## **RESPITE AUTHORIZATION WORKSHEET**

CONSUMER:\_\_\_\_\_\_ UCI#:\_\_\_\_\_

SERVICE COORDINATOR:\_\_\_\_\_ DATE:\_\_\_\_\_

CORRESPONDING POS REQUEST AND REQUIRED SUPPORTING DOCUMENTS ATTACHED:

Supervisor Initials and Date

PLEASE INDICATE RELEVANT FACTORS IN ONE OR MORE AREAS (Submit for POS Review)

Medical:
Behavioral:
Self-Care:
Caregiver Conditions:
Family Stress Factors:
Action Plan for Increased Respite Levels over 46 Hours and for Exceptions:

## **SCLARC POS Funding Standards**

## **RESPITE AUTHORIZATION WORKSHEET**

**CONSUMER:** 

## UCI#:

SC:

Number of Respite Hours/Month Approved:Date:Supervisor's Initials:Enter three (3) or more checks in only one category (Level A, B, C, etc.).Services over 46 hours a month may require an I.D. Team

Enter three (3) or more checks in only one category (Level A, B, C, etc.). Services over 46 hours a month may require an I.D. Team Staffing along with supporting documents.

	LEVEL A:	LEVEL B:	LEVEL C:	LEVEL D:	LEVEL E:
	Up to 24	Up to 30	Up to 36	Up to 46 hrs./mo.	Over 46 hrs./mo.
	hrs./mo.	hrs./mo	hrs./mo.	•	
Medical	Special medical needs	_Intermittent physical or medical needs (e.g., special care on weekly basis)	_Medically fragile; requires care on periodic basis during day (G-tube feedings, etc.) Stable condition. Nursing assessment may be required	Medically fragile; requires care on periodic basis during day (G-tube feedings, etc.) Unstable condition. Nursing assessment may be required.	Medically fragile; requires care on an hourly basis; at risk for choking and aspiration at any time. Nursing assessment may be required.
Behavior	Behavior difficult to manage	Demonstrating intermittent challenging behaviors beyond age-expectation (aggression, self- abuse, etc.)	Demonstrating ongoing challenging behaviors beyond age-expectation (aggression, self- abuse, etc.). Behavioral Assessment may be required	Exhibiting severe behavioral concerns, injuring self/others Requires continuous supervision due to disruptive/destructive behavior (e.g., biting, smearing feces, periodic AWOL)	Behavioral assessment or ongoing behavioral services required.
Self-Care	Requires supervision related to disability	Requires prompting or assistance in two or more areas	Consumer has physical or medical condition requiring frequent treatment	Consumers over 18 years old and requires total care in areas of personal hygiene, bathing, feeding, etc.	Non-ambulatory; requires hands-on assistance to complete self- care/ independent living tasks; weighs over 80 lbs.
Caregiver Condition	Stress related to consumer's disability	Single parent Adolescent parent D.D. parent Caregiver has physical or medical condition causing difficulty in caring for consumer	_Caregiver has physical or medical condition requiring frequent treatment.	Caregiver chronic physical or medical issues impacting consumer's care Caregiver also cares for another family member with chronic illness Caregiver with no assistance experiences sleep disruption nightly (up to 2 hrs./night)	Caregiver with life- threatening medical condition which interferes with consumer's care (e.g., cancer, etc.) Caregiver with no assistance experiences sleep disruption nightly (e.g., treatments every 2 hrs.; feedings over 1 hr.)
Family Stress	Natural supports do not meet respite needs Unable to find services due to disability	Family disruption due to consumer's disability Caregiver attends regular support groups	2 or more South Central Los Angeles Regional Center consumers in family At risk of being abused Family receiving counseling for stress issues	2 or more consumers in family; 1 with challenging behavior or medical needs Single parent; consumer with Level C behavior or medical needs and no other supports	Severity and/or combination of Level D criteria necessitates additional hours