# Legacy Plaza

Grand Opening Issue November 2015

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SCLARC'S Dedicated CEO Dexter Henderson



#### PAGE 12

Special Olympics Enthusiast Marco Martinez



PAGE 30 The REACH

Reaching Its Goals

Program Is



# Legacy Plaza Magazine :::

SCLARC'S FUTURE!"

THE GRAND OPENING ISSUE—"REVEALING

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## Legacy Plaza Magazine Contributors

SCLARC's Consumer Advocate **DESIREE BOYKIN** contributes to this special edition of **LEGACY PLAZA MAGAZINE** (LPM) with a spotlight on Special Olympics World Games enthusiast Marco Martinez. With his can do spirit, Martinez embodies the Special Olympics Athlete's Oath, "Let me win, but if I cannot win, let me be brave in the attempt." SCLARC's Fund Development Manager MAURA GIBNEY shares with LPM's readers how they can become part of the fundraising initiatives currently underway at the regional center. Gibney says, "With your support, we will continue to educate, and empower individuals diagnosed with developmental disabilities well into the future." Freelance writer LAUREN JONES stops by LPM's pages with a profile on SCLARC's CEO, DEXTER A. HENDERSON. The agency's Director of Community Services & Family Supports, MARSHA MITCHELL-BRAY, pens a few articles detailing SCLARC's history and revealing its future. As a journalist in her former work life, she also serves as LPMs Editor-in-Chief.







## Legacy Plaza Joins Two Legacies of Service

By MARSHA MITCHELL-BRAY Community Services Director, SCLARC

Legacy Plaza is the first major office development in four decades to be constructed in South Los Angeles. South Central Los Angeles Regional Center's new offices are a welcomed corporate and service oasis in the area. It is anticipated that the local economy will derive an added benefit as a result of the regional center's 300 employees/consultants and hundreds of stakeholder and vendor visits to this location. SCLARC first opened its doors in 1974. Within a year, the agency was serving 1,059 clients who had been diagnosed with a developmental disability on a budget of just over half a million dollars. Today, funded by the Department of Developmental Services (DDS), SCLARC provides assessment, residential, transportation and day program services to approximately 13,500 stakeholders with

a budget of \$178 million dollars. SCLARC's Leadership Team began exhaustively searching for office space in the early 2000s. This was particularly difficult within the agency's low-income service area, where few large office facilities exist or suitable vacant land existed.

With the support of a savvy predevelopment team, SCLARC was able to move forward with its dream of a new office complex. AE3 Partners was selected as the prime architect firm to develop and renovate the Legacy Plaza campus. (See Legacy Plaza Development Partners on Page 8).

The project included the renovation of the historic Golden State Mutual Life



The Historic Golden State **Mutual Building** 

Insurance Company Building and the development of a new structure that includes four levels of parking and two additional levels of office space. Together, the buildings provide approximately 100,000 square feet that comprise the Legacy Plaza campus. The new facility supports SCLARC's day-to-day operations by providing the organization with significantly improved parking, meeting capacity, and



SCLARC's New Legacy Building

expanded clinical programming space in which to conduct eligibility meetings, assessments and service coordination. By reutilizing the Golden State Building, in combination with a new parking structure and office building, SCLARC has achieved a long-term facilities plan which has enhanced operational efficiency for the agency, and will help to reinvigorate a historic neighborhood in SCLARC's service area.

In an effort to pay homage to world renowned architect Paul Williams, the first African American member of the American Institute of Architects (A.I.A), who designed the headquarters for the former Golden State Mutual Life Insurance Company, a bronze bas relief was created and placed on the lower plaza of the campus. (See pages 16 & 17)





South Central Los Angeles Regional Center



# 5 Reasons Why You Should Know About Regional Center



1. South Central Los Angeles Regional Center is here to help you by providing life long support!

- 2. We provide residential, transportation, training and day program services!
- 3. Families with infants and toddlers may be able to receive early intervention!
- 4. You will have opportunities to meet other families that understand!
- 5. We can help you advocate for your loved one!



Do you know a child who may have a developmental disability or is at-risk for developing one? If so, please contact SCLARC and ask to speak to an Intake Coordinator. For more info, call



213.744.8872

\*Ad is available in Spanish

## After 28 Years of Dedicated Service, SCLARC's CEO is Still Committed to Forward Thinking and Progress



Dexter Henderson, left, with SCLARC Administrative Assistant Irma Escobar, one of the agency's most tenured employees.

#### BY LAUREN JONES Contributing Writer

To run an agency charged with the mission of providing services and resources to individuals with developmental disabilities, it takes a person with passion, empathy, skills and a dedication to forward thinking and progress. Dexter Henderson embodies all of these qualities. After 28 years as the Executive Director and Chief Executive Officer of the South Central Los Angeles Regional Center (SCLARC), his work on behalf of those with developmental disabilities is unmatched in South Los Angeles. His entire career has been dedicated to those with special needs and has encompassed various roles.

Dexter worked for the City of L.A. in former Mayor Tom Bradley's Office of Human Resources. His six years with the city were spent creating public and private initiatives that focused on affirmative action, economic development and community enhancement programs for underrepresented groups including



Henderson, far right, with his Leadership Team Reuben Lee, Marsha Bray and Roy Doronila at Legacy Plaza during the construction phase.

youth, persons with disabilities and the aging. His ability to advocate was put to the test as he was tasked with garnering millions of dollars in federal and state funding. Those dollars put multiple disability-related initiatives in place. The scope of Henderson's reach expanded vastly in his next position as the statewide coordinator for employees with disabilities in the Chancellor's Office of the California State University system (CSU). Because of his proven diligence, he later branched out and began consulting with the City of Los Angeles.

As a consultant for the City of LA, he helped to develop a city-wide

c o m p l i a n c e program for the disabled. This work provided a seamless

transition as he joined SCLARC as its Executive Director. His background in education, business, community relations and special needs programming prepared him to assume the helm of the regional center. Continuing to hone that skill set during his three decade tenure, Dexter Henderson has partnered with the community and financial entities in order to bring his long held vision of SCLARC's headquarters to fruition. Legacy Plaza is the manifestation to his handwork and dedication.



Dexter Henderson at the groundbreaking event for SCLARC's new headquarters Legacy Plaza.

## Dr. J. Alfred Cannon: SCLARC Pioneer, Founder and Crusader for Mental Health

#### By LAUREN JONES Contributing Writer

During the progressive movements of the 1960s and '70s, parents of children with special needs and other concerned citizens were at the

forefront of a movement to ensure proper mental and developmental health care in South L.A. One such trailblazer was Dr. J. Alfred Cannon, whose life's mission was improving mental health care for low income, minority populations. In 1973, Dr. Cannon founded the Central City Community Mental Health Center, one of the first comprehensive mental health agencies to operate in South Los Angeles. A year later, the agency was awarded a contract to develop

South Central Los Angeles Regional Center (SCLARC).

The catalyst for Dr. Cannon's action came in 1965 as a result of the Watts Riots. The riots exposed what few resources were being allocated to mental health issues in the area which was largely African American. With the passing of the Community Mental Health Centers Act a few years prior, Cannon gathered a group of 22 fellow black psychiatrists to begin remedying the problem. Together, the cadre built various medical facilities in South Los Angeles including the Kedren Community Health Center and Drew Medical School. These new resources made it easier for residents of South Los Angeles to seek mental and developmental health treatment. It



should be noted that Dr. Cannon was instrumental in establishing the Frederick Douglass Child Development Center because infant development and mental health were also very important to him.

> In 1969, Dr. Cannon was named chairman of the Black Psychiatrists of America. During that same year, he and other concerned parents, professionals, elected officials and community leaders formed the South Central Mental Retardation Association. His overall work in the field of psychiatry was not just admired by colleagues and community advocates, Hollywood and academia also appreciated his brilliance. According to "Furious Cool: Richard Pryor and the World

that Made Him," the legendary comedian hired Dr. Cannon as his private psychiatrist. Cannon was also hired by UCLA and spent years as an assistant professor of psychiatry.

Cannon's passion and commitment to mental and developmental health was the catalyst for Dr. Cannon's move to Zimbabwe. There he created a thriving mental health-care system. Unfortunately, as is so often the case with those who blaze trails, his time was cut short and he suffered a fatal heart attack. He died at the age of 59. Today, the reach and legacy of Dr. J. Alfred Cannon lives on in the services and supports that South Central Los Angeles Regional Center delivers to its consumers and families annually.

## SCLARC's Executive Management Team Proves That Leadership Starts at the Top

#### BY MARSHA MITCHELL-BRAY

Community Services Director, SCLARC

As members of the Executive Management Team, Roy Doronila, Reuben Lee and Marsha Mitchell-Bray played an integral role in the development of SCLARC's new headquarters—Legacy Plaza. This \$55 million construction project was designed to enhance services, programming needs and to provide adequate space for the agency's 300 employees and consultants. The directors' combined leadership experience of more than 70 years proved invaluable in the development of Legacy Plaza.

**ROY DORONILA**—Roy Doronila joined SCLARC in January of 2009 with almost three decades of Regional Center fiscal experience. Mr. Doronila provides oversight of SCLARC's Fiscal Operations and Purchase of Service



budgets, while overseeing the daily administrative and accounting activities of the agency. His duties include general accounting, accounts payable and receivable, payroll, MIS operations, and facilities management. Additionally, he analyzes the costs associated with service delivery, conducts internal audits, and, with a staff of 28, Mr. Doronila keeps SCLARC's community informed about current financial, administrative, and information technology (IT) trends. He brings his vast fiscal knowledge to the agency's Leadership Team, thereby enhancing SCLARC's short-term and long range planning.

**REUBEN LEE**—As the Director of the Consumer Supports

Division, Reuben Lee heads up the Department of Children and Adult Services. Mr. Lee has been with SCLARC since February 1987 and has held several positions including Service Coordinator, Placement Specialist, Senior Service Coordinator, Program Manager and Assistant Director. Today, he provides oversight to the agency's entire case management, Early Start and Clinical staff. He and his team are responsible for purchasing services for SCLARC's consumers, providing reports, and conducting internal audits to ensure compliance with mandated Federal and State standards. In addition, he serves as a point of contact for Federal/State audits. Mr. Lee also participates in the review of Purchase of Service compliance standards and on select interdisciplinary review teams.



MARSHA MITCHELL-BRAY—Mrs. Mitchell-Bray is the Director of Community Services & Family Supports for SCLARC. She leads the Community Services and Community Relations Departments as well as has oversight over Fair Hearings and the



Family Resource Center. Her department is responsible for interfacing with SCLARC's consumers, staff, families and the agency's 900 service providers who assist SCLARC's 13,500 consumers. Prior to being promoted to Director in 2009, Marsha spearheaded the creation of

Friends Housing Inc., made possible through a grant from the Department of Developmental Services (DDS). Friends Housing is a non-profit support organization for the regional center that focuses on finding safe and affordable housing for consumers.



# Legacy Plaza's Development Team Members



AE3 Partners founder and Legacy Plaza lead architect Douglas Davis.

South Central Los Angeles Regional Center's new headquarters was built by a very committed, dedicated and skilled development team. The team included AE3 PARTNERS, an integrated company that provides architecture, engineering, construction management and real estate services. Founded by Douglas Davis and Rick L. Dumas, AE3 is a 17-person practice with offices in San Francisco, Oakland, Los Angeles, Kansas City and Atlanta. Their core areas of expertise include civic, commercial, hospital, infrastructure and sustainable design.

GENESIS LA brought its capital and capacity to the Legacy Plaza project as it has with many other revitalization projects in urban neighborhoods throughout Los Angeles County. As a real estate investor that directs its funding to projects

financing is where either inadequate or simply non-LA existent. Genesis has developed strategic partnerships that have allowed them to leverage more than \$450 million of investments into nearly 40 projects. **MORGAN STANLEY** was also a key financing partner on the project. Since 1935, the company has served as the preeminent financial advisor to companies, governments and investors from around the world. Morgan Stanley is

committed to being a strong, reliable partner to communities of color. As part of their commitment, they focus on creating and preserving affordable housing as well as promoting economic development and opportunities for individuals and neighborhoods in need.

Likewise **PRIMESTOR DE-VELOPMENT INC.** brought its expertise in assets management, development and construction to bear on South Central Los Angeles one-of-a-kind Regional Center's project that featured a historic renovation, a parking structure, a memorial and a brand new building. For more than 25 years, the firm has built a diverse real estate portfolio in excess of \$475 million which includes residential units, office buildings, community retail centers. and industrial properties. With an emphasis on successfully managing a project's quality, schedule, and budget, KSJ was a valuable partner on the Legacy Plaza project. This fullservice, minority-owned contractor, specializes in infrastructure, retail, entertainment, healthcare, parking, office, hospitality, and multi-family projects. Rounding out the development team is Community Impact Development II, (CID II), a partnership working to revitalize the corner of Adams Boulevard and Western Avenue in order to provide a headquarters for South Central Los Angeles Regional Center's stakeholders. (See Page 9)



# CID COMUNITY IMPACT DEVELOPMENT





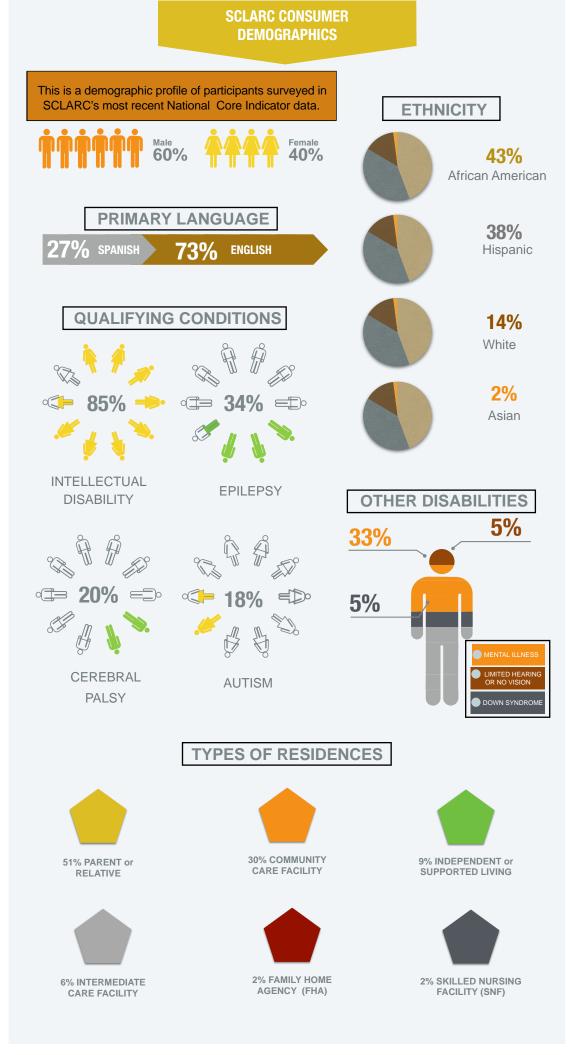


Community Impact Development (CID) 2500 S. Western Ave., Los Angeles, CA 90018 Hillary A. Henderson - (213)744-8456 www.friendsofsclarc.org



The **Community Impact Development II (CID)** partnership was formed in 2009 under Friends of SCLARC's leadership with Genesis LA Economic Growth Corporation and Morgan Stanley. CID was able to build a Legacy that will be around for several generations to come with the recent completion of SCLARC's new headquarters **LEGACY PLAZA.** The undertaking involving acquiring a property within SCLARC's service area, creating a self-contained environment to serve 300 staff and to create a welcoming environment with a secured plaza area that will be used by SCLARC and the surrounding community. Together, this vision was fulfilled with the purchase of the historic Golden State Building and the recently constructed new Legacy building. The project created a revitalized gateway to everyone that visits giving the area a sense of place, pride, purpose and an improved quality of life.





# What Are The NCIs?

The National Core Indicators (NCI) are a collaborative effort between the National Association of State Directors of **Developmental** Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI). The purpose of the program, which began in 1997, is to support NASDDDS member agencies in gathering a standard set of performance and outcome measures that can be used to track their own performance over time, to compare results across states, and to establish national benchmarks. NCI uses a survey to ask our consumers how they feel about the services they get. The survey questions are asked during a meeting with our consumers and their families in order to understand how they feel about the services they get from the State.

Based on the total number of adults (age 18 and over) who are receiving regional center services, it was determined that a target number of 400 surveys per regional center would provide a valid sample for this analysis. People who were living in a developmental center were not part of the sample. An additional group of people who had moved from developmental centers into the community in the past five vears was selected so that their results could be looked at separately. Overall, the total number of surveys completed in FY 2011-12 (CS2) across the State of California was 8.691.

## Why Are the National Core Indicators Important?

While it should be noted that the National Core Indicator (NCI) data is only a snapshot compiled from 400 South Central Los Angeles Regional Center (SCLARC) stakeholders who were surveyed, the data is helpful in determining which areas SCLARC should target for improvement over the next measurement period. This data, in conjunction with Purchase of Service data, can help focus SCLARC's priorities. Those priorities are also informed by the following criteria:

- The priority reflects those most affected (people with disabilities and their families);
- The priority area is susceptible to change within the measurement period;
- Change or reform within the priority area can be accomplished within available resources.

Priorities should be reassessed each year. Some priorities may result in multi-year efforts and others may be successfully addressed within the year. Selecting priorities does not mean that other aspects of the data are not important – they merely reflect the major targets of change over the next period of time. Once priorities have been set, SCLARC and its stakeholders—including the Consumer Advisory Committee (CAC), the Parent Advisory Committee (PAC), the Vendor Advisory Committee (VAC) and the agency's Staff Advisory Committee (SAC) can begin to concentrate on those strategies that are most likely to bring about improvement.

Once priorities have been set, SCLARC and its stakeholders can concentrate on strategies that are most likely to bring about improvement. The infographic on page 10 demonstrated that of the people surveyed in CS2 (which is FY 2011-12, the latest survey data available), 60% were males and 40% were females. Those surveyed reported their ethnicity as being 2% Asian, 43% Black or African American, 14% White, 38% other, 1% two or more, and 1% didn't know; 38% were identified as Hispanic. The primary language of people surveyed from South Central Los Angeles Regional Center 73% spoke English and 27% spoke Spanish.

The infographic also illustrates that those surveyed who receive services from South Central Los Angeles Regional Center in CS2 were diagnosed with the following conditions that qualify them for services–intellectual disability (ID) 85%, autism spectrum disorder (ASD) 18%, cerebral palsy (CP) 20%, and/or epilepsy 34%. The graphic also shows the other types of disability of people surveyed which included: mental illness 33%, brain injury 1%, limited or no vision 5%, hearing loss 2%, Down syndrome 5%, other 4%, and 13% had no other disability.

Lastly, SCLARC's National Core Indicator survey data detailed the types of residences in which SCLARC consumers live. 51% of SCLARC consumers lived with a parent or relative, 30% resided in community care facilities, 9% were able to live independently or were living with the assistance of supported living services (SLS). Additionally, 6% of the regional center's consumers lived in intermediate care facility, 2% in family homes (FHAs), and 2% in a skilled nursing facility (SNF).

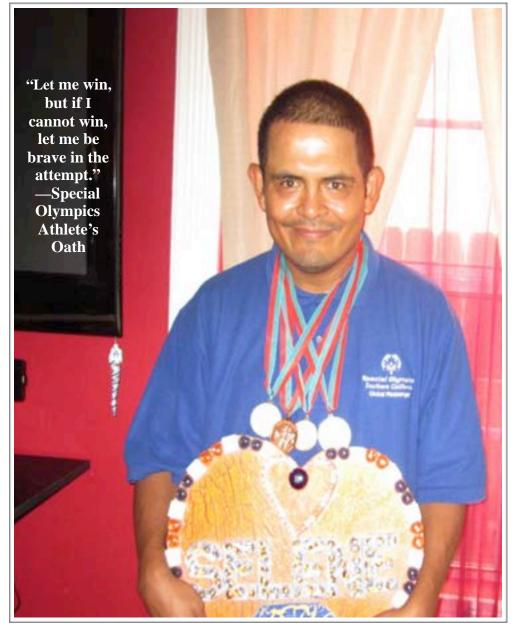
## Consumer Spotlight: Marcos Martinez

#### **By DESIREE BOYKIN**

Consumer Advocate, SCLARC Marco Martinez credits his service coordinator Lorena Jimenez, with his positive association with SCLARC. "Every step of my journey, Ms. Jimenez has helped me," he says.

Jimenez has encouraged Marco's love for sports which began at Manual Arts High School where he participated in AA Sports, a citywide provides program that special students an opportunity to stay fit and be part of a team sport. He remembers his coach, Ms. Rosalyn Williams, fondly. "Coach Williams motivated me while I was on her and field team." track Marco commented. "She is the reason that track and field is my favorite sport today." Coach Ron had his role, too. "He encouraged me to be my best, to never give up."

Marco would travel with his Pierce cross-country team to College for competitions. While Marco attended Manual Arts, Mr. Special Steven Bradley, his Education teacher, taught Marco there was various life skills: community-based instruction as well. "I learned how to ride the bus, and I took home economics," stated Marco. He graduated from Manual Arts in 1994. He now attends Abram Friedman Occupational Center, where he found his niche in art work. Marco takes the city



bus every day to get to class.

In various Special Olympics competitions, Marco has won gold, silver, and bronze medals. His fall/winter sports are bowling, floor hockey, soccer, softball, tennis and volleyball. His spring/summer sports are aquatics, track and field, basketball, golf and gymnastics. On May 28, 2011, Marco was interviewed by local television station KTLA in the segment, "The Beginning is a Beautiful Thing," as an inspiring athlete. Marco was the 2015 Special Olympics of Southern California Global Messenger, chosen by Regional Director Eloise Crawford of Los Angeles. "I stand in front of crowds and talk about what Special Olympics means to me," Marco says. He gave a half-dozen speeches to promote the Games.

Marco has met Olympic goal medalists Rafer Johnson, Bruce Jenner, and Michelle Kwan. In the future, Marco wants to become the President's Global Messenger for Special Olympics. "I would really like that," he said.

# SCLARC's Board of Directors Share Their Perspectives

South Central Los Angeles Regional Center (SCLARC) is committed to the provision of culturally and ethnically sensitive services that enhance the inherent strengths of the family and enable consumers to lead more independent



DIANA UGALDE

and productive lives in community integrated settings. As members

of SCLARC's Board of Directors, Diana Ugalde, Lara Okunubi, Alyssa Jackson and Sandra Casado offer a unique perspective to the board. They commit their time to ensure consumers have access to the resources necessary to be successful members of society. They do this by:



LARA OKUNUBI

**Supporting the executive director.** The board and the executive director work together to realize the goals of the Lanterman Act which at its core seeks to bring the entire community together to help

persons with developmental disabilities live the most productive and fulfilling lives possible. **Setting policy.** The board's primary function is to create polices that ensure SCLARC is run effectively, legally and ethically. These policies are the building blocks for the agency's executive management team, who in turn is responsible for implementation and managing the organization in accordance to the policies set by the board.

**Guiding long-range planning and development.** The board gives direction to SCLARC via long-range goals. During the planning process, the board assesses the present and future needs of SCLARC's stakeholder community in order to determine how well the agency is meeting its goals. **Raising money and monitoring finances.** As trustees for SCLARC, board members are responsible for seeing that SCLARC's revenue is spent effectively while delivering programs and services to our consumers and their families.

Our current board members continue a strong tradition of excellent service to South Central Los Angeles Regional Center including the strategic planning necessary to move and build SCLARC's new headquarters. Realizing her desire to help others, **Diana Ugalde** seeks to empower SCLARC's consumers by adding valuable consumer insight to the board's decision making processes. Diana gives presentations and trainings throughout SCLARC's service area regarding advocacy as it relates to her disability. Ms. Ugalde also owns her own business, Projecting Personalities, a graphic design firm that creates business cards and social event invitations.

Lara Okunubi, is a proud mother of four, a Nigerian naturalized citizen of the U.S., and has resided in Los Angeles since 1984. She and her late husband, Bayo Okunubi, immigrated to the U.S. with \$500 and a suitcase.



ALYSSA JACSON

Twenty years later, the company they started together (Ideal Program Services) has 50 employees who assist SCLARC's consumers and families. Mrs. Okunubi leads Ideal Program Services in its mission to help individuals who have been diagnosed with developmental disabilities achieve their best lives possible in accordance with the Lanterman Act.



(Continued on Page 14)

SANDRA CASADO

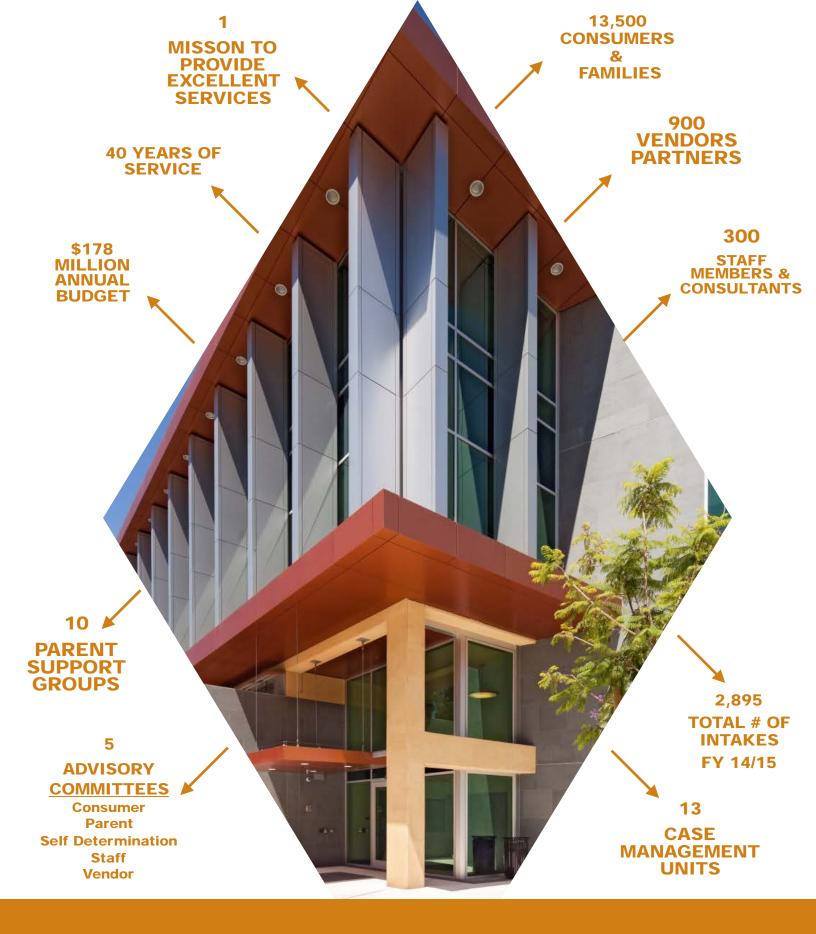
## SCLARC's Board of Directors (continued from Page 13)

Alyssa Jackson is a proud graduate of Carson High School who is currently enrolled at El Camino College, majoring in business. She hopes to complete her AA and transfer to a Cal State University. Alyssa, who has Asperger's Syndrome, wants her peers to know that the disorder does not have to "stop you from achieving your dreams, socializing or communicating with others." Alyssa also enjoys being the chair of SCLARC Consumer Advisory Committee. As such, she informs the board on the groups activities and needs for program development for our adult consumers.

**Sandra Casado** is the full-time mother of two beautiful girls, Dayanna and Emely. Dayanna was diagnosed with Down syndrome while Mrs. Casado was pregnant. "Being a parent of a child with Down syndrome has encouraged me to become a member of the Down Syndrome Association of Los Angeles," says Sandra. She is also one of the leaders of the Amor y Fortaleza Parent Support Group. The group's goal is to assist families who have children, or are expecting to have children, with Down syndrome by providing training. "As a member of the board of directors for SCLARC, I am able to help the community by being a voice for the families I meet through our parent support group. I am able to bring my knowledge and personal experiences to the board decision making process," says Casado.

For more information regarding SCLARC's Board of Directors, contact Deanna Corbin at 213-744-8877.





# **SCLARC BY THE NUMBERS**



The Paul Williams bas relief was inspired by former Los Angeles City Councilman Bernard Parks

Paul R. Williams' portfolio of public and civic buildings includes Woodrow Wilson High School, Marina Del Rey Middle School, a renovation of the Beverly Hills Hotel, the 28th Street YMCA, the Los Angeles County Courthouse, the Los Angeles County Hall of Administration, and

the Beverly Hills Saks Fifth Avenue among others. In 1939, he won the American Institute of Architects (AIA) Award of Merit for his design of the MCA Building in Los Angeles. During World War II, Mr.

Williams provided his services to the U.S. Navy contributing to the design of the Long Beach Naval Station as well as several wartime housing projects. He also designed the iconic restaurants Perino's and Chasen's that were dominant in the 1950's and 1960's social scene.

According to the Paul Williams Project, Williams designed the Golden State Mutual Life Insurance Building, SCLARC's new administrative offices, around "how it would operate." He included a 400-seat space to encompass a library, printing facilities, and training rooms for the companies insurance agents. The five story building provided a generous workflow for 300 employees and also allowed for future growth of the company which, at that time, was the seventh largest African American

insurance company in America.

In 1957, Paul R. Williams was voted the first African American Fellow of the American Institute of Architects (FAIA). Mr. Williams was also part of the team that

Paul Revere Williams was the first registered African American architect west of the Mississippi River. In the course of his prolific and dynamic career, he designed over 3,000 buildings worldwide including the Golden State Mutual Building which now houses SCLARC's administrative and executive offices.

> auditorium with state-of-the-art media systems that included special lighting controls, a cafeteria for 150 employees, and a medical department with examination and recuperation rooms. He also designed the

designed the Los Angeles International Airport Theme Building that opened in 1961 and is still standing proud at LAX!

"This is not only a historic moment, but also a transformational moment for this community because we are able to honor our past with the bas relief and also educate future generations whose roots lie deep within this community. We thank **George Toliver for her** excellent vision and passion to tell the story of Paul Williams."—Dexter Henderson, SCLARC's **Executive Director** 

" If I will allow the fact that I am a Negro to checkmate my will to do, now, I will inevitably form the habit of being defeated."

> PAUL REVERE WILLIAMS Architect, F.A.J.A. February 18, 1894 - January 23, 1980

# SCLARC's Annual Report for FY 2014-15



As an agency, South Central Los Angeles Regional Center (SCLARC) is charged with the critical tasks of raising awareness about the challenges that people with developmental disabilities face, the services SCLARC provides and developing creative and innovative programs in order to realize our mission. Our mission is to provide quality services for our consumers and their families, enabling all to lead fuller, richer lives. SCLARC recognizes its responsibilities to ensure that all of our consumers receive cost effective services that are designed to prevent or lessen the impact of a developmental disability, protect the individual's health and safety, as well as maintain the individual in the least restrictive residential setting. Services are only purchased for needs associated with the consumer's developmental disability.

Fy 13-14

\$24,268,190

\$133,829,802

\$159,660,412

\$1,562,420

Fy 14-15

\$25,536,927

\$3,044,615

\$148,672,098

\$177,253,640

Change

5.2%

11.1%

94.9%

11.0%

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In accordance with the Lanterman Act, regional center consumers must first contact generic agencies and resources for services. An example of a generic agency or resource would be a public school, the Department of Children and Family Services (DCFS), Medi-Cal, California Children's Services (CCS), County Mental Health, etc. If the consumer is denied services from a generic agency or resource, then that resource must provide SCLARC consumers with a written denial for services before SCLARC can assume the

cost of a similar service.

**Budget Summary** 

Purchase of Service (POS)

**Total Budget** 

Community Placement Plan (CPP)

Operations

Overall budget expenditures in fiscal year 2014-15 increased by 11%, while our consumer caseload grew by 5%.

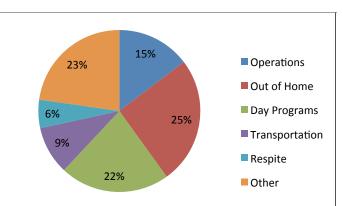


Operations	\$25,536,927
Out of Home	\$44,240,589
Day Programs	\$38,190,641
Transportation	\$16,736,058
Respite	\$9,876,860
Other	\$39,627,951

\*Does not include Community Placement Plan Allocation

#### SCLARC Annual Report Fiscal Year 2014-15

#### Expenditures

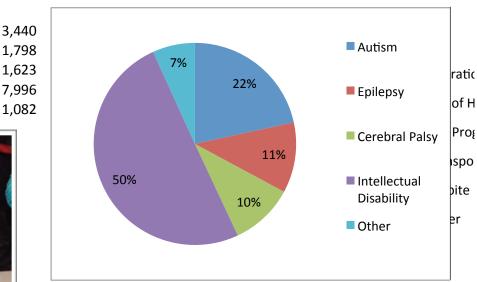


\*Does not include Community Placement Plan Allocation

A developmental disability is a condition that originates before the person reaches age 18, is expected to continue indefinitely, and constitutes a substantial impairment. There are five categories of disability for which the regional center provides funding and services: intellectual disability (ID), cerebral palsy (CP), epilepsy, autism and other disabling conditions closely related to intellectual disability or requiring similar treatments.

Under the Lanterman Developmental Disabilities Services Act, the "state of California accepts responsibility for persons with developmental disabilities and has an obligation to them which it must discharge." To do so, regional centers were established in 1966. Today, there are 21 centers throughout the state of California, serving more than 270,000 individuals who have been diagnosed as having special needs. Each regional center contracts with the Department of Developmental Services (DDS) to coordinate services.

Currently, SCLARC serves approximately 13,500 consumers. The agency provides intake and assessment for diagnosis and eligibility determination, individualized planning, coordination of services, advocacy, family support, assurance of service quality through monitoring, as well as auditing, technical assistance and training to its service providers. All services are provided without regard to family income.



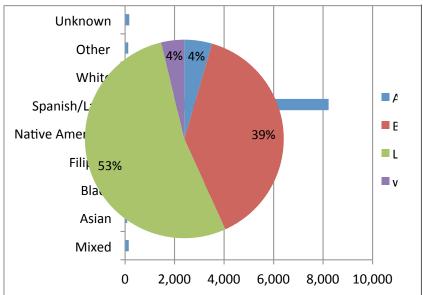
#### **Consumer Disability**

Cerebral Palsy 1, Intellectual Disability 7, Other 1,

Autism

Epilepsy





Mixed	145
Asian	82
Black	3,583
Filipino	53
Native American	9
Spanish/Latin	8,226
White	485
Other	125
Unknown	167

## Service Coordination is at the Heart of SCLARC

SCLARC contracts with the State Department of Developmental Services (DDS) to coordinate services for individuals with developmental disabilities and their families. SCLARC is one of 21 regional centers serving communities throughout California. One of our goals is to ensure that individuals who are eligible to receive services (consumers) are assisted in living the highest quality life possible in their communities. Any person may call the regional center and talk to an Intake Assistant or make a referral. Referrals may be made by parents, guardians, conservators or self-referred individuals.



Once South Central Los Angeles Regional Center determines

that a person is eligible for services, SCLARC's Service Coordinators form a partnership with consumers and families to plan needed services and programs. The amount and level of services depend upon an individual's needs. Service Coordinators help consumers and families navigate the regional center system as well as other

Any person may call the Regional Center and talk to an Intake Assistant or make a referral. generic services like school districts, SSI etc. Service coordination, in some instances, is not all about programming. Often times, service coordination is demonstrated through moral support. Like the time Service Coordinator Rosario Saldana, who has been selected in the past as a SCLARC Customer Service Awardee because of her commitment and dedication, was working with a family and the consumer's mother passed away. The father was grief-stricken, angry and overwhelmed. He requested his child's case be closed.

Rosario, understanding that this father was grieving, decided not to close the case. She understood the needs of the family and SCLARC's consumer. She also knew the consumer was about to make the difficult transition from public school to adulthood. After waiting 60 days to give the father time to process the family's loss, she called him back. She found he was in a better place emotionally and was able to focus on his child's needs.



Together, they scheduled the transitional Individual Education Plan (IEP) meeting to create a plan for the consumer to exit school. SCLARC's service coordinators assist in providing a wide array of services and programs including:

- Infant Development and Pre-School Programs
- Adult Day Programs
- Residential Placement
- Independent Living Skills Training, and
- Employment Programs

# **SCLARC Moves into Legacy Plaza**





















If you would like more information on developmental disabilities or South Central Los Angeles Regional Center, please visit www.sclarc.org

# **SCLARC's Family Resource Center**

Promoting empowerment, education and advocacy















The South Central Los Angeles Regional Center's Family Resource Center (FRC) serves as a central point of contact for infants and toddlers ages birth to three and their parents or caregivers. It provides such services as peer-to-peer support, play dates, educational workshops, referrals to generic and community resources, family/professional collaborations, and training regarding low incidence disabilities. The FRC implements this program with input from parents, the FRC Advisory Board and the Early Start stakeholder community.

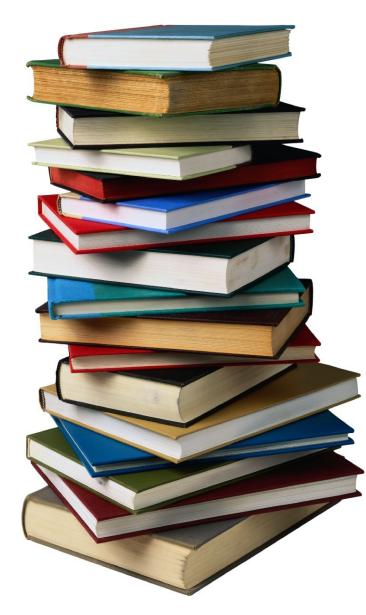
FRC work includes activities such as ongoing trainings and supports for families, parentto-parent support, outreach through community presentations, resources via computer, books loans, brochures, DVDs, videos, parent groups and one-on-one peer supports via telephone or private meetings per parent request. The FRC also hosts a yearly Information Fair for the purpose of informing parents of regional center services as well as existing generic community programs that provide various services to Early Start children birth to age three. Monthly parent education support groups offer presentations from professionals on subjects of interest to parents such as behavior, parent rights under Early Start, communication, sensory issues, and disability-specific topics. The FRC provides new parent orientations throughout the year to inform parents about the Early Start program, regional center services, their legal rights, and FRC services and supports.

Community support for the FRC Plan is provided on an ongoing basis by representatives from Regional Center, Special Education Local Plan Areas (LAUSD and LACOE), Public Health, Public Social Services, public Alcohol and Drug programs, local Mental Health organizations, Head Start and Early Head Start program representatives, and parent representatives. IDEA Part C funds are used exclusively to serve eligible infants and toddlers, birth to age 3 and their families. However, SCLARC fundraises (See Page 25) and accesses grant funding to expand services for children over three years old that are also delivered through the FRC. Family Resource Center Programs and events for these families include:

- Dental screenings with a licensed dentist who specializes in serving children with delays and/or developmental needs
- Back-2-School events for SCLARC consumers
- Annual Holiday, Informational and Resource Fairs
- Monthly parent trainings
- Quarterly play dates
- Monthly Literacy Labs for parents of children 0 5

The South Central Los Angeles Regional Center's Family Resource Center Lending Library

2500 South Western Avenue 3rd Floor Los Angeles, CA 90018 (213) 744-8882





## South Central Los Angeles Regional Center

for persons with developmental disabilities, inc.

**Now Open** 

The FRC Lending Library is available to SCLARC's entire community:

- Consumers
- Parents
- Care-providers
- Vendors
- Community partners
- Consultants
- Staff

Open: Monday—Friday 9:00 a.m. to 4:30 p.m.















# **Using People First Language**

Promoting awareness, respect and inclusion

Nationwide, approximately 4.6 million Americans have been diagnosed with a developmental disability. South Central Los Angeles Regional Center (SCLARC) is one (1) of 21 private, non-profit centers contracting with the State of California, specifically with the Department of Developmental Services (DDS), to provide diagnosis, evaluation, case management and life-long planning to individuals who are developmentally disabled. Currently, the agency serves over 13,500 people who have been diagnosed with a developmental disability.

Many times, the first part of the regional center's job is explaining "What is a developmental disability?" Our hope is that through education and support, many fears and false public assumptions can be replaced with awareness, understanding, and greater inclusion. It is, after all, often a lack of knowledge and attitudinal barriers that isolate people who have been diagnosed with developmental disabilities. Many of the barriers can be directly attributed to the hurtful language used to marginalize those served by regional centers.

Using people first language can go a long way in tearing down those barriers. "People First" language is a reflection of how people see each other. That is why the words we use can hurt. It is also why responsible communicators are now choosing language which reflects the dignity of people with disabilities--words that put the person first, rather than the disability. For instance you can say "a woman who has a disability" rather than "a disabled woman." Avoid words like "unfortunate," "afflicted," and "victim." Also, avoid casting a person with a disability as a superhuman model of courage. People with disabilities are people, not tragic figures.

A developmental disability is not a disease. Do not mention "symptoms," "patients," or "treatment," unless the person you are describing has an illness as well as a disability. Use common sense. Avoid terms with obvious negative or judgmental connotations, such as "crippled," "deaf and dumb," "lame," and "defective."

If you are not sure how to refer to a person's condition, ask. And, if the disability is not relevant to your conversation, why mention it at all? Never refer to a person as "confined to a wheelchair." Wheelchairs enable people to escape confinement. People with mobility impairments "use" a wheelchair. Also, describe people without disabilities as "typical" rather than "normal."

*—Article from <u>http://www.ncbdd.org/</u>* resources/people-first-language.

## O.V. Smith-A South Los Angeles Icon

#### By MARSHA MITCHELL- BRAY

Community Services Director, SCLARC

O.V. Smith, founder of Southern California Carehome Operators (SOCCO) and longtime disabilities advocate passed away on March 14, 2014. For more than 50 years, Ms. Smith was committed to ensuring quality care to regional center consumers and protecting the rights of residential facility providers. She will forever be celebrated as a champion for her many efforts of establishing the rights of those diagnosed with a developmental disability and changing the standards and quality of their care to reflect more positive outcomes.

Ms. Smith was a relentless advocate for quality care for those with special needs. She was at the vanguard for creating much needed resources within the community. It should be noted that O.V.'s Willing Workers is one of the oldest adult day programs in the state of California. Established in 1969, Willing Workers offers job training and vocational rehabilitation to SCLARC's adult consumers. The program encourages and supports participants in acquiring motor, communicative, emotional, social, cognitive, vocational and independent living skills in order to foster greater independence.

In October of 2008, Mrs. Smith and Willing Workers hosted a memorable building dedication ceremony at their iconic edifice to celebrate 40 years of committed service to those with special needs.

"During this milestone, we are grateful to look back and witness the countless numbers of individuals we have helped that are now living independently and at



O.V. Smith (front row, center) surrounded by local, state and federal officials honoring her for her life-long work on behalf of those with special needs.

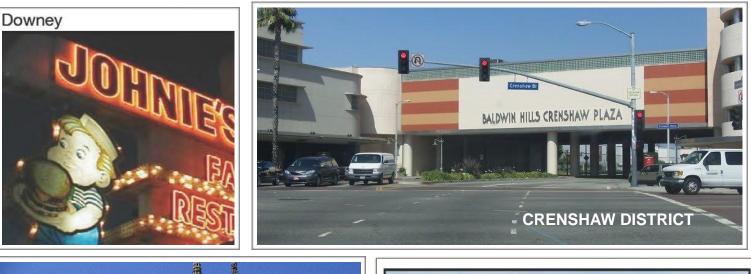
their highest potential," said Ms. Smith at the 40th Anniversary event that was aptly entitled "The Moving Forward Building De-dication."

Always one to move forward, Ms. Smith was instrumental in creating legislation that called for home care operators (residential facility operators) to maintain continuing education credits in order to become licensed providers. With the support of then state Assemblywoman Maxine Waters, she was instrumental in writing AB 2701 which was the first bill of its kind.

A licensed residential provider for SCLARC for three decades. O.V. was also the President of SOCCO for more than 40 years. Her leadership and activism led to sweeping changes in the kinds of services that were provided to those diagnosed with an intellectually disability living in South Los Angeles in the early 1970s. Ms. Smith had a resounding and positive impact on the community as a whole and she was instrumental in working with Dr. J. Alfred Cannon, the founder of Central City Community Mental Health Center (CCCMHC), being awarded the first contract to provide regional center services to South Los Angeles. Once Central City was awarded the contract by the State, Ms. Smith became an integral figure on SCLARC's landscape.

O.V. Smith was without a doubt a determined trailblazer and her passion and tenacity is sorely missed.

# **SCLARC Believes Special Needs Deserve Special Attention**









#### **SCLARC's Mission**

SCLARC believes special needs deserve special attention. We are committed to the provision of culturally sensitive services which enhance the inherent strengths of the family and enable consumers to lead independent and productive lives.

We are proud to be in partnership with the communities of Paramount, Cudahy, Downey, Huntington Park, South Gate, Compton and Carson as well as the Los Angeles communities of Watts, the Crenshaw District, Hyde Park, Leimert Park, View Park and Baldwin Hills.

## Making a Difference One Consumer at a Time

## Friends of SCLARC Programmatic Activities

Thanksgiving Food Baskets--For more than 20 years, members of The Los Angeles Drifters have donated holiday food baskets to South Central Los Angeles Regional Center's neediest families during the season of thanks; giving them the ability to prepare holiday meals for which they are immensely grateful. Friends of SCLARC now solicits corporate and community partners to include a gift card in each basket.

Christmas Give-A-Way--Friends of SCLARC helps make the holidays special for children with developmental disabilities and their families by providing food, clothing and toys due in large part to the generosity and support of companies such as The Walt Disney Company, Hasbro and Jakks Cares.

\$1-A-Day Campaign--Many of SCLARC's stakeholders struggle to survive on less than \$10,000 annually while faced with the challenges of securing services. They have come to depend on food and clothing donations that, in past years, South Central Los Angeles Regional Center was able to provide from private sources. In recent years, those private donations have all but disappeared.

By donating to our "\$1-A-Day" Campaign, that's \$365 annually, Friends of SCLARC, Inc. will take that \$1 and do the greatest good among our most underserved families. Your donations will facilitate the purchase of food, emergency shelter, durable medical goods and other equipment necessary for SCLARC consumers to lead the most productive lives possible. The impact of your gift will have an exponential effect that will empower those served—which, of course, is the greatest gift of all.

Easter Basket Give-A-Way--In an effort to bring joy to the faces of South Central Los Angeles Regional Center consumers, Friends of SCLARC donates Easter baskets in partnership with organizations like Hand in Hand Incorporated. Hand in Hand believes there's no better gift than the smile on a child's face.

**Backpack Give-A-Way**—Friends of SCLARC, with the very generous donations from our community partners, sends children back to school each year prepared and ready to learn via our Backpack Giveaway. The goal is to make it easier for South Central Los Angeles Regional Center families to send their children into the classroom with the tools and items necessary to succeed in completing class and homework. To do that, the backpacks are filled with school supplies. SCLARC consumers, ranging in age from five to 19-years-old, benefit as do their typically functioning siblings. In this way, Friends of SCLARC promotes academic excellence for the entire family. Contributions from this initiative supported 300 families and their children as they began the new school year.





## **SCLARC's Current Fund Development Initiatives**



BY MAURA GIBNEY Chief Advancement Officer, SCLARC

It is SCLARC's mandate to ensure that the 13,500 children and adults diagnosed with developmental disabilities we serve receive the support they need to live as independently as possible, remain in their own communities, and achieve their fullest potential. While the majority of SCLARC's services are provided through a contract with the Department of Developmental Services (DDS), many vital supports fall outside of the scope of state funding. Having served South and Southeast Los Angeles for over 40 years, SCLARC knows supporting the entire family is needed in order for our clients to reach their goals.

In an effort to meet the needs of our stakeholders, SCLARC has recently launched a fundraising campaign to support various initiatives that improve the overall well being of our clients and their families. While a total of fourteen services are supported through the Charitable Programs Fund, a few can be highlighted for their vital importance to our families.

The Family Resource Center (FRC) serves families caring for children diagnosed with developmental disabilities and delays. Parent Advocates offer parents support in understanding and coping with their child's diagnosis. The SCLARC Charitable Programs Fund will provide funding for the expansion of advocacy and education programs, building better parent leaders, and will continue funding for Sibling Support Groups, which offer peer support to children with a sibling who is disabled.

## **SCLARC's Current Funding Initiatives**



The Family Resource Center hosts quarterly play dates so that consumers and families have the opportunity to learn and grow together.

about developmental disabilities and to provide resources and education to peers. The support of the Fund will offer the CAC expanded advocacy and education trainings, and increased opportunities for socialization activities, which offer adult SCLARC clients with supported community outings. These activities, including movie nights and gatherings at local restaurants, give adults with developmental disabilities the opportunity to socialize and have fun with peers while strengthening their ability to participate in their local community.

Our fundraising initiatives fundamentally improve the lives of the clients we serve while establishing a permanent sustainable development effort to guide SCLARC through the next 40 years. We invite you to join us through consideration of a contribution, participation in the Legacy Room Naming Campaign or through planned giving. With your assistance, SCLARC can achieve our current goals and so much more.

#### (continued from Page 28)

SCLARC's early developmental screening program offers at risk children, between birth to five years old, increased access to screenings for developmental delays and ensures that children are connected to invaluable early intervention services. The earlier children who are at risk for autism connect with specialized support services, the more successful they will be in addressing their delays. To sustain this important program, long-term funding is needed. In addition, the purchase of an outreach van, to be used for mobile screenings, will further SCLARC's effort to reach those children who have fallen through the cracks, providing early screenings at parks, libraries and in children's home communities.

The Consumer Advisory Committee (CAC) is comprised of SCLARC clients whose mission is to raise awareness

#### SCLARC Charitable Programs Fund supports a variety of services vital to ensuring positive outcomes for children and adults diagnosed with developmental disabilities. The programs covered by the fund include:

- Family Resource Center Programs
- Sibling Support
- Dental Clinic
- Mobility and Wellness Center
- Early Developmental Screening
- Autism Education & Outreach
- Consumer Advocacy Support
- Health Screening Program
- Mobile Screening and Outreach Van
- Mental Health & Infant Mental Health
- Satellite Offices
- Parent Support Groups

Please contact Maura Gibney, Chief Advancement Officer at 213. 743.3206 or <u>maurag@sclarc.org</u>

# **SCLARC Helps Its Community REACH for Better Diagnosis and Treatment**

In 2013, South Central Los Angeles Regional Center for Developmentally Disabled Persons, Inc. (SCLARC) was selected by First 5 LA under the Early Identification of and Referrals to Early Intervention Services for Autism and Other Developmental Delays

Request For Proposal. The goal of the RFP was to increase developmental screenings of children in underserved communities, create access to intervention services, resources and supports, and to provide educational opportunities and awareness regarding typical developmental milestones.

"South Central Los Angeles Regional Center is excited to have been chosen. We know outcomes are better, across the board, when children who are at-risk of a developmental disability have access to early intervention services," says Dexter A. Henderson, Executive Director of SCLARC.

One of 21 regional centers contracted by the state of California to provide services to people with special needs,



the agency currently serves approximately 13,500 people living in the cities of Paramount, Cudahy, Downey, Bell Gardens, Huntington Park, South Gate, Compton and Carson, as well as the Los Angeles communities of Watts, the Crenshaw District, Leimert Park, View Park and Baldwin Hills. Since 1974, SCLARC has served people diagnosed with an intellectual disability, cerebral palsy, epilepsy and autism. The organization has witnessed a continued rise in the incidence of young children being diagnosed with an Autism Spectrum Disorder (ASD).

Nationally, it is estimated that 1 in 88 children are diagnosed with autism. With the funding it receives from First 5 LA, SCLARC established the Resources, Education, Advocacy and Community Help (REACH) Program in order to identify, screen, and refer children birth to five in underserved areas throughout South Los Angeles. It also provides resource and referral services for parent support and education.

The goals and objectives of SCLARC's REACH program are to close the gap in services to children diagnosed with ASD and DD by providing early screening services to families who are not currently connecting with their local regional center or other early education programs for developmental screening and education. To date, REACH has:

- Increased developmental screenings to children in underserved communities throughout South and Southeast Los Angles with more than 1,071 children screened since the program began.
- Facilitated connections with the appropriate intervention services for children who failed developmental screenings.
- Created parent support and educational opportunities for families caring for a child with special needs as identified by developmental screenings.
- Increased opportunities for parent education on typical developmental milestones and recognizing red flags for Autism Spectrum Disorders (ASD) and other developmental delays.

If we don't talk about it ... and we don't hear about it ... how will we ever learn to recognize autism?



Do you know a child who may have a developmental disability or is at-risk for developing one?



If so, please contact SCLARC at 213.744.8872 or visit us at www.sclarc.org for more information.



South Central Los Angeles Regional Center, and Friends of SCLARC, Inc., would like to thank our Grand Opening Sponsors: City National Bank Risk Management Express, LLC (RMX) SCLARC Vendor Advisory Committee KSJ Construction Brotherhood Crusade Friends of SCLARC, Inc.

We also thank our SCLARC Charitable Programs Fund

**Naming Sponsors** 

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James Bradford & Sathara Bailey Choices R US and Paving the Way

> Renee Tims Wright Road

Betty & Oswald Walkes Passport to Learning

Stephanie & Malcolm Dinwiddie Spirit Children's Services

Henderson Family Trust

For information on how you can support SCLARC Charitable Programs, please contact Maura McGinnis Gibney at (213) 743-3206 or maurag@sclarc.org.