



South Central Los Angeles Regional Center
for persons with developmental disabilities, inc.

Supplemental Material FY 24-25



South Central Los Angeles Regional Center POS Service Data FY 2024-2025 Public Forum

Headquarters

2500 S. Western Ave. 1
Los Angeles, CA 90018

Satellite Office

12226 Garfield Ave.
South Gate, CA 90280

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SCLARC's Mission

SCLARC believes special needs deserve special attention. We are committed to the provision of culturally sensitive services which enhance the inherent strengths of the family and enable the individuals we serve to lead independent and productive lives.



Purpose

Service Data FY 2024–2025

Welfare and Institutions Code Section 4519.5 requires the Department of Developmental Services (DDS) and all Regional Centers to annually compile data relating to Purchase of Services authorizations, utilizations, and expenditures by age group, ethnicity, primary language, and disability.

This law was passed because Legislators were concerned about the disparity in funding for the services provided to specific ethnic groups.

Advocates believe by sharing and analyzing this data each year, we will better understand the disparity in services so that we can better meet the needs of our stakeholders and more effectively deliver services to the individuals we serve who experience the greatest differences in funding.

Connecting with the Regional Center

Who can I contact if I have questions regarding the regional center as an individual you serve or as a parent/guardian/conservator of the individual you serve?

- If you have a question regarding your services, call your Service Coordinator at their direct number.
- If you do not know your Service Coordinator's phone number, dial SCLARC's main number at 213-744-7000.
- If you call your service coordinator and they do not answer, please leave a message with a number where you may be reached. He/she will return your phone call within 24-48 hours.
- If you are not able to leave a message, ask to speak with the Officer of the Day (OD) for your Service Coordinator's Unit.
- If you do not hear from your Service Coordinator within 24-48 hours, call their Program Manager. They will return your phone call within 24-48 hours.
- If you are having difficulties connecting with your Service Coordinator and/or to discuss any other case management concerns/issues, you may contact SCLACC's Helpline at 1 (833) 725-2721 or send an email to cmhelp@sclarc.org.
- For a full list of SCLARC's Management, please turn to page 68 of this document.

POS Cost Statement

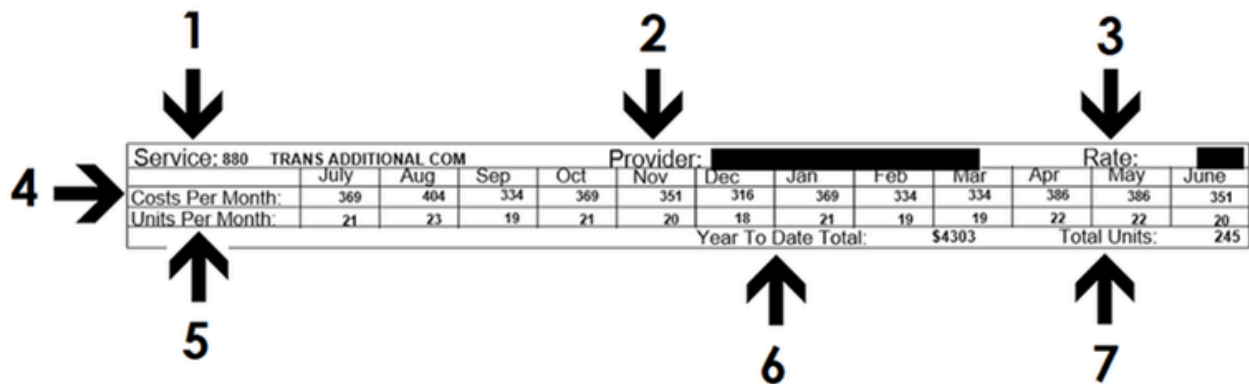
Welfare and Institutions Code § 4648 (h):

Regional Centers shall provide an annual statement to those who receive services, his or her parents, legal guardian, conservator, or authorized representative.

- The annual statement is provided to ensure services are in fact provided.
- The statement includes the type, unit, month, and cost of all services and supports purchased. The statement documents services and supports purchased by fiscal year – July 1st to June 30th.
- The services are purchased from vendors authorized by the Regional Center.
- The services may include assessments and other clinical services performed at the Regional Center.
- If you have not received the POS statement for the current fiscal year or have questions about the document, please contact your service coordinator.

****Please see the annotated version of the cost statement below.***

Reading the POS Cost Statement



| | | | | | | | | | | | | | | |
|------------------|----------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|--------|--------------|----------------------|------------------|
| Service: 880 | TRANS ADDITIONAL COM | | | | | | | | | | | | Provider: [REDACTED] | Rate: [REDACTED] |
| | July | Aug | Sep | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | June | | |
| Costs Per Month: | 369 | 404 | 334 | 369 | 351 | 316 | 369 | 334 | 334 | 386 | 386 | 351 | | |
| Units Per Month: | 21 | 23 | 19 | 21 | 20 | 18 | 21 | 19 | 19 | 22 | 22 | 20 | | |
| | Year To Date Total: | | | | | | | | | | \$4303 | Total Units: | 245 | |

LEGEND:

- 1. Service:** Service Code and Type of Service Provided
- 2. Provider:** Name of the Service Provider
- 3. Rate:** Cost Per Hour of Service
- 4. Cost Per Month:** Total Cost for Service Per Month
- 5. Units Per Month:** Number of Hours Per Month
- 6. Year to Date Total:** Total Cost of Service to Date
- 7. Total Units:** Total Number of Hours of Service to Date

POS ACTUAL EXPENSES – *Other

***Other includes the following services:**

- Medicare
- (020) Transition/ Set-Up Expense
- (021) Vehicle Modification
- (024) Purchase Reimbursement
- (034) Money Management
- (051) Lifeline Emergency
- (063) Community Activities Support
- (065) State Supplemental Program (SSP Restoration)
- (100) Prof. Copying Reporting
- (101) Housing Service
- (102) Individual or Family Training
- (111) Supplemental Program Support
- (315) FMS Fiscal Agent
- (316) FMS Employer
- (317) FMS Fiscal /Employer Agent
- (320) Community Living Support
- (333) Participant Direct Goods/Service
- (334) Individual Training & Education
- (336) Technology Support
- (356) Environmental Accessibility
- (358) Personal Emergency Responses System
- (360) Communication Support
- (371) Train/Couns for Unpaid Caregiver
- (610) Attorney/Legal Service
- (630) Driver Training
- (642) Interpreter
- (643) Translator
- (660) Retail/Wholesale
- (904) Family Home Agency
- (999) Start-up Funding
- Non-Med-Service Professional
- Non-Med-Service Program
- Home Care Service Professional
- Home Care Service Program
- Prevention Services
- P&I
- Hospital Care
- Medical Equipment
- Medical Care Professional Service
- Medical Care Program Service
- Camping Service

INDIVIDUAL COUNT BY DIAGNOSIS

| Diagnosis Summary | FY 2024-2025 Individual Count | FY 2016-2017 Individual Count |
|----------------------------|--|--|
| Autism | 12,701 | 4,342 |
| Intellectual Disability | 9,213 | 7,521 |
| Cerebral Palsy | 1,530 | 321 |
| Epilepsy | 1,749 | 135 |
| Category 5 | 5,866 | 570 |
| Other | 8,473 | 5,258 |
| Totals | 39,532 | 18,147 |

AVERAGE POS COST PER INDIVIDUAL BY DIAGNOSIS FOR HISPANIC INDIVIDUALS

| FY 2024-2025 Diagnosis Summary | Individual Count | Total Expenses | Average Cost Per Individual | Utilized |
|---|-----------------------------|-----------------------|--|-----------------|
| Autism | 9,745 | \$137,606,565 | \$14,121 | 76.70% |
| Intellectual Disability | 5,938 | \$187,893,047 | \$31,642 | 70.30% |
| Cerebral Palsy | 1,077 | \$28,522,258 | \$26,483 | 71.20% |
| Epilepsy | 1,142 | \$37,527,801 | \$32,861 | 71.10% |
| Category 5 | 4,452 | \$53,566,092 | \$12,032 | 73.60% |
| Totals | 22,354 | \$352,232,330 | \$19,912.13 | 72.50% |

AVERAGE POS COST PER INDIVIDUAL BY DIAGNOSIS FOR AFRICAN AMERICAN INDIVIDUALS

| FY 2024-2025 Diagnosis Summary | Individual Count | Total Expenses | Average Cost Per Individual | Utilized |
|---|-----------------------------|-----------------------|--|-----------------|
| Autism | 2,169 | \$57,879,415 | \$26,685 | 74.20% |
| Intellectual Disability | 2,670 | \$183,153,596 | \$68,597 | 72.70% |
| Cerebral Palsy | 345 | \$18,325,416 | \$53,117 | 71.10% |
| Epilepsy | 448 | \$31,922,705 | \$71,256 | 71.70% |
| Category 5 | 1,058 | \$28,421,221 | \$26,863 | 71.10% |
| Totals | 6,690 | \$319,702,353 | \$47,788 | 72.10% |

AVERAGE POS COST PER INDIVIDUAL BY DIAGNOSIS FOR NON-HISPANIC OR AFRICAN AMERICAN INDIVIDUALS

| FY 2024-2025 Diagnosis Superservice | Individual Count | Total Expenses | Average Cost Per Individual | Utilized |
|--|-----------------------------|---------------------------|--|-----------------|
| Autism | 787 | \$19,517,627 | \$24,800 | 65.90% |
| Intellectual Disability | 605 | \$45,521,378 | \$75,242 | 67.80% |
| Cerebral Palsy | 108 | \$8,481,507 | \$78,532 | 74.60% |
| Epilepsy | 159 | \$16,120,702 | \$101,388 | 66.80% |
| Category 5 | 356 | \$7,793,747 | \$21,893 | 69.40% |
| Totals | 2,015 | \$97,434,962 | \$48,355 | 68.90% |

AVERAGE COST OF PURCHASE OF SERVICES PER INDIVIDUAL PER RESIDENCE FOR ALL

| FY 2024-2025 Residence | Individual Count | Total Expenses | Average Cost Per Individual | Utilized |
|--|-------------------------|-----------------------|------------------------------------|-----------------|
| Community Care Facility (CCF) | 1,042 | \$189,859,345 | \$182,207 | 70.50% |
| FHA: Family Home Agency/ Family Teaching Home | * | * | * | 90.50% |
| ICF: Intermediate Care Facility | 117 | \$4,744,784 | \$40,554 | 64.50% |
| ILS: Independent Living Skills | 349 | \$17,790,797 | \$50,976 | 77.70% |
| In-Home | 28,261 | \$356,779,871 | \$12,624 | 72.10% |
| SLS: Supported Living Services | 682 | \$69,760,172 | \$102,288 | 80.70% |
| SNF: Skilled Nursing Facility | ** | ** | ** | 49.30% |
| State-Operated Facility | 16 | \$96,713 | \$6,045 | 85.70% |
| Other | 220 | \$8,965,008 | \$40,750 | 70.60% |
| Totals | 30,767 | \$648,973,114 | \$21,093 | 72.40% |



2500 S. Western Avenue
Los Angeles, CA 90018
Ph: 213.744.7000
Info Line: 1.866.4.sclarc
TTY: 213.763.5634
www.sclarc.org

South Central Los Angeles Regional Center

for persons with developmental disabilities, inc.

September 17, 2025

Dear Person Served and/ or Family Member:

Please be advised that in addition to the Purchase of Service Statement that is enclosed, South Central Los Angeles Regional Center (SCLARC) is now required to provide our Whistleblower Policy to each person served by the regional center. Please take a few moments to review the Whistleblower Policy and keep for your records.

If you have any questions or you notice any errors, please contact your Service Coordinator by calling 213-744-7000.

Sincerely,



Dexter Henderson
Executive Director
Department of Consumer and Support Services
South Central Los Angeles Regional Center

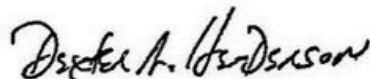
Septiembre 17, 2025

Estimada persona servida/ o miembro de familia:

Por favor de tener en cuenta que además de su estado anual incluida, El Centro Regional del Sur de Los Ángeles (SCLARC) esta requerido proporcionar nuestra Política de Denunciantes a cada persona servida por el centro regional. Por favor, tome unos minutos para revisar la Política de Denunciantes y archivar en sus archivos.

Si usted tiene alguna pregunta o si identifica errores, por favor contacte a su coordinador de servicios al 213.744.7000.

Sinceramente,



Dexter Henderson
Executive Director
Department of Consumer and Support Services
South Central Los Angeles Regional Center

Date: [REDACTED]

South Central Los Angeles Regional Center
Purchase Of Services Statement

Page No: 1

[REDACTED]

Service Coordinator
MARITZA CORTES

10A

Total All Services
Total Units

[REDACTED]

| | | | | | | | | | | | | |
|---|--|-----|-----|-----|-----|-----|-----|-----|-----|------|--------------|--------------|
| Service: 103 SPECIALIZED HLTH/TREATMNT/TRAIN SV | Provider: PX1016 EAGLE CREEK STAFFING, LLC | | | | | | | | | | | Rate: 69.000 |
| | July | Aug | Sep | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | June |
| Costs Per Month: | | | | | | | | | | | | 17 |
| Units Per Month: | | | | | | | | | | | | |
| Year To Date Total: | | | | | | | | | | \$17 | Total Units: | |

| | | | | | | | | | | | | |
|---------------------|-----------|-----|-----|-----|-----|-----|-----|-----|-----|--------------|-----|-------|
| Service: | Provider: | | | | | | | | | | | Rate: |
| | July | Aug | Sep | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | June |
| Costs Per Month: | | | | | | | | | | | | |
| Units Per Month: | | | | | | | | | | | | |
| Year To Date Total: | | | | | | | | | | Total Units: | | |

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|---------------------|-----------|-----|-----|-----|-----|-----|-----|-----|-----|--------------|-----|-------|
| Service: | Provider: | | | | | | | | | | | Rate: |
| | July | Aug | Sep | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | June |
| Costs Per Month: | | | | | | | | | | | | |
| Units Per Month: | | | | | | | | | | | | |
| Year To Date Total: | | | | | | | | | | Total Units: | | |

| | | | | | | | | | | | | |
|---------------------|-----------|-----|-----|-----|-----|-----|-----|-----|-----|--------------|-----|-------|
| Service: | Provider: | | | | | | | | | | | Rate: |
| | July | Aug | Sep | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | June |
| Costs Per Month: | | | | | | | | | | | | |
| Units Per Month: | | | | | | | | | | | | |
| Year To Date Total: | | | | | | | | | | Total Units: | | |

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|---------------------|-----------|-----|-----|-----|-----|-----|-----|-----|-----|--------------|-----|-------|
| Service: | Provider: | | | | | | | | | | | Rate: |
| | July | Aug | Sep | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | June |
| Costs Per Month: | | | | | | | | | | | | |
| Units Per Month: | | | | | | | | | | | | |
| Year To Date Total: | | | | | | | | | | Total Units: | | |

| | | | | | | | | | | | | |
|---------------------|-----------|-----|-----|-----|-----|-----|-----|-----|-----|--------------|-----|-------|
| Service: | Provider: | | | | | | | | | | | Rate: |
| | July | Aug | Sep | Oct | Nov | Dec | Jan | Feb | Mar | Apr | May | June |
| Costs Per Month: | | | | | | | | | | | | |
| Units Per Month: | | | | | | | | | | | | |
| Year To Date Total: | | | | | | | | | | Total Units: | | |

Regional Center Services

How do you receive Regional Center Services?

- A person can qualify for services at any age; however, the person must be diagnosed with an intellectual and/or a developmental disability before the age of 18.
- Regional centers do not provide support to persons who are only diagnosed with a mental illness (i.e., depression, schizophrenia), have a learning disability (i.e. dyslexia, auditory processing disorder), are only deaf or blind, or only have a speech disorder.
- The primary diagnosis must be an intellectual and/or developmental disability. A person can be found eligible who is dually diagnosed with an intellectual or developmental disability as well as other disabilities described above.
- However, if you feel someone is delayed, and are unsure if they would qualify for SCLARC services, please refer them for an assessment.

Regional Center Eligibility

What makes someone eligible to receive Regional Center services?

- Income is NOT a factor for eligibility.
- Services are provided for free.
- Services are provided regardless of citizenship or residency status – The individuals we serve can receive services if they are undocumented.

Regional Center Intake Process

How do you determine if someone is eligible for services from the Regional Center?

If you would like to determine if your loved one, between the ages of birth to under three (3) years, is eligible for services, or to make a referral to Early Start Intake, contact:

- Phone: (213) 744-7000 extension 3226
- Fax: (213) 947-4115
- Email: earlystartintake@sclarc.org

For ages 3 and above, contact Lanterman Intake at:

- Phone: (213) 744-7000 extension 3227
- Fax: (213) 559-0612
- Email: lantermanintake@sclarc.org
- An intake worker completes an initial telephone screening and schedules an appointment for an office visit if needed. Early Start may schedule an in-home visit if needed.
- Helpful to bring any documentation that indicates why the person may meet eligibility criteria, such as:
 - Medical Records
 - Psychological/Psychiatric Evaluations
 - School Records (IEP's, reports cards, etc.)

Regional Center Intake Process, Cont...

Intake Service Coordinators have 15 business days to complete an assessment after the initial request.

- Other clinicians, such as a psychologist, physician, OT/PT, or others may also assess the prospective client if needed.
- In some cases, an intake worker may observe the individual in the community, i.e., in school, to ensure an accurate assessment.
- Finally, a “Core Staffing Team” comprised of clinicians, managers, and the intake Service Coordinator will make a determination regarding eligibility.
- For those not found eligible, referrals will be made to appropriate alternative resources in the community.

For individuals ages birth to 3:

- Cases are reviewed by the Early Start Eligibility Team, which generally takes 45 days to complete.

For individuals ages 3 and older:

- The intake process generally takes 45 to 120 days to complete.

Assessment & Interdisciplinary Team

Who are the people who will be helping the individual you serve obtain services?

- The interdisciplinary team is made up of clinical professionals, subject specialists and consultants, program managers, and other regional center staff.
- Following the assessment, the Service Coordinator will confer with the individual we serve, his/her Circle of Support and the Interdisciplinary Team who will all work together to determine the best plan to meet the individual needs of the consumer.

Individual Program Plan

What is the Individual Program Plan (IPP) and how does it help the consumer?

- The Individual Program Plan (IPP) helps the family and the individual we serve communicate; the IPP documents the needs of each consumer at the Regional Center.
- Service Coordinators conduct Person Centered Planning IPP's
- A Face-to-Face, in-depth conversation between the individual we serve, his/her Circle of Support/ Planning Team, and the Service Coordinator is used to design an effective plan to ensure the progress of the individual we serve.

Person Centered Planning

What is Person Centered Planning (PCP) and how does it affect the IPP process?

During that conversation, the Service Coordinator, along with the individual we serve, and their Circle of Support will:

- Assess the current needs of the individual we serve.
- Assist the individuals we serve in meeting those needs through various generic and SCLARC funded resources.
- Empower the individuals we serve and his/her caregiver so that the individual can gain as much control over his/her own life as possible.
- Find ways to increase opportunities for individual participation in the community.
- Identify individual desires, interests, and dreams.
- Develop a plan to turn those dreams into a reality.

Appeals

The individuals we serve, or their authorized representatives, can utilize the Complaint and Fair Hearing process in order to make their dissatisfaction regarding eligibility decisions and/or denial of services known to South Central Los Angeles Regional Center.

What do you do if you need to lodge concerns, grievances, and complaints?

- Under the Lanterman Act, found at Welfare and Institutions Section 4500 and following, consumers of, or applicants for, regional center services or their authorized representatives have the right to appeal any decision or action of the regional center with which they are dissatisfied or believe is illegal, discriminatory, etc. This right to appeal is generally referred to as the Fair Hearing appeals process. (This appeals process is generally used for service-related and eligibility disputes.)
- An appeal information packet is routinely sent to the individuals we serve or their authorized representative when the regional center proposes to take an action without the individual we serve or representative mutual agreement.
- If you do not have information on how to appeal a decision, simply ask your service coordinator, his/her supervisor, or the Consumer's Rights Advocate to send you an appeals information packet.
- The individuals we serve and/or families who receive and/or apply for services under the Early Start Program may file for voluntary, impartial mediation or a due process hearing when they disagree with any action taken by a Regional Center with respect to identification, eligibility, evaluation, assessment, or the provision of early intervention services. (This appeals process is generally used for service related and eligibility disputes.)

Title 17 Complaint Procedure

The Title 17 Complaint Procedure is defined in the California Code of Regulations Title 17 Section 50540. It provides a mechanism for due process when the consumer believes a right has been unreasonably or punitively denied. This procedure is to be used when: (1) one of the “personal rights” of an individual who resides in a developmental center, community care or health care facility, has been denied; and (2) the consumer disagrees. Any time a right is denied as described below, the person who is being denied the right must be given his/her right to appeal the decision through the Title 17 Complaint Procedure.

To initiate this process, you must file your complaint with the regional center or developmental center clients’ rights advocate who has 10 days to investigate and provide a written proposed solution to the complainant. If you are dissatisfied with the action taken or proposed, the first level of appeal is to the Director of the regional center or developmental center. If the complaint is still not resolved, the regional center or developmental center Director must then refer the complaint to the DDS Community Services Division at 916-651-6309, which is responsible for making a recommendation to the Director of DDS for final administrative decision.

In addition to the rights all consumers enjoy, consumers who reside in licensed health care or community care facilities are entitled to certain rights, known as “personal rights,” which are found in Title 17 Section 50510(b). Some of the “personal rights” may, under specific conditions, be restricted for limited periods of time. The rights that can be restricted are:

- To keep and be allowed to spend your own money for personal and incidental needs;
- To keep and wear your own clothing;
- To keep and use your own possessions, including toilet articles (for example, shavers, toothbrushes, brushes, combs)
- To have access to private storage space;
- To see visitors every day;
- To have reasonable access to telephones, both to make and receive confidential phone calls;
- To mail and receive unopened correspondence and to have ready access to letter writing materials, including postage.

In the absence of a court order which provides for limitation of a right, no right listed above can be denied without going through the Section 50530 denial process. Before any of these rights can be denied, the professional person in charge of the facility, or designee, must make a finding that: exercise of the right would be harmful to the consumer; there is evidence that exercise of the right would infringe on the rights of others; or the institution or facility would suffer serious damage. Denial of the right must be the least restrictive way of resolving the problem and the denial must be related to the specific right denied.

- Title 17, California Code of Regulations Section 50540 also provides a rights-based complaint process whereby a consumer, or any representative acting on the behalf of an individual we serve may file a complaint with the Clients' Rights Advocate assigned to SCLARC.

Office of Clients' Rights Advocacy

8255 Firestone Blvd., Suite 405

Downey, CA 90241

Tel: (323) 292-9907 / TTY: (800) 719.5798

Toll Free: (800) 776-5746

Fax: (323) 293-4259

Website: www.disabilityrightsca.org

www.disabilityrightsca.org/espanol

- The individuals we serve, and families can also lodge concerns, complaints, and grievances regarding the denial of rights and/or services directly with SCLARC, the Office of Clients' Rights Advocacy (above) or with Area Board X at:

State Council on Developmental Disabilities

411 North Central Ave., Suite 620

Glendale, CA 91203-2020

Phone: (818) 543-4631 Fax: (818) 543-4635

Email: losangeles@scdd.ca.gov

Website: www.scdd.ca.gov

For more information regarding the appeals or 4731 complaint process, contact:

Tami Summerville

Appeals Manager

Phone: (213) 744-8899

Vendor Codes and Descriptions

Service Data FY 2024–2025

The following list contains commonly used vendor codes. Along with the vendor code, a description of services provided is included.

This is not the complete list of codes that may be included on your annual cost statement.

| SERVICE CODE | DESCRIPTION |
|--|--|
| 076 - (PILOT PROGRAM) COORDINATED FAMILY SUPPORT (CFS) | A regional center shall classify a vendor as a CFS provider when the vendor coordinates and provides items identified below for adults who reside in the family home. CFS should be tailored to the unique needs of the consumer and their family and provided in a manner that respects their language and culture. It should be primarily provided in a person's home. |
| 099 - GENERAL SELF DIRECTED SUPPORTS | General Self-Directed Supports are authorized to be provided after a Self Determination Program (SDP) orientation and before a potential SDP participant is enrolled in the SDP. This service is for any assistance, coaching, and/or training supports needed by a potential SDP participant and their family or their representative, to successfully enroll in SDP. |
| 605 - ADAPTIVE SKILLS TRAINING | Vendors possess the skills, training, and education necessary to enhance existing consumer skills. An adaptive skills trainer may also remedy consumer skill deficits in communication, social function or other related skill areas. |
| 620 - BEHAVIOR MANAGEMENT CONSULTANT | Designs and/or implements behavior modification intervention services |
| 627 - DIAPER SERVICE | The vendor: (A) Supplies cloth diapers for the consumer; and (B) Provides pick-up, laundering, and delivery of the diapers to the consumer's home. |
| 672 - EDUCATIONAL PSYCHOLOGIST | Provides evaluation and counseling to assist individuals in achieving more effective educational development. |
| 680 - TUTOR | Provides the in-home individualized instruction to the individual, which is supplementary to, or independent of, instruction provided by the classroom teacher. |
| 700 - ACUTE CARE HOSPITALS | An acute care hospital which is validly licensed as such by DHS, and which provides inpatient care 24 hours per day; or (B) An acute psychiatric hospital which is validly licensed as such by DHS, and which provides care for the mentally disordered, incompetent persons referred to in Welfare and Institutions Code, Sections 5000 to 5550. |
| 707 - SPEECH PATHOLOGY | Vendor is (A) a speech pathologist who is validly licensed as a speech pathologist by the Speech Pathology and Audiology Examining Committee of the Medical Board of California; and provides: 1. Diagnostic screening; and 2. Preventative and corrective therapy for persons with speech or language disorders. |

| | |
|---------------------------------|---|
| 710 - DAY TREATMENT CENTER | Vendor provides services to outpatients at an acute care hospital or acute psychiatric hospital. |
| 715 - DENTISTRY | Vendor is validly licensed by the California Board of Dental Examiners and practices the branch of medicine which specializes in the diagnosis, prevention, and treatment of diseases of the teeth and their associated structures. |
| 720 - DIETARY SERVICES | Vendor is: (A) A dietician who is validly registered as a member of the American Dietetic Association and who prescribes or modifies a person's diet to meet the person's nutritional needs; or (B) a nutritionist who evaluates an individual's nutritional needs |
| 725 - DURABLE MEDICAL EQUIPMENT | Vendor possesses a valid business license, and operates a business which manufactures, individually tailors, or sells durable medical equipment as defined in Title 22, California Code of Regulations, Section 51160. |
| 742 - LICENSED VOCATIONAL NURSE | Vendor: (A) Is validly licensed as a licensed vocational nurse by the California State Board of Vocational Nurse and Psychiatric Technician Examiners; or (B) Is a nurse registry from whom the services of licensed vocational nurse are obtained; and (C) Provides services under the direction of a validly licensed registered nurse or physician. |
| 743 - NURSE'S AIDE OR ASSISTANT | Vendor: (A) Is certified as a nurse's aide or a home health aide by DHS; or (B) Is a nurse registry from whom the services of a nurse's aide or assistant are obtained; and (C) Provides services under the direction of a validly licensed registered nurse or physician. |
| 744 - REGISTERED NURSE | Vendor: (A) Is an individual who is validly licensed as a registered nurse by the California State Board of Registered Nurses; or (B) Is a nurse registry from whom the services of a registered nurse are obtained. |
| 765 - PHARMACEUTICAL SERVICES | Vendor is: (A) A person who is validly licensed as a pharmacist by the California State Board of Pharmacy, and who identifies, prepares, or preserves compounds and dispenses drugs; or (B) A pharmacy which is validly licensed as a pharmacy by the California State Board of Pharmacy, and which is a facility where medicines are compounded or dispensed. |
| 772 - PHYSICAL THERAPY | Vendor is a (A) A physical therapist who is validly licensed by the Physical Therapy Examining Committee of the Medical Board of California and who, under medical supervision, treats individuals to relieve pain, develop or restore motor function, and maintain performance by using a variety of physical means; or (B) A physical therapist assistant by the Physical Therapy Examining Committee of the Medical Board of California and who provides physical therapy while under the direct supervision of the licensed physical therapist. |

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|---------------------------------------|--|
| <p>773 - OCCUPATIONAL THERAPY</p> | <p>Vendor is: (A) An occupational therapist validly licensed by the California Board of Occupational Therapy and who, based on the written prescription of a physician, dentist, or podiatrist, provides occupational therapy evaluation, treatment planning, treatment, instruction and consultative services; or (B) An occupational therapist assistant validly certified by the California Board of Occupational Therapy and who provides occupational therapy evaluation, treatment planning, treatment, instruction and consultative services while under the direct supervision of a registered occupational therapist.</p> |
| <p>775 - PHYSICIANS OR SURGEONS</p> | <p>Vendor provides professional services to individuals and is validly licensed by the Medical Board of California as a physician or surgeon.</p> |
| <p>780 - PSYCHIATRIST</p> | <p>Vendor: (A) Is validly licensed as a physician and surgeon by the Medical Board of California; (B) Is validly certified by the American Board of Psychiatry and Neurology; and (C) Specializes in the diagnosis, treatment, and prevention of mental disorders.</p> |
| <p>785 - CLINICAL PSYCHOLOGIST</p> | <p>Vendor: (A) Is validly licensed as a clinical psychologist by the Psychology Examining Committee of the Medical Board of California; and (B) Provides: 1. Diagnosis and psychotherapy of mental and emotional disorders; or 2. Individual and group testing and counseling in order to assist individuals achieve more effective personal, social, educational, and vocational development adjustment.</p> |
| <p>800 - GENETIC COUNSELOR</p> | <p>Vendor: (A) Has successfully completed training in an accredited genetic counseling program at the master or doctoral level; (B) Is eligible for certification or is certified by the National Board of Human Genetics; and (C) Advises and counsels persons and families concerning a genetic and medical diagnosis and the probability that they carry and may transmit genetically determined characteristics to their offspring.</p> |
| <p>854 - HOME HEALTH AGENCY</p> | <p>Vendor possesses a valid home health agency license issued by DHS, or meets the requirements established by DHS for providing home health services and is primarily engaged in providing skilled nursing services and at least one of the following: (A) Physical Therapy; (B) Occupational Therapy; (C) Speech Therapy; (D) Medical Social Work; or (E) Home Health Aide Services.</p> |

List of Services

Service Data FY 2024-2025

This is a list of commonly requested services by age group. It is intended to be a guide for the individuals we serve/families. Not all individuals we serve, and families will be eligible to receive all the services listed because services, by law, are based on individual needs. Please discuss your individual needs with your Service Coordinator.

| | | |
|--------------|---|-------------------|
| Page 27 Ages | → | 0 - under 3 years |
| Page 30 Ages | → | 3 - 10 years |
| Page 34 Ages | → | 11 - 17 years |
| Page 38 Ages | → | 18 - 22 years |
| Page 43 Ages | → | 23 and up |

Services and Supports

Birth to Under 3 Years of Age

Your child has recently entered the South Central Los Angeles Regional Center (SCLARC) Early Start Program. We are sure that you have many questions and concerns about what to do next. Early Start Services are listed below with a brief explanation of the support and when it is important for an infant or toddler.

Case Management

- An Early Start Service Coordinator (SC) will be assigned to you to develop the Individual Family Service Plans (IFSP) and assist the family with arranging appropriate services.

Assessments

- Each infant/toddler receives a developmental assessment by a specialist to identify developmental progress and intervention needs. This assessment provides the family and the regional center with developmental information used to determine the services and support that may be needed. As each infant/toddler is unique, the types of services and supports he/she will need will vary.

Occupational Therapy

- After your child's developmental assessment is completed, services and support will be identified to help with any delays found during the assessment. One option through SCLARC is the referral to licensed and registered Occupational Therapists who have years of experience working with children birth to 3 years of age. For children with developmental delays or a known physical or mental condition associated with a high probability of delays, occupational therapy can help improve their motor, cognitive, sensory processing, communication, and play skills. The goal is to enhance development, minimize the potential for developmental delay, and help families to meet the special needs of their infants and toddlers. Your Early Start Service Coordinator will provide you with referrals of available Occupational Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Physical Therapy

- After your child's developmental assessment is completed, services and support will be identified to help with any delays found during the assessment. One option through SCLARC is the referral to licensed and registered Physical Therapists who have years of experience working with children from birth to 3 years of age. Physical therapy is for the preservation, enhancement, or restoration of movement and physical function impaired or threatened by disability, injury, or disease that utilizes therapeutic exercise, physical modalities (as massage and electrotherapy), assistive devices, and patient education and training. Your Early Start Service Coordinator will provide you with referrals of available Physical Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Speech Therapy

- As your child develops, around the ages of 18-24 months, you may notice delays in speech and language. SCLARC has a variety of Licensed Speech and Language Pathologists (Speech Therapists) who will assess and develop therapy plans to encourage and increase your child's speaking and communication ability. Your Early Start Service Coordinator will provide you with referrals of available Speech Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Feeding Therapy

- You may find that your child has trouble swallowing, chewing or refuses many foods due to texture. If feeding issues are identified, SCLARC may refer you to a specialist who can assist you as you work with your child. There are Speech Therapist and Occupational Therapists who specialize in Feeding Therapy. Your Early Start Service Coordinator will provide you with referrals of available Feeding Therapists to address your child's developmental needs. Parent participation is crucial so that the family can utilize the activities to encourage and continue the child's progress and development.

Nursing Supports

- If your child needs nursing support, your Early Start Service Coordinator will assist you with possible referrals. Many insurance companies or specialized services, like EPSDT, provide help.

Infant Development Services

- Infant Development Services can be provided at home or in a therapeutic pre-school type setting in which your child receives support and education to address developmental issues. The in-home service and pre-school type programs have special teachers as well as Occupational, Physical and Speech Therapists. Parent observation and participation provide the family with the skills needed to address the child's developmental needs in any environment.

Behavior Services –ABA(Funded if family is exempt from SB 946 insurance requirement.)

- Behavior intervention services are specialists who provide training and instruction to assist families, clients, and caregivers in developing positive strategies and techniques to manage behaviors. Parent participation is required!

Behavior Classes

- California Psych Care (Parent Education Classes) offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior strategies.

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

IEP Support from SCLARC Educational Team

- A referral to our Education Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

Translation

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Incontinence Supplies

- Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if no other source is available.

Formulas and Nutritional Supplements

- SCLARC will assist families exploring generic resources when there is a medical need for Formula or Nutritional Supplements. In the event that all generic resources have been explored and exhausted, SCLARC will consider purchasing Formula or Nutritional Supplements as the payer of last resort.

Transition

- All SCLARC families will transition out of the Early Start Program by the child's third birthday. SCLARC begins the Transition process as early as a child's second birthday by providing families with information at the IFSP (Individual Family Service Plan) Meeting. Goals are developed and included in the child's IFSP, and a transition meeting is scheduled with the local school district when a child is 30 months but no later than 33 months. Every child in the Early Start Program is referred to the Local Education Agency no later than 33 months-of-age for an IEP (Individual Education Plan) and Special Education Services.

Transportation

- Children 0-3 years of age are eligible to receive transportation and related costs necessary for a child and his or her family to receive services pursuant to the Individualized Family Service Plan. To the maximum extent appropriate to the needs of the child, transportation services shall be provided in settings natural or normal for children of the same age who have no disability. On an exceptional basis, when the child cannot be transported by family members due to the family member's illness or disability, or via public transportation due to the child's disability, the Regional Center may provide funding using a voucher or the lowest cost vendored provider.

SCLARC will also request sufficient written documentation from the family demonstrating that the family members are unable to provide transportation for the child (WIC §4648.35).

211 Services

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Note: For some services mentioned above supporting documents may be required.

Services and Supports

Young School Age Children 3 to 10 Years of Age

The following are services and supports for Young School Age Children; at this point the school district is typically responsible to provide most of the services however SCLARC may supplement services as needed.

Behavior Classes

- Parent Education Classes offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior outcomes.

Behavior Intervention (ABA services) (Funded if family is exempt from SB 946 insurance requirement.)

- Behavior intervention services are specialists who provide training and instruction to assist families, individuals, and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent's participation is recommended but not required!***

Case Management

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plan (IPP), and assist the family with arranging appropriate services for individual served by Regional Center.

Co-Payments, Co-Insurance and Deductibles

- If your family member receives behavior intervention services funded by insurance, SCLARC can assist with insurance Co-Payments, Co-Insurance and Deductibles if your family meets the income requirements. (Welfare & Institutions Code 4659.1. (Referral to SCLARC's Medical and Insurance Consultant).

Crisis Support Services

- SCLARC has 2 crisis response teams (Crisis Support Services, START Program, and Crisis Response Project) that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems with on-going support and wellness checks.
- SCLARC has 2 programs designed to provide intensive crisis prevention, emergency response intervention, and follow up support to Individuals and families.

Day Care

- Day care services regularly provide care and supervision for periods less than 24 hours a day while parents are engaged in employment outside of the home or educational activities leading to employment or both.

Educational Services

Educational Services is defined as classes, programs, activities, or other supports (Ex: Virtual Curriculum, webinars, trainings, etc.) designed to provide an appropriate education to a student as determined by the individual's educational goals and one or more of the educational plans listed below.

- Individualized Education Plan (IEP)
- Individualized Transition Plan (ITP)
- Independent Education Evaluation (IEE)
- Individualized Health Plan (IHP)

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at **213-744-8882** for more information.

IEP Support from SCLARC Educational Team

- A referral to SCLARC's Education Specialist can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

If I Need Help (Safety Kit)

- Safety ID Kit that contains alerts and custom wearable ID with unique codes for individual as parent notes he may wander, get lost or is not able to self-advocate at critical times.

Incontinence supplies

- SCLARC may purchase diapers for individuals ages 3 years and older when the family can demonstrate a financial need and when there is no funding available through a generic resource such as Medi-Cal or private medical insurance.

In-home Respite Care

- Parents and other family members can get periodic assistance with the constant care and supervision of the individual to relieve family stress or in emergencies. The Service Coordinator will discuss the various natural supports and other existing community resources available to the individual and his/her family. Families frequently have natural supports available to them, e.g. extended family, siblings, friends, neighbors, co-ops. To the extent that these resources would be available to assist the family of a non-disabled or high-risk individual, they will be considered in the determination of respite needs. In-Home Supportive Services (IHSS), private insurance, Medi-Cal benefits, public school, and other community resources must be pursued and utilized to the extent possible before considering respite services.
 - For family respite: Family selects own Respite Provider.
 - For Agency Respite: Agency assigns a Respite Provider.
 - LVN Respite: Home Health Agency Assigns a Nurse. Chronic medical conditions, such as Asthma and seizures, diabetes, and G-Tube feeding have been identified.
 - **Note: individuals that are eligible for LVN Respite are NOT eligible for PA-Personal Assistance service.**

Overnight/out of home respite

- SCLARC provides individuals/families with **up to 21 days** of out-of-home respite in a fiscal year, to provide support while a parent/guardian is out of town and unavailable to provide care.

Personal Assistance Support

- Personal assistance services are to assist with bathing, grooming, dressing, toileting, meal preparation, feeding, and protective supervision that is a typical parental responsibility for minor children.

Social Recreation Services

- Effective July 1, 2021, changes to Welfare & Institutions Code (WIC) section 4648.5 restored regional center's authority to fund camping services and associated travel expenses; social recreational activities; educational services for children three to 17, inclusive, years of age; and nonmedical therapies, including, but not limited to, specialized recreation, art, dance, and music. Speak with your Service Coordinator about social recreational and educational services. A copy of the social recreation and educational services policy can be found on SCLARC's website www.sclarc.org under the About Us – Transparency webpage.

Social Skills Training

- Social Skills Training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes. Treatment for this age range typically targets the social/play milestones that foster independence in the child's natural social setting. Parent's participation is recommended but not required!

Some Medical Equipment, if no other resources available

- Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available. (Referral to SCLARC's Mobility Clinic)

Specialized Supervision

- Specialized Supervision is a service that provides appropriate 1:1 supervision for preschool and school aged children with specialized care needs beyond those that can be provided in a typical daycare. This service is provided to individuals of parents'/caregivers/ guardians who are unavailable to provide such care and supervision because they are engaged in full time work, school or vocational training and will address health and safety issues. Specialized supervision services can support the individual and the parent(s)/caregiver(s)/guardian(s) with promoting individual's independence and integration into their local community.

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

Therapy Services include Speech, Occupational, and Physical Therapy services

- Therapy Services are typically provided to individuals ages 3-21 by the school district and/ or health plan. Therefore, service requests received for individuals ages 3-21 should go through the school district and/ or health plan prior to regional center funding the service.

Translation

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Transportation

- Parents of school aged children 3-17 years of age are expected to provide transportation to appointments and activities. The local education agency is responsible for providing transportation to public or non-public schools pursuant to an individualized education program plan. On an exceptional basis, if the child's disabilities prevent the use of public transportation, or the family is unable to transport the child as a result of illness or disability, the Regional Center may arrange for transportation through the use of a voucher, purchased bus pass, or by a regional center vendor.

211 Services

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Note: For some services mentioned above supporting documents may be required.

Services and Supports

Adolescents 11 to 17 Years of Age

The following services and supports are for children that have entered Adolescence – the Teen Age Years. Adolescent Services are listed below with a brief explanation of the support.

Behavior Classes

- Parent Education Classes offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior outcomes.

Behavior Intervention (ABA services) (Funded if family is exempt from SB 946 insurance requirement.)

- Behavior intervention services are specialists who provide training and instruction to assist families, individuals, and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent's participation is recommended but not required!***

Case Management

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plan (IPP), and assist the family with arranging appropriate services for individual served by Regional Center.

Co-Payments, Co-Insurance and Deductibles

- If your family member receives behavior intervention services funded by insurance, SCLARC can assist with insurance Co-Payments, Co-Insurance and Deductibles if your family meets the income requirements. (Welfare & Institutions Code 4659.1. (Referral to SCLARC's Medical and Insurance Consultant).

Crisis Support Services

- SCLARC has 2 crisis response teams (Crisis Support Services, START Program, and Crisis Response Project) that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems with on-going support and wellness checks.
- SCLARC has 2 programs designed to provide intensive crisis prevention, emergency response intervention, and follow up support to Individuals and families.

Day Care supports (sometimes referred to as Specialized Supervision)

- Specialized Supervision is a service that provides appropriate 1:1 supervision for pre-school and school aged children with specialized care needs beyond those that can be provided in a typical daycare. This service is provided to individuals of parents/caregivers/ guardians who are unavailable to provide such care and supervision because they are engaged in full time work, school or vocational training and will address health and safety issues. Specialized supervision services can support the individual and the parent(s)/caregiver(s)/guardian(s) with promoting individual's independence and integration into their local community.

Day Care

- Day care services regularly provide care and supervision for periods less than 24 hours a day while parents are engaged in employment outside of the home or educational activities leading to employment or both. There are three basic types of child day care providers. The three types are as follows:

Educational Services

- Educational Services is defined as classes, programs, activities, or other supports (Ex: Virtual Curriculum, webinars, trainings, etc.) designed to provide an appropriate education to a student as determined by the individual's educational goals and one or more of the educational plans listed below.
 - Individualized Education Plan (IEP)
 - Individualized Transition Plan (ITP)
 - Independent Education Evaluation (IEE)
 - Individualized Health Plan (IHP)

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

IEP Support from SCLARC Educational Team

- A referral to SCLARC's Education Specialist can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

If I Need Help (Safety Kit)

- Safety ID Kit that contains alerts and custom wearable ID with unique codes for individual as parent notes he may wander, get lost or is not able to self-advocate at critical times.

Incontinence Supplies

- SCLARC may purchase diapers for individuals ages 3 years and older when the family can demonstrate a financial need and when there is no funding available through a generic resource such as Medi-Cal or private medical insurance.

In-home Respite Care

- Parents and other family members can get periodic assistance with the constant care and supervision of the individual to relieve family stress or in emergencies. The Service Coordinator will discuss the various natural supports and other existing community resources available to the individual and his/her family. Families frequently have natural supports available to them, e.g. extended family, siblings, friends, neighbors, co-ops. To the extent that these resources would be available to assist the family of a non-disabled or high-risk individual, they will be considered in the determination of respite needs. In-Home Supportive Services (IHSS), private insurance, Medi-Cal benefits, public school, and other community resources must be pursued and utilized to the extent possible before considering respite services.

- For family respite: Family selects own Respite Provider.
- FLVN Respite: Home Health Agency Assigns a Nurse. Chronic medical conditions, such as Asthma and seizures, diabetes, and G-Tube feeding have been identified.
- **Note: individuals that are eligible for LVN Respite are NOT eligible for PA-Personal Assistance service.**

Overnight/Out of Home Respite

- SCLARC provides individuals/families with **up to 21 days** of out-of-home respite in a fiscal year, to provide support while a parent/guardian is out of town and unavailable to provide care.

Personal Assistance Support

- Personal assistance services are to assist with bathing, grooming, dressing, toileting, meal preparation, feeding, and protective supervision that is a typical parental responsibility for minor children.

Residential Services

- SCLARC has options for licensed residential homes that provide different services and different levels of staffing depending on the individual needs. (Referral to CLO meeting to determine the level of care and supervision.).

Social Recreation Services

- Social recreation is defined as swimming, dance, art, music, sports, and activities in inclusive settings including but not limited to, the Department of Parks and Recreation and civic groups such as the YMCA or YWCA, scouting programs, service organizations, local cultural organizations, churches, and community organizations, in which individuals are engaged with others.

Social Skills Training

- Social Skills Training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes. The focus of social skills training for this age range is on the social skills necessary for the individual to function as independently as possible in the natural social environment. Goals targeted should include an emphasis on skill generalization across settings.
Parent's participation recommended but not required!

Some Medical Equipment (if no other resources available)

- Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available. (Referral to SCLARC's Mobility Clinic)

Specialized Supervision

- Specialized Supervision is a service that provides appropriate 1:1 supervision for preschool and school aged children with specialized care needs beyond those that can be provided in a typical daycare. This service is provided to individuals of parents/caregivers/ guardians who are unavailable to provide such care and supervision because they are engaged in full time work, school or vocational training and will address health and safety issues. Specialized supervision services can support the individual and the parent(s)/caregiver(s)/guardian(s) with promoting individual's independence and integration into their local community.

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

Therapy Services include Speech, Occupational, and Physical Therapy services

- Therapy Services are typically provided to individuals ages 3-21 by the school district and/ or health plan. Therefore, service requests received for individuals ages 3-21 should go through the school district and/ or health plan prior to regional center funding the service. Please adhere to the guidelines below for processing Therapy Service requests:

Translation

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Transportation

- Parents of school aged children 3-17 years of age are expected to provide transportation to appointments and activities. The local education agency is responsible for providing transportation to public or non- public schools pursuant to an individualized education program plan. On an exceptional basis, if the child's disabilities prevent the use of public transportation, or the family is unable to transport the child as a result of illness or disability, the Regional Center may arrange for transportation through the use of a voucher, purchased bus pass, or by a regional center vendor.

211 Services

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

Note: For some services mentioned above supporting documents may be required.

Services and Supports

Young Adulthood 18 to 22 Years of Age

The following services and supports are for young adults including young adults who remain in school until they are 22 years old. **When the individual leaves school with a Certificate of Completion or a Diploma work and day services are available.** For all young adults, future planning is a must.

Behavior Classes

- Parent Education Classes offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior outcomes.

Coordinated Family Services (CFS)

- Coordinated Family Support (CFS) is a service designed for adults (18 years or older) with developmental disabilities who choose to live with their families.

Co-Payments, Co-Insurance and Deductibles

- If your family member receives behavior intervention services funded by insurance, SCLARC can assist with insurance Co-Payments, Co-Insurance and Deductibles if your family meets the income requirements. (Welfare & Institutions Code 4659.1. (Referral to SCLARC's Medical and Insurance Consultant).

Crisis Support Services

- SCLARC has 2 crisis response teams (Crisis Support Services, START Program, and Crisis Response Project) that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems with on-going support and wellness checks.
- SCLARC has 2 programs designed to provide intensive crisis prevention, emergency response intervention, and follow up support to Individuals and families.

Day Services

- SCLARC offers a variety of adult day services that include site based licensed day programs, community-based day programs. Individuals can participate in a variety of programs suited to their individual needs, such as improving daily living skills, training in a vocation, volunteering, performing arts, technology, and the individual must be 18 years of age.

Driver Training

- SCLARC may assist with the fees for driver education classes if the individual meets the qualifying conditions; the first 25 hours of classes will be the responsibility of the individual.

Employment

- Individuals can be referred to a Supported Employment vendor who can assist with job development in an appropriate group or individual job placement. Job coaching hours can also be funded through DOR and/or SCLARC based on the individual's needs. In addition, SCLARC offers Employment Services programs that assist Individuals to learn job skills that will assist in obtaining a Paid Internship (PIP), with the goal of seeking competitive employment.

Family Home Agencies (FHA)

- Many individuals want the option to live with a family. Family Home Agencies provides that option. Individuals can move in with a certified family in their home with supports. Certified Families receive on-going training as well as supports to assist an individual to become a member of their "family".

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

IEP Support from SCLARC Educational Team

- A referral to SCLARC's Education Specialist can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

Incontinence supplies

- SCLARC may purchase diapers for individuals ages 3 years and older when the family can demonstrate a financial need and when there is no funding available through a generic resource such as Medi-Cal or private medical insurance.

Independent Living (ILS)

Adults that are 18 years or older who are out of school, can receive training in areas such as, shopping, cooking, budgeting, housekeeping, and self-care skills with the goal to become more independent in daily living.

In-home Respite Care

- Parents and other family members can receive periodic assistance with the constant care and supervision of the individual to relieve family stress or in emergencies. The Service Coordinator will discuss the various natural supports and other existing community resources available to the individual and his/her family. Families frequently have natural supports available to them, e.g. extended family, siblings, friends, neighbors, co-ops. To the extent that these resources would be available to assist the family of a non-disabled or high-risk individual, they will be considered in the determination of respite needs. In-Home Supportive Services (IHSS), private insurance, Medi-Cal benefits, public school, and other community resources must be pursued and utilized to the extent possible when considering respite services.
 - For family respite: Family selects own Respite Provider.
 - For Agency Respite: Agency assigns a Respite Provider. LVN Respite: Home Health Agency Assigns a Nurse. Chronic medical conditions, such as Asthma and seizures, diabetes, and G-Tube feeding have been identified.
 - **Note: individuals that are eligible for LVN Respite are NOT eligible for PA-Personal Assistance service.**

Interpersonal Relationship Development (IRD) Training Program (Adult Social Skills Training Program).

- This program is for adults 18 and over with social challenges who are enrolled in secondary education, employed, or on a vocational/employment track. The program emphasizes more than learning of social skills by also nourishing the individual's self-development, self-expression, self-reflection, and group socialization in a safe and respectful environment. All classes are held virtually.

Overnight/out of home respite

- SCLARC provides individuals/families with up to 21 days of out-of-home respite in a fiscal year, to provide support while a parent/guardian is out of town and unavailable to provide care.

Parenting Skills and Support

- Many SCLARC adults are parents or interested in having children. SCLARC is here to offer guidance and support through Specialized Parenting Skills training and Support. These agencies have trained staff that will train and support the new parent or parent to be with pregnancy, delivery and caring for a baby.
- *SCLARC also has Family Homes through our Adult Family Home Agencies that can provide a home, training and support for the mother and child who wish to live with a family.*

Personal Assistance (PA) Support

- Personal assistance services are to assist consumers who require support in the following areas of activities of daily living, including bathing, grooming, dressing, toileting, meal preparation, feeding, and protective supervision. Personal assistance services are intended to provide adult individuals with appropriate care and supervision, for community integration purposes and to assist consumers in maintaining community living arrangements, including a living arrangement in the family home, if that is the consumer's preference. SCLARC may fund Personal Assistant hours to support individuals who are attending local community college/university programs and any services provided by the school's disability office will be considered when determining the number of hours.

Residential Services

- SCLARC has options for licensed residential homes that provide different services and different levels of staffing depending on the individual needs. (Referral to Behavior Consultant will be required to determine level placement needed).

Self-Advocacy Groups

- SCLARC has a very active Consumer Advisory Committee (CAC) that hosts a number of self-advocacy groups located throughout SCLARC's service area. Dates and locations are typically posted on the SCLARC website. To register your individual contact Desiree L. Boykin, Consumer Advocate at (213) 743-3071.

Social Recreation Services

- Effective July 1, 2021, changes to Welfare & Institutions Code (WIC) section 4648.5 restored regional center's authority to fund camping services and associated travel expenses; social recreational activities; educational services for children three to 17, inclusive, years of age; and nonmedical therapies, including, but not limited to, specialized recreation, art, dance, and music. Speak with your Service Coordinator about social recreational and educational services. A copy of the social recreation and educational services policy can be found on SCLARC's website www.sclarc.org under the About Us – Transparency webpage. Refer to social recreation flyer in Supplemental page 75.

Some Medical Equipment, if no other resources available

- Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available. (Referral to SCLARC's Mobility Clinic)

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744-8882 for more information.

Supported Living (SLS)

- Individuals who reside in their own apartment/home may need on-going support. A supported living service is an individualized service that can provide staff to assist and train individuals in all aspects of their life. SLS is required to provide 24-hour a day emergency assistance in addition to on-going supports. Regardless of an individual's disability, they are eligible for SLS if they have the funds for rent, food and utilities. SCLARC can provide SLS up to 24 hours per day, 7 days per week dependent on the individual needed support.

Therapy Services include Speech, Occupational, and Physical Therapy services.

- Therapy Services are typically provided to individuals ages 3-21 by the school district and/ or health plan. Therefore, service requests received for individuals ages 3-21 should go through the school district and/ or health plan prior to regional center funding the service. Please adhere to the guidelines below for processing Therapy Service requests.

Translation

- IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Transportation

- Adult individuals should be assessed to determine their potential for independent travel on public transportation or paratransit. If the individual has demonstrated this potential, then mobility training should be provided. Generic resources for funding must be explored prior to the provision of funding by the Regional Center.

211 Services

- Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

Note: For some services mentioned above supporting documents may be required.

Services and Supports

Adulthood 23 Years of Age and Up

The following services and supports are for adults and elderly. SCLARC provides services that assist our adults. Adult Services are listed below with a brief explanation of each support. This is a guide to assist when funding services. It is recommended to review SCLARC POS policies for full services details.

Behavior Classes

- Parent Education Classes offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior outcomes.

Behavior Intervention (ABA services) (Funded if family is exempt from SB 946 insurance requirement.)

- Behavior intervention services are specialists who provide training and instruction to assist families, individuals, and caregivers in developing positive strategies and techniques to manage behaviors. Parents' participation is recommended but not required!

Case Management

- A Service Coordinator (SC) will be assigned to oversee the case, develop Individual Program Plan (IPP), and assist the family with arranging appropriate services for individual served by Regional Center.

Coordinated Family Services (CFS)

- Coordinated Family Support (CFS) is a service designed for adults (18 years or older) with developmental disabilities who choose to live with their families.

Co-Payments, Co-Insurance and Deductibles

- If your family member receives behavior intervention services funded by insurance, SCLARC can assist with insurance Co-Payments, Co-Insurance and Deductibles if your family meets the income requirements. (Welfare & Institutions Code 4659.1. (Referral to SCLARC's Medical and Insurance Consultant).

Crisis Support Services

- SCLARC has 3 crisis response teams (Crisis Support Services, START Program, and Crisis Response Project) that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems with on-going support and wellness checks.

Day Services

- SCLARC offers a variety of adult day services that include site based licensed day programs, community-based day programs. Individuals can participate in a variety of programs suited to their individual needs, such as improving daily living skills, training in a vocation, volunteering, performing arts, technology, and the individual must be 18 years of age.

Services and Supports



Adulthood 23 Years of Age and Up

The following services and supports are for adults and elderly. SCLARC provides services that assist our adults. Adult Services are listed below with a brief explanation of each support. This is a guide to assist when funding services. It is recommended to review SCLARC POS policies for full services details.

Behavior Classes

- Parent Education Classes offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior outcomes.

Coordinated Family Services (CFS)

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Co-Payments, Co-Insurance and Deductibles

- If your family member receives behavior intervention services funded by insurance, SCLARC can assist with insurance Co-Payments, Co-Insurance and Deductibles if your family meets the income requirements. (Welfare & Institutions Code 4659.1. (Referral to SCLARC's Medical and Insurance Consultant).

Crisis Support Services

- SCLARC has 2 immediate crisis response teams (Crisis Support Services and Crisis Response Project) that provide support when individuals and families are in crisis and require immediate assistance due to emotional or severe behavioral issues. You can sign up with a team, which we recommend, before there are problems with on-going support and wellness checks.
- SCLARC has 2 programs designed to provide intensive crisis prevention, emergency response intervention, and follow up support to Individuals and families.

Day Services

- SCLARC offers a variety of adult day services that include site based licensed day programs, community-based day programs. Individuals can participate in a variety of programs suited to their individual needs, such as improving daily living skills, training in a vocation, volunteering, performing arts, technology, and the individual must be 18 years of age.

Driver Training

- SCLARC may assist with the fees for driver education classes if the individual meets the qualifying conditions; the first 25 hours of classes will be the responsibility of the individual.

Employment

- Individuals can be referred to a Supported Employment vendor who can assist with job development in an appropriate group or individual job placement. Job coaching hours can also be funded through DOR and/or SCLARC based on the individual's needs. In addition, SCLARC offers Employment Services programs that assist Individuals to learn job skills that will assist in obtaining a Paid Internship (PIP), with the goal of seeking competitive employment. Page 44 of 92

Family Home Agencies (FHA)

- Many individuals want the option to live with a family. Family Home Agencies provides that option. Individuals can move in with a certified family in their home with supports. Certified Families receive on-going training as well as supports to assist an individual to become a member of their “family”.

Family Resource Center

- Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information. Incontinence supplies ➤ SCLARC may purchase diapers for individuals ages 3 years and older when the family can demonstrate a financial need and when there is no funding available through a generic resource such as Medi-Cal or private medical insurance.

Independent Living (ILS)

- Adults that are 18 years or older who are out of school, can receive training in areas such as, shopping, cooking, budgeting, housekeeping, and self-care skills with the goal to become more independent in daily living.

In-home Respite Care

- Parents and other family members can receive periodic assistance with the constant care and supervision of the individual to relieve family stress or in emergencies. The Service Coordinator will discuss the various natural supports and other existing community resources available to the individual and his/her family. Families frequently have natural supports available to them, e.g. extended family, siblings, friends, neighbors, co-ops. To the extent that these resources would be available to assist the family of a non-disabled or high-risk individual, they will be considered in the determination of respite needs. In-Home Supportive Services (IHSS), private insurance, Medi-Cal benefits, public school, and other community resources must be pursued and utilized to the extent possible when considering respite services.
 - For family respite: Family selects own Respite Provider.
 - For Agency Respite: Agency assigns a Respite Provider.
 - LVN Respite: Home Health Agency Assigns a Nurse. Chronic medical conditions, such as Asthma and seizures, diabetes, and G-Tube feeding have been identified.
 - **Note: individuals that are eligible for LVN Respite are NOT eligible for PA-Personal Assistance service.**

Overnight/Out of Home Respite

SCLARC provides individuals/families with up to 21 days of out-of-home respite in a fiscal year, to provide support while a parent/guardian is out of town and unavailable to provide care.

Interpersonal Relationship Development (IRD) Training Program (Adult Social Skills Training Program)

- This program is for adults 18 and over with social challenges who are enrolled in secondary education, employed, or on a vocational/employment track. The program emphasizes more than learning of social skills by also nourishing the individual’s selfdevelopment, self-expression, self-reflection, and group socialization in a safe and respectful environment. All classes are held virtually.

Parenting Skills and Support

- Many SCLARC adults are parents or interested in having children. SCLARC is here to offer guidance and support through Specialized Parenting Skills training and Support. These agencies have trained staff that will train and support the new parent or parent to be with pregnancy, delivery and caring for a baby. > SCLARC also has Family Homes through our Adult Family Home Agencies that can provide a home, training and support for the mother and child who wish to live with a family.

Personal Assistance (PA) Support

- Personal assistance services are to assist consumers who require support in the following areas of activities of daily living, including bathing, grooming, dressing, toileting, meal preparation, feeding, and protective supervision. Personal assistance services are intended to provide adult individuals with appropriate care and supervision, for community integration purposes and to assist consumers in maintaining community living arrangements, including a living arrangement in the family home, if that is the consumer's preference. SCLARC may fund Personal Assistant hours to support individuals who are attending local community college/university programs and any services provided by the school's disability office will be considered when determining the number of hours.

Residential Services

- SCLARC has options for licensed residential homes that provide different services and different levels of staffing depending on the individual needs. (Referral to CLO meeting to determine the level of care and supervision.

Self-Advocacy Groups

SCLARC has a very active Consumer Advisory Committee (CAC) that hosts a number of self-advocacy groups located throughout SCLARC's service area. Dates and locations are typically posted on the SCLARC website. To register your individual contact Desiree L. Boykin, Consumer Advocate at (213) 743-3071.

Social Recreation Services

- Social recreation is defined as swimming, dance, art, music, sports, and activities in inclusive settings including but not limited to, the Department of Parks and Recreation and civic groups such as the YMCA or YWCA, scouting programs, service organizations, local cultural organizations, churches, and community organizations, in which individuals are engaged with others.

Some Medical Equipment (if no other resources available)

- Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available. (Referral to SCLARC's Mobility Clinic).

Support Groups

- SCLARC can provide resources on existing support groups for individuals/families that are available in the community. Please contact the Family Resource Center at 213-744- 8882 for more information.

Supported Living (SLS)

- Individuals who reside in their own apartment/home may need on-going support. A supported living service is an individualized service that can provide staff to assist and train individuals in all aspects of their life. SLS is required to provide 24-hour a day emergency assistance in addition to on-going supports. Regardless of an individual's disability, they are eligible for SLS if they have the funds for rent, food and utilities. SCLARC can provide SLS up to 24 hours per day, 7 days per week dependent on the individual needed support.

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Transportation

- Adult individuals should be assessed to determine their potential for independent travel on public transportation or paratransit. If the individual has demonstrated this potential, then mobility training should be provided. Generic resources for funding must be explored prior to the provision of funding by the Regional Center.

211 Services

Provides help with food, housing, employment, health care, counseling and more. <http://www.211.org/> or just dial 2-1-1. They provide information throughout the United States. Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

Note: For some services mentioned above supporting documents may be required.

Meeting Dates

2026 Scheduled Meetings

The following pages consist of the 2026 meeting dates for SCLARC Committees and the Board of Directors. (pages 46 of 52)

2026 Board of Director Meetings

January 27, 2026

Board of Directors Meeting

(7 p.m. to 9 p.m.)

- [Meeting Notice](#)
- [BOD Binder](#)

March 24, 2026

Board of Directors Meeting

(7 p.m. to 9 p.m.)

May 26, 2026

Board of Directors Meeting

(7 p.m. to 9 p.m.)

July 28, 2026

Board of Directors Meeting

(7 p.m. to 9 p.m.)

September 22, 2026

Board of Directors Meeting

(7 p.m. to 9 p.m.)

November 17, 2026

Special Board of Directors Meeting

(7 p.m. to 9 p.m.)

Executive Committee 2026 Meeting Dates

The Executive Committee meets on the 3rd Thursday of every other month.

- **February 23, 2026**
6:30 pm to 7:30 pm
- **April 27, 2026**
6 pm to 8 pm
- **June 22, 2026**
6 pm to 8 pm
- **August 24, 2026**
6 pm to 8 pm
- **October 26, 2026**
6 pm to 8 pm

Finance Committee 2026 Meeting Dates

The Finance Committee meets on the 3rd Wednesday of every other month.

- January 21, 2026
6 pm to 7 pm
- July 15, 2026
6 pm to 7 pm
- March 18, 2026
6 pm to 7 pm
- September 16, 2026
6 pm to 7 pm
- May 20, 2026
6 pm to 7 pm
- November 11, 2026
6 pm to 7 pm

Recruitment and Training Committee 2026 Meeting Dates

The Recruitment and Training Committee meets on a as needed basis.

- March 2, 2026
- June 1, 2026
- September 7, 2026
- December 7, 2026

SCLARC VAC

2026 Meeting Schedule

SCLARC VAC



2026

MEMBERSHIP MEETINGS CALENDAR

January 14, 2026

February 11, 2026

March 11, 2026

April 8, 2026

May 13, 2026

June 10, 2026

July 8, 2026

August—Dark

September 9, 2026

October 14, 2026

November 11, 2026

December—Dark

Meetings are at 10:00am—12:00pm and are held via zoom until further notice. Please email vac@sclarc.org to be placed on the e-mail distribution list.

Supportive Services Committee 2026 Meeting Dates

The Supportive Services Committee meets on the 2nd Monday of every other month.

- **February 9, 2026**
6 pm to 7:30 pm
 - **April 13, 2026**
6 pm to 7:30 pm
 - **June 8, 2026**
6 pm to 7:30 pm
 - **August 10, 2026**
6 pm to 7:30 pm
 - **October 12, 2026**
6 pm to 7:30 pm
 - **December 14, 2026**
6 pm to 7:30 pm
-

Advocates Advisory Committee



South Central Los Angeles
Regional Center
*for persons with
developmental disabilities, inc.*

Purpose of the AAC:

The AAC supports individuals served by SCLARC, as well as staff and community members by raising awareness of issues impacting persons diagnosed with developmental disabilities, and by serving as a learning collaborative. Our advisory committee consists of volunteers, adults diagnosed with a developmental disability themselves, who meet regularly to provide guidance to SCLARC. Committee members represent those served by the regional center, providing a perspective that helps to strengthen SCLARC programming, improve management, review and evaluate SCLARC's goals and implementation of its mission—all while promoting awareness and improving relationships.

Meetings:

The AAC meets the fourth Monday of every month.
During the holiday season, the November & December meetings may be held on the 3rd Monday of the month.
10:00 A.M.-12:00 P.M.
South Central Los Angeles Regional Center
2500 S. Western Avenue, 3rd Floor
Los Angeles, CA 90018

For questions and more details, contact Desiree Boykin,
Consumer Advocate at (213) 743-3071 or DesireeB@sclarc.org.



Since 2016, SCLARC has received funding to address disparity through the following projects:

Current Funded Programs

- Navigator Program
- Community Navigator Program
- SCLARC Connections Program





South Central Los Angeles Regional Center
for persons with developmental disabilities, inc.



SOUTH CENTRAL LOS ANGELES REGIONAL CENTER, INC.

McCLANEY FAMILY RESOURCE CENTER

MISSION STATEMENT

The South Central Los Angeles Regional Center- McClaney Family Resource Center serves as a central point of contact for families of the regional center with loved ones with special needs, service providers, and community based agencies and organizations. We offer family focused information, referrals, supports, and training to promote family empowerment that is responsive to the community's cultural diversity.

CENTER GOALS

Facilitate the provision of parent to parent support services

Enhance partnerships between parents and professionals

Provide resources, training and support to families and professionals caring for individuals with special needs

Provide family focused information which empowers consumers and families to make informed choices and decisions

WE PROVIDE

- PARENT EDUCATION AND TRAINING WORKSHOPS-
- SYSTEM NAVIGATION SUPPORT-
- SOCIALIZATION GROUPS & PARENT NETWORKING-
- CONNECT FAMILIES TO COMMUNITY RESOURCES IN STATE, COUNTY, CITY AND LOCAL SERVICE AGENCIES-

SCLARC McClaney Family Resource Center
2500 S. Western Ave • 3rd Floor • Los Angeles, CA 90018
(213) 744-8882 • www.sclarc.org



SOUTH CENTRAL LOS ANGELES RESOURCE CENTER

Navigator Program

Providing Support, Assistance & Solutions



The SCLARC Navigator Program provides system navigation support for families of the South Central Los Angeles Regional Center.

The Navigator Program provides parents and caregivers with education and navigation support with regional center services and generic community resources.



Regional Center
Assistance with intake and services for early intervention and Regional Center programs through the IFSP and IPP



Education
Strategies and guidance on accessing services from the school district



Community Resources
Training and guidance for services available from generic resources

1

SYSTEM NAVIGATION

Staff assists with understanding the various services available for individuals with special needs and their families.

2

EDUCATION

Workshops are provided on various topics related to understanding and accessing services and community resources.

3

ADVOCACY

Parents, caregivers and professionals will learn strategies to effectively advocate on behalf of their loved one and their family.

For more information, call the Navigator Program at (213) 744-8882

EDUCATIONAL WORKSHOPS

Regional Center Services and the IPP: An overview of the available services and supports for those served by SCLARC, and the importance of the Individual Program Plan (IPP).

Overview of In-Home Supportive Services: A detailed workshop on how caregivers can prepare for the application process for IHSS, including information on the appeals process and how to request additional hours.

Accessing Behavior Supports Through Medical Insurance: Workshop provides information on and the process of requesting behavior health services from private insurance and Medi-Cal insurance providers.

Social Security for Individuals with Special Needs: Workshop provides information on the Social Security Insurance Benefits Program for Individuals with special needs that provides information on eligibility and how to apply.

Special Education Learning Series: A 4-part workshop that provides information on Understanding the IEP, All About Assessments and Section-504's and navigating Charter Schools.

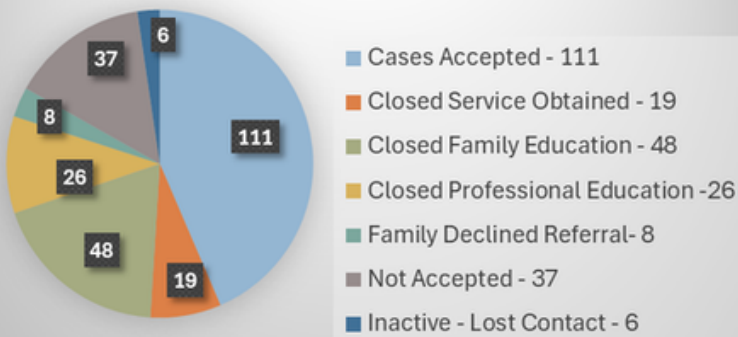
Adult Transition Supports and Autism Education Series held annually.

**Workshops are provided virtually and in-person registration is required.
Contact the McClaney Family Resource Center
at 213-744-8882 or at sclarcfrc@sclarc.org to RSVP.**

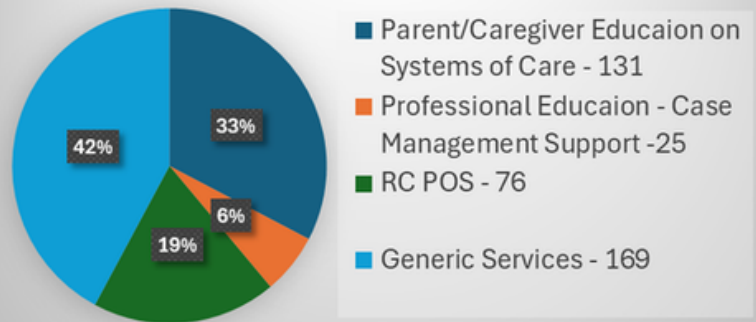
NAVIGATION PROGRAM DATA

February 2025 - February 2026

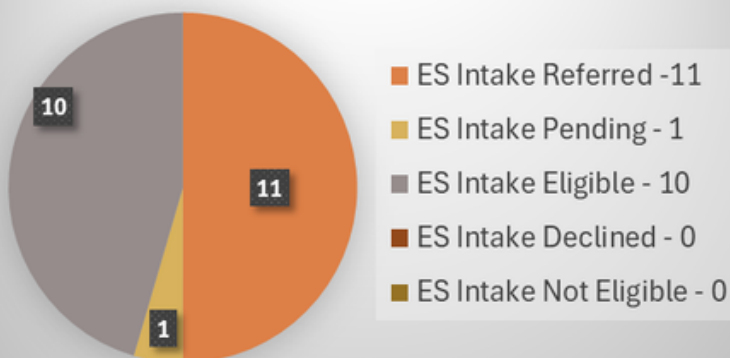
Referrals and Outcomes
February 2025 - February 2026



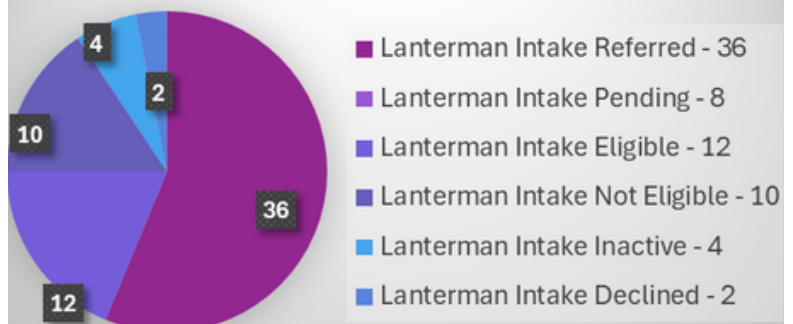
Types of Services Obtained



Early Start Intake Referral



Lanterman Intake Referral





PROGRAM HIGHLIGHTS

February 2025 – February 2026

Active Navigation Cases

164 active cases being served as of February 2026

Educational Workshops

Educational Workshops: 100
Workshop attendance: 2,712
(Parents/Caregivers & Professionals)

Successful Closed Cases

Successfully Completed: 285
Direct services obtained, eligibility for Early Start, Provisional and Lanterman services and Education via 1:1 support.

Community Engagement

Resource Fairs & Community Trainings: 22

Family Testimony

“Maria and Tiffany were excellent facilitators and I am glad I participated. I really learned some new things that are going to be helpful as my son turns 18 years old. The Regional Center has been so supportive for so many of our loved ones and families and we are so grateful. The workshops are informative with very patient, caring and knowledgeable facilitators and they are convenient, (in person and on Zoom). Thank you so much!”

“Muchísimas Gracias por este web seminario me gusta porque he aprendido mucho muchas gracias a todos los que hacen esto posible para nosotros bendiciones” -- Thank you so much for this webinar. I enjoyed it because I learned a lot. Thank you to everyone who made this possible for us. Blessings.

AMBASSADORS ADVOCATING FOR SCLARC

- SCLARC worked with the Advocates Advisory Committee and the Parent Advisory Committee to select 10 individuals to become SCLARC Ambassadors and learn about SCLARC services and internal processes to assist in educating our communities on how to access SCLARC services and generic resources.
- Ambassadors attended 36 community events to increase awareness of SCLARC services.
- This program sunset as of February 2025.



LANGUAGE ACCESS AND CULTURAL COMPETENCY

Funds for 1 full time Cultural Community Coordinator who is implementing the following:

- Assisting with Family app registrations
- Attends outreach events and provides screenings in the community
- Coordinating technology classes for parents

AMERICAN RESCUE PLAN ACT- OUTREACH AND EDUCATION

- Conducted developmental screenings for children ages 0-3.
- 585 children were screened.
- 140 children were referred to Early Start. Additional referrals were made to other resources.
- 102 children were found eligible.
- 97 resource fairs were attended by the team to provide information and education to the community on SCLARC services.
- This program sunset as of November 2024.



SCLARC Lanterman New Parent Orientations **Held the First and Third Tuesdays of Each Month**

The New Parent Orientation is for new parents whose loved ones were found eligible to receive regional center services. You will learn how to navigate the regional center system, your role in your child's success and get answers to some of the questions that you have.

The New Parent Orientation is held hybrid (in-person/ via Zoom) on the first Tuesday (English) and third Tuesday (Spanish) of the month from 10:30 am – 12:00 pm.

Please contact SCLARC's Helpline at (833) 725-2721 or email cmhelp@sclarc.org if you have any questions.



**South Central Los Angeles
Regional Center**

for persons with developmental disabilities, inc.

English Orientation
1st Tuesday of the Month
10:00 am - 12:00 pm

Scan QR code below to register your preferred orientation date.



bit.ly/NPO2026

New Parent Orientations are held via Zoom and in-person at our South LA location & South Gate.



Connect with us!
Like us on Facebook!
@ SCLARC



Follow us on Instagram!
@ south_central_la_rc

NEW PARENT ORIENTATION

New parents are required to attend an orientation to learn more about Regional Center system and the partnership you will have with SCLARC staff.

-Existing parents are welcomed to attend*

Orientation Dates & Locations

January 6, 2026 - LA Office

February 3, 2026 - South Gate

March 3, 2026 - LA Office

April 7, 2026 - South Gate

May 5, 2026 - LA Office

June 2, 2026 - South Gate

July 7, 2026 - LA Office

August 4, 2026 - South Gate

September 1, 2026 - LA Office

October 6, 2026 - South Gate

November 3, 2026 - LA Office

December 1, 2026 - South Gate

Please check in with receptionist upon arrival.

If you have not attended an orientation, please register for one of the upcoming sessions above, by scanning QR code.

Main Office:

2500 South Western Avenue
Los Angeles, CA 90018

South Gate Office:

12226 Garfield Avenue
South Gate, CA 90280



QUESTIONS OR MORE INFORMATION ON THE DETAILS OF THE UPCOMING ORIENTATIONS, EMAIL NewParentOrientation@SCLARC.ORG OR CALL 1-833-725-2721

NEW IPP INFORMATION SESSIONS



**South Central Los Angeles
Regional Center**
for persons with developmental disabilities, inc.

Dates:

Tuesday, February 3, 2026, 6PM-7PM - English
Tuesday, February 10, 2026, 10AM-11AM - Spanish
Tuesday, February 17, 2026, 10AM-11AM - English
Tuesday, February 24, 2026, 6PM-7PM - Spanish

*Interpretation Available

INFORMATION THAT WILL BE DISCUSSED:

Help families with children ages 3-13
identify their child's preferences,
strengths, needs, and goals.

Support your youth ages 14-22 to
communicate their vision for the future.

For adults, support with choices and
decisions to lead the life they want.

REGISTER NOW



SCAN ME

More information, please email
BerlinR@sclarc.org or call 213-519-9357

bit.ly/NewIPPFeb2026

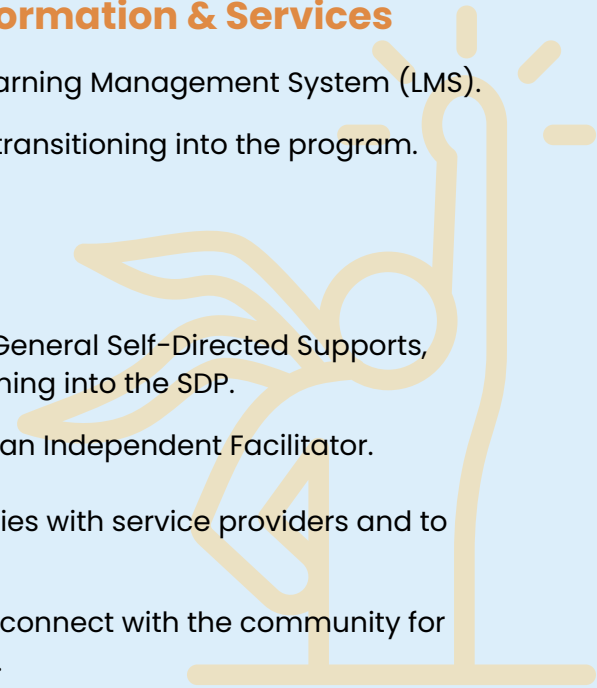
SELF DETERMINATION PROGRAM



South Central Los Angeles Regional Center
for persons with developmental disabilities, inc.

Increased Access to Self Determination (SDP) Information & Services

- Opportunity for self-paced SDP Orientation through SCLARC's Learning Management System (LMS).
- Monthly drop-in clinics for information on SDP and support with transitioning into the program.
- Training for individuals, families, staff and service providers.
 - Transitioning into SDP
 - Receiving services under SDP
- Increased outreach to SCLARC vendors to become providers of General Self-Directed Supports, Service Code 099 to assist individuals and families with transitioning into the SDP.
- Increased training opportunities for SCLARC vendors to become an Independent Facilitator.
- Holding an annual resource fair to connect individuals and families with service providers and to showcase micro-business enterprises developed under the SDP.
- Supporting the Self-Determination Local Advisory Committee to connect with the community for program updates, training and connections to service providers.



PARTICIPANT CHOICE SPECIALISTS



South Central Los Angeles Regional Center
for persons with developmental disabilities, inc.

- Provides information, training and outreach to SCLARC staff, individuals and families served, vendors and community on Self Determination and Participant Directed Services.
- Recommends services and supports for individuals with identified unmet needs or changes in circumstance.
- Supports the process for securing services by helping to identify providers (including generic resources), sending referrals and processing funding documents.
- Works with individuals and families to troubleshoot issues related to accessing service and service utilization.
- Increases enrollment into the Self Determination Program.



Self Determination Program

GET STARTED

GET INFORMATION

Contact your Service Coordinator for a schedule of upcoming SDP orientations.

GET READY

Join the SCLARC SDP Mailing List to learn about upcoming meetings and trainings - email:

SelfDetermination@sclarc.org,
cmhelp@sclarc.org, or call
1-833-725-2721 and leave a
message.

GET CONNECTED

Start researching
Person-Centered Planners,
Independent Facilitators, and
Financial Management Service
providers.



WHY CHOOSE SELF DETERMINATION?

Self Determination allows you to control a budget to purchase services you need in different ways. You choose who provides your services and how much you will pay for them.



For more
information
scan the
QR Code



Connect with us!
Like us on Facebook!
@ SCLARC
Follow us on Instagram!

@ south_central_la_rc



SELF DETERMINATION GIVES YOU CHOICES

Do you want more flexibility in regards to your Regional Center Services?
To work with different providers?
Access to social/recreational and educational services?
The Self Determination Program (SDP) may be right for you!





South Central Los Angeles
Regional Center



Self Determination Program Info Sessions

What: Information sessions about SDP with interpretation alternating each month between English and Spanish.

When: 4th Friday of Every Month at 4:00pm

Where: Zoom

Who: Everyone interested in learning more about the program

The California Self-Determination Program offers a voluntary alternative to traditional regional center services, giving individuals more choice and control. Participants receive a budget to purchase services and supports that align with their person-centered plan—even from providers outside the Regional Center. Join our info session to learn more!

[CLICK TO REGISTER](#)



We are passionate about meeting the needs of our stakeholders, families, employees, vendors and community. Contact Us to learn more

Los Angeles Office: 2500 S. Western Avenue Los Angeles, CA 90018
(213) 744-7000 | selfdetermination@sclarc.org





South Central Los Angeles
Regional Center



Monthly Independent Facilitator Round Table

What: Open & friendly discussion on SDP

When: 1st Monday of every Month 5:00 p.m. to 6:00 p.m.

Where: Zoom

Who: Independent Facilitators and SCLARC Staff

Let's Chat!

SCLARC invites Independent Facilitators to join us in an open dialogue to build bridges of communication and collaborate on the implementation of SDP at SCLARC.

[CLICK TO REGISTER](#)



We are passionate about meeting the needs of our stakeholders, families, employees, vendors and community. Contact Us to learn more!

Los Angeles Office: 2500 S. Western Avenue Los Angeles, CA 90018
(213) 744-7000 | selfdetermination@sclarc.org



SOUTH CENTRAL LOS ANGELES REGIONAL CENTER

INDEPENDENT FACILITATOR DROP IN OFFICE HOURS



SCLARC Presents: Drop-In Office Hours for Independent Facilitators.
Need support with Spending Plan development, Budget questions, FMS guidance, or case-specific follow-up? Join us for our weekly drop-in office hours— no appointment needed! Get the answers and help you need to better support our communities.



Beginning Oct 20th
Every Monday
11:00am - 12:00pm



[Click Here to Join](#)



We are passionate about meeting the needs of our stakeholders, families, employees, vendors and community. Contact Us to learn more!

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Self-Determination Local Advisory Committee



The Self-Determination Local Advisory Committee is a volunteer advisory group that provides guidance and recommendations regarding the implementation of the Self-Determination Program at SCLARC. Meetings of the Self-Determination Local Advisory Committee are open to the public and offer an opportunity to learn more about the Self-Determination program.

Next Meetings:
January 14, 2026
March 11, 2026
May 13, 2026
July 8, 2026
September 9, 2026
November 11, 2026



When: Bi-Monthly



Where: Zoom



Time: 6:00pm - 8:00pm



CLICK HERE 

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Children Services Programs



South Central Los Angeles Regional Center
for persons with developmental disabilities, inc.

Early Childhood Program

- Case management for young children ages 3-5 years on a 1:40 caseload ratio.
- Quarterly meetings with the family to ensure services provided are meeting the child's needs per goals outlined in the IPP.

Children Services Program

- Serves children ages 6-13 residing at home with family or in a foster home.
- Providing families with ongoing training opportunities on regional center and generic agency services so they are empowered to advocate for their child's needs.

Transitional Aged Youth Program

- Serves youth ages 14-21 residing at home with family, in a foster home or residential facility.
- Support with development and implementation of an Individual Transition Plan (ITP) in partnership with the school district to help individuals served transition successfully into post high school life.

TRAINING UNITS



South Central Los Angeles Regional Center
for persons with developmental disabilities, inc.

- New Service Coordinators and Interns will be assigned to a Training Unit upon hire, where they will remain throughout their 6-month introductory period.
- Training opportunities during the introductory period include:
 - New Hire Orientation
 - Small group and individual training
 - Self-paced training through SCLARC's Learning Management System
 - Ongoing agency-wide, department, and unit training
 - Specialized training specific to the age groups they will be serving
 - Opportunities for observations and shadowing
- Training topics include but are not limited to, regional center system, Individual Program Plan (IPP), Purchase of Service (POS), regional center and generic services, person centered thinking, and advocacy.
- Staff assigned to the Training Unit will have lower caseloads compared to tenured staff, with increased monitoring, feedback, and performance evaluation provided throughout their training period.

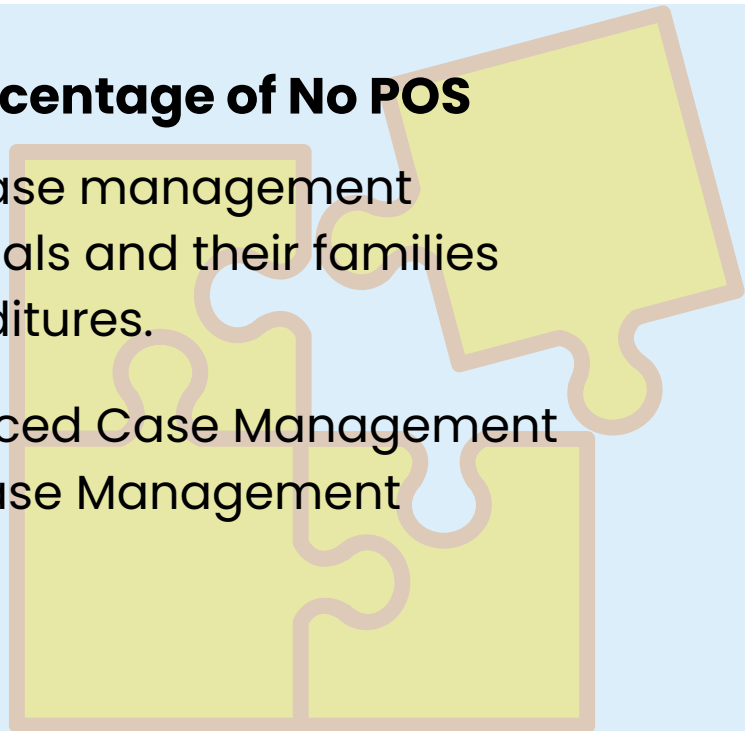
ENHANCED CASE MANAGEMENT PROGRAM



South Central Los Angeles Regional Center
for persons with developmental disabilities, inc.

Continue to further reduce percentage of No POS

- Program provides enhanced case management service coordination to individuals and their families who have low or no POS expenditures.
- Program consists of one Enhanced Case Management Manager and five Enhanced Case Management Specialists.

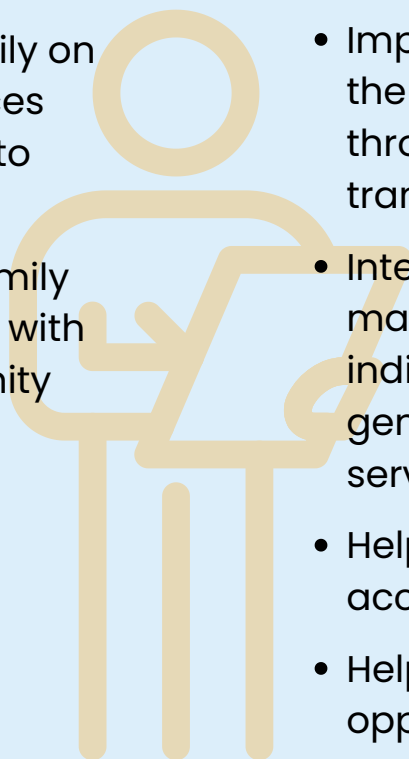


ENHANCED CASE MANAGEMENT SPECIALISTS ROLE



South Central Los Angeles Regional Center
for persons with developmental disabilities, inc.

- Educate the individual/family on how to identify new resources that are culturally relevant to SCLARC's community.
- Empower the individual/ family to advocate on their behalf with SCLARC and other community agencies.
- Utilize Person-Centered approach to the Individual Program Plan Process.
- Improve the relationship between the individual/family and SCLARC through education and transparency.
- Intense case management, maximum hands-on support to individuals and family to secure generic and Regional Center services.
- Help Identify and reduce barriers in accessing services and supports.
- Help Identify and develop trainings opportunities to train existing staff.



STANDARDIZED INDIVIDUAL PROGRAM PLAN



South Central Los Angeles Regional Center
for persons with developmental disabilities, inc.

Effective January 1, 2025

- Welfare and Institutions (W&I) Code section 4435.1, required the establishment by June 30, 2024, of a standardized individual program plan (IPP) template and standardized procedures that are consistent with person-centered services planning requirements.
- Therefore, the Department of Developmental Services (DDS) developed a standardized IPP template and procedures, an IPP Agreement and Signature Form, and an IPP Guide for Regional Center Service Coordinators.
- An additional guide “Your Plan” for individuals and families was also developed by DDS; Spanish translated version is available.
 - This guide helps individuals and families to prepare for their IPP meeting, including, identifying personal goals, services and supports, team collaboration, monitoring progress, rights and advocacy.
- SCLARC began providing New IPP Information Sessions for Individuals and Families in February 2025 and will continue ongoing.



Enclosure

Service Definition – Self-Directed Supports (Service Code 099)

Self-Directed Supports (SD Supports) occur after a consumer completes a Self-Determination Program (SDP) orientation and before potential enrollment in the SDP. Enrollment occurs on the date the regional center changes the consumer's Case Management type to "S" for Self Determination. The consumer is then considered enrolled in and a participant in the SDP.

SD Supports include two distinct types of assistance: General SD Supports and Financial Management Services (FMS) SD Supports. Providers of each must meet distinct vendor qualifications and both services may provide assistance, coaching and/or training via 1:1 or group setting to help the potential SDP participant(s) gain a thorough understanding of the SDP.

Regional centers may authorize SD Supports, in total, for up to 40 hours. Additional hours may be authorized on a case-by-case basis for potential SDP participants who need more intensive supports to successfully transition into SDP, such as consumers and family members who do not have access to natural supports to assist with the enrollment process, whose preferred language is other than English, or have a higher level of service need as a result of their disability. Hourly rates for SD Supports are set by the Department.

General SD Supports

Includes the following services provided by a qualified General SD Supports provider to a potential SDP participant enrolling in SDP. Examples of responsibilities include assistance, coaching and/or training in the following areas:

1. Individual program planning
 - a. Coordination with an individual who provided the Initial Person-Centered Plan
 - b. Assistance at the individual program planning meeting to identify the potential SDP participant's needs, goals and services in the SDP
2. Coordinating how services and supports are provided
 - a. Finding and hiring qualified staff or an agency provider
 - b. Negotiating staff pay or provider rate
 - c. Understanding the process for obtaining criminal background checks for staff, if applicable
 - d. Basic information about who can provide services (e.g., qualifications, rules on who may or may not be paid)
 - e. Basic information about how to manage staff (e.g., setting expectations and hours of work, timely submission and claiming for hours worked)

Enclosure

- f. Coaching on all aspects of onboarding and training staff
3. Managing the 12-month SDP individual budget through the spending plan
 - a. Education about generic sources of funding to maximize use of SDP funds
 - b. Understanding the process/assistance to obtain a certified 12-month budget, understanding how an SDP individual budget is developed and reviewing/developing the individual spending plan
 - c. Learning and developing basic skills in budgeting and tracking monthly expenditures
 - d. Basic information about the use of SDP funds (e.g., as required in state or federal law and regulations)
 - e. Assistance with establishing communication and coordination between the regional center, FMS provider, and staff

General SD Supports Provider Qualifications: Vendors seeking to provide General SD Supports must submit a written qualification statement indicating their knowledge and/or experience in each of the following: knowledge of people with developmental disabilities, through lived experience, and/or one year of formal paid experience; completion of a training course about the self-determination program; and, knowledge of the Lanterman Developmental Disabilities Services Act, including SDP requirements.

Financial Management Services SD Supports

Includes the following services provided by a vendored FMS agency to a potential SDP participant enrolling in SDP. Examples of responsibilities include assistance, coaching and/or training in the following areas:

1. Education and coaching about
 - a. Employment laws, overtime rules, timesheet requirements and responsibilities, insurance requirements
 - b. Reviewing the monthly budget report provided by the FMS and responsibilities for reviewing the individual budget expenditures; requirements for adjustments to the individual budget and spending planning and FMS processes for these
2. Eligible goods and services requirements
 - a. Process for and assistance with obtaining criminal background checks
 - b. Verification that the proposed services are compliant with Home and Community-Based Services settings requirements
 - c. Review of and assistance in adjusting the individual spending plan to ensure the method for calculating the proposed expenditures are based on reliable costs and service utilization and adjustments, as needed



FAQS ABOUT PROVISIONAL ELIGIBILITY FOR LANTERMAN DEVELOPMENTAL DISABILITIES SERVICES ACT

These FAQs are meant to answer general questions. If you have child specific questions or concerns, please contact your regional center case manager. If you need assistance in locating the correct regional center, information may be found at <https://www.dds.ca.gov/rc/listings/>. Any questions or concerns, email Questions@dds.ca.gov.

Q1. What is Lanterman Act provisional eligibility?

A1. A child ages birth to age 5 may be provisionally eligible for regional center services if the child has:

1. A disability that is not solely physical in nature and;
2. Significant functional limitations in at least two of the following areas of major life activity, as determined by a regional center and as appropriate to the age of the child:
 - Self-care.
 - Receptive and expressive language.
 - Learning.
 - Mobility.
 - Self-direction.

Q2. How old does my child need to be to be considered for Lanterman Act provisional eligibility?

A2. Birth to age 5.

Q3. Is Lanterman Act provisional eligibility an extension of Early Start? Can my child continue to receive the same services they were receiving under Early Start?

A3. Provisional eligibility is not an extension of Early Start. Early Start ends at age 3 and cannot be continued per federal and state laws and regulations.

Q4. My child is currently in Early Start. How do they become provisionally eligible for Lanterman Act services?

A4. Contact your child's assigned service coordinator about provisional eligibility. The IFSP team may use the most recent developmental assessments or progress reports to determine if your child qualifies for Lanterman Act provisional eligibility.

Q5. What if my child is denied Lanterman Act provisional eligibility?

A5. If denied eligibility or services, the fair hearing process is a process for resolving disagreements between the regional center and individuals served. Under the fair hearing process, disagreements may be about services, eligibility or any decision or action of the regional center with which you disagree. The fair hearing process may include an informal meeting, mediation, and a state level hearing with an Administrative Law Judge. Information on the fair hearing process, a brochure and necessary forms to file for a fair hearing are available from your local regional center or can be found here: [Fair Hearings Complaint Process - CA Department of Developmental Services](#)

Q6. If my child is approved for Lanterman Act provisional eligibility, what services will they receive?

A6. If determined provisionally eligible, a child will receive Lanterman Act Services based on their needs. More information about regional center services and supports can be found here: [Regional Center Services and Descriptions - CA Department of Developmental Services](#). If your child is under 3 years old, these services will be in addition to services received from Early Start.

Q7. What service plan will be developed for my child who has been found provisionally eligible for Lanterman Act services?

A7. If your child is under the age of 3, the services will be coordinated through the Individualized Family Service Plan (IFSP). You can learn more about the Early Start Program for children under 3, including the IFSP process here: [Early Start : CA Department of Developmental Services](#).

If your child is 3-4 years old, an Individual Program Plan (IPP) will be developed. More information on the IPP process can be found here: [Individual Program Planning : CA Department of Developmental Services](#).

Q8. My child was made eligible for regional center services under provisional eligibility. Are they also eligible for enrollment in Medi-Cal benefits through the 1915(c) Home and Community-Based Services (HCBS) Waiver?

A8. It depends. A child may be enrolled on the HCBS Waiver if they meet the requirements for Waiver participation, such as a level of institutional care or functional limitations as a result of their disability, and if the child requires one or more Waiver service. For example, a child who has 33 percent or greater delay combined in two areas of development may meet the required level of care. Additional information can be found here: https://www.dds.ca.gov/wp-content/uploads/2019/02/HCBS_WaiverPrimerPolicy_20190212.pdf

Q9. Is my child who has been found provisionally eligible for Lanterman Act services be qualified for institutional deeming?

A9. If the child meets the criteria required of the 1915 (c) Home and Community-Based Waiver mentioned in question #8, then they may qualify for institutional deeming.

Q10. If my child is approved for Lanterman Act provisional eligibility, will they be eligible for services through the Self-Determination Program (SDP)?

A10. No, children determined to be provisionally eligible for Lanterman Act services do not qualify for the SDP. An individual must meet the criteria in Welfare and Institutions (W&I) Code,

Section 4685.8(d)(1) to be part of the SDP Program, which includes a diagnosed developmental disability as specified.

Q12. My child receives regional center services under Lanterman Act provisional eligibility. What happens when they turn 5?

A12. Regional centers are required to assess your child at least 90 days prior to turning five years of age to determine whether they qualify for ongoing regional center services after the age of 5. That assessment will determine if your child has a developmental disability as defined in Welfare and Institutions Code Section 4512 (a)(1). If the regional center determines that your child does not have a developmental disability, the services will end at age 5.

Q13. My child received Lanterman Act services under provisional eligibility and is turning 5 years old in less than 90 days, but I haven't been contacted for an assessment. What should I do?

A13. Contact your child's assigned service coordinator.

Q14. What are the differences between being eligible for Lanterman Act Services and being provisionally eligible for Lanterman Act Services?

A14. Provisional eligibility is time-limited, up to the child's fifth birthday, while eligibility for Lanterman Act is not. The eligibility criteria differs. There is no difference in the menu of services available to the child, however the services a child receives is individualized based on their unique needs. These services will be described in the child's IFSP or IPP.

Q15. Can my child receive services under provisional eligibility even if they didn't receive services through Early Start?

A15. Yes, children referred to the regional center at ages 3 and 4 who and who did not receive Early Start services prior to age 3 may qualify for Lanterman Act provisional eligibility up to age 5 if they meet the eligibility criteria. Please contact your local regional center for more information: <https://www.dds.ca.gov/rc/listings/>.



COORDINATED FAMILY SUPPORT (CFS) FACT SHEET FOR INDIVIDUALS AND FAMILIES

What is CFS?

CFS is a new service specifically designed for adults with developmental disabilities who choose to live with their family. CFS was created in response to input from families about the lack of available services for adult individuals who choose to live in the family home.

CFS service will be tailored, individualized, and flexible to meet the changing needs and preferences of the individual being served along with their family/caregiver.

CFS Supports

CFS is designed to help you and your family coordinate and schedule the services you receive. CFS can help you and your family learn more about your diagnosis and assist with planning for the future, as well as help you learn how to access additional services that you may qualify for. CFS can provide training for the people who support you so that they are better prepared to work with you and your family. CFS can help you identify transportation, back-up providers, and help you learn about self-advocacy groups in your area. CFS will be provided in your language and in a way that is respectful of your culture. You will help design and tailor your CFS service.

Who is eligible for CFS?

CFS is for adults (18 years and older) who live with their family and are receiving services from a Regional Center.

How can I sign up for CFS?

If you live at home with your family and you think you need CFS, let your Regional Center Service Coordinator know. They will schedule an IPP team meeting to determine how CFS can assist you and your family. If you are referred for CFS, a CFS provider will meet with you and your family to talk about what you want to achieve by using CFS. Together, the CFS provider, along with you and your family, will prepare a plan that identifies which services you need assistance with and how the CFS provider will help you.

CFS Surveys

The Department of Developmental Services is interested in how CFS helps you and your family. You will be asked to complete a very short survey once services begin and then maybe once or twice while you are receiving the service. This will help the Department know if CFS is working for you and your family.



COORDINATED CAREER PATHWAYS FACT SHEET FOR INDIVIDUALS AND FAMILIES

1. What is Coordinated Career Pathways?

Coordinated Career Pathways is a new service that helps people with developmental disabilities achieve their career goals. It will help people find jobs in the community that offer equal pay, benefits, and opportunities for growth, regardless of whether they have a disability. These types of jobs are called competitive integrated employment.

2. Who is this service for?

- Youth within 2 years of completing high school or have recently finished; or
- Adults who currently attend or have recently attended a Work Activity Program or other program earning less than minimum wage.

3. How long can I get this service?

You can receive this service for 18 months. If you need more time, you can talk with your service coordinator to extend services to 24 months depending on your needs.

4. What services can I receive?

A Career Pathway Navigator will work with you and your family to create a Person-Centered Career Plan. This could be finding out about different careers, going to college, internships, getting help to apply for jobs, transportation and benefits planning. You might also explore customized employment, self-employment, or starting a small business.

If you want to explore customized employment, self-employment, or starting a small business, you will work with a Customized Employment Specialist. They will help to create a job just for you, focusing on your strengths, skills, and interests. This job will meet both your needs and those of an employer.

5. How do I get this service?

If you are interested, talk to your regional center service coordinator. They will arrange an Individual Program Plan or IPP team meeting to discuss how this service can support you. If they refer you, a Career Pathway Navigator will meet with you and your family to discuss your goals.

6. Will I be able to share about my experience?

The Department of Developmental Services (DDS) wants to hear from you. DDS will ask you to fill out surveys when you begin the service, every 6 months during, and when you finish. Your feedback helps improve the service.

For more information, visit <https://www.dds.ca.gov/services/coordinated-career-pathways-ccp-services/>

Social Recreation Access to Services

1

Purchase of Service (POS) Policy

- **Service Coordinators will discuss opportunities for social recreation and camping services** with the IPP Planning Team **during the annual IPP meeting**, and at any time a request for services is made.
- The Service Coordinator can provide referrals to social recreation and camping programs.
- **Supports** such as interpretation, personal assistance, social skills training, and behavioral services **can be funded as needed to aid the individual in access** to social recreation and camping programs.
- **Individuals and families do not have to exhaust other services they are receiving** such as In Home Support Services, exchange respite hours or any other service or support hours authorized by the regional center, or pay a co-payment, or similar share pay arrangement to access social recreation and camping services funded by the regional center.
- SCLARC will authorize **up to 10 hours per week of social recreation activities**.
- SCLARC will authorize **up to 60 days per fiscal year of camping services**.
- Individuals with medical conditions and/ or requiring a nursing level of care may be referred to SCLARC's Clinical Team to determine the appropriateness of the social recreation activity.
- **Funding options** include **Purchase of Service (POS)** by authorizing services directly through a regional center vendor, **Purchase Reimbursement to the family** who pays for the service upfront, and **Financial Management Service (FMS)** who will pay programs directly on behalf of the individual.
- Services are funded as needed to achieve the goals outlined in the individual's IPP.



South Central Los Angeles Regional Center
for persons with developmental disabilities, inc.

2

Opportunities for Social Recreation Services

- Programs do not have to be vendored with the regional center.
- Individuals and families can identify programs of interest in their local community.
- Identified programs should provide opportunities for individuals to engage with peers who do not have a disability.
- SCLARC maintains a list of programs available to provide services to individuals. ***The Service Coordinator can provide a list of programs.**

3

Documentation of Social Recreation Services Discussion

Discussion of social recreation and camping services shall be documented in the Services section of the IPP.

For information on social recreation services, please contact your assigned Service Coordinator or the case management helpline at cmhelp@sclarc.org or 833-725-2721.

4

Purchase Reimbursement to the Family- Receipt Guidelines

- Receipts shall include the following information:
- Name of Individual Served
 - Date of purchase
 - Date(s) of service
 - Description of service
 - Cost of service
 - Service Provider information (name, address, phone number)
 - Payment type made (cash, check, credit card)
 - **Receipts must be legible (small font, light/ distorted ink, information that is crossed out with new information written in, or receipts with missing information, will not be accepted)**



Parent Advisory Committee (PAC) Groups

Angeles Por Siempre Unidos (Cudahy)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- The group offers different socializing activities for the family such as sports, singing, dancing and walks in the city. All activities in person.
 - Mondays – Walks in the City of Cudahy at 7:00pm, please call the numbers below for more information.
 - Tuesdays – Flag Football at 7:00pm at Cudahy City Hall - 5220 Santa Ana, Cudahy CA 90201.
 - Wednesdays – Zumba from 6:00pm to 7:00pm at Clara Street Park - 4835 Clara St, Cudahy CA 90201.
 - Fridays – Singing and Dancing from 5:30pm to 9:00pm at Clara Street Park - 4835 Clara St, Cudahy CA 90201.
 - Sundays - Basketball and Baseball at 1:00pm at Circle Park - 10129 Garfield Ave, South Gate, CA 90280.
- Contact for more information:
 - Amanda Arambula – (562) 608-7739 – amanda.arambula@gmail.com
 - Javier Munoz – (323) 761-3966
- Spanish speaking group.

Angeles Sin Límites (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 3rd Tuesday of the month from 5:30pm to 7:30pm via zoom (due to Covid) and may be subject to be hybrid on the 3rd Tuesday of the month from 9:30am to 12:30pm with prior notice.
- Hybrid meetings will take place at the Barbara J. Riley Community & Senior Center – 7810 Quill Drive, Downey, CA 90242.
- Contact for more information:
 - Herlinda Rodriguez - (562) 413-4377 – hrodriguez60@yahoo.com
 - Maria Leonor Dimas – (323) 369-6370 – mariadimas1@verizon.net
 - Maricela Donate – (562) 746-5249 – donatemaricela@gmail.com
- Spanish speaking group.

Autism Advocates in Action Support Group (Carson)

- Parent support group for families with children with autism.
- Meetings are held via Zoom on a quarterly basis. Meetings will resume in person in 2024.
- No meetings in November or December due to holidays.
- There are 3 Annual events and 1 summer hip-hop class. The location of events can be seen on the group's website: <https://autismact.org/>
- Contact for more information:
 - Renita Verner - (562) 857-4300 - autismadvocatesapp@gmail.com
- English speaking group.

Bugle Horn Autism Support Group

- Parent support group consists mostly of families with children and adults with autism, but all disabilities are welcome. Families participating come from 4 different regional centers (Westside, SCLARC, Lanterman, Harbor and ELARC).
- Meetings are held every 2nd Monday of each month from 5:00pm to 6:45pm.
- Meetings are being held via Zoom (due to Covid).
- Contact for more information:
 - Florence Bracy – (323) 574-0862 – bracyflorence2013@gmail.com
- English speaking group.

Down Right Blessed (Downey)

- **This group is not conducting meetings at the moment.**
- For questions about the group, please contact:
 - Irene Cortez – (562) 607-2100 – soyirene74@gmail.com

Hub City Autism Network (Compton)

- Parent support group for families with children with autism. Events are hosted throughout the year.
- Meetings are held in person at the Compton Library - 240 W Compton Blvd, Compton, CA 90220.
- Meetings take place on a bimonthly basis unless otherwise noted.
- Website: www.hubcan.org
- Contact for more information:
 - Consuelo Evans – (424) 242-3899 - hubcityautism@gmail.com

- English speaking group with Spanish translation.

Shining Again (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- The group offers karaoke, folklorico and hip-hop dancing.
- Meetings are held on Fridays from 4:00pm to 9:00pm on a weekly basis.
- Meetings are held at Elks Lodge - 11233 Woodruff Ave, Downey CA 90241.
- Due to the pandemic, the meeting location might change to Dennis the Menace Park - 9125 Arrington Av, Downey CA 90240 or Lynwood City Hall. Please check the Facebook page for postings on meeting locations.
- Contact for more information:
 - Adriana Torres – (562) 250 - 7206 allshiningagain@gmail.com
 - Lupita Solorzano – (310) 491 - 4396 lupitaestradam1@gmail.com
 - Jose T Torres – (562) 261 - 6109
- Spanish speaking group.

Shining Stars Foundation (Downey)

- Parent support group for families with children who have services with SCLARC.
- The group offers karaoke, community presenters for parents and other social activities for SCLARC individuals.
- Meetings are held every Friday from 6:00pm to 9:00pm.
- Hip-Hop classes are held every Wednesday from 8:00pm to 9:00pm.
- Both meetings and classes are held at 12456 Bellflower Blvd, Downey CA 90242.
- Contact for more information:
 - Luz Curiel - (323) 804-9315 - Luz.curiel@hotmail.com
- Spanish speaking group.

Unidos con Misión y Poder (Downey)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every 3rd Monday of the month.
- Meetings are currently being held via Zoom.
- Contact for more information:
 - Gledy Aceituno – (323) 717-2853 – gledyaceituno@aol.com
 - Blanca Martinez – (310) 748-9715 - weloveourpumkins@yahoo.com
 - Amada Reyes – (562) 842-7178 – ammycolorado64@gmail.com
- Spanish speaking group.

Different Abilities Learning Together (City of Paramount)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held every month via zoom and informal meetings for coffee take place every two months.
- For details about meetings please reach out to group contacts.
- Contact for more information:
 - Silvia Diaz – (562) 773 - 4344 - daltforall@gmail.com
 - Claudia Borunda via group's phone number – (562) 413-7347 – daltforall@gmail.com
- Spanish and English speaking group.

Madres Especiales

- Parent support group for mothers with children diagnosed with all qualifying regional center disabilities.
- Meetings are held on the last Tuesday of every month at 11:30am via zoom
- Contact for more information:
 - Angelica Orellana – (323) 610 – 1050 angelicamariao73@gmail.com
- Spanish and English speaking group.

Un Minuto Conmigo (Los Angeles)

- Parent support group for families with children diagnosed with all qualifying regional center disabilities.
- Meetings are held on the 1st, 3rd and 4th Saturday of the month.
 - Meetings on the 1st Saturday focus on informative presentations for parents related to resources or services for persons with a diagnosis.
 - Meetings on the 2nd and 4th Saturday focus on the parent's self-care and their emotions.
- Contact for more information:
 - Ceci Arispe – (323) 383-8705 – ceciarispe2017@gmail.com
 - Eudocio Campos – (323) 605 – 5141 eudociocampos78@gmail.com
- Spanish speaking group.

SCLARC Directory

South Central Los Angeles Regional Center

(213) 744-7000

www.SCLARC.org

Los Angeles Office

2500 S. Western Ave

Los Angeles, CA 90018

South Gate Office

12226 Garfield Ave

South Gate CA 90280

Office of Advancement

Kiara Lopez, Chief Advancement Officer

Phone: (213) 744-8420

Email: KiaraL@sclarc.org

Jose Beltran, Community Relations Specialist

Phone: (213) 519-9356

Email: JoseB@sclarc.org

Department of Clinical Services

Cesar Garcia, Director

Whistleblower Contact

Phone: (213) 744-8466

Email: CesarG@sclarc.org

Iris De La Tova, Administrative Secretary

Phone: (213) 744-7073

Email: IrisD@sclarc.org

Early Start Intake (0 – under 3 years old)

Phone: (213) 744-7000 extension 3226

Email: EarlyStartintake@sclarc.org

Lanterman Intake (3 – under 3 years old)

Phone: (213) 744-7000 extension 3227

Email: Lantermanintake@sclarc.org

Early Start Case Management

Phone (213) 744-8803, (213) 744-8829, (213) 744-7061

Email: EarlyStartHelp@sclarc.org

Department of Clinical Services cont.

Tami Summerville, Appeals & Gov't Affairs Manager

Phone: (213) 744-8899

Email: TamiS@sclarc.org

**Crystal Smith, McClaney Family Resource Center
Manager**

Phone: (213) 744-8878

Email: CrystalS@sclarc.org

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