

South Central Los Angeles Regional Center (SCLARC)

Consumer Advisory Committee (CAC)

October 28, 2019 Meeting Minutes

Members in Attendance

Caycee Ricketts
Marcus Forte
Ascary Navarro
Dora Trotter
Morris Taylor
Anjola Diya
Andres Jimenez
Andrew Richards
Ana Torres
Agustin Velasquez
Atayvia Roberts
Eva Cleveland
Efrain Luna
Glenn Jackson
Lanetia Peterson
Jose Ayla
Jacquelyn Garner
Renard Stanford
Roberto Monthlro

Members Absent

Alan McDowell
Anthony Chuc
Alfonso Vega
Diedre Coleman
Marybed Barrera
Dylan Johnson
Andre Smith
Michael Hunter
Jamark Jackson
Agustin Velasquez
Frank Suzukawa
Chekesha Washington
Laurie Serna
Yesenia Centrerera
Hezekiah Powell

Others Attending

Desiree Boykin (CA)
Kimberly Rodgers (CSA)
Chris Soto (CS)
Valeria Salceda (CS)
Kimberly Bernardez Chief DCSA
Shantel Garcia (SC)
Justin Sheldon Access

1. Call to order

Caycee Ricketts (CAC President) called the meeting to order at 10:05 am

- a. Everyone introduced themselves for this meeting
- b. The agenda for today was approved
- c. CAC members approved September 2019 meeting minutes
- d. Purpose of the CAC/ The Ground rules were read by Desiree and Dora
- e. Self- Advocacy IPP changes by Shantel Garcia

2. Topic: Access Services

- a. Justin Shelton (Access Services) is a transportation agency that helps provide transportation services for those who have disabilities who cannot access a car or a bus.
- b. Eligibility is decided based one's ability to use transportation
- c. It's a curb-to-curb meaning that many can ride the same car (similar to Uber pool)
- d. The fares depend but it is important to make a reservation the day before if you want to apply to Access it is accessla.org or (800) 827-0829 for more information in regards to payment, application, and many more.
- e. An in-personal evaluation is required for those who applied and you will receive an ID number and it requires waiting 7 days
- f. You can also ask if you can ride outside of LA. Access services are different not just in LA but everywhere, were always here to help you out.
- g. Shantel Garcia talked about the current update of the IPP which determine our personal updates and goals by making it easier to understand in regards to our current situation such as more hours, better understanding, updating our information, language, etc.,
- h. Kimberly Bernardez Chief of Case Management explain the dangers of smoking .
There is also a non-smoking campaign we are planning to help consumers to stop smoking

3. Old Business

- a. In the month of September, we discussed with employment specialist Ebony Montgomery as she discusses with us the importance of having a job.
- b. There are programs and laws that help such as Employment First and Workforce Innovation & Opportunity Act which help seek employment in our field of choice as well as make sure that we have a right to have a job but also be a part of the community that surrounds us
- c. There are different types of employment Internships, Integrated Employment, Customized Employment, and Micro-enterprise in which one can work in a community or have their own business.
 - d. Before we discussed our topic Early Start Outreach Service Coordinator Kiera Lopez talked with us about CalFresh (formerly Food Stamps) and the importance to buy groceries and the application process to be apart of the program as well as gives us dates to apply to the program.
 - e. Olga Rama from Best Buddies is here to inform us to join Best Buddies with USC to create incredible friendships with USC students one by one, job development, and inclusive living as they can meet once a month or weekly. On October 8th from 5:00-7:00pm Best Buddies will be having a Fall Meetup here at USC as there will be fun and treats.

f. On October 9-11 we attended the Supported Life Conference in Sacramento where we learned a lot of stuff

4. Announcements

a. On October 25, there is a course in regards to Internet Safety Training from 10:00-12:00pm here at SCLARC

c. On October 30, we will have an outing at Olvera Street to celebrate “Dia de los Muertos” from 3:00-5:00pm

d. Best Buddies meets up on November 4 from 5:00-7:00pm here at USC

e. On November 6, there is a classed called “Introduction to Person Centered Thinking” which is ran from 4:00-6:00pm here at SCLARC, For more info contact Zaydda Meza at (323) 998- 9494 or ZayddaM@sclarc.org

f. On November 15 The CAC club will have movie day here at the auditorium here at SCLARC as we will watch Aladdin from 11:00am-1:00pm we will have pizza and popcorn.

g. On November 18, we will have the CAC meeting from 10:00am-12:00pm here on the 4th floor here at SCLARC

h. On November 22 the state will allow more people to join the self-determination program you can discuss with your service coordinator, in June 2021 more doors are open to those who receive services to be a part of self-determination.

5. End of the meeting

a. Marcus Forte (CAC Vice President) adjourned the meeting at 11:20 a.m.

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