

(English with
Spanish translation)

June 2nd, 2021

1:00pm-5:00pm

(Spanish with
English
Translation.)

At least once per
month thereafter in
English and
Spanish

CONTACT US

SelfDetermination@sclarc.org
Naomi Hagel - 323.998.9519
NaomiH@sclarc.org

"MEET AND GREET"

**INDEPENDENT FACILITATOR
PERSON-CENTERED PLANNER**

MAY 26TH, 2021 - 6PM TO 8PM -
SPANISH

**FINANCIAL MANAGEMENT SERVICE
(FMS)**

JUNE 1ST, 2021 - 6PM TO 8PM -
ENGLISH

JUNE 2ND, 2021 - 6PM TO 8PM -
SPANISH

SELF-DETERMINATION PROGRAM LOCAL ADVISORY COMMITTEE

**SECOND WEDNESDAY OF EVERY
MONTH**

6PM-8PM
SPANISH TRANSLATION AVAILABLE

**ARE YOU OR YOUR LOVED ONE
INTERESTED IN THE SELF
DETERMINATION PROGRAM (SDP)?**



South Central Los Angeles
Regional Center

*Attendance at Orientation is **required**.
If you have not already attended an orientation, please
register for one of the upcoming sessions below.*

SELF DETERMINATION ORIENTATIONS

Presented by South Central Los Angeles Regional Center (SCLARC)

*Please note: You must attend via SCLARC. Orientations from other
Regional Centers or community organizations will not be accepted.*

**Monday, June 28th, 2021 from 1:00pm-5:00pm (in
English only)**

**Tuesday, June 29th, 2021, from 9:30am-1:30pm (in
Spanish only)**

To register, or to find out details about a specific date, email
NaomiH@sclarc.org or call 323-998-9519.

**QUESTIONS?
SELFDETERMINATION@SCLARC.ORG**

ATTEND AN UPCOMING MEETING!

SELF-DETERMINATION LOCAL ADVISORY COMMITTEE

FOR THE SOUTH CENTRAL LOS ANGELES REGIONAL
CENTER AREA



South Central Los Angeles
Regional Center



The Self-Determination Local Advisory Committee (SDLAC) is a volunteer advisory committee providing oversight of the Self-Determination Program implementation at South Central Los Angeles Regional Center. SDLAC meetings are open to the public and provide an opportunity to learn more about the Self Determination program.

UPCOMING MEETINGS

June 9th, 2021 - 6:00pm - 8:00pm

July 14th, 2021 - 6:00pm - 8:00pm

August 11th, 2021 - 6:00pm - 8:00pm

September 8th, 2021 - 6:00pm - 8:00pm

**Meetings are typically held the second Wednesday of each
month**

Hosted by:

South Central Los Angeles Regional Center

*Meeting locations may be online; to sign up to receive updates on
future meetings, email SelfDetermination@sclarc.org or call 323-998-
9519.*



South Central Los Angeles
Regional Center
for persons with developmental disabilities, inc.

2020 SCLARC VENDOR TRAININGS

I) COMMUNITY SERVICES

A) RESIDENTIAL SERVICES

- Vendor Expectation And Title 17 Regulations
- Medication Training
- Behavior Management Training, Part I & Part II
- Special Incident Reporting
- Nutritional Considerations For Individuals
- Person Centered Training
- Self Determination Overview

B) TECHNICAL ASSISTANCE

- SIR Small- Group Technical Assistance Training (3 Trainings, Totaling 36 Participants)
- HCBS Self-Assessment Training (18)

II) CLINICAL VENDOR TRAININGS

▪ COVID 19 RELATED TRAININGS

- Be Prepared For The Surge
- Covid 19 Guidance And Protocol

Parent Advisory Committee (PAC) Groups

Angeles Por Siempre Unidos (Cudahy)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- The group offers different socializing activities for parents such as karaoke, dancing, walking in the park (with social distancing), playing bingo, and playing loteria via Zoom.
- Meetings are held on Mondays and Wednesdays from 4 pm to 6 pm. Also, on Tuesdays and Thursdays from 6pm to 8 pm via Zoom to play bingo and loteria. Lastly on Fridays from 8 pm to 10 pm via Zoom to sing.
- Meetings are held at 4835 Clara Street Cudahy, CA 90201.
- Contact for more information:
 - Amanda Arambula – (562)608-7739 – amanda.arambula@gmail.com
 - Javier Munoz – (323)761-3966
- Spanish speaking group

Angeles Sin Límites (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 3rd Tuesday of the month from 5:30 pm to 7:30 pm via zoom (due to pandemic)
- Meetings were held (prior pandemic) every 4th Tuesday of the month from 10 am to 12 pm at the Community & Senior Center Barbara J. Riley – 7810 Quill Drive Downey, CA 90242
- Contact for more information:
 - Herlinda Rodriguez - (562) 413-4377 – hrodriguez60@yahoo.com
 - Maria Leonor Dimas – (323)369-6370 – mariadimas1@verizon.net
 - Maricela Donate – (562)746-5249 – donatemaricela@gmail.com
- Spanish speaking group

Autism Advocates in Action Support Group (Carson)

- Parent support group for families with children with autism.
- Meetings are held every 3rd Saturday of the month. No meetings in November and December due to holidays.
- Meetings are held via Zoom and at the City of Carson Library - 151 E Carson Street Carson, CA 90745
- Website: <https://autismact.org/>
- Contact for more information:
 - Renita Verner - (562)857-4300 - autismadvocatesapp@gmail.com
- English speaking group

Bugle Horn Autism Support Group

- Parent support group consists mostly of families with children and adults with autism, but all disabilities are welcome. Families participating come from 4 different regional centers (Westside, SCLARC, Lanterman, Northern).
- Meetings are held every 2nd Monday of each month from 5 pm to 6:45 pm
- Meetings are being held via Zoom (due to pandemic)
- Contact for more information:
 - Florence Bracy - (323)574-0862 - bracyflorence2013@gmail.com
- English speaking group

Down Right Blessed (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 1st Wednesday and last Thursday of every month (unless there is a major holiday).
- Meetings are held via Zoom (due to pandemic). Prior pandemic were held at Knights of Columbus Hall - 11231 Rives Ave, Downey, CA 90241
- Contact for more information:
 - Irene Cortez - (562)607-2100 - soyirene74@gmail.com
- English and Spanish speaking group

Hub City Autism Network (Compton)

- Parent support group for families with children with autism. They host events throughout the year.
- Meetings are held at 830 S. Mayo Ave Compton, CA 90221
- Website: www.hubcan.org

- Contact for more information:
 - Consuelo Evans – (424)242-3899 - hubcityautism@gmail.com
- English speaking group

Shining Stars Foundation (Downey)

- Parent support group for families with children who have services with SCLARC.
- The group offers karaoke, community presenters for parents and other social activities for SCLARC consumers.
- Meetings are held every Friday from 6 pm to 10 pm. Due to pandemic, there are currently no meetings being held as of now.
- Meetings are held at 12456 Bellflower Blvd Downey CA 90242
- Contact for more information:
 - Luz Curiel - (323)804-9315 - Luz.curiel@hotmail.com
- Spanish speaking group

Un Paso Mas (Huntington Park)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Group offers various presenter and topics covered.
- Meetings are held every Friday from 9 am to 11:30 am
- Meetings are held at 2621 Zoe Ave Suite C Huntington Park, CA 90255
- Contact for more information:
 - Emma Orozco - (323)819-4164 - emmaorozco@gmail.com
 - Ceci Granados - ceciarisper2017@gmail.com
- Spanish speaking group

Unidos con Misión y Poder (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 2nd Thursday of the month
- Meetings are held at 7360 Foster Bridge Blvd Downey, CA 90241
- Contact for more information:
 - Gledy Aceituno - (323)717-2853 - gledyaceituno@aol.com
 - Blanca Martinez - (310)748-9715 - weloveourpumpkins@yahoo.com
 - Amada Reyes - (562)842-7178 - ammycolorado64@gmail.com
- Spanish speaking group



COVID 19 VACCINATION INFORMATION MAY 2021

COVID-19 vaccinations are available at County-run sites and many community sites without an appointment. Anyone 16 and older living or working in L.A. County can get vaccinated. You should bring a photo ID with you and teens 16 and 17 should be accompanied by a parent or guardian.

The U.S. Food & Drug Administration (FDA) expanded the emergency use authorization for the Pfizer COVID-19 vaccine for adolescents 12 to 15 years of age. Los Angeles County will offer the Pfizer vaccine for 12 to 15-year-olds after the Centers for Disease Control and Prevention (CDC) affirmed the FDA recommendation.

IF YOU WANT TO BOOK A VACCINE APPOINTMENT YOURSELF:

- ✓ **LA County COVID-19 Vaccine - LA County Department of Public Health** – on this website, you can book an appointment – then you will be able to look for an appointment and search by location or type of appointment system or use a MAP to find a location nearest you.

Residents with disabilities or without computer access can call 833-540-0473 between 8:00 am and 8:30 pm 7 days a week for assistance with appointments.

- ✓ **LAC | DPH | COVID-19 Vaccination - How to get vaccinated (lacounty.gov)** - web link to book appointments.
- ✓ Many healthcare providers are also offering vaccines and many have appointments available.
- ✓ Point of Dispensing (POD) site – make an appointment at Carbon Health **<https://carbonhealth.com/covid-19-vaccines/los-angeles>** -
 - Crenshaw Clinic 1261 W. 79th Street 90044
 - Dodger Stadium

- USC 3701 Flower St LA 90007
 - LA Southwest College 1500 W. Imperial HWY LA 90047
- ✓ Local pharmacies - CVS, Ralphs pharmacy, Rite Aid, Walgreens, Walmart, Costco, Albertsons, Vons and Pavilions
 - ✓ <https://myturn.ca.gov/> Is used by LA County Public Health, FEMA and other community partners
 - ✓ For families who require in home vaccination due to the following:
 - needing help of medical equipment such as a wheelchair to safely leave the home
 - needs the help of another person to leave the home
 - uses durable medical equipment like an oxygen tank, hospital bed or ventilator on a daily basis, bed bound or chair bound
 - ID or DD that makes leaving the home to get Covid 19 vaccine difficult
 - cognitive or psychiatric condition that makes leaving the home to get C19 vaccine difficult

SCLARC is partnering with Los Angeles Fire Department (LAFD) who is taking care of in home vaccinations. You can call the call center @ 213-519-9339 or send an email to the vaccinehelp@sclarc.org and we will send a referral to LAFD to get you vaccinated.

CONTACT US: If you need help scheduling an appointment or if you have any questions regarding the vaccine, please call **213-519-9339** or email us at vaccinehelp@sclarc.org.

SCLARC Directory

South Central Los Angeles Regional Center

2500 S. Western Ave

Los Angeles, CA 90018

(213) 744-7000

www.SCLARC.org

Executive Office

Dexter Henderson, Executive Director

(213) 744-8412

Dexterh@sclarc.org

Fund Development

Maura Gibney, Chief Advancement Officer

(213) 743-3206

MauraG@sclarc.org

Family Resource Center

Crystal Smith, Manager

(213) 744-8878

CrystalS@sclarc.org

Human Resources Department

Karmell Walker, HR Director

(213) 744-8425

KarmellW@sclarc.org

Community Services and Family Supports

Dr. Kim Bowie, Director

(213) 744-8899

KimB@sclarc.org

Fair Hearing

Shantel Garcia, Manager

(213) 744-8899

ShantelG@sclarc.org

Administrative Services

Kyla Lee, Director

(417) 313-6280

KylaL@sclarc.org

Robert Johnson, Controller

(213) 744-8417

RobertJ@sclarc.org

Consumer and Support Services

Jesse Rocha, Director

(213) 744-7003

JesseR@sclarc.org

Jenice Turner, Assistant Director

(213) 744-8465

JeniceT@sclarc.org

Kimberly A. White, Chief of Case Management

(213) 743-3065

KimberlyB@sclarc.org

Teodoro Bilbao, Chief of Case Management

(213) 744-7001

TeodoroB@sclarc.org

Clinical Services

Maricel Cruzat, Director

(213) 765-3891

MaricelC@sclarc.org

Early Start Department

Kimi D. Hayes, Early Start Intake Program Manager

(213) 743-3021

KimiD@sclarc.org

Gricelda James, Lanterman Intake Program Manager

(213) 744-8868

GriceldaJ@sclarc.org

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