

# Person-Centered Planning Resources

## Publications and Online Resources

- ["It's My Choice"](#) by Bill Allen, published by Department of Health and Human Services, Administration on Intellectual and Developmental Disabilities, Minnesota – a workbook with tools for person-centered planning
- [Person-Centered Planning: Pathways to Your Future – A toolkit for anyone interested in Person-Centered Planning](#), Sonoran University Center for Excellence in Disabilities, Department of Family & Community Medicine, University of Arizona – an overview of the person-centered planning process with tips for those in an individual's circle of support
- [Person Centered Planning Education](#) by Cornell University Employment and Disability Institute – courses with readings, activities, resources, and quizzes
- [Person Centered Planning](#) from PACER's National Parent Center on Transition and Employment – a brief summary of the planning process with additional links and resources
- [5 Key Parts of Person-Centered Planning: An Easy Read Guide](#) – a plain language guide to the principles of person-centered planning

## YouTube Videos

- [Sally Burton-Hoyle's presentation at the California Self-Determination Conference in 2014](#) – why person-centered planning is critical for Self-Determination, witness a person-centered plan, and other videos (58:13 minutes)
- [Sally Burton-Hoyle presentation for the Michigan Alliance for Families](#) – a webinar that focuses on person-centered planning (53:26 minutes)
- [Video on Person-Centered Planning with Beth Mount](#) – a visually creative take on person-centered planning (2:10 minutes)
- [Larry's Story, His Person-Centered Plan](#) – the story of an individual, in his own words, who has changed his life through person-centered planning (5:24 minutes)
- [5 Key Parts of Person-Centered Planning](#) – Presents the plain language guide listed above (4:26 minutes)
- [Video on Person-Centered Planning produced by parents with adult children](#) – Ed Holen and Sue Elliott introduce several planning tools and an interview with a parent and her daughter who discuss how planning tools are important to them (5:10 minutes)