

# *Supplemental Material*



## *South Central Los Angeles Regional Center*

### *FY 2018-2019 Public Forum PoS Service Data*





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## *SCLARC's Mission*

SCLARC believes special needs deserve special attention. We are committed to the provision of culturally sensitive services which enhance the inherent strengths of the family and enable the individuals we serve to lead independent and productive lives.



## **Purpose**

Service Data FY 2018-2019

**In FY 2012-13 a law was passed (WIC 4519.5) requiring the Department of Developmental Services (DDS) and all Regional Centers to annually compile data relating to Purchase of Services authorizations, utilizations, and expenditures by age group, ethnicity, primary language, and disability.**

**This law was passed because Legislators were concerned about the disparity in funding for the services provided to specific ethnic groups.**

**Advocates believe by sharing and analyzing this data each year, we will better understand the disparity in services so that we can better meet the needs of our stakeholders and more effectively deliver services to the individuals we serve who experience the greatest differences in funding.**



## *Connecting with the Regional Center*

**Who can I contact if I have questions regarding the regional center as an individual you serve or as a parent/guardian/conservator of the individual you serve?**

- If you have a question regarding your services, call your Service Coordinator at their direct number.
- If you do not know your Service Coordinator's phone number, dial SCLARC's main number at **213-744-7000**.
- If you call your service coordinator and they do not answer, please leave a message with a number where you may be reached. *He/she will return your phone call within 24-48 hours.*
- If you are not able to leave a message, ask to speak with the Officer of the Day (OD) for your Service Coordinator's Unit.
- If you do not hear from your Service Coordinator within 24-48 hours, call their Program Manager. They will return your phone call within 24-48 hours.
- If you do not hear from the Program Manager within that time, contact one of the following: ***Kimberly Arlington-White, Teodoro Bilbao, Jenice Turner, or Jesse Rocha*** (Management for the Department of Children and Adult Services). They will return your phone call within *24-48 hours*.
- For a full list of SCLARC's Management, please turn to page 43 of this document.

## PoS Cost Statement

### What is the POS Cost Statement and how can I understand it?

- The POS Cost Statement includes services that were authorized and paid by the regional center each month. The Cost Statement is **NOT** a bill.
- A full page example of the cost statement and letter can be found on the following page.
- The services are purchased from Regional Center authorized vendors.
- The services may include assessments and other clinical services performed at the Regional Center.
- If you have not received the current POS Cost Statement please contact your service coordinator for a copy of the statement.

*Please see the annotated version of the cost statement below:*

Reading the POS Cost Statement

1		2										3	
Service: 862		IN-HOME RESPITE SERV										Rate: 20.730	
		July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
4	Costs Per Month:	498	498	498	498	498	498	498	498	498	622	622	622
5	Units Per Month:	24	24	24	24	24	24	24	24	24	30	30	30
Year To Date Total:										Total Units: 306			
										6			
										7			

#### Legend:

1. Service: Service code and type of service provided
2. Provider: Name of the service provider
3. Rate: Cost per hour of service
4. Cost Per Month: Total cost of service per month
5. Units Per Month: Number of hours per month
6. Year to Date Total: Total cost of service to date
7. Total Units: Total number of hours of service to date

October 11, 2019

RE: FOR YOUR INFORMATION ONLY - This Notice Does Not Change Services Received from South Central Los Angeles Regional Center

Dear Person Served and/or Family Member:

South Central Los Angeles Regional Center (SCLARC) is required by the Lanterman Act to provide an annual statement to each person being served by the regional center. Your statement is printed on the reverse side of this letter, and is being provided to the individual, and/or, his or her parents, legal guardian, conservator, or authorized representative and indicates any and all services purchased for the SCLARC individual. This information is intended to give you a better understanding of the programs and supports that SCLARC purchases for you or your family member.

The statement is for the Fiscal Year 2018-19 (July 1, 2018 - June 30, 2019). The list of services purchased does not include the on-going case management support, assistance, and expertise provided by your regional center service coordinator. In addition, there may be some services purchased by SCLARC which are not shown on the statement. Some group services are purchased using a single contract and individual persons are not separately identified. Examples of such services include transportation aides and crisis intervention services. Also, we have excluded Personal and Incidental (P&I) payments.

Please take a few moments to review the statement. If you have any questions or you notice any errors, please contact your Service Coordinator by calling (213)744-7000.

Sincerely,  
  
Dexter Henderson  
Executive Director

11 de Octubre de 2019

Re: PARA SU INFORMACION SOLAMENTE - Esta noticia no cambia los servicios recibidos del Centro Regional Del Sur de Los Angeles

Estimada persona servida/ o miembro de familia:

El Centro Regional del Sur de Los Angeles (SCLARC) esta siendo requerido por la Ley Lanterman, para proveer un estado anual a cada persona servida por el centro regional. Su estado de cuenta esta impreso en la parte opuesta de esta carta, y se proporciona al individuo, y/o a sus padres, tutor legal, conservador o representante autorizado e indica todos y cada uno de los servicios comprados para el individuo de SCLARC. Esta información tiene la intención de darle una mejor comprensión sobre los programas y apoyos que SCLARC adquiere para usted y su familia.

Este estado es para el Año Fiscal 2018-2019 (1 de Julio del 2018 - 30 de Junio del 2019). La lista de servicios proporcionados no incluye el apoyo de administración de casos, asistencia, y conocimientos proveídos por su coordinador de servicios del centro regional. Adicionalmente, podria haber servicios proporcionados por el centro regional que no son mencionados en este estado. Algunos servicios de grupo que son proporcionados usando un solo contrato y las personas individuales no son identificados separadamente. También, hemos excluido pagos personales e incidentales (P&I).

Por favor tome unos minutos para revisar este estado. Si usted tiene alguna pregunta o si identifica errores, por favor contacte a su coordinador de servicios al (213)744-7000.

Sinceramente,  
  
Dexter A. Henderson  
Director Ejecutivo

Date: 10/11/2019

South Central Los Angeles Regional Center  
Purchase Of Services Statement  
Fiscal Year 18 - 19

Page No: 4

Service Coordinator

**Total All Services**  
**Total Units**

**\$310097**  
**2729**

Service: 109	SUPPLEMENTAL RESIDENTIAL PRGM SPRT										Provider:		Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June		
Costs Per Month:	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78	\$78		
Units Per Month:	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2	\$2		
Year To Date Total:										\$6936				
										Total Units: 636				

Service:	Provider:										Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:												
Units Per Month:												
Year To Date Total:										Total Units:		

Service:	Provider:										Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:												
Units Per Month:												
Year To Date Total:										Total Units:		

Service:	Provider:										Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:												
Units Per Month:												
Year To Date Total:										Total Units:		

Service:	Provider:										Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:												
Units Per Month:												
Year To Date Total:										Total Units:		

Service:	Provider:										Rate:	
	July	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June
Costs Per Month:												
Units Per Month:												
Year To Date Total:										Total Units:		





## **Regional Center Services**

### **How do you receive Regional Center Services?**

- A person can qualify for services at any age; however, the person must be diagnosed with an intellectual and/or a developmental disability before the age of 18.
- Regional centers do not provide support to persons who are only diagnosed with a mental illness (i.e. depression, schizophrenia), have a learning disability (i.e. dyslexia, auditory processing disorder), are only deaf or blind, or only have a speech disorder.
- The primary diagnosis must be an intellectual and/or developmental disability. A person can be found eligible who is dually diagnosed with an intellectual or developmental disability as well as other disabilities described above.
- However, if you feel someone is delayed, and are unsure if they would qualify for SCLARC services, please refer them for an assessment.

## **Regional Center Eligibility**

### **What makes someone eligible to receive Regional Center services?**

- Income is NOT a factor for eligibility.
- Services are provided for free.
- Services are provided regardless of citizenship or residency status – ***The individuals we serve can receive services if they are undocumented.***





## **Regional Center Intake Process**

**How do you determine if someone is eligible for services from the Regional Center?**

If you would like to determine if your loved one, between the ages of birth to three (3) years, is eligible for services, or to make a referral to Early Start Intake, contact:

**Phone:** (213) 744-7000 Ext. 3226  
**Fax:** (213) 947-4115  
**Email:** [Earlystartintake@sclarc.org](mailto:Earlystartintake@sclarc.org)

For ages 3 and above, contact Lanterman Intake at:

**Phone:** (213) 744-8880 Ext. 3227  
**Fax:** (213) 559-0612  
**Email:** [Lantermanintake@sclarc.org](mailto:Lantermanintake@sclarc.org)

**Please call first, do not walk in.**

- An intake worker completes an initial telephone screening and schedules an appointment for an office visit if needed. Early Start may schedule an in-home visit if needed.
- Helpful to bring any documentation that indicates why the person may meet eligibility criteria, such as:
  - Medical Records
  - Psychological/Psychiatric Evaluations
  - School Records (IEP's, reports cards, etc.)



## *Regional Center Intake Process, Cont.*

*Intake Service Coordinators have **15 business days** to complete an assessment after the initial request.*

- Other clinicians, such as a psychologist, physician, OT/PT, or others may also assess the prospective client if needed.
- In some cases, an intake worker may observe the individual in the community, i.e., in school, to ensure an accurate assessment.
- Finally a “Core Staffing Team” comprised of clinicians, managers, and the intake Service Coordinator will make a determination regarding eligibility.
- For those not found eligible, referrals will be made to appropriate alternative resources in the community.

### *For individuals ages birth to 3:*

- Cases are reviewed by the Early Start Eligibility Team, which generally takes 45 days to complete.

### *For individuals ages 3 and older:*

- The intake process generally takes 45 to 120 days to complete.



## **Assessment & Interdisciplinary Team**

**Who are the people who will be helping the individual you serve obtain services?**

- The interdisciplinary team is made up of clinical professionals, subject specialists and consultants, program managers, and other regional center staff.
- Following the assessment, the Service Coordinator will confer with the individual we serve, his/her Circle of Support and the Interdisciplinary Team who will all work together to determine the best plan to meet the needs of the individual we serve.

## **Individual Program Plan**

**What is the Individual Program Plan (IPP) and how does it help the individual we serve?**

- The Individual Program Plan (IPP) helps the family and the individual we serve communicate; the IPP documents the needs of each individual we serve at the Regional Center.
- Service Coordinators conduct Person Centered Planning IPP's.
- A Face-to-Face, in-depth conversation between the individual we serve, his/her Circle of Support, and the Service Coordinator is used to design an effective plan to ensure the progress of the individual we serve.



## **Person Centered Planning**

### **What is Person Centered Planning (PCP) and how does it affect the IPP process?**

During that conversation, the Service Coordinator, along with the individual we serve and their Circle of Support will:

- Assess the current needs of the individual we serve.
- Assist the individuals we serve in meeting those needs through various generic and SCLARC funded resources.
- Empower the individuals we serve and his/her caregiver so that the individual can gain as much control over his/her own life as possible.
- Find ways to increase opportunities for individual participation in the community.
- Identify individual desires, interest and dreams.
- Develop a plan to turn those dreams into a reality.



## *Fair Hearings*

*The individuals we serve, or their authorized representatives, can utilize the Complaint and Fair Hearing process in order to make their dissatisfaction regarding eligibility decisions and/or denial of services known to South Central Los Angeles Regional Center.*

### **What do you do if you need to lodge concerns, grievances and complaints?**

- Under the Lanterman Act, found at Welfare and Institutions Section 4500 and following, individuals of, or applicants for, regional center services or their authorized representatives have the right to appeal any decision or action of the regional center with which they are dissatisfied or believe is illegal, discriminatory, etc. This right to appeal is generally referred to as the Fair Hearing appeals process. *(This appeals process is generally to be used for service-related and eligibility disputes.)*
- An appeal information packet is routinely sent to the individuals we serve or their authorized representative when the regional center proposes to take an action without the individual we serve or representative mutual agreement.
- If you do not have information on how to appeal a decision, simply ask your service coordinator, his/her supervisor, or the Consumer's Rights Advocate to send you an appeals information packet.

**For more information regarding Fair Hearings, contact:**

**Karmell Walker**

**Fair Hearings Chief**

**Phone: (213) 744-8899**



## **Fair Hearings, Cont.**

- The individuals we serve and/or families who receive and/or apply for services under the Early Start Program may file for voluntary, impartial mediation or a due process hearing when they disagree with any action taken by a Regional Center with respect to identification, eligibility, evaluation, assessment or the provision of early intervention services. (This appeals process is generally to be used for service related and eligibility disputes.)
- Title 17, California Code of Regulations Section 50540 also provides a rights-based complaint process whereby a individual, or any representative acting on the behalf of an individual we serve may file a complaint with the Clients' Rights Advocate assigned to SCLARC.

### **Office of Clients' Rights Advocacy**

8255 Firestone Blvd., Suite 405  
Downey, CA 90241

**Tel:** (323) 292-9907 // TTY: (800) 719.5798

**Toll Free:** (800) 776-5746

**Fax:** (323) 293-4259

**Website:** [www.disabilityrightsca.org](http://www.disabilityrightsca.org)  
[www.disabilityrightsca.org/espanol](http://www.disabilityrightsca.org/espanol)

- The individuals we serve and families can also lodge concerns, complaints and grievances regarding the denial of rights and/or services directly with SCLARC, the Office of Clients' Rights Advocacy (above) or with Area Board X at:

### **State Council on Developmental Disabilities**

411 North Central Ave., Suite 620  
Glendale, CA 91203-2020

**Phone:** (818) 543-4631 Fax: (818) 543-4635

**Email:** [losangeles@scdd.ca.gov](mailto:losangeles@scdd.ca.gov)

**Website:** [www.scdd.ca.gov](http://www.scdd.ca.gov)



## **Vendor Codes and Descriptions**

***Service Data FY 2018-2019***

The following list contains commonly used vendor codes by the Clinical Department. Along with the vendor code, a description of services provided is included.

***This is not the complete list of codes that may be included on your annual cost statement.***



SERVICE CODE	DESCRIPTION
<b>056 - INTERDISCIPLINARY ASSESSMENT SERVICES</b>	Provide specialized assessment to individuals.
<b>103 - SPECIALIZED HEALTH, TREATMENT, AND TRAINING SERVICES</b>	Specialized Health, Treatment and Training Services include, but are not limited to: services that increase or maintain health gastronomy and care of G-Tube treatment for mental illnesses and /or chemical dependencies, dental hygiene training for individuals and care providers, and the shipment of medical samples for testing.
<b>115 - SPECIALIZED THERAPEUTIC SERVICES (AGES 3-20)</b>	Specialized Therapeutic Services include, but are not limited to services necessary to increase or maintain health and or developmental progress, and, when provided as ancillary to these services, family and or individual education and training, family support and counseling; provider travel; interagency consultation; and consultation with and training for other involved professionals.
<b>116 - EARLY START SPECIALIZED THERAPEUTIC SERVICES</b>	Early Start specialized therapeutic services include, but are not limited to: services necessary to increase or maintain health and/or developmental progress.
<b>117 - SPECIALIZED THERAPEUTIC SERVICES (AGES 21+)</b>	The list of the providers qualified (with appropriate licensure, credentials and one year's experience working with individuals with developmental disabilities): Oral Health: Dentist, Dental Hygienist; Physical Health: Physician/Surgeon, Speech Therapist, Occupational Therapist, Occupational Assistant, Physical Therapist, Physical Therapist Assistant, Respiratory Therapist, RN, LVN, Nurse Practitioner, Maladaptive Behaviors/Social-Emotional Behavior Impairments: Chemical Addiction Counselor, Social Worker, Marriage and Family Therapist, Psychologist, Specialized Therapeutic Services include: Oral Health Services: Diagnostic Prophylactic, Restorative, Oral Surgery; Services for Maladaptive Behaviors Social-Emotional Behavior Impairments due to/Associated with a Developmental Disability: Individual and group interventions and counseling. Physical Health Services: Physical Therapy, Occupational Therapy, Speech Therapy, Respiratory Therapy, Diagnostic and Treatment, Physician Services, Nursing Service, Diabetes Self-Management.
<b>605 - ADAPTIVE SKILLS TRAINING</b>	Vendor possesses the skills, training and education necessary to enhance existing individual's skills. An adaptive skills trainer may also remedy individual's skill deficits in communication, social function or other related skill areas.
<b>620 - BEHAVIOR MANAGEMENT CONSULTANT</b>	Designs and/or implements behavior modification intervention services.
<b>627 - DIAPER SERVICE</b>	The vendor: (A) Supplies cloth diapers for the individual; and (B) Provides pick-up, laundering, and delivery of the diapers to the individual's home.
<b>672 - EDUCATIONAL PSYCHOLOGIST</b>	Provides evaluation and counseling to assist individuals in achieving more effective educational development.
<b>680 - TUTOR</b>	Provides the in-home individualized instruction to the individual which is supplementary to, or independent if, instruction provided by the classroom teacher.
<b>700 - ACUTE CARE HOSPITALS</b>	An acute care hospital which is validly licensed as such by DHS, and which provides inpatient care 24 hours per day; or (B) An acute psychiatric hospital which is validly licensed as such by DHS, and which provides care for the mentally disordered, incompetent persons referred to in Welfare and Institutions Code, Sections 5000 to 5550.
<b>707 - SPEECH PATHOLOGY</b>	Vendor is (A) a speech pathologist who is validly licensed as a speech pathologist by the Speech Pathology and Audiology Examining Committee of the Medical Board of California; and provides: 1. Diagnostic screening; and 2. Preventative and corrective therapy for persons with speech or language disorders.
<b>710 - DAY TREATMENT CENTER</b>	Vendor provides services to outpatients at an acute care hospital or acute psychiatric hospital.
<b>715 - DENTISTRY</b>	Vendor is validly licensed by the California Board of Dental Examiners and practices the branch of medicine which specializes in the diagnosis, prevention, and treatment of diseases of the teeth and their associated structures.

<b>720 - DIETARY SERVICES</b>	Vendor is: (A) A dietician who is validly registered as a member of the American Dietetic Association and who prescribes or modifies a person's diet to meet the person's nutritional needs; or (B) a nutritionist who evaluates an individual's nutritional needs
<b>725 - DURABLE MEDICAL EQUIPMENT</b>	Vendor possesses a valid business license, and operates a business which manufactures, individually tailors, or sells durable medical equipment as defined in Title 22, California Code of Regulations, Section 51160.
<b>742 - LICENSED VOCATIONAL NURSE</b>	Vendor: (A) Is validly licensed as a licensed vocational nurse by the California State Board of Vocational Nurse and Psychiatric Technician Examiners; or (B) Is a nurse registry from whom the services of licensed vocational nurse are obtained; and (C) Provides services under the direction of a validly licensed registered nurse or physician.
<b>743 - NURSE'S AIDE OR ASSISTANT</b>	Vendor: (A) Is certified as a nurse's aide or a home health aide by DHS; or (B) Is a nurse registry from whom the services of a nurse's aide or assistant are obtained; and (C) Provides services under the direction of a validly licensed registered nurse or physician.
<b>744 - REGISTERED NURSE</b>	Vendor: (A) Is an individual who is validly licensed as a registered nurse by the California State Board of Registered Nurses; or (B) Is a nurse registry from whom the services of a registered nurse are obtained.
<b>765 - PHARMACEUTICAL SERVICES</b>	Vendor is: (A) A person who is validly licensed as a pharmacist by the California State Board of Pharmacy, and who identifies, prepares, or preserves compounds and dispenses drugs; or (B) A pharmacy which is validly licensed as a pharmacy by the California State Board of Pharmacy, and which is a facility where medicines are compounded or dispensed.
<b>772 - PHYSICAL THERAPY</b>	Vendor is a (A) A physical therapist who is validly licensed by the Physical Therapy Examining Committee of the Medical Board of California and who, under medical supervision, treats individuals to relieve pain, develop or restore motor function, and maintain performance by using a variety of physical means; or (B) A physical therapist assistant by the Physical Therapy Examining Committee of the Medical Board of California and who provides physical therapy while under the direct supervision of the licensed physical therapist.
<b>773 - OCCUPATIONAL THERAPY</b>	Vendor is: (A) An occupational therapist validly licensed by the California Board of Occupational Therapy and who, based on the written prescription of a physician, dentist, or podiatrist, provides occupational therapy evaluation, treatment planning, treatment, instruction and consultative services; or (B) An occupational therapist assistant validly certified by the California Board of Occupational Therapy and who provides occupational therapy evaluation, treatment planning, treatment, instruction and consultative services while under the direct supervision of registered occupational therapist.
<b>775 - PHYSICIANS OR SURGEONS</b>	Vendor provides professional services to individuals and is validly licensed by the Medical Board of California as a physician or surgeon.
<b>780 - PSYCHIATRIST</b>	Vendor: (A) Is validly licensed as a physician and surgeon by the Medical Board of California; (B) Is validly certified by the American Board of Psychiatry and Neurology; and (C) Specializes in the diagnosis, treatment, and prevention of mental disorders.
<b>785 - CLINICAL PSYCHOLOGIST</b>	Vendor: (A) Is validly licensed as a clinical psychologist by the Psychology Examining Committee of the Medical Board of California; and (B) Provides: 1. Diagnosis and psychotherapy of mental and emotional disorders; or 2. Individual and group testing and counseling in order to assist individuals achieve more effective personal, social, educational, and vocational development adjustment.
<b>800 - GENETIC COUNSELOR</b>	Vendor: (A) Has successfully completed training in an accredited genetic counseling program at the master or doctoral level; (B) Is eligible for certification, or is certified by the National Board of Human Genetics; and (C) Advises and counsels persons and families concerning a genetic and medical diagnosis and the probability that they carry and may transmit genetically determined characteristics to their offspring.
<b>854 - HOME HEALTH AGENCY</b>	Vendor possesses a valid home health agency license issued by DHS, or meets the requirements established by DHS for providing home health services, and is primarily engaged in providing skilled nursing services and at least one of the following: (A) Physical Therapy; (B) Occupational Therapy; (C) Speech Therapy; (D) Medical Social Work; or (E) Home Health Aide Services.



## *Menu of Services*

### *Service Data FY 2018-2019*

This is a list of commonly requested services by age group. It is intended to be a guide for the individuals we serve/families.

Not all individuals we serve and families will be eligible to receive all the services listed because services, by law, are based on individual needs. Please discuss your individual needs with your service coordinator.

*Page 18* ➡ *Ages 0 - 3 years*

*Page 22* ➡ *Ages 3 - 10 years*

*Page 25* ➡ *Ages 11 - 17 years*

*Page 28* ➡ *Ages 18 and above*

## SERVICES AND SUPPORTS

### BIRTH TO THREE YEARS OF AGE

Your child has recently entered the South Central Los Angeles Regional Center (SCLARC) Early Start Program. We are sure that you have many questions, concerns about what to do next. Early Start Services are listed below with a brief explanation of the support and when it is important for an infant or toddler.

#### **Assessments**

Each infant/toddler receives a developmental assessment by a specialist to identify developmental progress and intervention needs. This assessment provides the family and the regional center with developmental information that is used to determine the services and supports that may be needed. As each infant/toddler is unique, the types of services and supports he/she will need will vary.

#### **Behavior classes**

[California Psych Care](#) (Parent Education Classes) offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior strategies.

#### **Behavior Services (Funded if family is exempt from SB 946 insurance requirement.)**

Behavior intervention services are specialists who provide training and instruction to assist families, clients and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

#### **Case Management**

An Early Start Service Coordinator (SC) will be assigned to you to develop the Individual Family Service Plans (IFSP) and assist the family with arranging appropriate services and supports.

#### **Family Resource Center**

Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at (213)744-8882 for more information.

#### **Feeding Therapy**

You may find that your child has trouble swallowing, chewing or refuses many foods due to texture. If feeding issues are identified, SCLARC may refer you to a specialist who can assist you as you work with your child. There are Speech Therapist and

Occupational Therapists who specialize in Feeding Therapy. Your Early Start Service Coordinator will provide you with referrals of available Feeding Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

### **Formulas and Nutritional Supplements**

SCLARC will assist families exploring generic resources when there is a medical need for Formula or Nutritional Supplements. In the event that all generic resources have been explored and exhausted, SCLARC will consider purchasing Formula or Nutritional Supplements as the payer of last resort.

### **Incontinence supplies**

Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if no other source is available.

### **IEP Support from SCLARC Educational Team**

A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

### **Infant Development Services**

Infant Development Services can be provided at home or in a therapeutic pre-school type setting in which your child receives supports and education to address developmental issues. The in-home service and pre-school type programs have special teachers as well as Occupational, Physical and Speech Therapists. Parent observation and participation provide the family with the skills needed to address the child's developmental needs on an ongoing basis and in any environment.

### **Nursing supports**

If your child needs nursing supports, your Early Start Service Coordinator will assist you with possible referrals. Many insurance companies or specialized services, such as EPSDT, provide assistance.

### **Occupational Therapy**

After your child's developmental assessment is completed, services and supports will be identified to help with any delays found during the assessment. One option through SCLARC is the referral to licensed and registered Occupational Therapists who have years of experience working with children birth to three years of age. For children with developmental delays or a known physical or mental condition associated with a high

probability of delays, occupational therapy can help improve their motor, cognitive, sensory processing, communication, and play skills. The goal is to enhance development, minimize the potential for developmental delay, and help families to meet the special needs of their infants and toddlers. Your Early Start Service Coordinator will provide you with referrals of available Occupational Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

### **Physical Therapy**

After your child's developmental assessment is completed, services and supports will be identified to help with any delays found during the assessment. One option through SCLARC is the referral to licensed and registered Physical Therapists who have years of experience working with children birth to three years of age. Physical therapy is for the preservation, enhancement, or restoration of movement and physical function impaired or threatened by disability, injury, or disease that utilizes therapeutic exercise, physical modalities (as massage and electrotherapy), assistive devices, and patient education and training. Your Early Start Service Coordinator will provide you with referrals of available Physical Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

### **Speech Therapy**

As your child develops, around the ages of 18-24 months, you may notice delays in speech and language. SCLARC has a variety of Licensed Speech and Language Pathologists (Speech Therapists) who will assess and develop therapy plans to encourage and increase your child's speaking and communication ability. Your Early Start Service Coordinator will provide you with referrals of available Speech Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

### **Support Groups**

SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at (213)744-8882 for more information.

**Transition**

All SCLARC families will transition out of the Early Start Program by the child's third birthday. SCLARC begins the Transition process as early as a child's second birthday by providing families with information at the IFSP (Individual Family Service Plan) Meeting. Goals are developed and included in the child's IFSP and a transition meeting is scheduled with the local school district when a child is 30 months but no later than 33 months. Every child in the Early Start Program is referred to the Local Education Agency no later than 33 months-of-age for an IEP (Individual Education Plan) and Special Education Services.

**Translation**

IFSP/IPP Translation services are available upon request for parents whose primary language is not English.

**Transportation**

Children 0-3 years of age are eligible to receive transportation and related costs necessary for a child and his or her family to receive services pursuant to the Individualized Family Service Plan. To the maximum extent appropriate to the needs of the child, transportation services shall be provided in settings natural or normal for children of the same age who have no disability. On an exceptional basis, when the child cannot be transported by family members due to the family member's illness or disability, or via public transportation due to the child's disability, the Regional Center may provide funding through the use of a voucher or the lowest cost vendored provider.

SCLARC will also request a sufficient written documentation from the family demonstrating that the family members are unable to provide transportation for the child (WIC §4648.35).

**211 Services**

Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.



**SERVICES AND SUPPORTS**  
**Young School Age Children**  
**Three years to 10 years**

Your child recently entered the public school system and we are sure that you have many questions about the supports that South Central Los Angeles Regional Center (SCLARC) has available. Young School Age Services are listed below with a brief explanation of the services and support.

**Behavior Classes**

[California Psych Care](#) (Parent Education Classes) offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior strategies.

**Behavior Intervention (Funded if family is exempt from SB 946 insurance requirement.)**

Behavior intervention services are specialists who provide training and instruction to assist families, individuals and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

**Behavior Intervention Co-Pay, Co-Insurance and Deductibles**

If your family member receives behavior intervention services funded by insurance, SCLARC is able to assist with insurance Co-Payments, Co-Insurance and Deductibles if your family meets the income requirements. (Welfare & Institutions Code 4659.1)

**Case Management**

A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services and supports.

**Crisis Support Services**

SCLARC has crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. Contact your Service Coordinator regarding Crisis Support Services eligibility.

**Day Care supports (sometimes referred to as Specialized Supervision)**

Parents who are working or in school full time may be eligible for additional hours to provide for supervision primarily during after-school hours.

**Family Resource Center**

Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at (213)744-8882 for more information.

**IEP Support from SCLARC Educational Team**

A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

**Incontinence supplies**

Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if related to eligibility diagnosis and no other generic resource is available.

**In-Home Respite Care**

Parents and other family members can receive periodic assistance with the constant care and supervision of an individual to relieve family stress or emergencies.

**Personal Assistance Support**

Some individuals require someone to help with community integration. SCLARC can offer these supports through Personal Assistants.

**Social Skills Training**

Social Skills Training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes. **Parent participation is required.**

**Some Medical Equipment, if no other generic resource is available**

Referrals can be made to assist families with receiving needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other generic resource is available.

**Support Groups**

SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at (213)744-8882 for more information.

**Translation**

IPP Translation services are available upon request for parents whose primary language is not English.

**Transportation**

Parents of children 3-18 years of age are expected to provide transportation to appointments and activities. The local education agency is responsible for providing transportation to public or non- public school pursuant to an individualized education program plan. On an exceptional basis, if the child's disabilities prevent the use of public transportation, or the family is unable to transport the child as a result of illness or disability, the Regional Center may arrange for transportation through the use of a voucher, purchased bus pass, or by a regional center vendor.

**211 Services**

Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

**Menu of Services**  
**SERVICES AND SUPPORTS**  
**ADOLESCENTS**  
**11 years to 17 years**

Your child recently entered an exciting and tumultuous time of life – Adolescence – the Teen Age Years. As a parent, you are faced with many changes and challenges both at home and at school. Your child has moved onto a middle school or high school campus that may be overwhelming. Adolescent Services are listed below with a brief explanation of the support.

**Behavior Classes**

[California Psych Care](#) (Parent Education Classes) offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior strategies.

**Behavior Intervention (Funded if family is exempt from SB 946 insurance requirement.)**

Behavior intervention services are specialists who provide training and instruction to assist families, individuals and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

**Behavior Intervention Co-Pay, Co-Insurance and Deductibles**

If your family member receives behavior intervention services funded by insurance, SCLARC is able to assist with insurance Co-Payments, Co-Insurance and Deductibles if your family meets the income requirements. (Welfare & Institutions Code 4659.1)

**Case Management**

A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services and supports.

**Crisis Support Services**

SCLARC has crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. Contact your Service Coordinator regarding Crisis Support Services eligibility.

**Day Care supports (sometimes referred to as Specialized Supervision)**

Parents who are working or in school full time may be eligible for additional hours to provide for supervision primarily during after-school hours.

**Family Resource Center**

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**IEP Support from SCLARC Educational Team**

A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

**Incontinence supplies**

Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if related to eligibility diagnosis and no other generic resource is available.

**In-Home Respite Care**

Parents and other family members can receive periodic assistance with the constant care and supervision of an individual to relieve family stress or emergencies.

**Out of Home Respite**

SCLARC may provide up to 21 days per year to provide support while a parent/guardian is out of town and unavailable to provide care. A request for out of home respite services will require a 30-day notice.

**Personal Assistance Support**

Some individuals require someone to help with community integration. SCLARC can offer these supports through Personal Assistants.

**Residential Services**

SCLARC has placement options in licensed residential homes that provide services and different levels of staffing depending on the individual's needs.

**Social Skills Training**

Social Skills Training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes. **Parent participation is required.**

**Some Medical Equipment, if no other generic resource is available**

Referrals can be made to assist families with receiving needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other generic resource is available.

**Support Groups**

SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at (213)744-8882 for more information.

**Translation**

IPP Translation services are available upon request for parents whose primary language is not English.

**Transportation**

Parents of children 3-18 years of age are expected to provide transportation to appointments and activities. The local education agency is responsible for providing transportation to public or non- public school pursuant to an individualized education program plan. On an exceptional basis, if the child's disabilities prevent the use of public transportation, or the family is unable to transport the child as a result of illness or disability, the Regional Center may arrange for transportation through the use of a voucher, purchased bus pass, or by a regional center vendor.

**211 Services**

Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

## SERVICES AND SUPPORTS

### Young Adulthood

#### 18 years to 22 years of age

Your family member has reached adulthood and looks forward to new possibilities! Many young adults remain in school until they are 22 years old. ***When the individual leaves school with a Certificate of Completion or a Diploma, work and day services are available.*** For all young adults, future planning is a must. SCLARC provides services that assist our young adults with planning for the future. Young Adult Services are listed below with a brief explanation of each support.

#### Behavior Classes

[California Psych Care](#) (Parent Education Classes) offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior strategies.

#### Behavior Intervention (Funded if family is exempt from SB 946 insurance requirement.)

Behavior intervention services are specialists who provide training and instruction to assist families, individuals and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

#### Behavior Intervention Co-Pay, Co-Insurance and Deductibles

If your family member receives behavior intervention services funded by insurance, SCLARC is able to assist with insurance Co-Payments, Co-Insurance and Deductibles if your family meets the income requirements. (Welfare & Institutions Code 4659.1)

#### Case Management

A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plans (IPP) and assist the family with arranging appropriate services and supports.

#### Crisis Support Services

SCLARC has crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. Contact your Service Coordinator regarding Crisis Support Services eligibility.



**Day Services**

SCLARC offers a variety of adult day services that include site-based day programs and community-based day programs. Individuals can participate in a variety of programs suited to their individual needs, such as improving daily living skills, training in a vocation, volunteering, performing arts, and technology.

**Driver Training**

SCLARC may assist with funding driver's training if the individual meets the qualifying SCLARC's Purchase of Services Requirements.

**Employment**

Individuals can be referred to a Supported Employment vendor who can assist with job development in an appropriate group or individual job placement. Job coaching hours can also be funded through DOR and/or SCLARC based on the individual's needs. In addition, SCLARC offers Employment Services programs that assist Individuals to learn job skills that will assist in obtaining a Paid Internship (PIP), with the ultimate goal of competitive employment.

**Family Home Agencies**

Many individuals desire the option to live with a family. Family Home Agencies provide that option. Individuals can move in with a certified family in their home with supports. Certified Families receive on-going training as well as supports to assist an individual to become a member of the "family."

**Family Resource Center**

Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at (213)744-8882 for more information.

**IEP Support from SCLARC Educational Team**

A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

**Incontinence supplies**

Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if related to eligibility diagnosis and no other generic resource is available.

**Independent Living (ILS)**

Adults can receive training in areas such as, shopping, cooking, budgeting, housekeeping, and self-care skills with the goal to become more independent in daily living.

**In-Home Respite Care**

Parents and other family members can receive periodic assistance with the constant care and supervision of an individual to relieve family stress or emergencies.

**Out of Home Respite**

SCLARC may provide up to 21 days per year to provide support while a parent/guardian is out of town and unavailable to provide care. A request for out of home respite services will require a 30-day notice.

**Parenting Skills and Support**

Many SCLARC adults are parents or interested in having children. SCLARC is here to offer guidance and support through Specialized Parenting Skills training and Support. These agencies have staff that will train and support the new parent or parent-to-be with pregnancy, delivery and caring for a baby. SCLARC also has Family Homes through our Adult Family Home Agencies that can provide a home, training and support for the mother and child who wish to live with a family.

**Personal Assistance Support**

Some individuals require someone to help with community integration. SCLARC can offer these supports through Personal Assistants.

**Residential Services**

SCLARC has placement options in licensed residential homes that provide services and different levels of staffing depending on the individual's needs.

**Self-Advocacy Groups**

SCLARC has a very active Advocate Advisory Committee (AAC) that hosts a number of self-advocacy groups located throughout SCLARC's service area. Dates and locations are typically posted on the SCLARC website. To register you may also contact Desiree L. Boykin, Consumer Advocate at (213) 743-3071.

**Social Skills Training**

Social Skills Training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes. **Parent participation is required.**

**Some Medical Equipment, if no other generic resource is available**

Referrals can be made to assist families with receiving needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other generic resource is available.

**Support Groups**

SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at (213)744-8882 for more information.

**Supported Living (SLS)**

Individuals who reside in their own home may need on-going supports. A supported living service is an individualized service that provides staff to assist and train individuals in all aspects of their life. SLS is required to provide 24 hour a day emergency assistance in addition to on-going supports. Regardless of an individual's disability, they are eligible for SLS as long as they have the income for rent, food and utilities. SCLARC provides SLS up to 24 hours per day, 7 days per week, hours are based on a case by case basis.

**Translation**

IPP Translation services are available upon request for parents whose primary language is not English.

**Transportation**

Adult individuals should be assessed to determine their potential for independent travel on public transportation or paratransit. If the individual has demonstrated this potential, then mobility training should be provided. Generic resources for funding must be explored prior to the provision of funding by the Regional Center.

**211 Services**

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## SERVICES AND SUPPORTS

### Adulthood 23 years and up

Your family member may currently attend a day service or be working, possibly making plans to move into their own home as well as looking forward to other new possibilities! As adults, many individuals are striving for independence. For all adults, future planning is a must and SCLARC provides services to assist our adults. Adult Services are listed below with a brief explanation of each support.

#### **Behavior Classes**

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#### **Behavior Intervention (Funded if family is exempt from SB 946 insurance requirement.)**

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## *Meeting Dates*

### *2020 Scheduled Meetings*



### **SCLARC Board of Directors Meeting Schedule FY 19-20**

#### **SCLARC Board Meetings**

*4<sup>th</sup> Tuesday of every other month*

January 28<sup>th</sup>, 2020

March 24<sup>th</sup>, 2020

May 26<sup>th</sup>, 2020

July 28<sup>th</sup>, 2020

September 22<sup>nd</sup>, 2020

November 24<sup>th</sup>, 2020



SOUTH CENTRAL LOS ANGELES RESOURCE CENTER

# Navigator Program

## Providing Support, Assistance & Solutions



The SCLARC Navigator Program provides system navigation support for families of the South Central Los Angeles Regional Center.

The Navigator Program provides parents and caregivers with education and navigation support with regional center services and generic community resources.

1

### SYSTEM NAVIGATION

Staff assists with understanding the various services available for individuals with special needs and their families.

2

### EDUCATION

Workshops are provided on various topics related to understanding and accessing services and community resources.

3

### ADVOCACY

Parents, caregivers and professionals will learn strategies to effectively advocate on behalf of their loved one and their family.



#### Regional Center

Assistance with intake and services for early intervention and Regional Center programs through the IFSP and IPP



#### Education

Strategies and guidance on accessing services from the school district



#### Community Resources

Training and guidance for services available from generic resources

For more information, call the Navigator Program at (213) 744-8882

# Advocates Advisory Committee



South Central Los Angeles  
Regional Center  
*for persons with  
developmental disabilities, inc.*

## Purpose of the AAC:

The AAC supports individuals served by SCLARC, as well as staff and community members by raising awareness of issues impacting persons diagnosed with developmental disabilities, and by serving as a learning collaborative. Our advisory committee consists of volunteers, adults diagnosed with a developmental disability themselves, who meet regularly to provide guidance to SCLARC. Committee members represent those served by the regional center, providing a perspective that helps to strengthen SCLARC programming, improve management, review and evaluate SCLARC's goals and implementation of its mission—all while promoting awareness and improving relationships.

## Meetings:

The AAC meets the fourth Monday of every month.

During the holiday season, the November & December meetings may be held on the 3rd Monday of the month.

10:00 A.M.-12:00 P.M.

South Central Los Angeles Regional Center

2500 S. Western Avenue, 3rd Floor

Los Angeles, CA 90018

For questions and more details, contact Desiree Boykin,  
Consumer Advocate at (213) 743-3071 or [DesireeB@sclarc.org](mailto:DesireeB@sclarc.org).



**ENGLISH:**

**Please register for NEWPARENT ORIENTATION - ENGLISH  
Presentation at 10 AM on the following dates:**

- **August 4**
- **September 1**
- **October 6**
- **November 3**
- **December 1**

**<https://attendee.gotowebinar.com/register/54626343136672524>**

After registering, you will receive a confirmation email containing information about joining the webinar. **Please register 24 hours before the scheduled date.**

If you'd like to join the Orientation by calling into the presentation:

**Call In Information: +1 (631) 992-3221**

**Access Code: 794-146-010 #**



**ESPAÑOL:**

**Por Favor Regístrese para la NUEVA ORIENTACION DE PADRES  
- ESPAÑOL. 10AM - Las siguientes fechas estan disponibles:**

- Julio 21
- Agosto 18
- Septiembre 15
- Octubre 20
- Noviembre 17
- Diciembre 15

**<https://attendee.gotowebinar.com/register/1945268473063397645>**

Despues de registrarse, usted recibira un correo electronico  
confirmando y tendra informacion de la junta virtual. Por favor  
regístrese 24 horas antes de la junta para asegurar su registracion.

Si le gustaria attender la Orientacion por telefono marque

**Numero de Telefono: +1 (631) 992-3221**

**Codigo de Acceso: 237-165-991 #**



**2020 Remote Class Schedule**  
**2020 SCLARC's Parent Education 6 Class Series**  
 Class size is limited to 15 participants

LANGUAGE	DATES	DAY	TIME	LOCATION
ENGLISH	August 18 <sup>th</sup> – Sept 22 <sup>nd</sup>	Tuesday PM	5:00 pm - 7:30 pm	Remote
ENGLISH	August 19 <sup>th</sup> – Sept 23 <sup>rd</sup>	Wednesday AM	10:00 am- 12:30 pm	Remote
SPANISH	N/A	Monday AM	10:00 am- 12:30 pm	N/A
SPANISH	August 18 <sup>th</sup> – Sept 22 <sup>nd</sup>	Tuesday AM	10:00 am- 12:30 pm	Remote
SPANISH	N/A	Monday PM	5:00 pm- 7:30 pm	N/A
SPANISH	August 21 <sup>st</sup> – Sept 25 <sup>th</sup>	Friday PM	4:30 pm- 7:00 pm	Remote
SPANISH	N/A	TBD	10:00 am- 12:30 pm	N/A

**To register, please contact your Service Coordinator**

## *Vendor Advisory Committee*

SCLARC's Vendor Advisory Committee (VAC) was established to provide advice, guidance, recommendations, and technical assistance to those who have been contracted by SCLARC to provide services to individuals who have been diagnosed with a developmental disability. The

VAC is dedicated to cultivating relationships with SCLARC service providers, legislative representatives, regional center staff members, parents, and other community stakeholders.

The group meets that goal via monthly meetings and annual events like the Vendor Fair (pictured below). VAC meetings are held the second Wednesday of each month.

### SCLARC VAC



### 2020 MEETING TRAINING TOPIC CALENDAR

January 8, 2020	Vendor Updates
February 12, 2020	Labor Law/Sexual Harassment Updates
March 11, 2020	Cultural Sensitivity
April 8, 2020	CMS Final Rule & Person-Centered Thinking
May 13, 2020	Person-Centered Planning Practices
June 10, 2020	Self-Determination
July 8, 2020	Behavior Management
September 9, 2020	Quality Assurance
October 14, 2020	Emergency & Disaster Planning
November 11, 2020	Mandated Reporting & Special Incident Reporting

Meetings take place from 10:00am to 12:00pm at SCLARC

**INTERESTED IN THE SELF  
DETERMINATION PROGRAM?**

**ATTEND AN UPCOMING**

# **SELF DETERMINATION INFORMATIONAL SESSION**

**Presented by South Central  
Los Angeles Regional Center**

- **July 16th, 10:00am-11:00am**
- **August 13th, 4:00pm-5:00pm**
- **September 24th, 4:00pm-5:00pm**
- **October 19th, 10:00am-11:00am**
- **November 19th, 10:00am-11:00am**
- **December 4th, 4:00pm-5:00pm**

Meeting locations may be online; to register, or to find out details about a specific date, email [NaomiH@sclarc.org](mailto:NaomiH@sclarc.org) or call 323-998-9519.

**REGISTRATION IS REQUIRED, PLEASE  
CALL NAOMI HAGEL, 323-998-9519**



South Central Los Angeles  
Regional Center



ATTEND AN UPCOMING MEETING!

# SELF-DETERMINATION LOCAL ADVISORY COMMITTEE

FOR THE SOUTH CENTRAL LOS ANGELES REGIONAL  
CENTER AREA



South Central Los Angeles  
Regional Center



The Self-Determination Local Advisory Committee (SDLAC) is a volunteer advisory committee providing oversight of the Self-Determination Program implementation at South Central Los Angeles Regional Center. SDLAC meetings are open to the public and provide an opportunity to learn more about the Self Determination program.

## UPCOMING MEETINGS

July 8th, 2020 - 6:00 pm - 7:30 pm

August 12th, 2020 - 6:00 pm - 7:30 pm

September 9th, 2020 - 6:00 pm - 7:30 pm

October 14th, 2020 - 6:00 pm - 7:30 pm

**Meetings are held the second Wednesday of each month**

**6:00 pm - 7:30 pm**

Hosted by:

**South Central Los Angeles Regional Center**

*Meeting locations may be online, to sign up to receive updates on future meetings, email [NaomiH@sclarc.org](mailto:NaomiH@sclarc.org) or call 323-998-9519.*



## **Parent Support Groups**

### **Autism Advocates in Action Support Group (Carson)**

Parent Support Group for families of children with autism.

Saturdays (to be determined based on guest speakers), 9 a.m. to noon.

[www.autismadvocatesinactionsg.com](http://www.autismadvocatesinactionsg.com)

[autismadvocatesnaction10@gmail.com](mailto:autismadvocatesnaction10@gmail.com)

Renita Lajoyce Verner

1558 East Cyrene Drive

Carson, CA 90746

(562)857-4300

### **Amor y Fortaleza (Los Angeles)**

Parent Support Group for families of children with Down syndrome.

*Meetings are held every third Wednesday of each month at 7-9 p.m.*

Salvation Army

Red shield

1532 West 11th Street

Los Angeles, Ca 90015

### **Angeles Por Siempre Unidos (Cudahy)**

Parent Support Group for families of children diagnosed with all qualifying regional center disabilities.

Amanda Arambula (562)608-7739

The group meets every Friday from 6 pm. to 9 p.m.

4835 Clara Street

Cudahy, CA 90201

The group offers presenters for the parents and karaoke and other social activities for SCLARC individuals.

### **Angeles sin Límites (Downey)**

Parent Support Group for families of children diagnosed with all qualifying regional center disabilities.

Herlinda Rodriguez (562) 250-4150

Maria Leonor Dimas

Alba Marquez

Maricela Donate

The group meets fourth Tuesday of the month.

Community & Senior Center Barbara J. Riley

7810 Quill Drive.

Downey, CA 90242

**Downright Blessed! (South Gate)**

(This support group is also part of the Family Support Network through DSALA)

Parent Support Group for families of children diagnosed with Down syndrome.

*Meetings are held every last Wednesday of each month at 6:30 pm.*

Contact Irene at (562)607-2100

5901 Firestone Blvd

South Gate, CA 90280

**Estrellas Brillantes (South Gate)**

Parent Support Group for families of children diagnosed with all qualifying regional center disabilities.

Luz Curiel (323)804-9315

[Luz.curiel@hotmail.com](mailto:Luz.curiel@hotmail.com)

Adriana Torres (323)804-9315

[Adjtorress@yahoo.com](mailto:Adjtorress@yahoo.com)

Maria Espinosa (562)250-7206

The group meets every Friday from 6 pm. to 10 p.m.

8333 2nd Street

Downey, CA 90241

The group offers presenters for the parents and karaoke and other social activities for SCLARC individuals.

**Fiesta Educativa**

Parent Support Group for families of children diagnosed with all qualifying regional center disabilities.

Irene Martinez-Fiesta Educativa (Executive Director)

SCLARC Contact: Armida Ochoa

[aochoa@fiestaeducativa.org](mailto:aochoa@fiestaeducativa.org)

[info@fiestaeducativa.org](mailto:info@fiestaeducativa.org)

(323)221-6696

**Fuerza INC (Huntington Park)**

Parent Support Group for families of children diagnosed with all qualifying regional center disabilities.

Members: 600+ ( I have a 4 o'clock call with Mr. Melendez to find out if these are all registered members of the group)

Board Members: 6

Contact: Jorge Gilberto Melendez

(323)646-2242 or (323)564-3957

**Healthy African American Families (Leimert Park)**

Parent Support Group for families of children diagnosed with autism.

Contact: Florence Bracy

[Bracyflorence2013@gmail.com](mailto:Bracyflorence2013@gmail.com)

[www.haafii.org](http://www.haafii.org)

4305 Degnan Blvd., #105

Los Angeles, CA 90008

(323)574-0862

*Meetings are held every 2<sup>nd</sup> Monday of the month from 5:00 – 6:30 p.m.*

*Predominantly AA Group*

**Hub City Autism Network (Compton)**

[www.hubcan.com](http://www.hubcan.com)

[hubcityautism@gmail.com](mailto:hubcityautism@gmail.com)

Contact: Consuelo Evans

830 S Mayo Ave, Compton, CA 90221

Meetings are held every

Serving AA and Latino families

**Sueños y Esperanza (Lynwood)**

Parent Support Group for families of children diagnosed with all qualifying regional center disabilities.

Contact: Carla Vega (323)823-2905

Martha Contreras (Sanchez) (562)746-4314

Meetings are held every Friday of the month from 5:00 – 6:30 p.m. at Plaza de Mexico

Café Canela, Plaza México

3100 E. Imperial Hwy, Lynwood, CA. 90262

(562)746-4314

**Special Needs Network (Crenshaw District)**

Parent Support Group for families of children diagnosed with all qualifying regional center disabilities.

[www.snnla.org](http://www.snnla.org)

[tracy@specialneedsnetwork.org](mailto:tracy@specialneedsnetwork.org)

[amanda@specialneedsnetwork.org](mailto:amanda@specialneedsnetwork.org)

[AMartin@martin-martinllp.com](mailto:AMartin@martin-martinllp.com)

4401 Crenshaw Blvd. Suite #215

Los Angeles, CA 90043

Office: (323)291-7100

Fax: (323)291-7104

**Un Paso Mas (Huntington Park)**

Parent Support Group for families of children diagnosed with all qualifying regional center disabilities.

Emma Orozco (323)819-4164

Group meets every Friday from 9 a.m. to 11:30 a.m. with various presenters and topics covered.

2621 Zoe Ave, Suite C

Huntington Park, CA 90255

Spanish speaking group

**Unidos con Misión y Poder (Downey)**

Parent Support Group for families of children diagnosed with all qualifying regional center disabilities. Primarily Spanish-speaking.

Blanca Martinez [weloveourpumkins@yahoo.com](mailto:weloveourpumkins@yahoo.com)

Gledy Aceituno [gledyaceituno@aol.com](mailto:gledyaceituno@aol.com)

Group meets in Downey once a month, info TBD.



# SCLARC Directory

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*South Central Los Angeles Regional Center*  
2500 S. Western Ave  
Los Angeles, CA 90018  
(213) 744-7000  
[www.SCLARC.org](http://www.SCLARC.org)

## **Executive Office**

**Dexter Henderson, Executive Director**

(213) 744-8412

[Dexterh@sclarc.org](mailto:Dexterh@sclarc.org)

*Fund Development*

**Maura Gibney, Chief Advancement Officer**

(213) 743-3206

[MauraG@sclarc.org](mailto:MauraG@sclarc.org)

*Family Resource Center*

**Crystal Smith, Manager**

(213) 744-8878

[CrystalS@sclarc.org](mailto:CrystalS@sclarc.org)

**Kiara Lopez, Community Relations Specialist**

(213) 744-8420

[KiaraL@sclarc.org](mailto:KiaraL@sclarc.org)

## **Human Resources Department**

**James Ferguson, HR Director**

(213) 744-8425

[JamesF@sclarc.org](mailto:JamesF@sclarc.org)

## **Community Services and Family Supports**

**Dr. Kim Bowie, Chief**

(213) 744-8899

[KimB@sclarc.org](mailto:KimB@sclarc.org)

*Fair Hearings*

**Karmell Walker, Chief**

(213) 744-8899

[KarmellW@sclarc.org](mailto:KarmellW@sclarc.org)

## **Administrative Services**

**Kyla Lee, Director**

(417) 313-6280

[KylaL@sclarc.org](mailto:KylaL@sclarc.org)

**Robert Johnson, Controller**

(213) 744-8417

[RobertJ@sclarc.org](mailto:RobertJ@sclarc.org)

## **Consumer and Support Services**

**Jesse Rocha, Director**

(213) 744-7003

[JesseR@sclarc.org](mailto:JesseR@sclarc.org)

**Jenice Turner, Assistant Director**

(213) 744-8465

[JeniceT@sclarc.org](mailto:JeniceT@sclarc.org)

**Kimberly A. White, Chief of Case Management**

(213) 743-3065

[KimberlyB@sclarc.org](mailto:KimberlyB@sclarc.org)

**Teodoro Bilbao, Chief of Case Management**

(213) 744-7001

[TeodoroB@sclarc.org](mailto:TeodoroB@sclarc.org)

## **Clinical Services**

**Maricel Cruzat, Director**

(213) 765-3891

[MaricelC@sclarc.org](mailto:MaricelC@sclarc.org)

*Early Start Department*

**Kimi D. Hayes, Early Start Intake Program Manager**

(213) 743-3021

[KimiD@sclarc.org](mailto:KimiD@sclarc.org)

**Gricelda James, Lanterman Program Manager**

(213) 744-8868

[GriceldaJ@sclarc.org](mailto:GriceldaJ@sclarc.org)



# KEEPING CONNECTED

- ✚ Please make sure to update your contact information with your Service Coordinator, so that we can provide you with up to date information.
- ✚ Don't forget to visit us on Facebook.



South-Central-Los-Angeles-Regional-Center

<https://www.facebook.com/South-Central-Los-Angeles-Regional-Center-170231726324515/>

- ✚ Visit SCLARC's Website for more information at [www.SCLARC.org](http://www.SCLARC.org)
- ✚ For Case Management Issues, concerns and/or Questions please call **1(833)SCLARC1** or **1(833)725-2721**
- ✚ Email [cmhelp@sclarc.org](mailto:cmhelp@sclarc.org)  
You will receive a returned call or an email response within 24-48 hours.