<u>South Central Los Angeles Regional Center Advocates Advisory Committee July 19, 2021 AAC Meeting Minutes</u>

Members in Attendance

Caycee Ricketts
Ascary Navarro
Renard Standford
Atayvia Roberts
Dora Trotter
Ana Torres
Alan Mc Dowell
Carol Erby

Others Attending

Desiree Boykin (Advocate)
Kimberly Rodgers(Advocate Specialists)
Linda Butler(WRC)
Todd Rubien

Members Absent

Sean Davison Jose Ayala Marcus Forte Raul Munoz Penelope Rodriguez

1. Call to order

- a. Caycee Ricketts (AAC President) called the meeting to order at 10:10 am
- b. Everyone introduced themselves for this meeting
- c. AAC members approved July agenda and June AAC minutes
- d. The Purpose of AAC said by Advocate Desiree Boykin
- e. The AAC Ground Rules read by AAC Treasurer Renard Standford

Desiree provided us updates on the latest ARCA- CAC Meeting

We are using Zoom as a means to communicate with one another and also hold our meetings during this time.

2. Topic: Self- Determination

- a. Our speaker Naomi Hagel talked about Self-Determination. As Self- Determination is all about deciding what you want and what you need in order to succeed
- b. She discusses about Person Centered Planning where you decides what services you want and need
- c. She also discusses Financial Management Services (FMS) as you budget what services you want to use and spend as the Regional Center provides support
- d. You don't need to use vendors as you can use your own providers as it's all about what you want as you make the choice yourself
- e. In regards to services they are COVID-19 friendly and it is safe for those who use services
- f. It's all about selecting your own services
- g. For any further information or if you have any questions, thoughts, and concerns you can email her NaomiH@sclarc.org or (323) 998-9519 to contact her.

3. Old Business

a. In the month of June, our president Caycee Ricketts talked about the Ryan White Story. As this TV movie discusses the life of Ryan White who contracted AIDS through blood transfusion. He was not allowed to return to school and fought to have the right to be at school. Other topics discussed were about Juneteenth where Caycee talked about the joy many have as it is now a federal holiday. Our treasurer Renard Stanford talked about Black Music History Month and how Hip-Hop. Blues, R&B, Soul, and Rap has made an impact even till today.

4. Announcements

- a. Events will be canceled until further notice
- b. We also have AAC Fun Chat Monday and Wednesday at 3:00pm where we all learn from each other, as well as talk with speakers, enjoy just knowing each other while sharing moments together even when practicing social distancing. Also on Friday we do the AAC Wellness Chat where we discuss about our personal updates its at 12:00pm
 - c. Westside Regional Center CAC will be meeting in the park
 - d. Self-Advocates sung Happy Birthday to Desiree
- e. On 7/29 there will be a 1 Day Virtual Workshop on Finding Balance as our own member Raul Munoz is one of the session speakers
 - f. Our next meeting is on 8/23 from 10:00am-12:00pm on Zoom

g. Stay safe and stay healthy

5. End of the meeting

a. Renard Stanford (AAC Treasurer) adjourned the meeting at 11:30am. Thank you for your support

Contacts:

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