

THE PATH TO RECEIVING SERVICES IN THE SELF DETERMINATION PROGRAM

SOUTH CENTRAL LOS ANGELES REGIONAL CENTER

- 1. Contact your Service Coordinator or SelfDetermination@sclarc.org
Let us know that you are interested. No obligation - this is only for informational purposes!
- 2. Attend an Informational Session
Look, Listen, and Learn about the Self Determination Program at SCLARC.
- 3. If Selected by the Department of Developmental Services (DDS) or it is after June 7th, 2021, move forward to #4
Let's go, keep moving
- 4. Attend an Orientation
Register for an orientation to get more information about the process
- 5. Contact a Person Centered Planner and complete your person centered plan
Ask us for a list and we can refer you 😊
- 6. Confirm you are interested; your case is transferred to a Self Determination Service Coordinator at SCLARC
Begin to work with another Service Coordinator who has been trained and specializes in Self Determination
- 7. Contact an Independent Facilitator (if desired)
We have a list to help you find an independent facilitator 😊
- 8. Select a Financial Management System and Model
We have a list for this too!
- 9. Provide us with a copy of your Person-Centered Plan when it is complete, so we can schedule a budget meeting.
Let's talk dollars and cents
- 10. Sign the approved budget so it can become CERTIFIED!
The completed budget will be (e)mailed to you to sign and return
- 11. Create a spending plan and make sure all your services are being provided in community settings where you have choices.
Discuss options with your circle of support.
- 12. Once your spending plan is agreed upon, complete a new IPP with your new Service Coordinator
Everyone in Self-Determination has a new IPP completed.
- 13. The Service Coordinator will process your request for services, and you will start Self-Determination on the 1st day of the next month!

Let the Services and Supports Begin!!!!

SELF DETERMINATION PROGRAM TERMS

SOUTH CENTRAL LOS ANGELES REGIONAL CENTER

Self Determination Program (SDP) – A program which will allow more flexibility for individuals receiving Regional Center services, and provide them with the opportunity to manage a budget to choose their own services and supports and access services they previously couldn't. Available to all individuals served by Regional Center in June 2021!

Person Centered Planner (PCP) – An individual who facilitates the Person Centered Planning process in collaboration with the individual receiving services to help you think about your dreams and goals, and the supports you will need.

Person Centered Plan (PCP) – A document that discusses services and supports for individuals, which focuses on what the vision and focus is for the future, as well as an individual's likes, dislikes, strengths, and needs.

Independent Facilitator (IF) – An individual who assists you with finding resources and coordinating your program.

Certified Budget - A personal budget that has been finalized and signed in order to begin utilizing funds for services in the next 12 months at SCLARC

Spending Plan – A document that details how the approved budget will be spent.

Financial Management Services (FMS) – The “bank” or financial management entity who maintains the allotted budget during the year, pays for your services, and ensures employment laws are followed.

Individual Program Plan (IPP) – The agreement between the Regional Center and the participant regarding what services will be provided and funded by the Regional Center. The Person-Centered Plan helps to drive the IPP, and everyone in Self-Determination will have a new IPP completed.

Local Advisory Committee – A committee that helps to make sure that self determination is working efficiently and effectively. Attend and have your voice heard!