South Central Los Angeles Regional Center (SCLARC)

Consumer Advisory Committee (CAC)

May 20, 2019 Meeting Minutes

Members in Attendance

Ascary Navarro

Alan McDowell

Anthony Chuc

Andres Jimenez

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Alejandra Mateo

Alfonso Vegas

Atayvia Roberts

Caycee Ricketts

Cesar Escamillia

DeBuior Bailey

Dora Trotter

Eva Cleveland

Glenn Jackson

Hezekiah Powell

Jeniffer Lopez

Jonathan Rangel

Jose Ayla

Josue Escareno

Laurie Serna

Marybed Barrera

Manuel Marquez

Morris Taylor

Renee Thomas

Sonya Bagby

Stanley Ayala

Yesenia Centrera

Members Absent

Alfonso Vega

Mirna Rodriguez

Anna Torres

Antwan Jones

Jesse Warford

Angelica Alvarado

Christina Tubbs

Nona Williams

Jacquelyn Garner

Others Attending

La Cresha Davis (CSA)

Desiree Boykin (CA)

Angel Dominguez (vendor)
Guadalupe Barrera (parent)

Andrew Richards Jacqueline Bailey Shanna Trank Awantae Alexander Dylan Johnson Andre Smith Michael Hunter Diedre Coleman Jamark Jackson Agustin Velasquez **Dora Trotter Renard Stanford Anna Torres** Lanetia Peterson Frank Suzukawa Chekesha Washington

1. Call to order

Ascary Navarro (CAC Secretary) called the meeting to order at 10:10am

- a. Everyone introduced themselves for this meeting
- b. The CAC members approved the March minutes and April agenda.
- c. The ground rules were stated to the CAC members
- d. The ARCA report was read to the CAC members.

2. Topic: Employment Skills

- a. Our Consumer Advocate Desiree Boykin discussed with us the importance of having job skills in order to succeed in the real world
- b. We all have jobs and duties in which we perform but also gain and learn skills from our employment experiences
- c. Desiree discussed with us the difference between good job skills such as punctuality, organization, friendliness with the people. Even with bad job skills such as being distracted, being late, and many more
- d. Consumer Service Adviser LaCresha Davis handed us out a sheet which will help consumers build their own resumes. If sent, Ms. Davis will type their resumes for them whenever they have a future job interview
- e. We also have a short public forum with Dr. Brown discussing upcoming events and updates that are coming up

Old Business

- 3. a. Our Consumer Advocate Desiree Boykin discussed with us Internet Safety
- b. Desiree discussed with us the do's and don't of using social media as well how to handle certain situations that can occur on the web

- c. Desiree talk about different types of social media (Twitter, Facebook, Instagram, Snapchat, etc.) as well as using them wisely as there can be content posted that can be extremely inappropriate or hurtful.
 - d. Desiree also told us to use the internet safely and wisely

4. Announcements

- a. The CAC meeting will be on June 24, 2019 from 10:00am-12:00pm on the 4th floor.
- b. There was a raffle at the end.
- c. Supported Life Conference: May 3-4, 2019 in Sacramento
- d. People First Conference June 7-9, 2019 in Sacramento
- e. Westside Jam June 7, 2019 Veteran's Memorial Building Culver City 5:00pm-8pm f June 15, 2019 10:00 am-2pm we are having an event with the Department of Mental Health and CA Mental Health Services Authority called "A Day of Purpose" which will talk about ways we can improve our mental health. There will be a lot food and fun it's located at the Golden State Auditorium at SCLARC

5. End of the meeting

a. Marcus Forte (CAC Vice President) adjourned the meeting at 11:44 a.m.