



2022 Supplemental Material



Headquarters

2500 S. Western Ave.

Los Angeles, CA 90018

Satellite Office

12226 Garfield Ave.

South Gate, CA 90280

South Central Los Angeles Regional Center

POS Service Data

FY 2020-2021 Public Forum

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SCLARC's Mission

SCLARC believes special needs deserve special attention. We are committed to the provision of culturally sensitive services which enhance the inherent strengths of the family and enable the individuals we serve to lead independent and productive lives.

Purpose

Service Data FY 2020-2021

In FY 2012-13 a law was passed (WIC 4519.5) requiring the Department of Developmental Services (DDS) and all Regional Centers to annually compile data relating to Purchase of Services authorizations, utilizations, and expenditures by age group, ethnicity, primary language, and disability.

This law was passed because Legislators were concerned about the disparity in funding for the services provided to specific ethnic groups.

Advocates believe by sharing and analyzing this data each year, we will better understand the disparity in services so that we can better meet the needs of our stakeholders and more effectively deliver services to the individuals we serve who experience the greatest differences in funding.

Connecting with the Regional Center

Who can I contact if I have questions regarding the regional center as an individual you serve or as a parent/guardian/conservator of the individual you serve?

- If you have a question regarding your services, call your Service Coordinator at their direct number.
- If you do not know your Service Coordinator's phone number, dial SCLARC's main number at **213-744-7000**.
- If you call your service coordinator and they do not answer, please leave a message with a number where you may be reached. *He/she will return your phone call within 24-48 hours.*
- If you are not able to leave a message, ask to speak with the Officer of the Day (OD) for your Service Coordinator's Unit.
- If you do not hear from your Service Coordinator within 24-48 hours, call their Program Manager. They will return your phone call within 24-48 hours.
- If you are having difficulties connecting with your Service Coordinator and/or to discuss any other case management concerns/issues, you may contact SCLACC's Helpline at 1 (833) 725-2721 or send an email to cmhelp@sclarc.org.
- For a full list of SCLARC's Management, please turn to page 74 of this document.

POS Cost Statement

Welfare and Institutions Code § 4648 (h):

Regional Centers shall provide an annual statement to those who receive services, his or her parents, legal guardian, conservator, or authorized representative.

- The annual statement is provided to ensure services are in fact provided.
- The statement includes the type, unit, month, and cost of all services and supports purchased. The statement documents services and supports purchased by fiscal year - July 1st to June 30th.
- The services are purchased from vendors authorized by the Regional Center.
- The services may include assessments and other clinical services performed at the Regional Center.
- If you have not received the POS statement for 2019-2020, or have questions about the document please contact your service coordinator.

Please see the annotated version of the cost statement below:

READING THE POS STATEMENT

1	Service: 880 TRANS ADDITIONAL COM												2	Provider: [REDACTED]												3	Rate: [REDACTED]											
4	Costs Per Month	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June																									
5	Units Per Month	21	22	19	21	20	18	21	19	22	20	21	20																									
6	Year To Date Total:												\$4303												7	Total Units: 245												

LEGEND:

1. **Service:** Service Code and Type of Service Provided
2. **Provider:** Name of the Service Provider
3. **Rate:** Cost Per Hour of Service
4. **Cost Per Month:** Total Cost for Service Per Month
5. **Units Per Month:** Number of Hours Per Month
6. **Year to Date Total:** Total Cost of Service to Date
7. **Total Units:** Total Number of Hours of Service to Date

INDIVIDUAL COUNT BY DIAGNOSIS

A	B	C	D
Diagnosis Summary	FY 2020-2021 Individual Count	FY 2016-2017 Individual Count	Increase from 2016 to 2021
Autism	7,107	4,342	64%
Intellectual Disability	7,569	7,521	1%
Cerebral Palsy	353	321	10%
Epilepsy	168	135	24%
Category 5	1,126	570	98%
Other	6,236	5,258	19%
Totals	22,559	18,147	24%

AVERAGE POS COST PER INDIVIDUAL BY DIAGNOSIS FOR HISPANIC INDIVIDUALS

A	B	C	D	E
FY 2020-2021 Diagnosis Summary	Individual Count	Total Expenses	Average Cost Per Individual	Utilized
Autism	5,319	\$86,846,262	\$16,328	59.4%
Intellectual Disability	4,739	\$127,209,525	\$26,843	60.7%
Cerebral Palsy	250	\$4,625,825	\$18,503	58.3%
Epilepsy	103	\$1,413,867	\$13,727	54.6%
Category 5	758	\$10,284,223	\$13,568	61.1%
Other	4,657	\$16,695,239	\$3,585	61.3%
Totals FY 2020-2021	15,826	\$247,074,940	\$15,612	60.2%
Totals FY 2019-2020	15,869	\$164,319,300	\$10,355	60.6%

AVERAGE POS COST PER INDIVIDUAL BY DIAGNOSIS FOR AFRICAN AMERICAN INDIVIDUALS

A	B	C	D	E
FY 2020-2021 Diagnosis Summary	Individual Count	Total Expenses	Average Cost Per Individual	Utilized
Autism	1258	\$34,730,463	\$27,608	59.7%
Intellectual Disability	2257	\$112,015,572	\$49,630	65.1%
Cerebral Palsy	81	\$2,026,131	\$25,014	64.0%
Epilepsy	50	\$1,764,979	\$35,300	71.7%
Category 5	273	\$7,219,221	\$26,444	63.0%
Other	894	\$3,013,315	\$3,371	54.9%
Totals FY 2020-2021	4,813	\$160,769,682	\$33,403	63.6%
Totals FY 2019-2020	4,881	\$129,172,495	\$26,464	66.0%

AVERAGE POS COST PER INDIVIDUAL BY DIAGNOSIS FOR NON HISPANIC OR AFRICAN

A	B	C	D	E
FY 2020-2021 Diagnosis Summary	Individual Count	Total Expenses	Average Cost Per Individual	Utilized
Autism	530	\$13,112,751	\$24,741	56.2%
Intellectual Disability	573	\$34,138,625	\$59,579	63.4%
Cerebral Palsy	22	\$914,644	\$41,575	70.6%
Epilepsy	15	\$519,510	\$34,634	61.5%
Category 5	95	\$1,118,326	\$11,772	63.9%
Other	685	\$1,965,770	\$2,870	58.5%
Totals FY 2020-2021	1,920	\$51,769,626	\$26,963	61.3%
Totals FY 2019-2020	1,805	\$43,596,158	\$24,153	67.1%

AVERAGE COST OF PURCHASE OF SERVICES PER INDIVIDUAL PER RESIDENCE FOR ALL INDIVIDUALS

A	B	C	D	E
FY 2020-2021 Residence	Individual Count	Total Expenses	Average Cost Per Individual	Utilized
Out-of-State	1	\$5,782	\$5,782	24.0%
Home of Parent or Guardian	18,842	\$256,565,931	\$13,617	55.9%
Independent Living or Supported Living	911	\$44,103,378	\$48,412	65.9%
Developmental Center/State Hospital	13	\$129,124	\$9,933	49.1%
Correctional Institution	65	\$750,923	\$11,553	60.7%
Community Care Facility (CCF)	1,049	\$137,631,429	\$131,203	73.4%
ICF Facility & Continuous Nursing	136	\$3,907,986	\$28,735	54.8%
Skilled Nursing Facility (SNF)	96	\$3,018,574	\$31,443	71.8%
Foster Home, Children	1,287	\$4,642,301	\$3,607	59.1%
Family Home, Adults	49	\$4,083,434	\$83,335	73.0%
Psychiatric Treatment Facility	6	\$992,145	\$165,358	88.7%
Rehabilitation Center	7	\$378,478	\$54,068	66.1%
Acute General Hospital	36	\$1,102,686	\$30,630	63.8%
Sub-Acute	6	\$1,211	\$202	100.0%
Community Treatment Facility	1	\$22,470	\$22,470	69.9%
Hospice	2	\$27,672	\$13,836	57.8%
Transient/Homeless	23	\$440,432	\$19,149	22.1%
Other	29	\$1,810,290	\$62,424	73.6%
Totals	22,559	\$459,614,248	\$20,374	61.5%

PER CAPITA COMPARISON BY ETHNICITY

	A	B				C				D			
1		Hispanic Individuals				African American Individuals				All Other Ethnic Individuals			
2	FY 2020-2021 Residence	Individual Count	Expenses	Avg Cost Per Individual	Utilized	Individual Count	Expenses	Avg Cost Per Individual	Utilized	Individual Count	Expenses	Avg Cost Per Individual	Utilized
3	Out-of-State	1	\$5,782	\$5,782	23.9%	0	-	-	-	0	-	-	-
4	Home of Parent or Guardian	14,439	\$191,292,882	\$13,248	57.2%	3,171	\$51,768,055	\$16,325	53.2%	1,232	\$13,504,994	\$10,962	49.8%
5	Independent Living/Supported Living	292	\$11,545,183	\$39,538	65.8%	536	\$28,139,098	\$52,498	65.3%	83	\$4,419,098	\$53,242	70.2%
6	Developmental Center/State Hospital	1	\$5,053	\$5,053	25.0%	11	\$123,044	\$11,186	50.9%	1	\$1,026	\$1,026	97.3%
7	Correctional Institution	22	\$247,907	\$11,269	59.7%	41	\$482,859	\$11,777	60.4%	2	\$20,157	\$10,078	91.0%
8	Community Care Facility (CCF)	286	\$38,438,789	\$134,401	77.7%	543	\$70,461,622	\$129,764	74.0%	220	\$28,731,018	\$130,596	67.0%
9	ICF Facility & Continuous Nursing	37	\$1,086,397	\$29,362	52.0%	45	\$1,382,914	\$30,731	57.5%	54	\$1,438,675	\$26,642	54.4 %
10	Skilled Nursing Facility (SNF)	21	\$797,518	\$37,977	73.5%	44	\$1,328,663	\$30,197	74.9%	31	\$892,393	\$28,787	66.3%
11	Foster Home, Children	691	\$2,541,962	\$3,679	63.2%	330	\$1,413,704	\$4,284	56.7%	266	\$686,634	\$2,581	51.1%
12	Family Home, Adults	11	\$985,958	\$89,633	79.5%	33	\$2,890,404	\$87,588	71.6%	5	\$207,073	\$41,415	64.8%
13	Psychiatric Treatment Facility	2	\$1,173	\$587	100.0%	2	\$508,137	\$254,069	85.1%	2	\$482,835	-	-
14	Rehabilitation Center	2	\$79,838	\$39,919	82.5%	2	\$258,810	\$129,405	72.7%	3	\$39,829	\$13,276	33.3%
15	Acute General Hospital	6	\$5,019	\$837	97.9%	20	\$515,308	\$25,765	58.2%	10	\$582,359	\$58,236	69.4%
16	Sub-Acute	3	\$529	\$176	100.0%	1	\$101	\$101	100.0%	2	\$580	\$290	100.0%
17	Community Treatment Facility	0	-	-	-	1	\$22,470	\$22,470	69.9%	0	-	-	-
18	Hospice	1	\$1,109	\$1,109	100.0%	1	\$26,563	\$26,563	56.8%	0	-	-	-
19	Transient/Homeless	5	\$1,103	\$221	5.4%	18	\$439,329	\$24,407	22.3%	0	-	-	-
20	Other	6	\$38,737	\$6,456	43.5%	14	\$1,008,599	\$72,043	69.4%	9	\$762,954	\$84,773	83%
21	Totals	15,826	\$247,074,940	\$15,612	60.2%	4,813	\$160,769,682	\$33,403	63.6%	1,920	\$51,769,626	\$26,963	61.3%

October 11, 2019

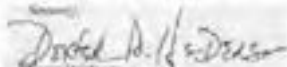
RE: FOR YOUR INFORMATION ONLY - This Notice Does Not Change Services Received from South Central Los Angeles Regional Center.

Dear Person Served and/or Family Member:

South Central Los Angeles Regional Center (SCLARC) is required by the Lanterman Act to provide an annual statement to each person being served by the regional center. Your statement is printed on the reverse side of this letter, and is being provided to the individual, and/or, his or her parents, legal guardian, conservator, or authorized representative and indicates any and all services purchased for the SCLARC individual. This information is intended to give you a better understanding of the programs and supports that SCLARC purchases for you or your family member.

The statement is for the Fiscal Year 2018-19 (July 1, 2018 - June 30, 2019). The list of services purchased does not include the on-going case management support, assistance, and expertise provided by your regional center service coordinator. In addition, there may be some services purchased by SCLARC which are not shown on the statement. Some group services are purchased using a single contract and individual persons are not separately identified. Examples of such services include transportation aides and crisis intervention services. Also, we have excluded Personal and Incidental (P&I) payments.

Please take a few moments to review the statement. If you have any questions or you notice any errors, please contact your Service Coordinator by calling (213)744-7000.


Executive Director

11 de Octubre de 2019

Re: PARA SU INFORMACIÓN SOLAMENTE - Esta noticia no cambia los servicios recibidos del Centro Regional Del Sur de Los Angeles.

Estimada persona servida/ o miembro de familia:

El Centro Regional del Sur de Los Angeles (SCLARC) esta siendo requerido por la Ley Lanterman, para proveer un estado anual a cada persona servida por el centro regional. Su estado de cuenta esta impreso en la parte opuesta de esta carta, y se proporciona al individuo, y/o a sus padres, tutor legal, conservador o representante autorizado e indica todos y cada uno de los servicios comprados para el individuo de SCLARC. Esta información tiene la intención de darle una mejor comprensión sobre los programas y apoyos que SCLARC adquiere para usted y su familia.

Este estado es para el Año Fiscal 2018-2019 (1 de Julio del 2018 - 30 de Junio del 2019). La lista de servicios proporcionados no incluye el apoyo de administración de casos, asistencia, y conocimientos proveídos por su coordinador de servicios del centro regional. Adicionalmente, podría haber servicios proporcionados por el centro regional que no son mencionados en este estado. Algunos servicios de grupo que son proporcionados usando un solo contrato y las personas individuales no son identificados separadamente. También, hemos excluido pagos personales e incidentales (P&I).

Por favor tome unos minutos para revisar este estado. Si usted tiene alguna pregunta o si identifica errores, por favor contacte a su coordinador de servicios al (213)744-7000.


Director Ejecutivo

Date: 10/11/2019

South Central Los Angeles Regional Center
Purchase Of Services Statement
Fiscal Year 18 - 19

Page No: 4

Service Coordinator

Total All Services
Total Units

\$310097
2729

Service: 109	SUPPLEMENTAL RESIDENTIAL PRGM SPRT										Provider:		Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June		
Costs Per Month:	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78		
Units Per Month:	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2		
Year To Date Total:										\$6936				
										Total Units: 636				

Service:	Provider:										Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:												
Units Per Month:												
Year To Date Total:										Total Units:		

Service:	Provider:										Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:												
Units Per Month:												
Year To Date Total:										Total Units:		

Service:	Provider:										Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:												
Units Per Month:												
Year To Date Total:										Total Units:		

Service:	Provider:										Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:												
Units Per Month:												
Year To Date Total:										Total Units:		

Service:	Provider:										Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:												
Units Per Month:												
Year To Date Total:										Total Units:		

Regional Center Services

How do you receive Regional Center Services?

- A person can qualify for services at any age; however, the person must be diagnosed with an intellectual and/or a developmental disability before the age of 18.
- Regional centers do not provide support to persons who are only diagnosed with a mental illness (i.e. depression, schizophrenia), have a learning disability (i.e. dyslexia, auditory processing disorder), are only deaf or blind, or only have a speech disorder.
- The primary diagnosis must be an intellectual and/or developmental disability. A person can be found eligible who is dually diagnosed with an intellectual or developmental disability as well as other disabilities described above.
- However, if you feel someone is delayed, and are unsure if they would qualify for SCLARC services, please refer them for an assessment.

Regional Center Eligibility

What makes someone eligible to receive Regional Center services?

- Income is NOT a factor for eligibility.
- Services are provided for free.
- Services are provided regardless of citizenship or residency status – ***The individuals we serve can receive services if they are undocumented.***

Regional Center Intake Process

How do you determine if someone is eligible for services from the Regional Center?

If you would like to determine if your loved one, between the ages of birth to three (3) years, is eligible for services, or to make a referral to Early Start Intake, contact:

Phone: (213) 744-7000 Ext. 3226
Fax: (213) 947-4115
Email: Earlystartintake@sclarc.org

For ages 3 and above, contact Lanterman Intake at:

Phone: (213) 744-8880 Ext. 3227
Fax: (213) 559-0612
Email: Lantermanintake@sclarc.org

Please call first, do not walk in

- An intake worker completes an initial telephone screening and schedules an appointment for an office visit if needed. Early Start may schedule an in-home visit if needed.
- Helpful to bring any documentation that indicates why the person may meet eligibility criteria, such as:
 - Medical Records
 - Psychological/Psychiatric Evaluations
 - School Records (IEP's, reports cards, etc.)

Regional Center Intake Process, Cont..

Intake Service Coordinators have **15 business days to complete an assessment after the initial request.**

- Other clinicians, such as a psychologist, physician, OT/PT, or others may also assess the prospective client if needed.
- In some cases, an intake worker may observe the individual in the community, i.e., in school, to ensure an accurate assessment.
- Finally a “Core Staffing Team” comprised of clinicians, managers, and the intake Service Coordinator will make a determination regarding eligibility.
- For those not found eligible, referrals will be made to appropriate alternative resources in the community.

For individuals ages birth to 3:

- Cases are reviewed by the Early Start Eligibility Team, which generally takes 45 days to complete

For individuals ages 3 and older:

- The intake process generally takes 45 to 120 days to complete.

Assessment & Interdisciplinary Team

Who are the people who will be helping the individual you serve obtain services?

- The interdisciplinary team is made up of clinical professionals, subject specialists and consultants, program managers, and other regional center staff.
- Following the assessment, the Service Coordinator will confer with the individual we serve, his/her Circle of Support and the Interdisciplinary Team who will all work together to determine the best plan to meet the individual needs of the consumer.

Individual Program Plan

What is the Individual Program Plan (IPP) and how does it help the consumer?

- The Individual Program Plan (IPP) helps the family and the individual we serve communicate; the IPP documents the needs of each consumer at the Regional Center.
- Service Coordinators conduct Person Centered Planning IPP's
- A Face-to-Face, in-depth conversation between the individual we serve, his/her Circle of Support, and the Service Coordinator is used to design an effective plan to ensure the progress of the individual we serve.

Person Centered Planning

What is Person Centered Planning (PCP) and how does it affect the IPP process?

During that conversation, the Service Coordinator, along with the individual we serve and their Circle of Support will:

- Assess the current needs of the individual we serve.
- Assist the individuals we serve in meeting those needs through various generic and SCLARC funded resources.
- Empower the individuals we serve and his/her caregiver so that the individual can gain as much control over his/her own life as possible.
- Find ways to increase opportunities for individual participation in the community.
- Identify individual desires, interest and dreams.
- Develop a plan to turn those dreams into a reality.

Fair Hearings

The individuals we serve, or their authorized representatives, can utilize the Complaint and Fair Hearing process in order to make their dissatisfaction regarding eligibility decisions and/or denial of services known to South Central Los Angeles Regional Center.

What do you do if you need to lodge concerns, grievances and complaints?

- Under the Lanterman Act, found at Welfare and Institutions Section 4500 and following, consumers of, or applicants for, regional center services or their authorized representatives have the right to appeal any decision or action of the regional center with which they are dissatisfied or believe is illegal, discriminatory, etc. This right to appeal is generally referred to as the Fair Hearing appeals process. *(This appeals process is generally to be used for service-related and eligibility disputes.)*
- An appeal information packet is routinely sent to the individuals we serve or their authorized representative when the regional center proposes to take an action without the individual we serve or representative mutual agreement.
- If you do not have information on how to appeal a decision, simply ask your service coordinator, his/her supervisor, or the Consumer's Rights Advocate to send you an appeals information packet.

For more information regarding Fair Hearings, contact:

Tami Summerville
Fair Hearings Manager
Phone: (213) 744-8899

Fair Hearings, Cont.

- The individuals we serve and/or families who receive and/or apply for services under the Early Start Program may file for voluntary, impartial mediation or a due process hearing when they disagree with any action taken by a Regional Center with respect to identification, eligibility, evaluation, assessment or the provision of early intervention services. (This appeals process is generally to be used for service related and eligibility disputes.)
- Title 17, California Code of Regulations Section 50540 also provides a rights-based complaint process whereby a consumer, or any representative acting on the behalf of an individual we serve may file a complaint with the Clients' Rights Advocate assigned to SCLARC.

Office of Clients' Rights Advocacy

8255 Firestone Blvd., Suite 405

Downey, CA 90241

Tel: (323) 292-9907 // TTY: (800) 719.5798

Toll Free: (800) 776-5746

Fax: (323) 293-4259

Website: www.disabilityrightscsca.org

www.disabilityrightscsca.org/espanol

- The individuals we serve and families can also lodge concerns, complaints and grievances regarding the denial of rights and/or services directly with SCLARC, the Office of Clients' Rights Advocacy (above) or with Area Board X at:

State Council on Developmental Disabilities

411 North Central Ave., Suite 620

Glendale, CA 91203-2020

Phone: (818) 543-4631 Fax: (818) 543-4635

Email: losangeles@scdd.ca.gov

Website: www.scdd.ca.gov

Vendor Codes and Descriptions

Service Data FY 2020-2021

The following list contains commonly used vendor codes by the Clinical Department. Along with the vendor code, a description of services provided is included.

This is not the complete list of codes that may be included on your annual cost statement.

SERVICE CODE	DESCRIPTION
056 - INTERDISCIPLINARY ASSESSMENT SERVICES	Provide specialized assessment to consumers.
103 - SPECIALIZED HEALTH, TREATMENT, AND TRAINING SERVICES	Specialized Health, Treatment and Training Services include, but are not limited to: services that increase or maintain health gastronomy and care of G-Tube treatment for mental illnesses and /or chemical dependencies, dental hygiene training for consumers and care providers, and the shipment of medical samples for testing.
115 - SPECIALIZED THERAPEUTIC SERVICES (AGES 3-20)	Specialized Therapeutic Services include, but are not limited to services necessary to increase or maintain health and or developmental progress, and, when provided as ancillary to these services, family and or individual education and training, family support and counseling; provider travel; interagency consultation; and consultation with and training for other involved professionals.
116 - EARLY START SPECIALIZED THERAPEUTIC SERVICES	Early Start specialized therapeutic services include, but are not limited to: services necessary to increase or maintain health and/or developmental progress.
117 - SPECIALIZED THERAPEUTIC SERVICES (AGES 21+)	The list of the providers qualified (with appropriate licensure, credentials and one year's experience working with individuals with developmental disabilities): Oral Health: Dentist, Dental Hygienist; Physical Health: Physician/Surgeon, Speech Therapist, Occupational Therapist, Occupational Assistant, Physical Therapist, Physical Therapist Assistant, Respiratory Therapist, RN, LVN, Nurse Practitioner, Maladaptive Behaviors/Social-Emotional Behavior Impairments: Chemical Addiction Counselor, Social Worker, Marriage and Family Therapist, Psychologist, Specialized Therapeutic Services include: Oral Health Services: Diagnostic Prophylactic, Restorative, Oral Surgery; Services for Maladaptive Behaviors Social-Emotional Behavior Impairments due to/Associated with a Developmental Disability: Individual and group interventions and counseling. Physical Health Services: Physical Therapy, Occupational Therapy, Speech Therapy, Respiratory Therapy, Diagnostic and Treatment, Physician Services, Nursing Service, Diabetes Self-Management.
605 - ADAPTIVE SKILLS TRAINING	Vendor possesses the skills, training and education necessary to enhance existing consumer skills. An adaptive skills trainer may also remedy consumer skill deficits in communication, social function or other related skill areas .
620 - BEHAVIOR MANAGEMENT CONSULTANT	Designs and/or implements behavior modification intervention services
627 - DIAPER SERVICE	The vendor: (A) Supplies cloth diapers for the consumer; and (B) Provides pick-up, laundering, and delivery of the diapers to the consumer's home.
672 - EDUCATIONAL PSYCHOLOGIST	Provides evaluation and counseling to assist individuals in achieving more effective educational development.
680 - TUTOR	Provides the in-home individualized instruction to the individual which is supplementary to, or independent of, instruction provided by the classroom teacher.
700 - ACUTE CARE HOSPITALS	An acute care hospital which is validly licensed as such by DHS, and which provides inpatient care 24 hours per day; or (B) An acute psychiatric hospital which is validly licensed as such by DHS, and which provides care for the mentally disordered, incompetent persons referred to in Welfare and Institutions Code, Sections 5000 to 5550.
707 - SPEECH PATHOLOGY	Vendor is (A) a speech pathologist who is validly licensed as a speech pathologist by the Speech Pathology and Audiology Examining Committee of the Medical Board of California; and provides: 1. Diagnostic screening; and 2. Preventative and corrective therapy for persons with speech or language disorders.
710 - DAY TREATMENT CENTER	Vendor provides services to outpatients at an acute care hospital or acute psychiatric hospital.
715 - DENTISTRY	Vendor is validly licensed by the California Board of Dental Examiners and practices the branch of medicine which specializes in the diagnosis, prevention, and treatment of diseases of the teeth and their associated structures.
720 - DIETARY SERVICES	Vendor is: (A) A dietician who is validly registered as a member of the American Dietetic Association and who prescribes or modifies a person's diet to meet the person's nutritional needs; or (B) a nutritionist who evaluates an individual's nutritional needs

725 - DURABLE MEDICAL EQUIPMENT	Vendor possesses a valid business license, and operates a business which manufactures, individually tailors, or sells durable medical equipment as defined in Title 22, California Code of Regulations, Section 51160.
742 - LICENSED VOCATIONAL NURSE	Vendor: (A) Is validly licensed as a licensed vocational nurse by the California State Board of Vocational Nurse and Psychiatric Technician Examiners; or (B) Is a nurse registry from whom the services of licensed vocational nurse are obtained; and (C) Provides services under the direction of a validly licensed registered nurse or physician.
743 - NURSE'S AIDE OR ASSISTANT	Vendor: (A) Is certified as a nurse's aide or a home health aide by DHS; or (B) Is a nurse registry from whom the services of a nurse's aide or assistant are obtained; and (C) Provides services under the direction of a validly licensed registered nurse or physician.
744 - REGISTERED NURSE	Vendor: (A) Is an individual who is validly licensed as a registered nurse by the California State Board of Registered Nurses; or (B) Is a nurse registry from whom the services of a registered nurse are obtained.
765 - PHARMACEUTICAL SERVICES	Vendor is: (A) A person who is validly licensed as a pharmacist by the California State Board of Pharmacy, and who identifies, prepares, or preserves compounds and dispenses drugs; or (B) A pharmacy which is validly licensed as a pharmacy by the California State Board of Pharmacy, and which is a facility where medicines are compounded or dispensed.
772 - PHYSICAL THERAPY	Vendor is a (A) A physical therapist who is validly licensed by the Physical Therapy Examining Committee of the Medical Board of California and who, under medical supervision, treats individuals to relieve pain, develop or restore motor function, and maintain performance by using a variety of physical means; or (B) A physical therapist assistant by the Physical Therapy Examining Committee of the Medical Board of California and who provides physical therapy while under the direct supervision of the licensed physical therapist.
773 - OCCUPATIONAL THERAPY	Vendor is: (A) An occupational therapist validly licensed by the California Board of Occupational Therapy and who, based on the written prescription of a physician, dentist, or podiatrist, provides occupational therapy evaluation, treatment planning, treatment, instruction and consultative services; or (B) An occupational therapist assistant validly certified by the California Board of Occupational Therapy and who provides occupational therapy evaluation, treatment planning, treatment, instruction and consultative services while under the direct supervision of registered occupational therapist.
775 - PHYSICIANS OR SURGEONS	Vendor provides professional services to individuals and is validly licensed by the Medical Board of California as a physician or surgeon.
780 - PSYCHIATRIST	Vendor: (A) Is validly licensed as a physician and surgeon by the Medical Board of California; (B) Is validly certified by the American Board of Psychiatry and Neurology; and (C) Specializes in the diagnosis, treatment, and prevention of mental disorders.
785 - CLINICAL PSYCHOLOGIST	Vendor: (A) Is validly licensed as a clinical psychologist by the Psychology Examining Committee of the Medical Board of California; and (B) Provides: 1. Diagnosis and psychotherapy of mental and emotional disorders; or 2. Individual and group testing and counseling in order to assist individuals achieve more effective personal, social, educational, and vocational development adjustment.
800 - GENETIC COUNSELOR	Vendor: (A) Has successfully completed training in an accredited genetic counseling program at the master or doctoral level; (B) Is eligible for certification, or is certified by the National Board of Human Genetics; and (C) Advises and counsels persons and families concerning a genetic and medical diagnosis and the probability that they carry and may transmit genetically determined characteristics to their offspring.
854 - HOME HEALTH AGENCY	Vendor possesses a valid home health agency license issued by DHS, or meets the requirements established by DHS for providing home health services, and is primarily engaged in providing skilled nursing services and at least one of the following: (A) Physical Therapy; (B) Occupational Therapy; (C) Speech Therapy; (D) Medical Social Work; or (E) Home Health Aide Services.

List of Services

Service Data FY 2020-2021

This is a list of commonly requested services by age group. It is intended to be a guide for the individuals we serve/families.

Not all individuals we serve and families will be eligible to receive all the services listed because services, by law, are based on individual needs. Please discuss your individual needs with your Service Coordinator.

<i>Page 25</i>	<i>—————></i>	<i>Ages 0 - 3 years</i>
<i>Page 29</i>	<i>—————></i>	<i>Ages 3 - 10 years</i>
<i>Page 32</i>	<i>—————></i>	<i>Ages 11 - 17 years</i>
<i>Page 35</i>	<i>—————></i>	<i>Ages 18 - 22 years</i>
<i>Page 39</i>	<i>—————></i>	<i>Ages 23 and up</i>

SERVICES AND SUPPORTS

BIRTH TO THREE YEARS OF AGE

Your child has recently entered the South Central Los Angeles Regional Center (SCLARC) Early Start Program. We are sure that you have many questions, concerns about what to do next. Early Start Services are listed below with a brief explanation of the support and when it is important for an infant or toddler.

Case Management

- An Early Start Service Coordinator (SC) will be assigned to you to develop the Individual Family Service Plans (IFSP) and assist the family with arranging appropriate services.

Assessments

- Each infant/toddler receives a developmental assessment by a specialist to identify developmental progress and intervention needs. This assessment provides the family and the regional center with developmental information that is used to determine the services and supports that may be needed. As each infant/toddler is unique, the types of services and supports he/she will need will vary.

Occupational Therapy

- After your child's developmental assessment is completed, services and supports will be identified to help with any delays found during the assessment. One option through SCLARC is the referral to licensed and registered Occupational Therapists who have years of experience working with children birth to three years of age. For children with developmental delays or a known physical or mental condition associated with a high probability of delays, occupational therapy can help improve their motor, cognitive, sensory processing, communication, and play skills. The goal is to enhance development, minimize the potential for developmental delay, and help families to meet the special needs of their infants and toddlers. Your Early Start Service Coordinator will provide you with referrals of available Occupational Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Physical Therapy

- After your child's developmental assessment is completed, services and supports will be identified to help with any delays found during the assessment. One option through SCLARC is the referral to licensed and registered Physical Therapists who have years of experience working with children birth to three years of age. Physical therapy is for the preservation, enhancement, or restoration of movement and physical function impaired or threatened by disability, injury, or disease that utilizes therapeutic exercise, physical modalities (as massage and electrotherapy), assistive

devices, and patient education and training. Your Early Start Service Coordinator will provide you with referrals of available Physical Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Speech Therapy

- As your child develops, around the ages of 18-24 months, you may notice delays in speech and language. SCLARC has a variety of Licensed Speech and Language Pathologists (Speech Therapists) who will assess and develop therapy plans to encourage and increase your child's speaking and communication ability. Your Early Start Service Coordinator will provide you with referrals of available Speech Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Feeding Therapy

- You may find that your child has trouble swallowing, chewing or refuses many foods due to texture. If feeding issues are identified, SCLARC may refer you to a specialist who can assist you as you work with your child. There are Speech Therapist and Occupational Therapists who specialize in Feeding Therapy. Your Early Start Service Coordinator will provide you with referrals of available Feeding Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Nursing supports

- If your child needs nursing supports, your Early Start Service Coordinator will assist you with possible referrals. Many insurance companies or specialized services, such as EPSDT, provide assistance.

Infant Development Services

- Infant Development Services can be provided at home or in a therapeutic pre-school type setting in which your child receives supports and education to address developmental issues. The in-home service and pre-school type programs have special teachers as well as Occupational, Physical and Speech Therapists. Parent observation and participation provide the family with the skills needed to address the child's developmental needs on an ongoing basis and in any environment.

Behavior Services –ABA (Funded if family is exempt from SB 946 insurance requirement.)

- Behavior intervention services are specialists who provide training and instruction to assist families, clients and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

Behavior classes

- [California Psych Care](#) (Parent Education Classes) offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior strategies.

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

IEP Support from SCLARC Educational Team

- A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

Translation

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Incontinence supplies

- Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if no other source is available.

Formulas and Nutritional Supplements

- SCLARC will assist families exploring generic resources when there is a medical need for Formula or Nutritional Supplements. In the event that all generic resources have been explored and exhausted, SCLARC will consider purchasing Formula or Nutritional Supplements as the payer of last resort.

Transition

- All SCLARC families will transition out of the Early Start Program by the child's third birthday. SCLARC begins the Transition process as early as a child's second birthday by providing families with information at the IFSP (Individual Family Service Plan) Meeting. Goals are developed and included in the child's IFSP and a transition meeting is scheduled with the local school district when a child is 30 months but no later than 33 months. Every child in the Early Start Program is referred to the Local Education Agency no later than 33 months-of-age for an IEP (Individual Education Plan) and Special Education Services.

Transportation

- Children 0-3 years of age are eligible to receive transportation and related costs necessary for a child and his or her family to receive services pursuant to the Individualized Family Service Plan. To the maximum extent appropriate to the needs of the child, transportation services shall be provided in settings natural or normal for children of the same age who have no disability. On an exceptional basis, when the child cannot be transported by family members due to the family member's illness or disability, or via public transportation due to the child's disability, the Regional Center may provide funding through the use of a voucher or the lowest cost vendored provider.

SCLARC will also request a sufficient written documentation from the family demonstrating that the family members are unable to provide transportation for the child (WIC §4648.35).

211 Services

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Note: For some services mentioned above supporting documents may be required.

SERVICES AND SUPPORTS
Young School Age Children
Three years to 10 years

Your child has recently entered the public school system and we are sure that you have many questions about the supports that South Central Los Angeles Regional Center (SCLARC) has available. Young School age Services are listed below with a brief explanation of the support and when it is important for a Young School Age Child.

Case Management

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services.

Crisis Support Services

- SCLARC has 2 crisis response teams (Crisis Support Services and Crisis Response Project) that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

In-home Respite Care

- Parents and other family members can get periodic assistance with the constant care and supervision of the individual to relieve family stress or in emergencies.

Overnight/out of home respite

- SCLARC can provide up to 21 nights per fiscal year to provide support while a parent/guardian is out of town and unavailable to provide care.

Day Care supports (sometimes referred to as Specialized Supervision)

- Parents who are working or in school full time may be eligible for additional hours to provide for supervision primarily during after-school hours.

Personal Assistance Support

- Some individuals require someone to help them with community integration. SCLARC can offer these supports through Personal Assistants. (PA Calendar will be required for assessment and service will be reviewed for continued appropriateness every 6 months.

Behavior Intervention (ABA services) (Funded if family is exempt from SB 946 insurance requirement.)

- Behavior intervention services are specialists who provide training and instruction to assist families, individuals and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

Social Skills Training

- Social Skills Training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes. ***Parent participation is required!*** Current IPP is required to complete to Clinical Department.

Behavior classes

- **California Psych Care** (Parent Education Classes) offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior outcomes.

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

IEP Support from SCLARC Educational Team

- A referral to SCLARC's Education Specialist can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

Translation

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Incontinence supplies

- Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if related to eligibility diagnosis and no other source is available.

Behavioral intervention copay, coinsurance, and deductibles

- If your family member receives insurance-funded behavioral intervention services, SCLARC can help with insurance copays, coinsurance, and deductibles if your family meets income requirements. (Social Welfare Code 4659.1)

TRANSPORTATION

- Parents of children 3-18 years of age are expected to provide transportation to appointments and activities. The local education agency is responsible for providing transportation to public or non- public school pursuant to an individualized education program plan. On an exceptional basis, if the child's disabilities prevent the use of public transportation, or the family is unable to transport the child as a result of illness or disability, the Regional Center may arrange for transportation through the use of a voucher, purchased bus pass, or by a regional center vendor

SOCIAL RECREATIONAL\EDUCATIONAL SERVICES

- Effective July 1, 2021, changes to Welfare & Institutions Code (WIC) section 4648.5 restored regional center's authority to fund camping services and associated travel expenses; social recreational activities; educational services for children three to 17, inclusive, years of age; and nonmedical therapies, including, but not limited to, specialized recreation, art, dance, and music. Speak with your Service Coordinator in regards to social recreational and educational services. A copy of the social recreation and educational services policy can be found on SCLARC's website www.sclarc.org under the About Us – Transparency webpage.

211 Services

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Note: For some services mentioned above supporting documents may be required.

SERVICES AND SUPPORTS

ADOLESCENTS

11 years to 17 years

Your child has recently has entered an exciting and tumultuous time of life – Adolescence – the Teen Age Years. As a parent, you are faced with many changes both at home and at school. Your child has moved onto a middle school or high school campus that is overwhelmingly big. Your child is growing and changing and we know that you need all of the help you can get! Adolescent Services are listed below with a brief explanation of the support.

Case Management

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services.

Crisis Support Services

- SCLARC has 2 crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

In-home Respite Care

- Parents and other family members can get periodic assistance with the constant care and supervision of a client to relieve family stress or in emergencies.

Overnight/out of home respite

- SCLARC can provide up to 21 nights per year to provide support while a parent/guardian is out of town and unavailable to provide care.

Day Care supports (sometimes referred to as Specialized Supervision)

- Parents who are working full time can get additional hours to provide for supervision primarily during after-school hours.

Personal Assistance Support

- Some individuals require someone to help them with community integration. SCLARC can offer these supports through Personal Assistants.

Residential Services

- SCLARC has options for licensed residential homes that provide different services and different levels of staffing depending on the individual needs. (Referral to Behavior Consultant will be required to determine level placement needed).

Behavior Intervention

- Behavior intervention services are specialists who provide training and instruction to assist families, clients and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

Behavior Intervention Co-Pay, Co-Insurance and Deductibles

- If your family member receives behavior intervention services funded by insurance, SCLARC is able to assist with insurance Co-Payments, Co-Insurance and Deductibles if your family meets the income requirements. (Welfare & Institutions Code 4659.1. (Referral to SCLARC's Medical and Insurance Consultant).

Social Skills Training

- Social Skills training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes and ***require parent participation.***

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

IEP Support from SCLARC Educational Team

- A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

Translation

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Incontinence supplies

- Referrals can be made to assist families with securing supplies available through Medical or through SCLARC funding if related to eligibility diagnosis and no other source is available.

Some Medical Equipment, if no other resources available

- Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available. (Referral to SCLARC's Mobility Clinic)

SOCIAL RECREATIONAL\EDUCATIONAL SERVICES

- Effective July 1, 2021, changes to Welfare & Institutions Code (WIC) section 4648.5 restored regional center's authority to fund camping services and associated travel expenses; social recreational activities; educational services for children three to 17, inclusive, years of age; and nonmedical therapies, including, but not limited to, specialized recreation, art, dance, and music. Speak with your Service Coordinator in regards to social recreational and educational services. A copy of the social recreation and educational services policy can be found on SCLARC's website www.sclarc.org under the About Us – Transparency webpage.

211 Services

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

Note: For some services mentioned above supporting documents may be required.

SERVICES AND SUPPORTS

Young Adulthood

18 years to 22 years of age

Your family member has reached adulthood and looks forward to new possibilities! Many young adults remain in school until they are 22 years old. ***When the individual leaves school with a Certificate of Completion or a Diploma work and day services are available.*** For all young adults, future planning is a must. SCLARC provides services that assist our young adults with their future plans. Young Adult Services are listed below with a brief explanation of each support.

Case Management

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services.

Crisis Support Services

- SCLARC has 2 crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

In-home Respite Care

- Parents and other family members can get periodic assistance with the constant care and supervision of a client to relieve family stress or in emergencies.

Overnight/out of home respite

- SCLARC can provide up to 21 nights per year to provide support while a parent/guardian is out of town and unavailable to provide care.

Personal Assistance Support

- Some individuals require someone to help them with daily living activities, such as bathing, dressing, and meal preparation. SCLARC can offer these supports through Personal Assistants.

Behavior Intervention

- Behavior intervention services are specialists who provide training and instruction to assist families, consumers and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent or support staff participation is required!***

Social Skills Training

- Social Skills training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes and ***require parent participation***.

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

IEP Support from SCLARC Educational Team

- A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

Translation

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Incontinence supplies

- Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if related to eligibility diagnosis and no other source is available.

Day Services

- SCLARC offers a variety of adult day services that include site based licensed day programs; community based day programs. Individuals can participate in a variety of programs suited to their individual needs, such as improving daily living skills, training in a vocation, volunteering, performing arts, and technology.

Employment

- Individuals can be referred to a Supported Employment vendor who can assist with job development in an appropriate group or individual job placement. Job coaching hours can also be funded through DOR and/or SCLARC based on the individual's needs. In addition, SCLARC offers Employment Services programs that assist Individuals to learn job skills that will assist in obtaining a Paid Internship (PIP), with the goal of seeking competitive employment.

Independent Living (ILS)

- Adults can receive training in areas such as, shopping, cooking, budgeting, housekeeping, and self-care skills with the goal to become more independent in daily living.

*Note: Individual must provide SCLARC Certificate of Completion or High School Diploma for these services to be funded.

Supported Living (SLS)

- Individuals who reside in their own home may need on-going supports. A supported living service is an individualized service that is able to provide staff to assist and train individuals in all aspects of their life. SLS is required to provide 24 hour a day emergency assistance in addition to on-going supports. Regardless of an individual's disability, they are eligible for SLS as long as they have the funds for rent, food and utilities. SCLARC provides SLS up to 24 hours per day, 7 days per week dependent on the individual needed support.

Residential services

- SCLARC has options for licensed residential homes that provide different services and different levels of staffing depending on the individual needs.

Family Home Agencies

- Many individuals want the option to live with a family. Family Home Agencies provides that option. Individuals can move in with a certified family in their home with supports. Certified Families receive on-going training as well as supports to assist an individual to become a member of their "family".

Personal Assistance Support

- Some individuals require someone to help them with daily living activities, such as bathing, dressing, and meal preparation. SCLARC can offer these supports through Personal Assistants.



Transportation

- Adult individuals should be assessed to determine their potential for independent travel on public transportation or paratransit. If the individual has demonstrated this potential, then mobility training should be provided. Generic resources for funding must be explored prior to the provision of funding by the Regional Center.

Driver Training

- SCLARC may assist with the fees for driver education classes if the individual meets the qualifying conditions; the first 25 hours of classes will be the responsibility of the individual.

Self-Advocacy Groups

- SCLARC has a very active Consumer Advisory Committee (CAC) that hosts a number of self-advocacy groups located throughout SCLARC's service area. Dates and locations are typically posted on the SCLARC website. To register you may also contact Desiree L. Boykin, Consumer(SHOULD WE CHANGE THE WORD CONSUMER) Advocate at (213) 743-3071.

Some Medical Equipment, if no other resources available

- Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available.

Social Recreational Services

- Effective July 1, 2021, changes to Welfare & Institutions Code (WIC) section 4648.5 restored regional center's authority to fund camping services and associated travel expenses; social recreational activities; educational services for children three to 17, inclusive, years of age; and nonmedical therapies, including, but not limited to, specialized recreation, art, dance, and music. Speak with your Service Coordinator in regards to social recreational services. A copy of the social recreation services policy can be found on SCLARC's website www.sclarc.org under the About Us – Transparency webpage.

211 Services

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

Note: For some services mentioned above supporting documents may be required.

SERVICES AND SUPPORTS

Adulthood **23 years and up**

Your family member may currently attend a day service or be working, possibly making plans to move into their own home as well as looking forward to other new possibilities! As adults, many individuals are striving for independence. For all adults, future planning is a must. SCLARC provides services that assist our adults. Adult Services are listed below with a brief explanation of each support.

Case Management

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services.

Crisis Support Services

- SCLARC has 2 crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

In-home Respite Care

- Parents and other family members can get periodic assistance with the constant care and supervision of a client to relieve family stress or in emergencies.

Overnight/out of home respite

- SCLARC can provide up to 21 nights per year to provide support while a parent/guardian is out of town and unavailable to provide care.

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

Translation

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Incontinence supplies

- Referrals can be made to assist families with securing supplies available through Medical or through SCLARC funding if related to eligibility diagnosis and no other source is available.

Day Services

- SCLARC offers a variety of adult day services that include site based licensed day programs; community based day programs. Individuals can participate in a variety of programs suited to their individual needs, such as improving daily living skills, training in a vocation, volunteering, performing arts, and technology.

Employment

- Individuals can be referred to a Supported Employment vendor who can assist with job development in an appropriate group or individual job placement. Job coaching hours can also be funded through DOR and/or SCLARC based on the individual's needs. In addition, SCLARC offers Employment Services programs that assist Individuals to learn job skills that will assist in obtaining a Paid Internship (PIP), with the goal of seeking competitive employment.

Independent Living (ILS)

- Adults can receive training in areas such as, shopping, cooking, budgeting, housekeeping, and self-care skills with the goal to become more independent in daily living.

*Add Note

Supported Living (SLS)

- Individuals who reside in their own home may need on-going supports. A supported living service is an individualized service that is able to provide staff to assist and train individuals in all aspects of their life. SLS is required to provide 24 hour a day emergency assistance in addition to on-going supports. Regardless of an individual's disability, they are eligible for SLS as long as they have the funds for rent, food and utilities. SCLARC provides SLS up to 24 hours per day, 7 days per week dependent on the individual supports needed.

Parenting Skills and Support

- Many SCLARC adults are parents or interested in having children. SCLARC is here to offer guidance and support through Specialized Parenting Skills training and Support. These agencies have trained staff that will train and support the new parent or parent to be with pregnancy, delivery and caring for a baby.
- SCLARC also has Family Homes through our Adult Family Home Agencies that can provide a home, training and support for the mother and child who wish to live with a family.

Residential services

- SCLARC has options for licensed residential homes that provide different services and different levels of staffing depending on the individual needs.

Family Home Agencies

- Many individuals want the option to live with a family. Family Home Agencies provide that option. Individuals can move in with a certified family in their home with supports. Certified Families receive on-going training as well as supports to assist an individual to become a member of their “family”.

*Note: Clinical requires a full year of current medical records to provide a clearance for FHA homes.

Personal Assistance Support

- Some individuals require someone to help them with daily living activities, such as bathing, dressing, and meal preparation. SCLARC can offer these supports through Personal Assistants.

Transportation

- Adult individuals should be assessed to determine their potential for independent travel on public transportation or paratransit. If the individual has demonstrated this potential, then mobility training should be provided. Generic resources for funding must be explored prior to the provision of funding by the Regional Center.

Driver Training

- SCLARC may assist with the fees for driver education classes if the individual meets the qualifying conditions; the first 25 hours of classes will be the responsibility of the consumer.

Self-Advocacy Groups

- SCLARC has a very active Consumer Advisory Committee (CAC) that hosts a number of self-advocacy groups located throughout SCLARC’s service area. Dates and locations are typically posted on the SCLARC website. To register you may also contact Desiree L. Boykin, Consumer Advocate at (213) 743-3071.

Some Medical Equipment, if no other resources available

- Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available.

Social Recreational Services

- Effective July 1, 2021, changes to Welfare & Institutions Code (WIC) section 4648.5 restored regional center's authority to fund camping services and associated travel expenses; social recreational activities; educational services for children three to 17, inclusive, years of age; and nonmedical therapies, including, but not limited to, specialized recreation, art, dance, and music. Speak with your Service Coordinator in regards to social recreational services. A copy of the social recreation services policy can be found on SCLARC's website www.sclarc.org under the About Us – Transparency webpage.

211 Services

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

Note: For some services mentioned above supporting documents may be required.

Meeting Dates

2022 Scheduled Meetings

**Here are the 2022 meeting dates for SCLARC Committees and
the Board of Directors**



SCLARC Board of Directors Meeting Schedule FY 2022- 2023

SCLARC Board Meetings

4th Tuesday of every other month

January 25, 2022

March 22, 2022

May 24, 2022

July 26, 2022

September 27, 2022

November 17, 2022

(Due to Thanksgiving Holiday)

SCLARC Executive Committee

3rd Thursday of every other month

February 17, 2022

April 21, 2022

June 16, 2022

August 18, 2022

October 20, 2022

No meetings held in December

**Executive Committee
Meeting Calendar
FY 2022-2023**

*This meeting will take place every **OFF** month, on the 3rd Thursday at 6:00 pm*

Date	Time	Location	Members	Email
February 17, 2022	6:00 – 8:00 pm	SCLARC – GSM 2 nd Floor, Room 201	Jesus Murillo	jmurillo@sclarc.org
April 21, 2022	6:00 – 8:00 pm	Virtual Meeting	Cynthia Torres	ctorres4info@gmail.com
June 16, 2022	6:00 – 8:00 pm	Virtual Meeting	Ashlei Sullivan	Ashleisullivan@yahoo.com
August 18, 2022	6:00 – 8:00 pm	Virtual Meeting	Ascary Navarro	Asc642@yahoo.com
October 20, 2022	6:00 – 8:00 pm	Virtual Meeting	*Wanda Cathra	

*Ex-Officer - support

Attending Staff:
Dexter Henderson

If you are unable to meet, please notify Deanna Corbin at Deannac@sclarc.org or (213) 744-8877.

**Finance Committee
Meeting Calendar
FY 2022-2023**

*This meeting will take place every 3rd Wednesday of every **other** month.*

Date	Time	Location	Members	Email
January , 2022	6:00 – 8:00 pm	SCLARC Legacy Building 4 th Floor	Jesus Murillo Sherita Rogers	jesusmurillo@shglobal.net Rogers.sn@gmail.com
March 16, 2022	6:00 – 8:00 pm	Virtual Meeting		
May 18, 2022	6:00 – 8:00 pm	Virtual Meeting		
July 20, 2022	6:00 – 8:00 pm	Virtual Meeting		
September 21, 2022	6:00 – 8:00 pm	Virtual Meeting		
November 16, 2022	6:00 – 8:00 pm	Virtual Meeting		

- Attending Staff:
Kyla Lee

If you are unable to meet, please notify Sarai Cruz at SaraiC@sclarc.org or (213) 763-5619.

**Supportive Services Committee
Meeting Calendar
2022**

*This meeting will take place every 2nd Monday of every **other** month.*

Date	Time	Location	Members	Email
February 14, 2022	6:00 – 7:30pm	Virtual Meeting	Wanda Cadiz Raul Munoz	Wcathran@yahoo.com Rmunoz516@yahoo.com
April 11, 2022	6:00 – 7:30pm	Virtual Meeting	Ascary Navarro Mayra Morales	Asc642@yahoo.com Mymorales79@gmail.com
June 13, 2022	6:00 – 7:30pm	Virtual Meeting	Magali Ochoa	Magpieochoa425@gmail.com
August 8, 2022	6:00 – 7:30pm	Virtual Meeting	Diana Huerta	Dianah@taskca.org
October 10, 2022	6:00 – 7:30pm	Virtual Meeting		
December 12, 2022	6:00 – 7:30pm	Virtual Meeting		

Attending Staff: Jesse Rocha
Jenice Turner
Kiara Lopez

If you are unable to meet, please notify Kiara Lopez at kiara@sclarc.org
(213) 744-8420.

Recruitment & Training Committee Meeting Calendar FY- 2022-23

*This meeting will take place every other month, on the 2nd Monday of every other month
at 6:00 pm*

Date	Time	Location	Members	Email
March 14, 2022	6:00 – 8:00 pm	Virtual Meeting	Cynthia Torres	Ctorres4info@gmail.com
May 16, 2022	6:00 – 8:00 pm	Virtual Meeting	Ashlie Sullivan	Ashlesullivan@yahoo.com
July 11, 2022	6:00 – 8:00 pm	Virtual Meeting	Ana DaSilva	Aedasilva22@yahoo.com
September 12, 2022	6:00 – 8:00 pm	Virtual Meeting	Mayra Morales	Mymorales79@gmail.com
November 14, 2022	6:00 – 8:00 pm	Virtual Meeting		

Attending Staff:
Dexter Henderson

If you are unable to meet, please notify Deanna Corbin at Deannac@scarc.org or (213) 744-8877.

Advocates Advisory Committee



South Central Los Angeles
Regional Center
*for persons with
developmental disabilities, inc.*

Purpose of the AAC:

The AAC supports individuals served by SCLARC, as well as staff and community members by raising awareness of issues impacting persons diagnosed with developmental disabilities, and by serving as a learning collaborative. Our advisory committee consists of volunteers, adults diagnosed with a developmental disability themselves, who meet regularly to provide guidance to SCLARC. Committee members represent those served by the regional center, providing a perspective that helps to strengthen SCLARC programming, improve management, review and evaluate SCLARC's goals and implementation of its mission—all while promoting awareness and improving relationships.

Meetings:

The AAC meets the fourth Monday of every month.
During the holiday season, the November & December meetings
may be held on the 3rd Monday of the month.
10:00 A.M.- 12:00 P.M.
South Central Los Angeles Regional Center
2500 S. Western Avenue, 3rd Floor
Los Angeles, CA 90018

For questions and more details, contact Desiree Boykin,
Consumer Advocate at (213) 743-3071 or DesireeB@sclarc.org.



MCCLANEY FAMILY RESOURCE CENTER

Navigator Program

Providing Support, Assistance & Solutions



The McClaney Family Resource Center provides support for families of the South Central Los Angeles Regional Center (SCLARC).

Our new Navigator Program offers assistance to parents and caregivers to help navigate through and connect them to free community resources and much-needed services such as SSI, IHSS and IEP support.

1

SYSTEM NAVIGATION

Staff will assist with connecting to systems of care that provide services to individuals with special needs and their families.

2

EDUCATION

Workshops and in-service trainings will provide information related to child development, obtaining services and referrals to community resources.

3

ADVOCACY

Parents, caregivers and professionals will learn strategies that help them enhance and more effectively advocate for their consumers and/or families.



Early Start & Regional Center

Assistance with intake and services for early intervention and Regional Center support through the IFSP and IPP.



Educational Support

Strategies and guidance that support the development of IEPs.



Community Resources

Training and referrals for services available in the community to support families.

SCLARC New Parent Orientations

Held the First and Third Tuesdays of Each Month

The New Parent Orientation is for new parents whose loved ones were found eligible to receive regional center services. You will learn how to navigate the regional center system, your role in your child's success and get answers to some of the questions that you have.

The New Parent Orientation is held remotely (via Zoom) on the first Tuesday (English) and third Tuesday (Spanish) of the month from 10:30 am – 12:00 pm.

Please contact Erika Anguiano

Enhanced Case Management and Disparity Supervisor, at 213-765-3882 or email her at ErikaA@sclarc.org if you have any questions.

English	Spanish
<u>April 5th, 2022</u>	<u>April 19th, 2022</u>
<u>May 3rd, 2022</u>	<u>May 17th, 2022</u>
<u>June 7th, 2022</u>	<u>June 21st, 2022</u>
<u>July 5th, 2022</u>	<u>July 19th, 2022</u>
<u>August 2nd, 2022</u>	<u>August 16th, 2022</u>
<u>September 6th, 2022</u>	<u>September 20th, 2022</u>
<u>October 4th, 2022</u>	<u>October 18th, 2022</u>
<u>November 1st, 2022</u>	<u>November 15th, 2022</u>

SCLARC VAC



2022 VAC MEMBERSHIP MEETING CALENDAR

January 12, 2022

February 9, 2022

March 9, 2022

April 13, 2022

May 11, 2022

June 8, 2022

July 13, 2022

September 14, 2022

October 12, 2022

November 9, 2022

Meetings are at 10:00am—12:00pm and are held via zoom until further notice.

August and December are dark months.

Please email vac@sclarc.org to be placed on the e-mail distribution list to receive notifications from the VAC.

Self Determination Program



SELF DETERMINATION GIVES YOU CHOICES

Do you want more flexibility in regards to your Regional Center Services? To work with different providers?? Access to social/recreational services? The Self Determination Program (SDP) may be right for you!

WHY CHOOSE SELF DETERMINATION?

Self Determination allows you to control a budget to purchase services you need in different ways. You choose who provides your services and how much you will pay for them.

GET STARTED

GET INFORMATION
Contact your Service Coordinator for a schedule of upcoming informational sessions

GET READY
Join the SCLARC SDP Mailing List to learn about upcoming meetings and trainings - email SelfDetermination@sclarc.org or call 1-833-726-2721 and leave a message.

GET CONNECTED
Start researching Person-Centered Planners, Independent Facilitators, and Financial Management Service providers.

**ARE YOU OR YOUR LOVED ONE
INTERESTED IN THE SELF
DETERMINATION PROGRAM (SDP)?**



South Central Los Angeles
Regional Center

Attendance at Orientation is **required**.
*If you have not already attended an orientation, please
register for one of the upcoming sessions below.*

SELF DETERMINATION ORIENTATIONS

Presented by South Central Los Angeles Regional Center (SCLARC)

*Please note: You must attend via SCLARC. Orientations from other Regional
Centers or community organizations will not be accepted.*

Monday, February 28th, 2022 - 10:00am-2:00pm (Spanish only)

Friday, March 11, 2022 - 4:00pm-8:00pm (English only)

Monday, April 25, 2022 - 4:00pm-8:00pm (Spanish only)

Wednesday, May 18, 2022 - 9:30am-1:30pm (English only)

Thursday, June 16, 2022 - 9:30am-1:30pm (Spanish only)

Monday, July 11, 2022 - 1:00pm-5:00pm (English only)

To register, or to find out details about a specific date, email
SelfDetermination@sclarc.org

**QUESTIONS?
SELFDETERMINATION@SCLARC.ORG**

ATTEND AN UPCOMING MEETING!

SELF-DETERMINATION LOCAL ADVISORY COMMITTEE

FOR THE SOUTH CENTRAL LOS ANGELES REGIONAL
CENTER (SCLARC) AREA



South Central Los Angeles
Regional Center



The Self-Determination Program (SDP) Local Advisory Committee (SDPLAC) is a volunteer advisory committee providing oversight of SDP implementation at SCLARC. SDPLAC meetings are open to the public and provide an opportunity to learn more about SDP.

UPCOMING MEETINGS

January 12th, 2022 - 6pm-8pm	July 13th, 2022 - 6pm-8pm
February 9th, 2022 - 6pm-8pm	August 10th, 2022 - 6pm-8pm
March 9th, 2022 - 6pm-8pm	September 14th, 2022 - 6pm-8pm
April 13th, 2022 - 6pm-8pm	October 12th, 2022 - 6pm-8pm
May 11th, 2022 - 6pm-8pm	November 9th, 2022 - 6pm-8pm
June 8th, 2022 - 6pm-8pm	December 14th, 2022 - 6pm-8pm

Meeting locations may be online; to sign up to receive updates on future meetings, email SelfDetermination@sclarc.org or call 323-998-9519.

Parent Advisory Committee (PAC) Groups

Angeles Por Siempre Unidos (Cudahy)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- The group offers different socializing activities for parents such as karaoke, dancing, walking in the park (with social distancing), playing bingo, and playing loteria via Zoom.
- Meetings are held on Mondays and Wednesdays from 4 pm to 6 pm. Also, on Tuesdays and Thursdays from 6pm to 8 pm via Zoom to play bingo and loteria. Lastly on Fridays from 8 pm to 10 pm via Zoom to sing.
- Meetings are held at 4835 Clara Street Cudahy, CA 90201.
- Contact for more information:
 - Amanda Arambula – (562)608-7739 – amanda.arambula@gmail.com
 - Javier Munoz – (323)761-3966
- Spanish speaking group

Angeles Sin Límites (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 3rd Tuesday of the month from 5:30 pm to 7:30 pm via zoom (due to pandemic)
- Meetings were held (prior pandemic) every 4th Tuesday of the month from 10 am to 12 pm at the Community & Senior Center Barbara J. Riley – 7810 Quill Drive Downey, CA 90242
- Contact for more information:
 - Herlinda Rodriguez - (562) 413-4377 – hrodriguez60@yahoo.com
 - Maria Leonor Dimas – (323)369-6370 – mariadimas1@verizon.net
 - Maricela Donate – (562)746-5249 – donatemaricela@gmail.com
- Spanish speaking group

Autism Advocates in Action Support Group (Carson)

- Parent support group for families with children with autism.
- Meetings are held every 3rd Saturday of the month. No meetings in November and December due to holidays.
- Meetings are held via Zoom and at the City of Carson Library - 151 E Carson Street Carson, CA 90745
- Website: <https://autismact.org/>
- Contact for more information:
 - Renita Verner - (562)857-4300 - autismadvocatesapp@gmail.com
- English speaking group

Bugle Horn Autism Support Group

- Parent support group consists mostly of families with children and adults with autism, but all disabilities are welcome. Families participating come from 4 different regional centers (Westside, SCLARC, Lanterman, Northern).
- Meetings are held every 2nd Monday of each month from 5 pm to 6:45 pm
- Meetings are being held via Zoom (due to pandemic)
- Contact for more information:
 - Florence Bracy – (323)574-0862 – bracyflorence2013@gmail.com
- English speaking group

Down Right Blessed (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 1st Wednesday and last Thursday of every month (unless there is a major holiday).
- Meetings are held via Zoom (due to pandemic). Prior pandemic were held at Knights of Columbus Hall - 11231 Rives Ave, Downey, CA 90241
- Contact for more information:
 - Irene Cortez – (562)607-2100 – soyirene74@gmail.com
- English and Spanish speaking group

Hub City Autism Network (Compton)

- Parent support group for families with children with autism. They host events throughout the year.
- Meetings are held at 830 S. Mayo Ave Compton, CA 90221
- Website: www.hubcan.org
- Contact for more information:
 - Consuelo Evans – (424)242-3899 - hubcityautism@gmail.com
- English speaking group

Shining Again (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- The group offers karaoke, flokorico and hip hop dancing.
- Meetings are held on Fridays from 4 pm to 8 pm on a weekly basis
- Meetings are held at 11233 Woodruff Ave Downey CA 90241
- Contact for more information:
 - Adriana Torres – allshiningagain@gmail.com
 - Socorro Rios – cocorro62@gmail.com
 - Lupita Solorzano - lupitaestradam1@gmail.com
- Spanish speaking group

Shining Stars Foundation (Downey)

- Parent support group for families with children who have services with SCLARC.
- The group offers karaoke, community presenters for parents and other social activities for SCLARC consumers.
- Meetings are held every Friday from 6 pm to 10 pm. Due to pandemic, there are currently no meetings being held as of now.
- Meetings are held at 12456 Bellflower Blvd Downey CA 90242
- Contact for more information:
 - Luz Curiel - (323)804-9315 - Luz.curiel@hotmail.com
- Spanish speaking group

Un Paso Mas (Huntington Park)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Group offers various presenter and topics covered.
- Meetings are held every Friday from 9 am to 11:30 am
- Meetings are held at 2621 Zoe Ave Suite C Huntington Park, CA 90255
- Contact for more information:
 - Emma Orozco - (323)819-4164 – emmaorozco@gmail.com
 - Ceci Granados – ceciarisper2017@gmail.com
- Spanish speaking group

Unidos con Misión y Poder (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 2nd Thursday of the month
- Meetings are held at 7360 Foster Bridge Blvd Downey, CA 90241
- Contact for more information:
 - Gledy Aceituno – (323)717-2853 – gledyaceituno@aol.com
 - Blanca Martinez – (310)748-9715 - weloveourpumpkins@yahoo.com
 - Amada Reyes – (562)842-7178 – ammycolorado64@gmail.com
- Spanish speaking group

SCLARC's Website



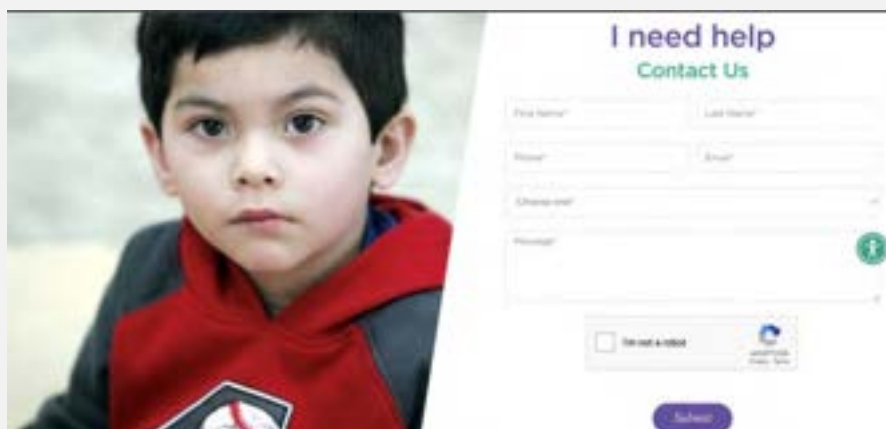
Our website is mobile friendly and so easy to navigate. We have the following features available:

A "Contact Us" form that the community can use to send us messages when they have questions or need help.

Event calendar that is updated with upcoming meeting dates, workshops, trainings and more.

The McClanley Family Resource Center web page is integrated with our SCLARC site making it easier for families to find information and events from the Family Resource Center.

Check out our website, visit us at www.sclarc.org!



SCLARC's Service Delivery and Quality Outcomes



BRIDGING THE GAP

Disparity Specialist Position

SCLARC funded position to improve purchase of services.

Person Centered Thinking and Training

Looking at the individual as a person not an entity or a medical diagnosis. Focusing on their strengths and desires, not their deficits.

Self Determination Program

Providing a second model for the delivery of services to Regional Center individuals for whom their needs may not be met under the traditional model.

Response to the Pandemic

Identified the unique needs of every individual and provided appropriate services to promote health and safety during the pandemic.

Customer Service and Communication

Collaborating with families to ensure services are provided in a timely manner. SCLARC made its presence in the Southeast area with the opening of the South Gate office in November of 2019. Created the Supplemental Materials Guidebook, which includes a list of services funded by SCLARC and is updated on a yearly basis.

Staff Training

Continued training for Service Coordinators regarding case management procedures and protocols while enhancing their knowledge and skills required to complete their job responsibilities.

SCLARC's Parent Navigator Program

Funded by a DOS Service Access & Equity Grant, SCLARC's Navigator program provides individuals and families served by the Regional Center with support in understanding and acquiring supportive services including PCS funded services, IHSS, SS, and other generic community services.

DISPARITY SPECIALIST POSITION

Erika Anguiano, Disparity Case Management Specialist, Erika.A@sclarc.org or 1-213-765-3882

- Collaborates with SCLARC's parent support groups within the community.
- Partners and Collaborates with SCLARC's Navigator Program.
- Assists Service Coordinators to improve POS funding of services.
- Provides hands-on training to staff regarding case management, POS policies and service delivery.
- Provides coaching to Team Leaders with resolving issues and providing changes and updates to protocols and processes.
- Collaborates and communicates with vendors to ensure efficient service delivery and provides additional support to individuals and their families.
- Is a Liaison between vendors, Community Services and Service Coordinators for processing employment POS services.
- Facilitates, responds to questions, conducts trainings and participates in all aspects of the Self Determination Program; primarily for our Spanish speaking families.
- Provides full follow-up to issues and concerns from parents or vendors.
- Monitors the cmhelp@sclarc.org email and the SCLARC's case management helpline: 1-833-725-2721.

PERSON CENTERED THINKING

Person Centered Planning helps plan an Individual's life and identifies the supports and needs for the individual to sustain independence:

- Person Centered Thinking Development
- Focus on Individual's needs
- Refer to individual by name, reframe from using "Consumer"
- IPP reports become more personalized
- Person Centered Thinking Tools
 - One Page Description
 - What is working and not working

PERSON-CENTERED THINKING TRAINING

- Six Person Centered Trainers and Two Spanish speaking staff currently in training (Trainers represent Department of Case Management, Community Services Department, and the Clinical Department).
- The first 16-hour English Person-Centered Parent Training via Zoom is scheduled to begin in late May 2021.
- The first 16-hour Spanish Person-Centered Parent Training via Zoom is scheduled to begin in July 2021.

Refer to supplemental material for upcoming training dates.

PERSON-CENTERED THINKING TRAINING

- English and Spanish 2-Hour In-Person Person Centered Parent Trainings scheduled to resume in Fall of 2021.
- Regional Center Staff including New Employees participate in a 2-Day Person Centered Thinking Training.
- Vendors and SCLARC Consultants attend a 4 Hour Person Centered Thinking Training.

Refer to supplemental material for upcoming training dates.

SELF DETERMINATION PROGRAM

The program is scheduled to open to all SCLARC Individuals on June 7th, 2021

New Voluntary Service Delivery System: allows participants the opportunity to have more control in developing their service plans and selecting service providers to better meet their needs.

The Lanterman Act lays the ground-work for self-determination by including 5 principals to guide the program:

- **Freedom** - to exercise the same rights as all citizens
- **Authority** - Control of their own budget to purchase needed supports.
- **Support** - Organize resources that are life enhancing and meaningful.
- **Responsibility** - The wise use of public dollars
- **Confirmation** - The important role that individuals play as their own self-advocate.

SELF DETERMINATION PROGRAM

SCLARC's Ongoing SDP Activities

- Bi-Weekly trainings for Service Coordinators
- Monthly SDP Trainings offered to the community in English and Spanish, via Zoom
 - Partnership with FDLRC (started January 2021) to provide trainings (via Zoom) in Spanish (without translation) on various aspects of the SDP process.
 - "Meet and Greets" in English and Spanish for Independent Facilitators/PCPs and FMS agencies
- Monthly SDP Orientations offered in English and Spanish
 - In Fall of 2020, staff were trained to provide orientation in Spanish (without translation).
- Staff trained to conduct budget/spending plan meetings in Spanish (without translation).
- Initiated the Self-Determination Contact Project
- Every unit has designated 1 English-speaking and 1 Spanish-Speaking Service Coordinator to be trained in the SDP process.
 - Training all Service Coordinators on SDP to decrease disparities
- Added SDP in English and Spanish to New Parent Orientations

RESPONSE TO THE PANDEMIC

In March of 2020, Governor Newsom declared and implemented a State of Emergency in response to the COVID-19 Pandemic. Regional Centers were subsequently provided with directives from the Department of Developmental Services (DDS) allowing regional centers flexibility to better serve and support individuals/families during the quarantine to maintain their health and safety. In response, SCLARC modified our delivery of services to promote the Health and Safety of the individuals we serve during the pandemic.

Increased services and made it easier for individuals/families with receiving the following C19 services and supports:

- Funding of Diapers
- Increase in Respite Hours
- Increased Personal Assistance/Specialized Supervision to assist with remote learning, lack of day programming, and with child-care and behavioral challenges
- Increased LVN Respite Hours
- Considered Participant Directed Services for LVN Needs
- Increased Supportive Living Services Hours
- Increased Independent Living Services
- Continued funding of vendors who provided remote services
- Funding of Alternative Services
- Provided Generic Non-POS funded Services and Supports through Friends of SCLARC and FRC
- Modified placement protocols to meet COVID-19 crisis health and safety state guidelines (surge placements)
- COVID related expenses for families: **March through June 2020: \$6,141,101 and July 2020 to Current day: \$14,577,080**

RESPONSE TO THE PANDEMIC

CONDUCTED WELLNESS COVID 19 CHECK-IN AND FOLLOW-UP

- SCLARC staff were required to contact all families served by SCLARC to check in on their well being and to provide follow up and services as needed.
- Annual and Quarterly Meetings were held via telephone, zoom/ face time for continued communication with families and ensured that identified needs were met.

CONDUCTED COVID 19 VACCINATION WELLNESS CALLS AND FOLLOW-UP

- SCLARC staff are required to contact all families served by SCLARC to check in on their well being and to provide vaccination assistance for those who are eligible to be vaccinated.
- Provided transportation services if needed for an individual to access a vaccination site.
- SCLARC provided eligibility letters for health care workers and the individuals served by SCLARC.
- SCLARC implemented a Vaccination Call Center staffed by bilingual SCLARC staff to provide the following supports:
 - Contact information: vaccinehelp@sclarc.org and phone number (213) 519-9339
 - Outreach to individuals and their families
 - Answering vaccination questions
 - Responding to vaccination concerns
 - Assisting with scheduling and securing vaccination appointments
 - Providing and tracking our individuals with a personalized vaccination verification letter
 - Providing and tracking our individuals Health Care Workers with a personalized verification letter
 - Entered vaccination data into Smart Chart

*Although SCLARC Offices are currently closed to public, SCLARC staff continue to be available to our individuals and community.

CUSTOMER SERVICE AND COMMUNICATION

SCLARC CUSTOMER SERVICE IMPROVEMENTS:

- Opened South Gate Office 12226 Garfield Ave., South Gate, CA 90280
- Completed an Individual and Family Survey
- Launched SCLARC's Helpline and Case Management email in response to communication issues between families and SCLARC staff
- Launched SCLARC's Family Portal Application in response to improving service delivery and communication delivery with individuals and families
- Developed and implemented the use of Seamless documents to allow safe communication of case management documentation with families
- Launched SCLARC's Vendor email dedicated to vendors in order to assist with vendor issues and improve service delivery to our individuals and families
- Updated SCLARC's List of Services (found in the supplemental material guide on page 18)
- Encourage the individuals and families we serve to participate in National Core Indicators (NCI) Surveys to assist with improving regional center services

STAFF TRAINING

SCLARC continues to work towards building staff skills and capacity.

FREQUENCY OF STAFF TRAININGS:

- Program Managers attend Leadership Trainings and monthly Management Trainings
- New Service Coordinators receive 12 weeks of orientation and training
- All Service Coordinators receive monthly case management training
- Monthly Case Management 101 Refreshers
- Continued Clinical Trainings
- 2-Day Person Centered Thinking Training for new Staff
- Unit level trainings with regards to policy updates and departmental changes

RECRUITMENT:

- SCLARC continues to hire Service Coordinators
 - Helps Reduce Caseloads
 - Improves Service Delivery and Customer Service

PURCHASE OF SERVICES

- Yearly updates to the list of services funded by SCLARC.
- Continue to provide Gap funding for ABA/ Therapies.
- Continue to implement Personal Assistance/Specialized Supervision Policy.
- Independent Living Skills increase in hours based on individual need.
- Providing Gap funding for Adaptive Skills Training and Socialization Skills Training Policies.
- Reviewing of nursing hours for LVN Respite care based on respite grid and needs assessment.

Note: Certain services mentioned above require Clinical review of current medical records and/or current Individualized Education Plan.

IMPLEMENTATION OF PREVIOUS POLICY CHANGES

- Respite and Personal Assistance policy allows for a worker to be anyone who qualifies age 18 and over the parent chooses (except the parent/main caregiver) promoting self directed services.
- Continue to review LVN respite exceptions on a case-by-case basis.
- Continue to provide one on one assistance for individuals interested in or already attending a College/University.
- Fund tailored day services for individuals having difficulties identifying a day program.
- Implementation of the Employment First Policy.

CHALLENGES

- Misguided information shared in the community regarding services.
- Reluctance to share documentation with Regional Center in order to conduct an appropriate needs assessment.
- Hesitancy to utilize Generic Resources.
- Hesitancy to disclose Generic Resource utilization.
- Delays in the certification of Respite and Personal Assistance workers.
- Individual/family does not know who their SC or Program Manager are and do not have any contact information.
- Self Determination Program (SDP) Participants hesitation with moving forward in the program.
- Service requests are not based on needs.
- Family should help identify IPP Service Outcome goals and how the services requested will help attain those goals.

THE LANTERMAN DEVELOPMENTAL DISABILITIES SERVICES ACT

Generic Resources Reminder

Regional centers have a mandate not only to serve persons with developmental disabilities, but to provide services in the most cost-effective manner possible. We are required by the Lanterman Act to use all other resources or generic resources first before using regional center funds.

A generic agency is one which has a legal responsibility to serve all members of the general public and receives public funds for providing those services.

Welfare and Institutions Code 4646.4

"This internal process shall ensure adherence with federal and state law and regulation, and when purchasing services and supports, shall ensure all of the following:

- (1) Conformance with the regional center's purchase of service policies, as approved by the department pursuant to subdivision (d) of Section 4434.
- (2) Utilization of generic services and supports when appropriate.
- (3) Utilization of other services and sources of funding as contained in Section 4659."

THE LANTERMAN DEVELOPMENTAL DISABILITIES SERVICES ACT

Generic Resources Reminder

Cal. Code of Regs Title 17, section 54302

(31) "Generic Agency" means any agency which has a legal responsibility to serve all members of the general public and which is receiving public funds for providing such services;

(32) "Generic Support(s)" means voluntary service organizations, commercial businesses, non-profit organizations, generic agencies, and similar entities in the community whose services and products are regularly available to those members of the general public needing them. (These are broad definitions that include school, \$\$, insurance, libraries, YMCA, etc.)

4648 Subdivision (a)(8)

In order to achieve the stated objectives of a consumer's individual program plan, the regional center shall conduct activities, including, but not limited to, all of the following:

- (a) Securing needed services and supports;
- (8) Regional center funds shall not be used to supplant the budget of an agency that has a legal responsibility to serve all members of the general public and is receiving public funds for providing those services.

THE LANTERMAN DEVELOPMENTAL DISABILITIES SERVICES ACT

Generic Resources Reminder

4659 Subdivision (a)-(e)

(a) Except as otherwise provided in subdivision (b) or (e), the regional center shall identify and pursue all possible sources of funding for consumers receiving regional center services. These sources shall include, but not be limited to, both of the following:

(1) Governmental or other entities or programs required to provide or pay the cost of providing services, including Medi-Cal, Medicare, the Civilian Health and Medical Program for Uniformed Services, school districts, and federal supplemental security income and the state supplementary program.

(2) Private entities, to the maximum extent they are liable for the cost of services, aid, insurance, or medical assistance to the consumer.

(b) Any revenues collected by a regional center pursuant to this section shall be applied against the cost of services prior to use of regional center funds for those services. This revenue shall not result in a reduction in the regional center's purchase of services budget, except as it relates to federal supplemental security income and the state supplementary program.

(c) Effective July 1, 2009, notwithstanding any other law or regulation, regional centers shall not purchase any service that would otherwise be available from Medi-Cal, Medicare, the Civilian Health and Medical Program for Uniformed Services, In-Home Support Services, California Children's Services, private insurance, or a health care service plan when a consumer or a family meets the criteria of the coverage but chooses not to pursue that coverage. It, on July 1, 2009, a regional center is purchasing that service as part of a consumer's individual program plan (IPP), the prohibition shall take effect on October 1, 2009.

THE LANTERMAN DEVELOPMENTAL DISABILITIES SERVICES ACT

Needs assessment when providing services reminder.

Welfare and Institutions Code 4646.5.

“(a) The planning process for the individual program plan described in Section 4646 shall include all of the following: (1) Gathering information and conducting assessments to determine the life goals, capabilities and strengths, preferences, barriers, and concerns or problems of the person with developmental disabilities. For children with developmental disabilities, this process should include a review of the strengths, preferences, and needs of the child and the family unit as a whole. Assessments shall be conducted by qualified individuals and performed in natural environments whenever possible. Information shall be taken from the consumer, the consumer's parents and other family members, the consumer's friends, advocates, authorized representative, if applicable, providers of services and supports, and other agencies.”

IPP SERVICE OUTCOMES

What is your desired outcome for your loved one?

What is the main goal?

Why are you requesting a particular service?

Service Coordinators need to have a better understanding of why the service is being requested and the goals the family is trying to achieve in order to identify the appropriate service.

For example:

Family's requesting Independent Living Skills services for a 16-year-old child. ILS would not be an appropriate service and does not meet SCLARC's Purchase of Service Policy since the child is under the age of 18 and continues to be enrolled in school. Policy requires that individual be 18 years and older and no longer enrolled in school. In this case, if the goal is to have the individual gain independence, a service such as Adaptive Skills Training would be the recommended service to meet his/her needs.

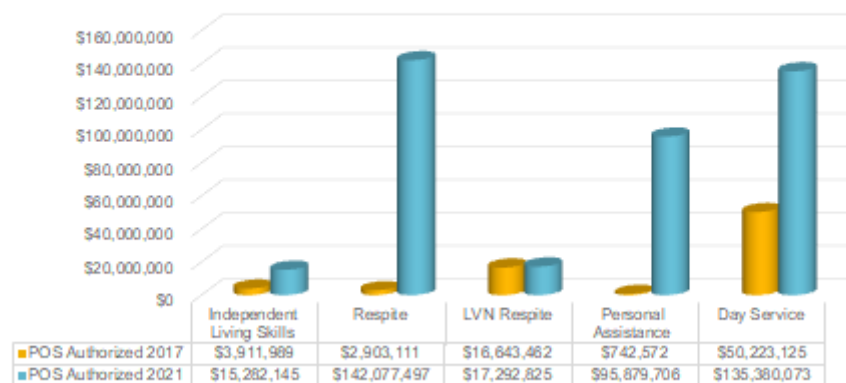


POS Authorized Services Data

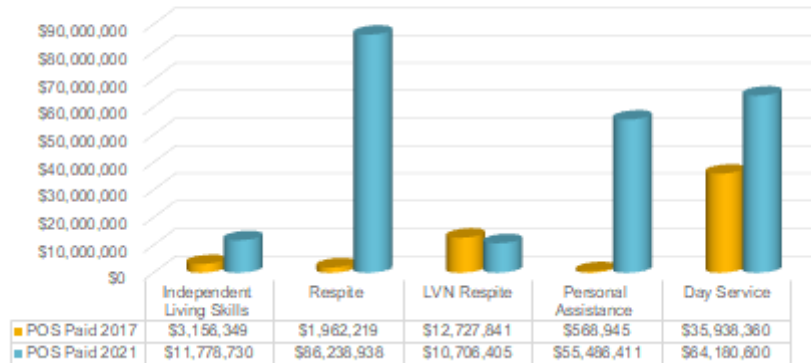
COMPARING AUTHORIZED SERVICES

	A	B			C	D		
		Fiscal Year 2021				Fiscal Year 2017		
		POS Authorized	POS Paid	POS Not Used		POS Authorized	POS Paid	POS Not Used
1								
2								
3	Independent Living Skills	\$15,282,145.21	\$11,778,729.64	\$3,503,416		\$3,911,989	\$3,156,349	\$755,640
4	Respite	\$142,077,496.82	\$86,238,937.99	\$55,838,559		\$2,903,111	\$1,962,219	\$940,892
5	LVN Respite	\$17,292,824.90	\$10,706,405.08	\$6,586,420		\$16,643,462	\$12,727,841	\$3,915,621
6	Personal Assistance	\$95,879,706.21	\$55,486,410.76	\$40,393,295		\$742,572	\$568,945	\$173,627
7	Day Services	\$135,380,072.97	\$64,180,600.30	\$71,199,473		\$50,223,125	\$35,938,360	\$14,284,765
10								
11	Grand Total:	\$405,912,246.11	\$228,391,083.77	\$177,521,162		\$74,424,259	\$54,353,714	\$20,070,545

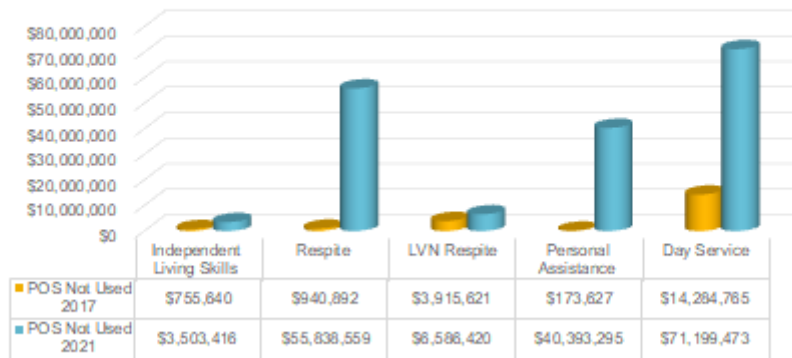
POS AUTHORIZED - FY 2017 vs FY 2021



POS PAID - FY 2017 vs FY 2021



POS NOT USED - FY 2017 vs FY 2021





Additional information: **ENHANCED CASE MANAGEMENT PROGRAM**



ENHANCED CASE MANAGEMENT CURRICULUM



Educate the individual/family to develop a better understanding of:

1. Individual's Diagnosis
2. Regional Center's Role
3. ECM Specialist/Service Coordinator's and the Family's Role
4. IPP Process and its Purpose
5. Access to services and supports

ENHANCED CASE MANAGEMENT PROGRAM PURPOSE

- Educate individuals/family to advocate for themselves to obtain services.
- Enhance the competency and build confidence of the participants in navigating the Regional Center system.
- Increase Purchase of Service expenditures for the participants



LENGTH OF PROGRAM

Enhanced Case Management Program
Participants:

- Duration may be up to 24 months.
- Families may exit at any time.
- Upon entering ECM program, family will complete a Pre-Test to measure their knowledge about Regional Center.
- Upon exiting ECM program, family will complete a Post-Test to measure their Regional Center knowledge.
- Exiting ECM program, case will return to traditional case management.





PARTICIPANT CHOICE SPECIALISTS



PARTICIPANT CHOICE SPECIALISTS

- Provides information to regional center staff, individuals served and families about all participant directed service options, including state and federal regulations that determine allowable and non-allowable use of SDP funds.
- Conduct training for regional center staff, including Service Coordinators and those involved in the fair hearing process, as needed, about the principles of self-determination, how services are obtained through SDP and the rights of SDP participants. Training may be provided in conjunction with the local volunteer advisory committee. [Welfare and Institutions (W&I) Code section 4685.8(r)(9)]
- Meet SDP enrollment targets and benchmarks. [W&I Code section 4685.8(r)(1)]
- Expand awareness of participant directed service options through efforts to identify concerns and barriers to enrollment, reduce identified barriers by providing information and training to individuals served, families and providers about participant directed service options.

PARTICIPANT CHOICE SPECIALISTS



- Develop and implement an outreach and training plan for diverse communities and obtain input from stakeholders about the effectiveness of the outreach, training and other strategies. The plan shall encompass information about all participant directed service options, including SDP. [W&I Code section 4685.8(r)(2)]
- Complete additional review of participant budgets which exceed a specified threshold and use the information in aggregate to identify additional training, program guidance, and verification of compliance with state and federal requirements. [W&I Code section 4685.8(r)(5)]
- Work with eligible individuals served and their families to apply for Medi-Cal. [W&I Code section 4685.8(r)(4)]

- Assist the Self Determination Local Advisory Committee with coordinating meetings, including posting meeting agenda on SCLARC Website and distribution of other meeting notices.

- Provide subject matter support including technical assistance, guidance and 1 to 1 consultation and showing through demonstration the process or procedures to support transition in PDS and the SDP.

- Maintain necessary records on each program to ensure compliance with regulatory guidelines, including monthly reports to DDS, Self-Determination Local Advisory Committee and Board of Directors.

- Work closely with FMS, Person Centered Planners and Independent Facilitators to streamline processes, and existing systems.

PARTICIPANT CHOICE SPECIALISTS



PARTICIPANT CHOICE SPECIALISTS

- Work closely with contractors awarded grants, and engage community outreach through fairs, electronic communications, social media, and events with partnering agencies.

- Assist the Self Determination Local Advisory Committee with managing any SDP Program Allocations.

- Respond to emails and phone calls from community members and others regarding PDS and SDP.



PARTICIPANT CHOICE SPECIALISTS

SCLARC will have 3 Participant Choice Specialist Positions; two dedicated to Case Management and one to the Fiscal Department. The role of the Participant Choice Specialist includes the following:

- Provides information to regional center staff, individuals served and families about all Participant Directed Service (PDS) options, including state and federal regulations that determine allowable and non-allowable use of Self Determination Program (SDP) funds.
- Conduct training for regional center staff, including Service Coordinators and those involved in the fair hearing process, as needed, about the principles of self-determination, how services are obtained through SDP and the rights of SDP participants. Training may be provided in conjunction with the local volunteer advisory committee. [Welfare and Institutions (W&I) Code section 4685.8(r)(9)]
- Meet SDP enrollment targets and benchmarks. [W&I Code section 4685.8(r)(1)]
- Expand awareness of Participant Directed Service options through efforts to identify concerns and barriers to enrollment, reduce identified barriers by providing information and training to individuals served, families and providers about Participant Directed Service options.
- Develop and implement an outreach and training plan for diverse communities and obtain input from stakeholders about the effectiveness of the outreach, training and other strategies. The plan shall encompass information about all Participant Directed Service options, including SDP. [W&I Code section 4685.8(r)(2)]
- Complete additional review of participant budgets which exceed a specified threshold and use the information in aggregate to identify additional training, program guidance, and verification of compliance with state and federal requirements. [W&I Code section 4685.8(r)(5)]
- Work with eligible individuals served and their families to apply for Medi-Cal. [W&I Code section 4685.8(r)(4)]
- Assist the Self Determination Local Advisory Committee with coordinating meetings, including posting meeting agenda on SCLARC Website and distribution of other meeting notices.
- Provide subject matter support including technical assistance, guidance and 1 to 1 consultation and showing through demonstration the process or procedures to support transition in PDS and the SDP.
- Maintain necessary records on each program to ensure compliance with regulatory guidelines, including monthly reports to DDS, Self-Determination Local Advisory Committee and Board of Directors.
- Work closely with FMS, Person Centered Planners and Independent Facilitators to streamline processes, and existing systems.
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- Assist the Self Determination Local Advisory Committee with managing any SDP Program Allocations.
- Respond to emails and phone calls from community members and others regarding PDS and SDP.

SCLARC Directory

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