

South Central Los Angeles Regional Center (SCLARC)

Consumer Advisory Committee (CAC)

June 22 2019 Meeting Minutes

Members in Attendance

Ascary Navarro
Anthony Chuc
Andres Jimenez
Andrew Richards
Alejandra Mateo
Andres Jimenez
Alfonso Vegas
Atayvia Roberts
Caycee Ricketts
Cesar Escamillia
DeBuior Bailey
Dora Trotter
Eva Cleveland
Glenn Jackson
Jose Ayla
James Dunham
Lynn Valentine
Morris Taylor
Renee Thomas
Sonya Bagby

Others Attending

La Cresha Davis (CSA)
Desiree Boykin (CA)
Valeria Salceda (C. R. S)
Angel Dominguez (vendor)
Daniel Oduore (vendor)
Guadalupe Barrera (parent)absent

Members Absent

Alan Mc Dowell
Alfonso Vega
Mirna Rodriguez
Antwan Jones
Jesse Warford
Angelica Alvarado
Christina Tubbs
Josue Escareno
Marybed Barrera
Manuel Marquez
Nona Williams
Jacquelyn Garner

Jacqueline Bailey
Shanna Trank
Awantae Alexander
Dylan Johnson
Andre Smith
Michael Hunter
Diedre Coleman
Jamark Jackson
Agustin Velasquez
Renard Stanford
Lanetia Peterson
Frank Suzukawa
Chekesha Washington
Laurie Serna
Yesenia Centrera
Hezekiah Powell
Jeniffer Lopez
Jonathan Rangel

1. Call to order

Ascary Navarro (CAC Secretary) called the meeting to order at 10:05 am

Everyone introduced themselves for this Ascary Navarro (CAC Secretary) called the meeting to order

- a. Everyone introduced themselves for this meeting
- b. The agenda for today was approved
- c. Caycee approved the May 2019 meeting minutes
- d. The Ground Rules/ ARCA report were read by Desiree and Caycee
- e. Desiree also talked with us about Self- Advocacy/ ARCA CAC

2. Topic: CPR/ First Aid

- a. Ms. Mary Cunningham from CPR fun+ came to discuss with us the importance of saving lives using CPR/ First Aid
- b. She showed the steps that are needed to perform CPR
 - a. Tap and Shout (notice the emergency)
 - b. Call 911 (activate EMS)
 - c. Check breathing
 - d. Provide 30 compressions
 - e. Open the airway for the person who needs CPR
 - f. Give two breaths
 - g. Continue until it is resolved
- h. The way that it is handled depends if you are an adult, child, infant (Heimlich Maneuver)
- i. She also showed us the CPR machine in case the emergency is very serious

j. Members can ask questions anytime to know more

k. In order to know more about CPR certification the training center is located at 15424 Hawthorne Blvd. #302, Lawndale, CA 90260 you can reach her at (310) 219-0779 (office) (310) 466-9164 (mobile)

f. We also talked about what members learned from being at People First Conference

3. **Old Business**

a. Our Consumer Advocate Desiree Boykin discussed with us the importance of having job skills in order to succeed in the real world

b. We all have jobs and duties in which we perform but also gain and learn skills from our employment experiences

c. Desiree discussed with us the difference between good job skills such as punctuality, organization, friendliness with the people. Even with bad job skills such as being distracted, being late, and many more

d. Consumer Service Adviser LaCresha Davis handed us out a sheet which will help consumers build their own resumes. If sent, Ms. Davis will type their resumes for them whenever they have a future job interview

a. e. We also have a short public forum with Dr. Brown discussing upcoming events and updates that are coming up

4. **Announcements**

a. The CAC meeting will be on July 22, 2019 from 10:00am-12:00pm on the 4th floor.

b. RAFFLE there will always be a raffle at the end.

c. There will be a Health Fair on July 18 from 10:00am-2:00pm at the Holman United Methodist Church which is located at 3320 W. Adams Blvd. Los Angeles, CA 90018 where you can get health screening, glucose screening, blood pressure, dental screening, visual screening, etc.. as well as food, games, activities, entertainment and many more

d. Also we are having elections coming up as we need a President, Vice President, Treasurer, and Sergeant at Arms for the CAC 2019-2021 officers term.

e. On July 23, the CAC club will be watching The Lion King from 10:00am-12:30pm and the Cinemark Baldwin Hills you can contact Desiree and LaCresha for more info to join admission is free for the first 30 who reserve their tickets get them while they're hot

5. **End of the meeting**

a. Marcus Forte (CAC Vice President) adjourned the meeting at 11:41 a.m.