

**South Central Los Angeles Regional Center (SCLARC)**

**Consumer Advisory Committee (CAC)**

**Meeting Minutes**

**March 25, 2019**

**Members in Attendance**

Marybed Barrera  
Marcus Forte  
Jose Ayla  
Frank Suzukawa  
Kimberly Jones  
Sonya Bagby  
Chekesha Washington  
Glen Jackson  
Agustin Velasquez  
Dora Trotter  
Alan Mc Dowell  
Caycee Ricketts  
Renard Stanford  
Anna Torres  
Eva Cleveland  
Lanetia Peterson  
Atayvia Roberts

**Others Attending**

La Cresha Davis (CSA)  
Valeria Salceda (CRS)  
Karmell Walker (FA)  
Guadalupe Barrera (parent)  
Maria Lopez (parent)  
Angel Dominguez (vendor)  
Desiree Boykin (CA)

**Members Absent**

Anthony Chuc  
Ascary Navarro  
Alfonso Vega  
Nona Williams  
Jacquelyn Garner  
Andrew Richards  
Jacqueline Bailey  
Shanna Trank  
Awantae Alexander  
Renee Thomas  
Dylan Johnson  
Andre Smith  
Morris Taylor  
Michael Hunter  
Diedre Coleman  
DeBuior Bailey  
Jamark Jackson

### **1. Call to order**

Desiree Boykin (Consumer Advocate) called the meeting to order at 10:10am

- a. Everyone introduced themselves for this meeting
- b. The CAC members approved the February minutes and March agenda.
- c. The ground rules were stated to the CAC members
- d. CAC members gave input to Valeria Salceda Community Relationship Specialist and Karmell Walker Fair Manager for the legislative forum SCLARC will be hosting.

### **2. Topic: Healthy Eating**

- a. Speaker LaCresha Davis (Consumer Service Advisor) discusses with us the importance of eating healthy. She went over the Planted based options power point. She gave recommendations to the CAC members to prepare food with using vegetables. CAC members were give recipes to try at home. CAC members had questions on .

### **3. Old Business**

- a. Speaker Paul Green from Primerica discusses with us the importance of planning our finances
- b. He works for Primerica which deals with financial planning as well as discussing the importance of Rent, Food, Work, and many things that are affecting us
- c. He discusses the importance of creating a plan to become financially independent such as having income coming in to pay rent, bills, also have enough to pay for the things we need phone, house, etc.
- d. We all have different financial situations which according to our work he discusses a financial analysis to set up goals, payment plans, as well knowing our needs and wants.
- e. He also make sure to see both the pros and cons about our financial situation it's important to pay everything but also use a credit to establish credit but pay it off.
- f. It's important to know our surroundings in terms getting credit, paying for our expenses, also getting the latest fashion trend, but also knows our own financial situation in order to be safe and make smart choices in terms of planning loans, paying credit and many more.
- g. Be mindful of what plans you can do because you can jump to a problematic situation such as interest, loan, and debt
- h. Also we also learn that banks make money off of us
- i. Our members asked questions here and there but also discuss the financial success stories such as traveling, working for an apartment, and many more to inform themselves but also learn from one another.
- j. Save up also creates a savings account of what you need in the long run.
- k. He also provided us a planner to see what goals we can have by planning things carefully knowing both the positive and negative outcomes, but also the time we can do to make the goal happen

**4. Announcements**

- a. The CAC meeting will be on April 22, 2019 from 10:00am-12:00pm on the 4<sup>th</sup> floor.
- b. There was a raffle at the end.
- c. Supported Life Conference: May 3-4, 2019 in Sacramento
- d. People First Conference June 7-9, 2019 in Sacramento

**5. End of the meeting**

- a. Marcus Forte (CAC Vice President) adjourned the meeting at 11:30 a.m.